

Scottish 5K Road Championships Individual Medallists (Women)

**Scottish Athletics Federation/Scottish Athletics Limited
First Championship 2011**

2020	No Championship due to Covid-19 pandemic									
03/05/2019	Edinburgh	Morag Miller	Central AC	15:52	Mhari MacLennan	Inverness H	16:00	Fionnuala Ross	Shettleston H	16:22
04/05/2018	Edinburgh	Annabel Simpson	Fife AC	16:26	Jenny Bannerman	Inverness H	16:49	Jo Williams	Lothian RC	16:57
05/05/2017	Edinburgh	Annabel Simpson	Fife AC	16:43	Rebecca Burns	Edinburgh AC	16:58	Gillian Black	VP City of Glasgow AC	17:07
06/05/2016	Edinburgh	Madalaine Murray	Edinburgh AC	16:07	Morag MacLarty	Central AC	16:31	Jennifer Wetton	Central AC	16:34
29/04/2015	Edinburgh	Sarah Inglis	Lothian RC	16:25	Josaphine Moultrie	VP City of Glasgow	16:43	Stephanie Pennycook	Fife AC	16:57
07/05/2014	Edinburgh	Morag MacLarty	Central AC	16:14	Laura Dunn	Edinburgh AC	16:55	Shona McIntosh	Hunters Bog T	17:16
01/05/2013	Edinburgh	Elspeth Curran	Kilbarchan AAC	16:27	Laura Dunn	Edinburgh AC	16:45	Fiona Mathieson	Falkirk Victoria H	17:02
16/05/2012	Edinburgh	Kiera Murray	Lasswade AC	16:50	Jennifer MacLean	Edinburgh AC	16:54	Sarah Inglis	Lothian RC	17:03
11/05/2011	Edinburgh	Emma Raven	Central AC	16:42	Laura Dunn	Edinburgh AC	16:47	Hester Dix	Fife AC	16:54

**U20
First Championship 2012**

2020	No Championship due to Covid-19 pandemic									
03/05/2019	Edinburgh	Zoe Pflug	Edinburgh University H&H	17:10	Lauren McCulloch	Central AC	18:13	Sarah Tait	Lasswade AC	18:22
04/05/2018	Edinburgh	Anna Macfadyen	Edinburgh University H&H	17:04	Ella Revitt	Edinburgh AC	17:10	Zoe Pflug	Gala H	18:36
05/05/2017	Edinburgh	Annabel Simpson	Fife AC	16:43	Gillian Black	VP City of Glasgow AC	17:07	Anna Macfadyen	Forres H	17:11
06/05/2016	Edinburgh	Stephanie Pennycook	Fife AC	16:34	Annabel Simpson	Fife AC	16:40	Gillian Black	VP City of Glasgow AC	17:09
29/04/2015	Edinburgh	Stephanie Pennycook	Fife AC	16:57	Mhairi MacLennan	Inverness AAC	17:28	Rachael Dunn	Edinburgh AC	17:38
07/05/2014	Edinburgh	Amy Frankland	Lasswade AC	18:44	Isla Mackay	Edinburgh University H&H	20:22	Sarah King	Edinburgh University H&H	20:31
01/05/2013	Edinburgh	Kathryn Pennel	Pitreavie AAC	17:15	Halina Rees	Fife AC	17:43	Katie Bristow	Ronhill Cambuslang H	17:48
16/05/2012	Edinburgh	Kathryn Pennel	Pitreavie AAC	17:52	Katie Bristow	Ronhill Cambuslang H	18:39	Louise Hill-Stirling	Strathclyde Univ H	18:51

Masters
In season 2018-9 the Masters medals were split into 10 year age bands
40+
First Championship 2011

2020	No Championship due to Covid-19 pandemic									
03/05/2019	Edinburgh	Lesley Chisholm	Garscube H	17:59	Jennifer MacLean	Edinburgh AC	18:17	Karen Kennedy	PH Racing Club	18:44
04/05/2018	Edinburgh	Megan Wright	Hunters Bog T	18:43	Jennifer Forbes	Gala H	18:49	Karen Kennedy	PH Racing C	18:51
05/05/2017	Edinburgh	Louise Ross	Bellahouston RR	19:04	Jennifer Robertson	Peterhead AC	19:31	Suzanne Goodall	PH Racing C	19:58
06/05/2016	Edinburgh	Lesley Chisholm	Garscube H	17:21	Jennifer MacLean	Edinburgh AC	17:44	Marie Baxter	Garioch Road Runners	18:23
29/04/2015	Edinburgh	Lesley Chisholm	Garscube H	17:42	Edel Mooney	Lothian RC	17:45	Gillian Sangster	Dundee RR	18:44
07/05/2014	Edinburgh	Jennifer MacLean	Edinburgh AC	17:49	Lisa Finlay	Dumfries RC	17:50	Janet Dunbar	Edinburgh AC	18:19
01/05/2013	Edinburgh	Fiona Mathieson	Falkirk Victoria H	17:02	Jennifer MacLean	Edinburgh AC	17:03	Lesley Chisholm	Garscube H	17:25
16/05/2012	Edinburgh	Kiera Murray	Lasswade AC	16:50	Jennifer MacLean	Edinburgh AC	16:54	Sarah Inglis	Lothian RC	17:03
11/05/2011	Edinburgh	Susan Ridley	Edinburgh AC	17:51	Jennifer Telford	Scottish Prison Service	19:30	Hazel Dean	Central AC	19:47

50+
First Championship 2019

2020	No Championship due to Covid-19 pandemic									
03/05/2019	Edinburgh	Fiona Matheson	Falkirk Victoria H	18:14	Janet Dunbar	Edinburgh AC	19:28	Karen Dobbie	Edinburgh AC	20:36

60+
First Championship 2019

2020	No Championship due to Covid-19 pandemic									
03/05/2019	Edinburgh	Innes Bracegirdle	Fife AC	22:23	Frances Wood	Linlithgow AC	22:51	Maria Dale	Perth RR	24:56

70+
First Championship 2019

2020	No Championship due to Covid-19 pandemic									
03/05/2019	Edinburgh	Patricia Allen	Motherwell AC	27:55	Only 1 athlete finished					

From 1/4/2012 Masters aged 35 years and over on the day of the race
From 1/10/2013 Masters aged 40 years and over on the day of the race