

Scottish 10 Mile Road Championships Individual Medallists (Men)

Scottish Athletics Federation/Scottish Athletics Limited

2020	No Championship due to Covid-19 pandemic									
31/03/2019	Motherwell	Lachlan Oates	Shettleston H	49.15	Michael Crawley	Central AC	49.56	Craig Ruddy	Inverclyde AC	50.02
01/04/2018	Motherwell	Luke Traynor	Giffnock North AC	47.59	Kenneth Wilson	Moray RR	49.43	Dermot Cummins	Corstorphine AAC	49.59
02/04/2017	Motherwell	Wayney Ghebresilliasie	Shettleston H	49.40	Derek Hawkins	Kilbarchan AAC	49.57	Craig Ruddy	Inverclyde AC	50.52
10/04/2016	Motherwell	Teweldeberhan Mengisteab	Shettleston H	50.49	Neil Renault	Edinburgh AC	50.54	Douglas Selman	Corstorphine AAC	51.10
04/04/2015	Motherwell	Craig Ruddy	Inverclyde AC	49.22	Teweldeberhan Mengisteab	Shettleston H	49.26	Michael Crawley	Corstorphine AAC	49.37
13/04/2014	Carlisle	Robert Gilroy	Ronhill Cambuslang H	53.21	Teweldeberhan Mengisteab	Shettleston H	53.25	Stuart Gibson	Ronhill Cambuslang H	53.44
07/04/2013	Motherwell	Robbie Simpson	Deeside R	50.25	John Newsom	Central AC	50.32	Dermot Cummins	Corstorphine AAC	50.52
08/04/2012	Motherwell	Teweldeberhan Mengisteab	Shettleston H	49.55	Ross Houston	Central AC	50.08	Andrew Douglas	Inverclyde AC	50.17
10/04/2011	Motherwell	Tsegai Twelde	Shettleston H	50.08	Teweldeberhan Mengisteab	Shettleston H	50.13	Ross Houston	Central AC	50.31
The Championship was discontinued until 2011										
10/04/1994	Motherwell	Thomas Murray	Spango Valley AAC	48.15	Brian Kirkwood	Racing AC	48.39	William Coyle	Shettleston H	49.31
19/09/1993	Inverness	Stephen Wylie	Cambuslang H	50.46	Charles Thompson	Cambuslang H	50.47	John Mackay	Shettleston H	51.30

Scottish Amateur Athletic Association

31/05/1992	Glenrothes	Terry Mitchell	Fife AC	51.17	Michael Carroll	Annan	51.42	Alastair Walker	Teviotdale H	51.48
19/05/1991	Wishaw	Hamilton Cox	Greenock Glenpark H	50.54	William Nelson	Law & District AAC	51.20	Fraser Clyne	Metro Aberdeen AAC	52.45

Masters

2020	No Championship due to Covid-19 pandemic									
31/03/2019	Motherwell	David Millar	Irvine AC	53.48	Darran Muir	Law & District	54.07	Stuart Johnston	Edinburgh AC	54.10
01/04/2018	Motherwell	Leon Johnson	Edinburgh AC	54.03	Darran Muir	Law & District	54.10	David Millar	Irvine RC	54.21
02/04/2017	Motherwell	Robert Gilroy	Cambuslang H	52.21	Kerry-Liam Wilson	Cambuslang H	53.35	Crispin Walsh	Bellahouston H	55.18
10/04/2016	Motherwell	Kerry-Liam Wilson	Ronhill Cambuslang H	52.29	David Millar	Irvine AC	53.27	Wayne Dashper	Forres H	55.00
04/04/2015	Motherwell	David Millar	Irvine AC	51.50	Kerry-Liam Wilson	Ronhill Cambuslang H	52.22	Stephen Wylie	Ronhill Cambuslang H	53.45
13/04/2014	Carlisle	David Millar	Irvine AC	54.46	Kerry-Liam Wilson	Ronhill Cambuslang H	55.04	Stuart Campbell	Corstorphine AAC	58.29
07/04/2013	Motherwell	Kerry-Liam Wilson	Ronhill Cambuslang H	51.39	Crispin Walsh	Bellahouston H	55.41	Alexander Alardyce	Bellahouston H	57.43
08/04/2012	Motherwell	Kerry-Liam Wilson	Ronhill Cambuslang H	52.40	Steven Cairns	Hunters Bog T	54.43	Stewart Campbell	Arbroath & District AC	54.53
10/04/2011	Motherwell	David Millar	Irvine AC	52.35	Grant Wilkie	Corstorphine AAC	56.47	Paul Carrol	Clydesdale H	59.51
The Championship was discontinued until 2011										
10/04/1994	Motherwell	Brian Kirkwood	Racing AC	48.39						
19/09/1993	Inverness	Ross McFarquhar	Aberdeen AAC	59.00	George Mitchell	Inverness H	59.11			

Masters O50

First Championship 2019

2020	No Championship due to Covid-19 pandemic									
31/03/2018	Motherwell	Andrew White	Greenock Glenpark H	55.19	Alexander Chalmers	Garscube H	59.33	Gordon Simpson	Dundee Hawkhill H	60.35

Masters O60

First Championship 2019

2020	No Championship due to Covid-19 pandemic									
31/03/2018	Motherwell	William Jarvie	Portobello RR	63.48	Andrew McLinden	Hamilton H	64.35	James Scott	Edinburgh AC	67.48

In 2012 the Masters age group was changed to 35 and over on the day of the race
In 2012 the Masters age group was changed to 40 and over on the day of the race