

Scottish Mid Trail Running Championships Masters Individual Medallists (Women)

Scottish Athletics Federation/Scottish Athletics Limited

Over 40

4-Sep-2022	Falkland	Sara Green	Gala H	37:30	Julie Menzies	PH Racing Club	42:15	Jennifer MacLean	Edinburgh AC	42:22
2021	No Championship due to Covid-19 pandemic									
2020										
1-Sep-2019	Falkland	Karen Kennedy	PH Racing Club	42:16	Cathy Dickson	Lasswade AC	44:35	Catriona Bruce	Hunters Bog T	45:23
2-Sep-2018	Falkland	Megan Wright	Hunters Bog T	41:07	Rhona van Rensberg	Fife AC	42:44	Allie Chong	Giffnock North AC	43:49
2-Sep-2017	Strathmiglo	Charlotte Morgan	Carnethy HRC	40:09	Lesley Chisholm	Garscube H	41:29	Rhona van Rensberg	Fife AC	45:17
27-Aug-2016	Strathmiglo	Megan Wright	Hunters Bog T	47:09	Megan Mowbray	Hunters Bog T	47:41	Kate Jenkins	Gala H	50:39
5-Sep-2015	Falkland	Edel Mooney	Lothian RC	55:59	Gillian Sangster	Dundee RR	1:01:38	Keren Macpherson	Fife AC	1:06:11
17-May-2014	Falkland	Gillian Sangster	Dundee RR	40:42	Megan Wright	Hunters Bog T	41:13	Janet Dunbar	Edinburgh AC	41:24
25-May-2013	Falkland	Julia Henderson	Helensburgh AAC	43:01	Susan Ridley	Edinburgh AC	43:28	Sharyn Ramage	Edinburgh AC	46:02

Over 50

4-Sep-2022	Falkland	Karen Dobbie	Edinburgh AC	46:20	Hilary Carswell	Giffnock North AC	47:21	Helene Jaffery	Teviotdale H	49:20
2021	No Championship due to Covid-19 pandemic									
2020										
1-Sep-2019	Falkland	Susan Ridley	Edinburgh AC	43:13	Karen Dobbie	Edinburgh AC	45:00	Kirsti Sharrat	Fife AC	45:18
2-Sep-2018	Falkland	Trish Milne	Central AC	45:32	Susan Ridley	Edinburgh AC	45:38	Karen Dobbie	Edinburgh AC	45:40
2-Sep-2017	Strathmiglo	Rhona Anderson	Dunbar RC	46:13	Karen Dobbie	Edinburgh AC	47:18	Lynne Stephen	Fife AC	49:15
27-Aug-2016	Strathmiglo	Rhona Anderson	Dunbar RC	50:31	Hilary Ritchie	Fife AC	51:18	Morag Taggart	Dundee RR & AC	52:06
5-Sep-2015	Falkland	Addy Gerrard	Fife AC	1:06:00	Morag Taggart	Dundee RR	1:06:38	Louise Burt	Fife AC	1:08:06

Over 60

4-Sep-2022	Falkland	Innes Bracegirdle	Fife AC	50:02	Margaret Martin	Fife AC	51:03	Morna Fleming	Pitreavie AAC	58:16
2021	No Championship due to Covid-19 pandemic									
2020										
1-Sep-2019	Falkland	Innes Bracegirdle	Fife AC	47:30	Margaret Martin	Fife AC	48:01	Phylis O'Brien	Hunters Bog T	48:44
2-Sep-2018	Falkland	Nanette Heaney	Falkland TR	47:39	Innes Bracegirdle	Fife AC	48:35	Margaret Martin	Fife AC	49:22
2-Sep-2017	Strathmiglo	Erica Christie	Cambuslang H	48:14	Judith Dobson	Kinross RR	48:38	Ann Kerridge	Deeside Runners	49:38
27-Aug-2016	Strathmiglo	Ann White	Garscube H	53:59	Innes Bracegirdle	Fife AC	55:20	Margaret Martin	Fife AC	56:04
5-Sep-2015	Falkland	Jocelyn Scott	Fife AC	1:15:01	Susan Gourlay	Unattached	1:30:38	Only 2 Finishers		

Over 70

4-Sep-2022	Falkland	Linden Nicholson	Lasswade AAC	54:35	Only 1 Finisher					
2021	No Championship due to Covid-19 pandemic									
2020										
1-Sep-2019	Falkland	Elizabeth Gilchrist	Ferranti AAC	59:13	Only 1 Finisher					
2-Sep-2018	Falkland	Elizabeth Gilchrist	Ferranti AAC	1:01:27	Only 1 Finisher					
2-Sep-2017	Strathmiglo	No Finishers								
27-Aug-2016	Strathmiglo	Carole Melville	Fife AC	68:15	Jane Askey	Fife AC	82:54	Only 2 Finishers		

5-Sep-2015	Falkland	Jane Askey	Fife AC	1:48:25	Only 1 Finisher
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