

Scottish Ultra Trail Running Championships Individual Medallists (Women)

Scottish Athletics Federation/Scottish Athletics Limited

13-May-2023	Spittal of Glenshee	Catherine Cowie	Portobello RC	10:08:20	Lorna McMillan	Unattached	10:17:00	Deborah Warner	Portobello RC	11:14:51
23-Apr-2022	Milngavie/Tyndrum	Jacqueline MacIntyre		8:47:33	Aoife Ni Mhaoileoin	Cairngorm Runners	10:12:06	Jan Dawson	Penicuik H	10:39:04
2021	No Championship due to Covid-19 pandemic									
2020										
27-Apr-2019	Milngavie/Tyndrum	Nicola Duncan	Carnethy HRC	8.19.43	Morgan Windram-Geddes	Fife AC	8.45.02	Saki Nakamura	Westerlands CCC	9.09.14
28-Apr-2018	Milngavie/Tyndrum	Rachel Normand	Carnethy HRC	8.22.23	Nicola Duncan	Carnethy HRC	8.26.54	Nicola Adams-Hendry	Garscube H	9.04.17
5-Aug-2017	Tyndrum	Nicola Adams-Hendry	Garscube H	6:28:16	Fiona Ramsey	Canifit	6:56:20	Angela Reid	North Ayrshire AC	7:14:42
30-Apr-2016	Milngavie/Tyndrum	Nicola Adams-Hendry	Garscube H	8:36:03	Debbie Martin-Consani	Garscube H	8:44:44	Morgan Windram Geddes	Fife AC	8:47:45
25-Apr-2015	Milngavie/Tyndrum	Caroline McKay	Unattached	8:55:58	Debbie Martin-Consani	Garscube H	8:59:37	Lorna McMillan	Unattached	9:31:02
26-Apr-2014	Milngavie/Tyndrum	Joasia Zakrzewski	Dumfries RC	8:30:29	Elaine Ormand	Dundee RR	8:49:33	Helen Lees	Giffnock North AAC	9:38:35
27-Apr-2013	Milngavie/Tyndrum	Fiona Cameron	Harmeny AC	9:13:35	Sandra Bowers	Winchester & District AC	9:17:02	Caroline McKay	Giffnock North AAC	9:36:23
28-Apr-2012	Milngavie/Tyndrum	Sharon Trimble	Edinburgh AC	8:33:12	Sharon Law	Garscube H	8:38:30	Michelle Heatherington	Helensburgh AAC	9:36:27
30-Apr-2011	Milngavie/Tyndrum	Kate Jenkins	Hunters Bog T	9:04:24	Debbie Martin-Consani	Garscube H	9:39:32	Heather Calderwood	Clydesdale H	9:42:59

Masters

13-May-2023	Spittal of Glenshee	Nicola Dawson	Westerlands CCC	8:51:24	Only 1 Finisher					
23-Apr-2022	Milngavie/Tyndrum	Jacqueline MacIntyre	UA	8:47:33	Jan Dawson	Penicuik H	10:39:04	Lynsey Parker	Maryhill H	10:41:41
2021	No Championship due to Covid-19 pandemic									
2020										
27-Apr-2019	Milngavie/Tyndrum	Helen Lees	Giffnock North AAC	9:51:51	Michelle Heatherington	Helensburgh AAC	9:55:19	Judith Dobson	Kinross RR	10:37:52
28-Apr-2018	Milngavie/Tyndrum	Sharon Law	Garscube H	8:38:30	Michelle Heatherington	Helensburgh AAC	9:36:27	Helen Lees	Giffnock North AAC	9:55:51
5-Aug-2017	Tyndrum	Hazel Dean	Central AC	10:29:50	Melanie Sinclair	Carnegie H	10:31:29	Joanna Rae	Wee County H	10:46:22
30-Apr-2016	Milngavie/Tyndrum	Helen Lees	Giffnock North AAC	9:38:35	Lorna Broadhurst	Harmeny AC	9:53:01	Noanie Heffron	Kilbarchan AAC	10:09:56
25-Apr-2015	Milngavie/Tyndrum	Louise Burt	Fife AC	9:58:53	Shona Young	Lothian RC	10:36:10	Sandra Macdougall	Portobello RC	10:39:32
26-Apr-2014	Milngavie/Tyndrum	Debbie Martin-Consani	Garscube H	8:44:44	Lorna McMillan	Unattached	8:54:55	Michelle Heatherington	Helensburgh AAC	9:08:59
27-Apr-2013	Milngavie/Tyndrum	Nicola Adams-Hendry	Garscube H	6:28:16	Lynn Henderson	Forfar RR	7:19:34	Karen Macpherson	Fife AC	7:31:32
28-Apr-2012	Milngavie/Tyndrum	Nicola Adams-Hendry	Garscube H	9.04.17	Charlotte Black	Shetland AAC	9.52.36	Angela Reid	Unattached	9:53:01
30-Apr-2011	Milngavie/Tyndrum	Jan Dawson	Penicuik H	10.24.12	Christine Caldwell	Wee County H	10.24.13	Kay McWilliam	Deveron H	10.32.23