

## **East District Cross Country League**

**Kirkcaldy, Beveridge Park, KY2 5NE**

**Saturday 14th October 2023**

### **(1) Venue**

Take the turning of the A92 to Kirkcaldy West, then on to the A910 (West Bogie Road) for 4 miles then right at the Roundabout and follows signs to Beveridge Park.

The park is 10 minutes' walk from Kirkcaldy Railway Station

### **(2) Parking**

There is a Car Park on the east side of the park (see course map) also parking at Balwaerie High School (see course map) No Parking on Balwaerie Road (see course map)

### **(3) Toilets**

There will be Mobile Toilets close to the course

### **(4) Recording Slips**

Slips will not be given out on the day. See front page of East League website on how to forward finishing order of athletes in a club for a race.

### **(5) Scoring**

Under 11, Under 13, Under 15 Boys and Under 15 Girls/ Under 17 Women races are all 3 to score

Senior/Junior/Master's Women are 4 to score

Senior/Junior/Master's Men are 6 to score

Master's Men and Master's Women are 3 to score.

Master's athletes (Over 40) should have a large "V" next to their club number

### **(6) Results**

Results will be posted on the East League on the day after the event.

Thanks to Fife AC for hosting to-days meeting.

The league is always looking for possible new cross country venues.

Contact Alex Jackson on [alex@runningresults.co.uk](mailto:alex@runningresults.co.uk) if you have a possible venue or need more information.