

| Women Alloa 2016-11-19 | | | |
|-------------------------------|----------------|-----------------------------|-------------|
| | <i>Name</i> | <i>Club</i> | <i>Time</i> |
| 1 | K.Jarrett | Metro Aberdeen Running Club | 24:32 |
| 2 | J.Wetton | Central AC | 24:39 |
| 3 | L.Stoddart | Edinburgh AC | 25:07 |
| 4 | M.Crawford | Fife AC | 25:18 |
| 5 | C.Morgan (V) | Carnethy Hill Racing Club | 25:31 |
| 6 | K.Bain | Edinburgh AC | 25:38 |
| 7 | J.Dunbar (V) | Edinburgh AC | 25:40 |
| 8 | C.Buchanan | Central AC | 25:42 |
| 9 | F.Matheson (V) | Falkirk Victoria Harriers | 25:44 |
| 10 | K.Maxwell | Gala Harriers | 26:01 |
| 11 | V.Oldham (V) | Aberdeen AAC | 26:08 |
| 12 | L.Wilson | Edinburgh AC | 26:12 |
| 13 | M.Wright (V) | Hunters Bog Trotters | 26:15 |
| 14 | A.Badial (J) | Aberdeen AAC | 26:23 |
| 15 | S.McIntosh | Hunters Bog Trotters | 26:38 |
| 16 | J.Murphy | Carnegie Harriers | 26:50 |
| 17 | J.Cruickshanks | Fife AC | 26:56 |
| 18 | F.Dalgleish | Gala Harriers | 26:59 |
| 19 | E.McKechanie | Hunters Bog Trotters | 27:04 |
| 20 | M.Mowbray (V) | Hunters Bog Trotters | 27:21 |
| 21 | R.Newstead | Carnethy Hill Racing Club | 27:25 |
| 22 | N.Gibson | Edinburgh AC | 27:30 |
| 23 | K.Timmins | Central AC | 27:39 |
| 24 | K.Jones | Fife AC | 27:41 |
| 25 | E.Hanson (J) | Central AC | 27:44 |

| | <i>Team Name</i> | <i>Finisher Positions</i> | | | <i>Penalty Points</i> | <i>Total</i> |
|----|-----------------------------|---------------------------|----|----|-----------------------|--------------|
| 1 | Edinburgh AC | 3 | 6 | 7 | | 16 |
| 2 | Central AC | 2 | 8 | 23 | | 33 |
| 3 | Fife AC | 4 | 17 | 24 | | 45 |
| 4 | Hunters Bog Trotters | 13 | 15 | 19 | | 47 |
| 5 | Aberdeen AAC | 11 | 14 | 32 | | 57 |
| 6 | Gala Harriers | 10 | 18 | 39 | | 67 |
| 7 | Falkirk Victoria Harriers | 9 | 27 | 42 | | 78 |
| 8 | Carnegie Harriers | 16 | 31 | 38 | | 85 |
| 9 | Metro Aberdeen Running Club | 1 | 56 | 64 | | 121 |
| 10 | Dundee Hawkhill Harriers | 34 | 43 | 62 | | 139 |
| 11 | Carnethy Hill Racing Club | 5 | 21 | | 150 | 176 |
| 12 | Portobello Running Club | 44 | 60 | 86 | | 190 |
| 13 | Teviotdale Harriers | 40 | 74 | 80 | | 194 |
| 14 | Pitreavie AAC | 49 | 72 | 78 | | 199 |
| 15 | Harmeny AAC | 35 | 75 | | 150 | 260 |
| 16 | Lothian Running Club | 33 | 83 | | 150 | 266 |
| 17 | Corstorphine AAC | 29 | 88 | | 150 | 267 |
| 18 | Falkland Trail Runners | 53 | 65 | | 150 | 268 |
| 19 | Perth Road Runners | 28 | | | 300 | 328 |
| 20 | Lasswade AAC | 36 | | | 300 | 336 |
| 21 | PH Racing Club | 37 | | | 300 | 337 |
| 22 | Ochil Hill Runners | 46 | | | 300 | 346 |
| 23 | Penicuik Harriers | 54 | | | 300 | 354 |
| 24 | Ferranti AAC | 55 | | | 300 | 355 |
| 25 | Strathearn Harriers | 57 | | | 300 | 357 |
| 26 | Linlithgow AC | 69 | | | 300 | 369 |

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| 26 | M.McLelland | Hunters Bog Trotters | 27:49 |
| 27 | C.Moffett | Falkirk Victoria Harriers | 28:08 |
| 28 | A.Irvine | Perth Road Runners | 28:10 |
| 29 | N.Ross | Corstorphine AAC | 28:28 |
| 30 | M.Blankenstein | Edinburgh AC | 28:43 |
| 31 | I.Burnett (V) | Carnegie Harriers | 28:43 |
| 32 | E.Stickle (J) | Aberdeen AAC | 28:46 |
| 33 | L.Turnbull | Lothian Running Club | 28:51 |
| 34 | K.Reynolds (J) | Dundee Hawkhill Harriers | 29:02 |
| 35 | K.McBirnie (V) | Harmeny AAC | 29:10 |
| 36 | C.Dickson (V) | Lasswade AAC | 29:12 |
| 37 | M.Western (V) | PH Racing Club | 29:15 |
| 38 | A.Sandilands (V) | Carnegie Harriers | 29:20 |
| 39 | R.Fagan (V) | Gala Harriers | 29:25 |
| 40 | L.Corbett | Teviotdale Harriers | 29:46 |
| 41 | F.Hegarty | Edinburgh AC | 29:50 |
| 42 | F McFarlane | Falkirk Victoria Harriers | 29:52 |
| 43 | L.Beveridge | Dundee Hawkhill Harriers | 30:04 |
| 44 | G.McKenzie | Portobello Running Club | 30:10 |
| 45 | K.Golding | Hunters Bog Trotters | 30:13 |
| 46 | K.Kealey (V) | Ochil Hill Runners | 30:27 |
| 47 | C.Briggs | Carnegie Harriers | 30:32 |
| 48 | N.Flynn (V) | Falkirk Victoria Harriers | 30:42 |
| 49 | E. Renouf | Pitreavie AAC | 30:42 |
| 50 | L.Taylor | Hunters Bog Trotters | 30:46 |
| 51 | I.Bracegirdle (V) | Fife AC | 30:46 |
| 52 | M.Martin (V) | Fife AC | 30:46 |
| 53 | S.Lumsden (V) | Falkland Trail Runners | 31:02 |
| 54 | R.Lees | Penicuik Harriers | 31:07 |

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| 55 | J.Loecherbach | Ferranti AAC | 31:12 |
| 56 | S.Knox (V) | Metro Aberdeen Running Club | 31:25 |
| 57 | K.Sweeney (V) | Strathearn Harriers | 31:35 |
| 58 | E.Davies (V) | Edinburgh AC | 31:40 |
| 59 | A.Christie (V) | Falkirk Victoria Harriers | 31:42 |
| 60 | M.Flanagan (V) | Portobello Running Club | 31:45 |
| 61 | E.Maxwell (V) | Gala Harriers | 31:55 |
| 62 | J. Cawthray | Dundee Hawkhill Harriers | 31:55 |
| 63 | Cat..Reynolds (V) | Dundee Hawkhill Harriers | 32:07 |
| 64 | V.Inglis | Metro Aberdeen Running Club | 32:13 |
| 65 | S.Harley (V) | Falkland Trail Runners | 32:15 |
| 66 | A.Peat (V) | Edinburgh AC | 32:36 |
| 67 | K.Baird (V) | Carnegie Harriers | 32:48 |
| 68 | K.Aitken (J) | Fife AC | 32:54 |
| 69 | J.Horsburgh (V) | Linlithgow AC | 32:58 |
| 70 | Cath.Reynolds (V) | Dundee Hawkhill Harriers | 33:01 |
| 71 | M.Pennachio (V) | Fife AC | 33:49 |
| 72 | S.Ross | Pitreavie AAC | 33:50 |
| 73 | K.Torr (V) | Metro Aberdeen Running Club | 33:50 |
| 74 | K.Hughes (V) | Teviotdale Harriers | 34:14 |
| 75 | S.Ross (V) | Harmeny AAC | 34:24 |
| 76 | M.Anderson (V) | Falkirk Victoria Harriers | 34:44 |
| 77 | N.Tully (V) | Dundee Hawkhill Harriers | 34:58 |
| 78 | P. Hicks (V) | Pitreavie AAC | 35:07 |
| 79 | V.Brown | Dundee Hawkhill Harriers | 35:47 |
| 80 | A.Aitken (V) | Teviotdale Harriers | 35:53 |
| 81 | L.Houghton (V) | Central AC | 36:00 |
| 82 | J.Donald (V) | Dundee Hawkhill Harriers | 36:02 |
| 83 | K.Greig (J) | Lothian Running Club | 36:25 |

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| 84 | S.Strain (V) | Hunters Bog Trotters | 36:32 |
| 85 | D.Inglis (V) | Teviotdale Harriers | 36:49 |
| 86 | G.Karczewska (V) | Portobello Running Club | 37:07 |
| 87 | J.Macleod (V) | Carnegie Harriers | 37:22 |
| 88 | F.Linklater | Corstorphine AAC | 37:39 |
| 89 | N.Milne | Metro Aberdeen Running Club | 37:55 |