

scottishathletics
road race **grand prix**



2018	Male		Female	
	A Standard	B Standard	A Standard	B Standard
	5 shares	2 shares	5 shares	2 shares
Tom Scott 10 Miler	50:00	51:00	56:20	57:00
Stirling Marathon	2:20:00	2:24:00	2:44:00	2:48:00
Silverknowles 5k	14:30	14:45	16:20	16:35
Stirling 10k	30:00	30:30	34:30	35:00
Glasgow Half Marathon	65:00	67:00	76:00	78:00

2018	Male (5 shares)	Male (2 shares)	Female (5 share)	Female (2 shares)
Tom Scott 10 Miler	Luke Traynor (47:59) Kenny Wilson (49:43) Dermot Cummins (49:59)	Stephen Trainer (50:36)	Sarah Inglis (55:34) Mhairi MacLennan (56:30)	Annabel Simpson (57:52)
Stirling Marathon	N/A	N/A	N/A	N/A
Silverknowles 5k	N/A	Lachlan Oates (14:37) Logan Rees (14:38) Michael Christoforou (14:40)	N/A	Annabel Simpson (16:25)
Stirling 10k	Kristian Jones (29:56)	N/A	Fionnuala Ross (34:07)	Stephie Pennycook (34:40)
Glasgow Half Marathon	Luke Traynor (62:56)	Tsegai Tewelde (65:30) Sean Fontana (66:11) Weynay Ghebresilasie (66:58)	Fionnuala Ross (74:11)	Gemma Rankin (77:53)

Total Shares 2018	Male	Female
67	39	28

Prize Money 2018	Male (£2000)	Female (£2000)
	Luke Traynor - £510.00 Kenny Wilson - £255.00 Dermot Cummins - £255.00 Kristian Jones - £255.00 Tsegai Tewelde - £102.00 Lachlan Oates - £102.00 Logan Rees - £102.00 Michael Christoforou - £102.00 Stephen Trainer - £102.00 Sean Fontana - £102.00 Weynay Ghebresilasie - £102.00	Fionnuala Ross - £710.00 Mhairi MacLennan - £355.00 Sarah Inglis - £355.00 Annabel Simpson - £284.00 Gemma Rankin - £142.00 Stephie Pennycook - £142.00

WOMEN		Tom Scott 10 miles		Stirling Marathon		Self Transcendence 5km		Stirling 10km		Great Scottish Run Half Marathon		T O T A L
		1st April		29th April		4th May		10th September		30th September		
NAME	CLUB	A	B	A	B	A	B	A	B	A	B	
		Sub 57:00	Sub 58:00	Sub 2:44:00	Sub 2:48:00	Sub 16:20	Sub 16:35	Sub 34:30	Sub 35:00	Sub 76:00	Sub 78:00	
1	FIONNUALA ROSS	SHETTLESTON HARRIERS						5		5		10
2	SARAH INGLIS	LOTHIAN RC	5									5
3	MHAIRI MACLENNAN	EDINBURGH UNI	5									5
4	ANNABEL SIMPSON	FIFE AC		2			2					4
5	STEPHIE PENNYCOOK	FIFE AC							2			2
6	GEMMA RANKIN	KIBARCHAN AAC									2	2
7												
8												
9												
10												
11												
12												
13												

Total Shares (currently) = 28

One Share (currently) = £ 71

MEN		Tom Scott 10 miles		Stirling Marathon		Self Transcendence 5km		Stirling 10km		Great Scottish Run Half Marathon		T O T A L
		1st April		29th April		4th May		10th September		30th September		
NAME	CLUB	A	B	A	B	A	B	A	B	A	B	
		Sub 50:00	Sub 51:00	Sub 2:20:00	Sub 2:24:00	Sub 14:30	Sub 14:45	Sub 30:00	Sub 30:30	Sub 65:00	Sub 67:00	
1	LUKE TRAYNOR	GIFFNOCK NORTH	5							5		10
2	KENNY WILSON	MORAY ROAD RUNNERS	5									5
3	DERMOT CUMMINS	COSTORPHINE AC	5									5
4	KRISTIAN JONES	DUNDEE HAWKHILL						5				5
5	TSEGAI TEWELDE	SHETTLESTON HARRIERS								2		2
6	STEPHEN TRAINER	GREENOCK GLENPARK		2								2
7	LACHLAN OATES	SHETTLESTON HARRIERS					2					2
8	LOGAN REES	FIFE AC					2					2
9	MICHAEL CHRISTOFOROU	EDINBURGH AC					2					2
10	SEAN FONTANA	INVERCLYDE AC									2	2
11	WEYNAY GHEBRESILASIE	SHETTLESTON HARRIERS									2	2
12												

Total Shares (currently) = 39
One Share (currently) = £ 51