

National Mid Trail Running Championships - Falkland 25/5/2013 - Senior Women

	Name	Club	Time
1	Edel Mooney	Lothian RC	39:39
2	Jennifer Emsley	Central AC	40:48
3	Moirra Davie	Forres H	41:47
4	Sarah Inglis	Lothian RC	42:53
5	Julia Henderson (F40)	Helensburgh AAC	43:01
6	Joanne Thom	Edinburgh AC	43:11
7	Susan Ridley (F45)	Edinburgh AC	43:28
8	Fiona Bracegirdle	Fife AC	43:59
9	Gillian Carr	Corstorphine AAC	44:33
10	Rachel Fagan	Gala H	44:56
11	Oonagh Dunnnett (FU20)	Edinburgh AC	45:14
12	Christie Reid (FU20)	Dundee RR	45:56
13	Ellen Homewood	Westerlands XC Club	46:00
14	Sharyn Ramage (F50)	Edinburgh AC	46:02
15	Karla Borland	Edinburgh AC	46:05
16	Karen Dobbie (F45)	Edinburgh AC	46:33
17	Joeleen Mckean	Gala H	46:59
18	Emma Dunnnett (FU20)	Edinburgh AC	47:33
19	Patricia Milne (F50)	Central AC	47:54
20	Jennifer Fitzgerald	Helensburgh AAC	48:00
21	Isobel Burnett (F55)	Carnegie H	48:22
22	Fiona Dagleish (F40)	Gala H	48:35
23	Jane Dunlop	Dundee RR	48:47
24	Kate Weldon (F40)	Central AC	48:50
25	Susan Johnston (F45)	Corstorphine AAC	49:04
26	Joanne Clark	Motherwell AC	49:36
27	Mary Western (F50)	Carnegie H	49:40

	Name	Club	Time
28	Elaine Jamieson (F45)	Motherwell AC	49:45
29	Marina McCallum (F40)	Clydesdale H	50:15
30	Sarah Adam	Westerlands XC Club	50:25
31	Hilary Ritchie (F50)	Fife AC	50:36
32	Clare Barr (F45)	Motherwell AC	50:44
33	Margaret Martin (F55)	Fife AC	50:53
34	Lana Turnbull (FU20)	Lothian RC	51:05
35	Melanie Sinclair (F40)	Carnegie H	51:12
36	Eileen Nicol (F45)	Gala H	51:36
37	Pamela Cruickshanks (F45)	Anster Haddies RC	52:14
38	Sandra Tulloch	Fife AC	52:31
39	Phyllis Hands (F55)	Motherwell AC	52:35
40	Andrea Pogson (F50)	Gala H	52:44
41	Anne Hay (F50)	Dunbar RC	53:56
42	Alice Hall (F50)	Anster Haddies RC	55:10
43	Vivien Fraser (F45)	Kirkintilloch O	55:32
44	Morna Fleming (F60)	Carnegie H	56:00
45	Samantha Newington	Carnegie H	57:20
46	Gillian McCracken (F45)	Carnegie H	57:57
47	Jennifer Bennie (F50)	Kirkintilloch O	1:00:35
48	Tracy Chalmers	Anster Haddies RC	1:01:04
49	Pamela Parker (F45)	Kirkintilloch O	1:01:22
50	Shirley MacNab (F45)	Kirkintilloch O	1:01:55
51	Rosemary Lee (F50)	Fife AC	1:03:02
52	Fiona Cruickshanks (FU20)	Anster Haddies RC	1:03:12
53	Susan Whisler (F55)	Fife AC	1:06:55

Teams				
Pos	Club	Name	Time	Pos
1	Edinburgh AC (38)	Joanne Thom	43:11	6
		Susan Ridley (F45)	43:28	7
		Oonagh Dunnnett (FU20)	45:14	11
		Sharyn Ramage (F50)	46:02	14
2	Gala H (85)	Rachel Fagan	44:56	10
		Joeleen Mckean	46:59	17
		Fiona Dagleish (F40)	48:35	22
		Eileen Nicol (F45)	51:36	36
3	Fife AC (110)	Fiona Bracegirdle	43:59	8
		Hilary Ritchie (F50)	50:36	31
		Margaret Martin (F55)	50:53	33
		Sandra Tulloch	52:31	38
4	Motherwell AC (125)	26, 28, 32, 39		
5	Carnegie H (127)	21, 27, 35, 44		
6	Anster Haddies RC (179)	37, 42, 48, 52		
7	Kirkintilloch O (189)	43, 47, 49, 50		

National Mid Trail Running Championships - Falkland 25/5/2013 - Senior Men

	Name	Club	Time
1	Wegene Tafese	Ron Hill Cambuslang H	47:27
2	Josh Lilly	Ron Hill Cambuslang H	48:30
3	Stephen Trainer	Greenock Glenpark H	48:42
4	Kyle Greig	Forres H	49:01
5	Benjamin Hukins	Ron Hill Cambuslang H	50:27
6	Robert Gilroy	Ron Hill Cambuslang H	50:53
7	Ross Houston	Central AC	51:26
8	Mark Pollard	Inverclyde AC	52:06
9	Iain MacCorquodale	Ron Hill Cambuslang H	52:27
10	Andrew Wright	Carnegie H	52:49
11	Gab Bucciarello	Edinburgh AC	53:13
12	David Munro	Ron Hill Cambuslang H	53:18
13	Robert Turner (M40)	Edinburgh AC	54:27
14	Adam Rouse	Edinburgh AC	54:39
15	Graeme Taylor	Edinburgh AC	54:49
16	Fergus Johnston	Gala H	55:00
17	Lewis Millar	Central AC	55:17
18	Zachary Delaney (MU20)	Fife AC	55:47
19	John Sharp	Inverclyde AC	55:57
20	John Blair (M45)	Edinburgh AC	56:00
21	Graeme Campbell	Carnegie H	56:07
22	Angus Wardlaw	Edinburgh AC	56:43
23	Kevin O'Donoghue	Greenock Glenpark H	57:01
24	Graeme Murdoch	Gala H	57:07
25	Colin Feechan (M50)	Ron Hill Cambuslang H	57:36
26	Stuart Hay (M45)	Dunbar RC	57:49
27	Jeremy Tomlinson (M50)	Fife AC	58:29
28	Michael Diver (M45)	Clydesdale H	58:51
29	Colin McCall	Gala H	58:56
30	Ian Stewart (M55)	Carnegie H	59:12
31	Ian Sills (M45)	Dunbar RC	59:30
32	Mark Bryson (M45)	Gala H	59:33
33	Andrew Brierley (M45)	Fife AC	59:38
34	Stephen Mason (M45)	Dundee Hawkhill H	59:52
35	John J Duffy (M45)	Shettleston H	1:00:18
36	Michael O'Hagan (M40)	Ron Hill Cambuslang H	1:00:31
37	Craig Ross (M55)	Dundee Hawkhill H	1:00:58
38	Steven King (M40)	Carnegie H	1:01:25
39	Hugh McInnes	Edinburgh AC	1:01:51
40	Alan Derrick (M45)	Calderglenn H	1:02:12
41	Dean Carr (M40)	Corstorphine AAC	1:02:32

	Name	Club	Time
42	Chris Upson (M45)	Westerlands XC Club	1:02:45
43	Bryce Aitken (M50)	Fife AC	1:03:10
44	Stuart McKenzie	Anster Haddies R	1:03:35
45	David Nightingale (M55)	Gala H	1:03:58
46	David Mitchell (M50)	Dundee Hawkhill H	1:04:17
47	Calum Harvie	Fife AC	1:04:50
48	David Cowan (M50)	Fife AC	1:05:47
49	John Mill (M45)	Dundee RR	1:05:52
50	Derrick Brydon (M40)	Gala H	1:06:12
51	Alexander Anderson	Anster Haddies RC	1:07:18
52	Andrew Henderson (M55)	Calderglenn H	1:07:41
53	Mike Lieberman (M60)	Lothian RC	1:07:47
54	Eddie Sanders (M60)	Fife AC	1:08:10
55	Philip Forte (M55)	Dundee Hawkhill H	1:08:39
56	Steven Martin (M40)	Gala H	1:08:53
57	John Hynd (M50)	Carnegie H	1:08:54
58	Gordon Pryde (M50)	Lomond HR	1:10:11
59	John Crookston (M55)	Carnegie H	1:10:14
60	Alex MacEwen (M55)	Edinburgh AC	1:11:29
61	Colin Reynolds (M40)	Lomond HR	1:11:46
62	David Gates (M45)	Kirkintilloch O	1:11:48
63	Jan-Bert Van Den Berg (M50)	Corstorphine AAC	1:12:14
64	Thomas Knox (M45)	Gala H	1:12:21
65	Kevin Davie	Carnegie H	1:12:48
66	Mark Western (M45)	Carnegie H	1:12:53
67	Graham Pogson (M50)	Gala H	1:13:34
68	Brian R Smith (M50)	Fife AC	1:14:21
69	John McBride (M50)	Calderglenn H	1:14:48
70	George Stewart (M50)	Calderglenn H	1:15:38
71	Malcolm Smith (M45)	Carnegie H	1:16:13
72	Ian Campbell (M45)	Hunters Bog T	1:16:53
73	Christopher Broome (M55)	Anster Haddies RC	1:16:56
74	Stephen Greer (M55)	Carnegie H	1:17:30
75	David Bunyan (M60)	Falkirk Victoria H	1:18:46
76	Allan MacAulay (M55)	Carnegie H	1:19:32
77	William Baird (M50)	Kirkintilloch O	1:23:16
78	Peter Rudzinski (M60)	Clydesdale H	1:24:02
79	Stewart Davidson (M60)	Fife AC	1:25:23
80	Russell Couper (M45)	Calderglenn H	1:35:51
81	Richard McKinstry	Anster Haddies RC	1:40:52

Teams				
Pos	Club	Name	Time	Pos
1	Ron Hill Cambuslang H (35)	Wegene Tafese	47:27	1
		Josh Lilly	48:30	2
		Benjamin Hukins	50:27	5
		Robert Gilroy	50:53	6
		Iain MacCorquodale	52:27	9
		David Munro	53:18	12
2	Edinburgh AC (95)	Gab Bucciarello	53:13	11
		Robert Turner (M40)	54:27	13
		Adam Rouse	54:39	14
		Graeme Taylor	54:49	15
		John Blair (M45)	56:00	20
		Angus Wardlaw	56:43	22
3	Gala H (196)	Fergus Johnston	55:00	16
		Graeme Murdoch	57:07	24
		Colin McCall	58:56	29
		Mark Bryson (M45)	59:33	32
		David Nightingale (M55)	1:03:58	45
		Derrick Brydon (M40)	1:06:12	50
4	Carnegie H (215)	10, 21, 30, 38, 57, 59		
5	Fife AC (216)	18, 27, 33, 43, 47, 48		