

| Men Broxburn 20-1-2018 | | | |
|------------------------|-----------------|------------------------------|-------|
| | Name | Club | Time |
| 1 | L.Rees | Fife AC | 27:34 |
| 2 | A.Thompson | Central AC | 27:43 |
| 3 | A.Hay | Central AC | 27:47 |
| 4 | T.Rees (J) | Fife AC | 27:58 |
| 5 | C.Milne | Central AC | 28:24 |
| 6 | A.Carcas (J) | Edinburgh Univ Hare & Hounds | 28:33 |
| 7 | J.Donald (J) | Dundee Hawkhill Harriers | 28:43 |
| 8 | D.Selman | Corstorphine AAC | 28:46 |
| 9 | W.MacKay | Aberdeen AAC | 28:53 |
| 10 | M.Sutherland | Central AC | 28:54 |
| 11 | C.Symmons | Aberdeen AAC | 28:59 |
| 12 | J.Leitch (J) | Edinburgh Univ Hare & Hounds | 29:03 |
| 13 | M.Strain | Hunters Bog Trotters | 29:12 |
| 14 | J.Adkin | Edinburgh Univ Hare & Hounds | 29:15 |
| 15 | M.Wright | Central AC | 29:32 |
| 16 | D.Hastie | Gala Harriers | 29:35 |
| 17 | J.Dunn | Hunters Bog Trotters | 29:52 |
| 18 | S.Brember (V) | Central AC | 29:56 |
| 19 | M.Edwards | Aberdeen AAC | 29:58 |
| 20 | S.Thomson | Lasswade AAC | 30:03 |
| 21 | M.Millarvie (J) | Edinburgh Univ Hare & Hounds | 30:06 |
| 22 | E.Davidson | Edinburgh Univ Hare & Hounds | 30:07 |
| 23 | M.McLarty | Central AC | 30:07 |
| 24 | G.Murdoch | Gala Harriers | 30:11 |
| 25 | S.Milton | Metro Aberdeen Running Club | 30:14 |
| 26 | G.Malcom (J) | Edinburgh Univ Hare & Hounds | 30:17 |
| 27 | C.McCaughey | Central AC | 30:21 |

| Team Results | | | | | | | | | |
|--------------|------------------------------|--------------------|-----|-----|-----|-----|-----|----------------|-------|
| | Team Name | Finisher Positions | | | | | | Penalty Points | Total |
| 1 | Central AC | 2 | 3 | 5 | 10 | 15 | 18 | | 53 |
| 2 | Edinburgh Univ Hare & Hounds | 6 | 12 | 14 | 21 | 22 | 26 | | 101 |
| 3 | Aberdeen AAC | 9 | 11 | 19 | 38 | 46 | 47 | | 170 |
| 4 | Hunters Bog Trotters | 13 | 17 | 29 | 35 | 36 | 52 | | 182 |
| 5 | Corstorphine AAC | 8 | 31 | 32 | 41 | 45 | 50 | | 207 |
| 6 | Metro Aberdeen Running Club | 25 | 40 | 56 | 59 | 64 | 79 | | 323 |
| 7 | Lothian Running Club | 49 | 53 | 68 | 70 | 75 | 76 | | 391 |
| 8 | Fife AC | 1 | 4 | 42 | 124 | 134 | 143 | | 448 |
| 9 | Gala Harriers | 16 | 24 | 39 | 51 | 144 | 195 | | 469 |
| 10 | Edinburgh AC | 63 | 77 | 84 | 89 | 95 | 103 | | 511 |
| 11 | PH Racing Club | 43 | 65 | 100 | 105 | 110 | 119 | | 542 |
| 12 | Falkirk Victoria Harriers | 37 | 78 | 93 | 139 | 151 | 196 | | 694 |
| 13 | Perth Road Runners | 72 | 87 | 99 | 111 | 177 | 191 | | 737 |
| 14 | Dundee Hawkhill Harriers | 7 | 81 | 123 | 174 | 179 | 181 | | 745 |
| 15 | Lasswade AAC | 20 | 94 | 108 | 162 | 183 | 210 | | 777 |
| 16 | Kinross Road Runners | 90 | 125 | 127 | 147 | 158 | 187 | | 834 |
| 17 | Carnegie Harriers | 74 | 136 | 150 | 171 | 190 | 209 | | 930 |
| 18 | Falkland Trail Runners | 116 | 118 | 141 | 156 | 188 | 213 | | 932 |
| 19 | Portobello Running Club | 96 | 117 | 140 | 182 | 185 | 214 | | 934 |
| 20 | Pitreavie AAC | 82 | 102 | 154 | 202 | 203 | 211 | | 954 |
| 21 | Teviotdale Harriers | 58 | 66 | 169 | 180 | 248 | 257 | | 978 |
| 22 | Linlithgow AC | 55 | 91 | 112 | 194 | | | 624 | 1076 |
| 23 | Dundee Road Runners AC | 80 | 152 | 165 | 168 | 231 | | 312 | 1108 |
| 24 | Dunbar Running Club | 92 | 114 | 132 | 219 | | | 624 | 1181 |
| 25 | Harmeny AAC | 121 | 164 | 204 | 212 | 225 | | 312 | 1238 |
| 26 | Ochil Hill Runners | 85 | | | | | | 1560 | 1645 |
| 27 | Ferranti AAC | 135 | | | | | | 1560 | 1695 |
| 28 | Penicuik Harriers | 155 | | | | | | 1560 | 1715 |

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| 28 | C.Young (J) | Edinburgh Univ Hare & Hounds | 30:32 |
| 29 | P.Mowbray (V) | Hunters Bog Trotters | 30:34 |
| 30 | A.Johnstone (J) | Edinburgh Univ Hare & Hounds | 30:34 |
| 31 | M.Breen | Corstorphine AAC | 30:34 |
| 32 | T.Ferrington (V) | Corstorphine AAC | 30:38 |
| 33 | L.Miller | Central AC | 30:40 |
| 34 | O.Fraser-Krauss (J) | Edinburgh Univ Hare & Hounds | 30:40 |
| 35 | A.Anthony | Hunters Bog Trotters | 30:40 |
| 36 | P.Gierjatowicz | Hunters Bog Trotters | 30:42 |
| 37 | P. Moffet | Falkirk Victoria Harriers | 30:49 |
| 38 | A.Odentz (J) | Aberdeen AAC | 30:58 |
| 39 | C.Tharme (J) | Gala Harriers | 31:00 |
| 40 | T.Brian | Metro Aberdeen Running Club | 31:00 |
| 41 | J.Jackson | Corstorphine AAC | 31:03 |
| 42 | S.Fernando (J) | Fife AC | 31:09 |
| 43 | D.Jubb | PH Racing Club | 31:11 |
| 44 | F.Logan | Central AC | 31:12 |
| 45 | J.Harrison | Corstorphine AAC | 31:15 |
| 46 | F.Cruickshank (J) | Aberdeen AAC | 31:18 |
| 47 | F.Thomson | Aberdeen AAC | 31:21 |
| 48 | A.Ferguson | Aberdeen AAC | 31:29 |
| 49 | M.Lang (V) | Lothian Running Club | 31:30 |
| 50 | M.Haskett | Corstorphine AAC | 31:32 |
| 51 | M.D'Agrosa | Gala Harriers | 31:34 |
| 52 | E.Crawford | Hunters Bog Trotters | 31:38 |
| 53 | R.Kennedy | Lothian Running Club | 31:40 |
| 54 | S.Murray | Aberdeen AAC | 31:51 |
| 55 | J.Redding | Linlithgow AC | 31:54 |
| 56 | B.Ward | Metro Aberdeen Running Club | 31:55 |
| 57 | A.Brockie | Corstorphine AAC | 31:59 |
| 58 | G.Walker | Teviotdale Harriers | 32:00 |
| 59 | N.Milovsorov (V) | Metro Aberdeen Running Club | 32:05 |
| 60 | D.McKinnon | Corstorphine AAC | 32:07 |

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| 29 | Stirling Triathlon Club | 234 | 245 | | | | | 1248 | 1727 |
| 30 | Lomond Hill Runners AAC | 167 | | | | | | 1560 | 1727 |
| 31 | Strathearn Harriers | 235 | 253 | | | | | 1248 | 1736 |
| 32 | Livingston AC | 254 | | | | | | 1560 | 1814 |

Masters Teams

| | Team Name | Positions | | | Penalt | Total |
|----|-----------------------------|-----------|-----|-----|--------|-------|
| 1 | Corstorphine AAC | 3 | 8 | 10 | | 21 |
| 2 | Lothian Running Club | 4 | 12 | 13 | | 29 |
| 3 | Perth Road Runners | 9 | 15 | 27 | | 51 |
| 4 | Central AC | 1 | 25 | 36 | | 62 |
| 5 | Edinburgh AC | 6 | 28 | 37 | | 71 |
| 6 | Kinross Road Runners | 16 | 34 | 35 | | 85 |
| 7 | PH Racing Club | 20 | 23 | 44 | | 87 |
| 8 | Portobello Running Club | 18 | 29 | 46 | | 93 |
| 9 | Fife AC | 33 | 42 | 49 | | 124 |
| 10 | Falkland Trail Runners | 30 | 47 | 57 | | 134 |
| 11 | Carnegie Harriers | 11 | 54 | 70 | | 135 |
| 12 | Hunters Bog Trotters | 2 | 69 | 76 | | 147 |
| 13 | Dunbar Running Club | 17 | 40 | 107 | | 164 |
| 14 | Lasswade AAC | 26 | 62 | 80 | | 168 |
| 15 | Harmeny AAC | 31 | 64 | 94 | | 189 |
| 16 | Metro Aberdeen Running Club | 5 | 7 | | 187 | 199 |
| 17 | Falkirk Victoria Harriers | 45 | 55 | 103 | | 203 |
| 18 | Pitreavie AAC | 21 | 92 | 93 | | 206 |
| 19 | Dundee Hawkhill Harriers | 72 | 77 | 79 | | 228 |
| 20 | Dundee Road Runners AC | 56 | 65 | 118 | | 239 |
| 21 | Teviotdale Harriers | 68 | 78 | 132 | | 278 |
| 22 | Aberdeen AAC | 22 | 83 | | 187 | 292 |
| 23 | Gala Harriers | 88 | 104 | | 187 | 379 |
| 24 | Ochil Hill Runners | 14 | | | 374 | 388 |
| 25 | Ferranti AAC | 43 | | | 374 | 417 |
| 26 | Stirling Triathlon Club | 120 | 129 | | 187 | 436 |

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| 61 | J.Barton (J) | Aberdeen AAC | 32:15 |
| 62 | D.Hall | Corstorphine AAC | 32:15 |
| 63 | L.Johnson (V) | Edinburgh AC | 32:15 |
| 64 | S.Buchan (V) | Metro Aberdeen Running Club | 32:27 |
| 65 | C.Somerville | PH Racing Club | 32:27 |
| 66 | R.Anderson | Teviotdale Harriers | 32:29 |
| 67 | A.Hoyle | Corstorphine AAC | 32:34 |
| 68 | O.Williams | Lothian Running Club | 32:41 |
| 69 | R.Milne (V) | Corstorphine AAC | 32:44 |
| 70 | J.Dick | Lothian Running Club | 32:51 |
| 71 | R.Mon-Williams (J) | Edinburgh Univ Hare & Hounds | 32:51 |
| 72 | D.Knight (V) | Perth Road Runners | 32:54 |
| 73 | K.Ovenstone (V) | Corstorphine AAC | 32:54 |
| 74 | P.Kieran (V) | Carnegie Harriers | 32:54 |
| 75 | C.Partridge (V) | Lothian Running Club | 32:59 |
| 76 | A.Knowles (V) | Lothian Running Club | 32:59 |
| 77 | N.Wolverston | Edinburgh AC | 32:59 |
| 78 | J.Shanks | Falkirk Victoria Harriers | 33:08 |
| 79 | C.Richardson | Metro Aberdeen Running Club | 33:16 |
| 80 | C.Earl | Dundee Road Runners AC | 33:22 |
| 81 | C.McCormack | Dundee Hawkhill Harriers | 33:25 |
| 82 | E.Ross | Pitreavie AAC | 33:32 |
| 83 | T.Wilson | Corstorphine AAC | 33:44 |
| 84 | I.McDonald | Edinburgh AC | 33:44 |
| 85 | D.Millar (V) | Ochil Hill Runners | 33:56 |
| 86 | T.Martin | Metro Aberdeen Running Club | 33:59 |
| 87 | D.Ryan (V) | Perth Road Runners | 34:02 |
| 88 | B.Murphy | Edinburgh Univ Hare & Hounds | 34:05 |
| 89 | S.Watters | Edinburgh AC | 34:07 |
| 90 | M.Newton (V) | Kinross Road Runners | 34:09 |
| 91 | I.Logan | Linlithgow AC | 34:21 |
| 92 | N.Williamson (V) | Dunbar Running Club | 34:24 |
| 93 | M.McQuaid | Falkirk Victoria Harriers | 34:29 |

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| 27 | Lomond Hill Runners AAC | 67 | | | 374 | 441 |
| 28 | Strathearn Harriers | 121 | 137 | | 187 | 445 |

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| 94 | J.Darling (J) | Lasswade AAC | 34:40 |
| 95 | I.Craven | Edinburgh AC | 34:40 |
| 96 | W.Jarvie (V) | Portobello Running Club | 34:46 |
| 97 | H.Jones | Hunters Bog Trotters | 34:54 |
| 98 | B.McCornish (V) | Lothian Running Club | 34:56 |
| 99 | K.Riddell | Perth Road Runners | 35:00 |
| 100 | T.Lawrence (V) | PH Racing Club | 35:04 |
| 101 | L.Sleigh | Corstorphine AAC | 35:05 |
| 102 | C.Warner (V) | Pitreavie AAC | 35:12 |
| 103 | M.McDermot | Edinburgh AC | 35:19 |
| 104 | T.Griffen (V) | Aberdeen AAC | 35:23 |
| 105 | W.Beveridge (V) | PH Racing Club | 35:25 |
| 106 | V.Jack (V) | Corstorphine AAC | 35:28 |
| 107 | D.Eckersley (V) | Central AC | 35:28 |
| 108 | A.McGlone (V) | Lasswade AAC | 35:31 |
| 109 | E.Stark | Corstorphine AAC | 35:31 |
| 110 | D.Candlish | PH Racing Club | 35:34 |
| 111 | R.Glen (V) | Perth Road Runners | 35:43 |
| 112 | D.Marshall | Linlithgow AC | 35:46 |
| 113 | G.Picard-Lalonde | Edinburgh Univ Hare & Hounds | 35:46 |
| 114 | C.O'Donnell | Dunbar Running Club | 35:46 |
| 115 | M.Ferguson (V) | Edinburgh AC | 35:54 |
| 116 | D.Clark | Falkland Trail Runners | 35:56 |
| 117 | C.Taylor (V) | Portobello Running Club | 35:58 |
| 118 | B.Cruickshank (V) | Falkland Trail Runners | 35:58 |
| 119 | S.Love | PH Racing Club | 36:04 |
| 120 | F.McDonald | Edinburgh AC | 36:06 |
| 121 | G.Stewart (V) | Harmeny AAC | 36:08 |
| 122 | D.Eades (V) | Lothian Running Club | 36:11 |
| 123 | R.Borgeal | Dundee Hawkhill Harriers | 36:11 |
| 124 | D.Newman (V) | Fife AC | 36:12 |
| 125 | S.Stachan (V) | Kinross Road Runners | 36:15 |
| 126 | M.Grant | Hunters Bog Trotters | 36:19 |

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| 127 | A.Laycock (V) | Kinross Road Runners | 36:23 |
| 128 | D.Shaw (V) | Central AC | 36:28 |
| 129 | A.Latham (V) | Edinburgh AC | 36:29 |
| 130 | D.Rivera (V) | Edinburgh AC | 36:32 |
| 131 | A.Cameron (V) | Corstorphine AAC | 36:32 |
| 132 | J.Thomas (V) | Dunbar Running Club | 36:36 |
| 133 | C.Creggan (V) | Edinburgh AC | 36:59 |
| 134 | J.McIntyre (V) | Fife AC | 37:00 |
| 135 | P.Caban (V) | Ferranti AAC | 37:02 |
| 136 | K.Davie | Carnegie Harriers | 37:11 |
| 137 | P.Waring | PH Racing Club | 37:15 |
| 138 | P.Simpson (V) | PH Racing Club | 37:16 |
| 139 | G.Matheson (V) | Falkirk Victoria Harriers | 37:18 |
| 140 | N.Park (V) | Portobello Running Club | 37:19 |
| 141 | M.Murdoch (V) | Falkland Trail Runners | 37:19 |
| 142 | I.Stewart (V) | PH Racing Club | 37:19 |
| 143 | H.Van Rensberg (V) | Fife AC | 37:21 |
| 144 | F.Johnston | Gala Harriers | 37:28 |
| 145 | R.Mussett (V) | Central AC | 37:33 |
| 146 | L.Orr (V) | Edinburgh AC | 37:38 |
| 147 | J.Beveridge (V) | Kinross Road Runners | 37:38 |
| 148 | B.Lees (V) | Lothian Running Club | 37:41 |
| 149 | M.Diver | Hunters Bog Trotters | 37:41 |
| 150 | J.Hynd (V) | Carnegie Harriers | 37:41 |
| 151 | W.Grieve (V) | Falkirk Victoria Harriers | 37:45 |
| 152 | L.O'Connor (V) | Dundee Road Runners AC | 37:48 |
| 153 | G.Appelby | Central AC | 37:58 |
| 154 | M.Zuidewind | Pitreavie AAC | 38:00 |
| 155 | K.Cairns | Penicuik Harriers | 38:00 |
| 156 | M.Western (V) | Falkland Trail Runners | 38:08 |
| 157 | M.Parry (V) | Edinburgh AC | 38:11 |
| 158 | M.Hill | Kinross Road Runners | 38:13 |
| 159 | J.Van Den Berg (V) | Corstorphine AAC | 38:17 |

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| 160 | J.Hall (V) | Corstorphine AAC | 38:20 |
| 161 | I.Williamson (V) | Edinburgh AC | 38:22 |
| 162 | D.Scott (V) | Lasswade AAC | 38:24 |
| 163 | J.Subke (V) | Central AC | 38:28 |
| 164 | D.Alexander (V) | Harmeny AAC | 38:32 |
| 165 | M.Mitchell (V) | Dundee Road Runners AC | 38:32 |
| 166 | M.MacKenzie (V) | PH Racing Club | 38:35 |
| 167 | G.Pryde (V) | Lomond Hill Runners AAC | 38:41 |
| 168 | J.Cherry | Dundee Road Runners AC | 38:43 |
| 169 | A.Inglis (V) | Teviotdale Harriers | 38:44 |
| 170 | A.Hindle (V) | Hunters Bog Trotters | 38:49 |
| 171 | G.Wilson (V) | Carnegie Harriers | 38:51 |
| 172 | C.Hartles | Edinburgh AC | 38:52 |
| 173 | I.Dunsmore (V) | Central AC | 38:56 |
| 174 | N.Reynolds (V) | Dundee Hawkhill Harriers | 39:02 |
| 175 | H.Buchanan (V) | Central AC | 39:04 |
| 176 | D.Sleigh (V) | Fife AC | 39:08 |
| 177 | P.Stewart (V) | Perth Road Runners | 39:16 |
| 178 | M.Twigg (V) | Hunters Bog Trotters | 39:24 |
| 179 | N.Passway (V) | Dundee Hawkhill Harriers | 39:30 |
| 180 | A.Biggar (V) | Teviotdale Harriers | 39:32 |
| 181 | D.Hanlon (V) | Dundee Hawkhill Harriers | 39:37 |
| 182 | O.Pound | Portobello Running Club | 39:37 |
| 183 | S.Dickson (V) | Lasswade AAC | 39:43 |
| 184 | M.Placentino (V) | Dundee Hawkhill Harriers | 39:45 |
| 185 | M.Upward | Portobello Running Club | 39:50 |
| 186 | B.Noad | Central AC | 39:52 |
| 187 | G.Kemp | Kinross Road Runners | 39:55 |
| 188 | K.Murray (V) | Falkland Trail Runners | 39:57 |
| 189 | A.Love (V) | Aberdeen AAC | 39:59 |
| 190 | A.Murray (V) | Carnegie Harriers | 40:00 |
| 191 | S.Grieshaber (V) | Perth Road Runners | 40:02 |
| 192 | S.Dillon (V) | Fife AC | 40:04 |

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| 193 | C.Collins (V) | Dundee Hawkhill Harriers | 40:09 |
| 194 | D.Mason | Linlithgow AC | 40:17 |
| 195 | M.Applin (V) | Gala Harriers | 40:18 |
| 196 | R.Christie | Falkirk Victoria Harriers | 40:27 |
| 197 | A.Redman | Metro Aberdeen Running Club | 40:32 |
| 198 | P.Forte (V) | Dundee Hawkhill Harriers | 40:33 |
| 199 | A.Sinclair (V) | Kinross Road Runners | 40:36 |
| 200 | N.Balloch | PH Racing Club | 40:58 |
| 201 | S.Dye (V) | Dundee Hawkhill Harriers | 41:00 |
| 202 | D.Blanes (V) | Pitreavie AAC | 41:01 |
| 203 | G.McFarlane (V) | Pitreavie AAC | 41:03 |
| 204 | J.Denis (V) | Harmeny AAC | 41:06 |
| 205 | C.Ross (V) | Lothian Running Club | 41:14 |
| 206 | H.Mulholland (V) | Lothian Running Club | 41:26 |
| 207 | C.Douglas | Falkirk Victoria Harriers | 41:28 |
| 208 | D.Wilkie | Hunters Bog Trotters | 41:30 |
| 209 | B.Miller (V) | Carnegie Harriers | 41:30 |
| 210 | P.Parr-Burnham (V) | Lasswade AAC | 41:45 |
| 211 | C.Blair (V) | Pitreavie AAC | 41:52 |
| 212 | A.Ross (V) | Harmeny AAC | 42:02 |
| 213 | I.Simpson (V) | Falkland Trail Runners | 42:07 |
| 214 | G.Lupton (V) | Portobello Running Club | 42:15 |
| 215 | J.McLaren (V) | Falkirk Victoria Harriers | 42:15 |
| 216 | D.Brydon (V) | Gala Harriers | 42:19 |
| 217 | G.Barker (V) | Fife AC | 42:21 |
| 218 | B.Davie (V) | Carnegie Harriers | 42:25 |
| 219 | A.Anderson (V) | Dunbar Running Club | 42:29 |
| 220 | N.Thomas (V) | Hunters Bog Trotters | 42:32 |
| 221 | J.Martin (V) | Falkirk Victoria Harriers | 42:38 |
| 222 | S.Nisbet (V) | Kinross Road Runners | 42:41 |
| 223 | T.Catlin (V) | Falkland Trail Runners | 42:42 |
| 224 | I.Cumming (V) | Corstorphine AAC | 42:46 |
| 225 | J.Waters (V) | Harmeny AAC | 42:51 |

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| 226 | T.Sludden (V) | Pitreavie AAC | 42:54 |
| 227 | G.Knipe (V) | Lasswade AAC | 43:16 |
| 228 | D.Steele (V) | Edinburgh AC | 43:31 |
| 229 | G.Barrie (V) | Carnegie Harriers | 43:35 |
| 230 | A.Stavert | Portobello Running Club | 44:08 |
| 231 | P.Reed (V) | Dundee Road Runners AC | 44:13 |
| 232 | A.Murray | Lothian Running Club | 44:15 |
| 233 | C.Sinclair (V) | Central AC | 44:22 |
| 234 | K.Mathewson (V) | Stirling Triathlon Club | 44:28 |
| 235 | I.Thomson (V) | Strathearn Harriers | 44:30 |
| 236 | S.Blair (V) | Corstorphine AAC | 44:34 |
| 237 | G.McLean (V) | Corstorphine AAC | 44:48 |
| 238 | J.Thyne (V) | Hunters Bog Trotters | 44:52 |
| 239 | E.Stevenson (V) | Edinburgh AC | 44:57 |
| 240 | K.Mearns (V) | Lothian Running Club | 45:01 |
| 241 | A.Simpson | Portobello Running Club | 45:03 |
| 242 | A.Latona | Portobello Running Club | 45:05 |
| 243 | K.Letham (V) | Dundee Hawkhill Harriers | 45:39 |
| 244 | J.Alexander (V) | Lothian Running Club | 45:52 |
| 245 | T.Cooper (V) | Stirling Triathlon Club | 45:55 |
| 246 | C.Campbell (V) | Central AC | 45:55 |
| 247 | R.Armstrong (V) | Fife AC | 46:05 |
| 248 | P.Lockie (V) | Teviotdale Harriers | 46:12 |
| 249 | R.Milton (V) | PH Racing Club | 46:13 |
| 250 | C.McNair (V) | Pitreavie AAC | 46:14 |
| 251 | M.Dilek (V) | Falkirk Victoria Harriers | 46:25 |
| 252 | S.Murray (V) | Falkland Trail Runners | 46:28 |
| 253 | G.Morrison (V) | Strathearn Harriers | 46:42 |
| 254 | R.White | Livingston AC | 46:56 |
| 255 | P.Hernandez (V) | Dundee Hawkhill Harriers | 47:01 |
| 256 | D.Duncan (V) | Pitreavie AAC | 47:05 |
| 257 | A.Coltman (V) | Teviotdale Harriers | 47:28 |
| 258 | P.Smithard (V) | Carnegie Harriers | 48:44 |

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| 259 | S.Greer (V) | Carnegie Harriers | 49:40 |
| 260 | A.Bothwell (V) | Perth Road Runners | 50:05 |
| 261 | J.McIntyre (V) | Fife AC | 55:38 |
| 262 | K.Traill (V) | Fife AC | 55:38 |