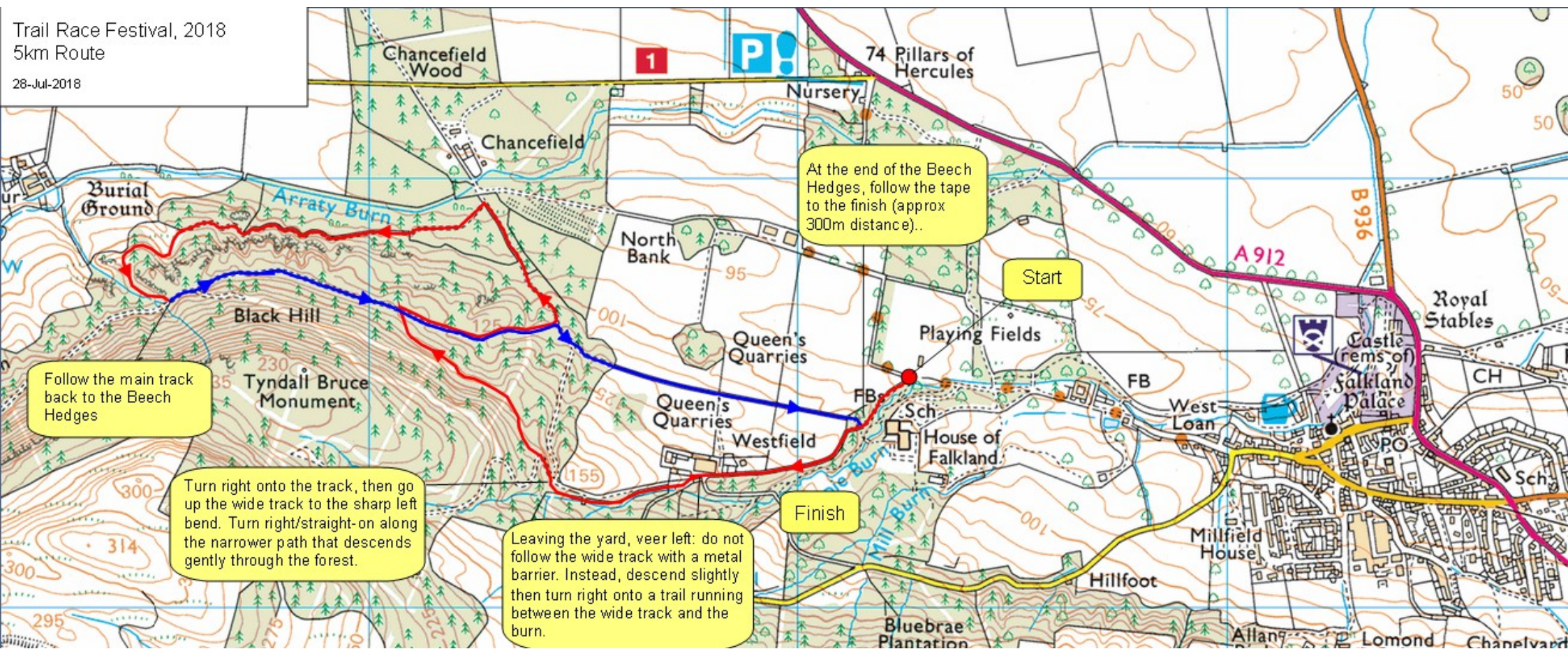


Trail Race Festival, 2018
5km Route
28-Jul-2018



At the end of the Beech Hedges, follow the tape to the finish (approx 300m distance)..

Follow the main track back to the Beech Hedges

Turn right onto the track, then go up the wide track to the sharp left bend. Turn right/straight-on along the narrower path that descends gently through the forest.

Leaving the yard, veer left: do not follow the wide track with a metal barrier. Instead, descend slightly then turn right onto a trail running between the wide track and the burn.