

Scottish Mid Trail Running Championships Individual Medallists (Men)

Scottish Athletics Federation/Scottish Athletics Limited

4-Sep-2022	Falkland	Hamish Hickey	Central AC	31:25	Christian Graham	Lasswade AAC	32:00	James Dunn	Corstorphine AAC	32:11
2021	No Championship due to Covid-19 pandemic									
2020	No Championship due to Covid-19 pandemic									
1-Sep-2019	Falkland	Johathan Glen	Inverclyde AC	31:16	Tom Martyn	Hunters Bog T	31:22	Alasdair Campbell	Cambuslang H	32:58
2-Sep-2018	Falkland	Kristian Jones	Dundee Hawkhill H	30:46	Andrew Douglas	Inverclyde AC	30:49	John Newsom	Inverness H	33:22
2-Sep-2017	Strathmiglo	Logan Rees	Fife AC	34:12	John Newsom	Inverness H	34:29	Tom Martyn	Hunters Bog T	35:00
27-Aug-2016	Strathmiglo	Kyle Greig	Forres H	37:07	Peter Avent	Shettleston H	37:27	Patryk Gierjatowicz	Hunters Bog T	38:10
5-Sep-2015	Falkland	Patryk Gierjatowicz	Hunters Bog T	50.41	Jamie Reid	Ron Hill Cambuslang H	51.05	Michael Reid	Carnethy HRC	51.22
17-May-2014	Falkland	Andrew Douglas	Inverclyde AC	46.46	Kyle McLellan	Ron Hill Cambuslang H	49.30	Patryk Gierjatowicz	Edinburgh University H&H	49.46
25-May-2013	Falkland	Wegene Tafese	Ron Hill Cambuslang H	47:27	Josh Lilly	Ron Hill Cambuslang H	48:30	Stephen Trainer	Greenock Glenpark H	48:42