

National Cross Country Championships - Falkirk 27/2/2016 - U13 Girls

	Name	Club	Time		Name	Club	Time
1	Lily Jane Evans-Haggerty	VP-Glasgow AC	12:45	76	Morgan MacDougall	East Kilbride A.C.	15:41
2	Helen Chong	Giffnock North AAC	12:58	77	Anna Lewis	Corstorphine AAC	15:43
3	Kate Richardson	Giffnock North AAC	13:05	78	Isabelle Burnside	Glasgow Triathlon Club	15:45
4	Anna Hedley	Fife AC	13:11	79	Rhianon Morris	Giffnock North AAC	15:45
5	Isla Calvert	Livingston AC	13:35	80	Lucy Anderson	Giffnock North AAC	15:47
6	Anya Maclean	Garscube Harriers	13:42	81	Ola Zurakowska	Kilbarchan AAC	15:50
7	Kyra Gibb	Central AC	13:45	82	Mairi Darroch	Inverness Harriers AAC	15:50
8	Pippa Carcas	Edinburgh AC	13:46	83	Hayley Brown	Fife AC	15:52
9	Emma Johnson	Edinburgh AC	13:48	84	Elise Petrie	Livingston AC	15:57
10	Sarah Coutts	Pitreavie AAC	13:53	85	Emma Graham	East Kilbride A.C.	15:58
11	Morven Hubbard	Ayr Seaforth AC	13:58	86	Zoe Hawkins	Motherwell ac	15:59
12	Emma Swanson	Banchory Stonehaven	13:59	87	Skye Birnie	Clydesdale Harriers	16:01
13	Alisha Sivell	Kilbarchan AAC	14:04	88	Tara Larsen	Inverness Harriers AAC	16:02
14	Isla Ward	Giffnock North AAC	14:12	89	Holly McAneny	Giffnock North AAC	16:03
15	Francesca Davidson	Giffnock North AAC	14:15	90	Miriam Gilbride	Giffnock North AAC	16:04
16	Jojo Littlefield	VP-Glasgow AC	14:17	91	Hannah Hamilton-Meikle	Chirnside Chasers	16:05
17	Hannah Little	Lasswade AAC	14:17	92	Ava Heron	Kilmarnock H&AC	16:05
18	Rosie Davidson	Ayr Seaforth AC	14:18	93	Hannah Steel	Lothian Running Club	16:05
19	Carrie Banks	Central AC	14:20	94	Grace Tindall	Central AC	16:06
20	Jill Carswell	Giffnock North AAC	14:25	95	Abbie Kirwan	East Kilbride A.C.	16:07
21	Georgia Ledingham	Corstorphine AAC	14:33	96	Margot MacLeod	Inverness Harriers AAC	16:07
22	Jennifer Murray	Kilmarnock H&AC	14:34	97	Rachel Donnelly	Law & District AAC	16:08
23	Charlie-Maree Nolan	Livingston AC	14:34	98	Orla Docherty	Glasgow Triathlon Club	16:09
24	Catriona Garvie	Inverness Harriers AAC	14:37	99	Charlie Macphail	Edinburgh AC	16:11
25	Phoebe Friend	Edinburgh AC	14:37	100	Drew Gordon	Maryhill Harriers	16:15
26	Katherine MacLeod	Corstorphine AAC	14:38	101	Allison Preece	Giffnock North AAC	16:17
27	Hannah McGeehan	Inverclyde AC	14:40	102	Katie Wilce	Ayr Seaforth AC	16:24
28	Evie Mackay	Ayr Seaforth AC	14:41	103	Catrina Paton	Annan & District AAC	16:25
29	Jenny Gillanders	Pitreavie AAC	14:41	104	Niamh Murphy	Law & District AAC	16:25
30	Ava Findlay	Edinburgh AC	14:43	105	Olivia Elliott	Perth Strathtay	16:27
31	Kate Richardson	Edinburgh AC	14:43	106	Abbie Robb	Falkirk Victoria Harriers	16:28
32	Jenna Little	VP-Glasgow AC	14:44	107	Carla Fay	Ron Hill Cambuslang Harriers	16:30
33	Lauren Blair	Pitreavie AAC	14:44	108	Iona Esslemont	Dundee hawkhill harriers	16:33
34	Niamh Riggins	Ron Hill Cambuslang Harriers	14:45	109	Robyn MacDonald	Lothian Running Club	16:34
35	Mia Linklater	Corstorphine AAC	14:46	110	Esme Balfour	Team East Lothian	16:35
36	Ellie Isabella Hinks	Garscube Harriers	14:47	111	Isla Taylor	Chirnside Chasers	16:37
37	Emma Chamberlain	Giffnock North AAC	14:49	112	Shona Carey	Ron Hill Cambuslang Harriers	16:38
38	Rhian Calan	VP-Glasgow AC	14:50	113	Grace Booth	Fife AC	16:39
39	Rachael Muir	Kilbarchan AAC	14:54	114	Lottie Jeffrey	Falkirk Victoria Harriers	16:39
40	Niamh Whelan	Moray Road Runner	14:55	115	Roisin Cameron-coyle	VP-Glasgow AC	16:40
41	Skye Marshall	Pitreavie AAC	14:56	116	Kimberley Gilchrist	Kilbarchan AAC	16:44
42	Kirsty Arnaud	Inverness Harriers AAC	14:57	117	Lorna Jackson	Law & District AAC	16:47
43	Elena McGorum	Moorfoot Runners	15:00	118	Isla Booth	Pitreavie AAC	16:48
44	Amy Kirkpatrick	Central AC	15:05	119	Emma Donachy	North Ayrshire AC	16:48
45	Louise Hastie	Kilbarchan AAC	15:07	120	Eilidh Ballantyne	Kilmarnock H&AC	16:50
46	Lauren O'Neil	Shettleston Harriers	15:10	121	Rachel Tynan	Inverness Harriers AAC	16:55
47	Evie Glen	Law & District AAC	15:14	122	Isla Manning	Dundee hawkhill harriers	16:55
48	Anna Young	Shettleston Harriers	15:14	123	Lesley Rogers	Dundee hawkhill harriers	16:56
49	Eilidh Mooney	Moorfoot Runners	15:15	124	Niav Douglas	Law & District AAC	16:56
50	Caoluhe Quail	Kirkintilloch Olympians	15:16	125	Andrea Alvarez-Icazza	Inverness Harriers AAC	16:58
51	Leila Hickey-Fugaccia	Giffnock North AAC	15:17	126	Abbie White	Law & District AAC	17:00
52	Leah Cameron	Inverclyde AC	15:17	127	Chloe Burton	Ron Hill Cambuslang Harriers	17:01
53	Nicole Mullard	Corstorphine AAC	15:21	128	Naomi Howlieson	Central AC	17:03
54	Jessica Turnbull	Central AC	15:22	129	Hannah Lang	Ron Hill Cambuslang Harriers	17:03
55	Rachel Johnstone	Inverness Harriers AAC	15:24	130	Chloe Ritchie	Fife AC	17:09
56	Niamh McWilliams	Giffnock North AAC	15:25	131	Hannah Fleming	Kilbarchan AAC	17:11
57	Mhairi Arnott	Corstorphine AAC	15:27	132	Ellie Gifford	Falkirk Victoria Harriers	17:12
58	Darci Burns	Airdrie Harriers	15:28	133	Leonie MacLeod	Inverness Harriers AAC	17:13
59	Lauren Barclay	Falkirk Victoria Harriers	15:28	134	Megan Anderson	Chirnside Chasers	17:14
60	Rachel Paton	Kirkintilloch Olympians	15:28	135	Jennifer Scott	Helensburgh AAC	17:20
61	Elsie Hollywood	Shettleston Harriers	15:29	136	Maria Threwal	Clydesdale Harriers	17:22
62	Emma Gaston	Giffnock North AAC	15:30	137	Eve Reilly	Kirkintilloch Olympians	17:32
63	Ailisa Barr	Pitreavie AAC	15:31	138	Sinead Owen	Helensburgh AAC	17:33
64	Mia Padmanabhan	Glasgow Triathlon Club	15:31	139	Mhairi Quinn	Kirkintilloch Olympians	17:36
65	Nicole Dredge	Lothian Running Club	15:32	140	Rosie Sharples	Falkirk Victoria Harriers	17:37
66	Mairi Forbes	Gala Harriers	15:34	141	Neve Horbry	Cumbernauld AAC	17:41
67	Eve Gardiner	Inverness Harriers AAC	15:34	142	Katie Flett	Helensburgh AAC	17:42
68	Kerry Robertson	Falkirk Victoria Harriers	15:34	143	Jenny Hyde	Helensburgh AAC	17:43
69	Ishbel Grieve	Corstorphine AAC	15:34	144	Maura MacKinnon	Ron Hill Cambuslang Harriers	17:57
70	Rose Newman	Edinburgh AC	15:35	145	Ellie Buchanan	Falkirk Victoria Harriers	17:57
71	Grace Maclean	Garscube Harriers	15:36	146	Olivia Wilson	Falkirk Victoria Harriers	18:14
72	Katie Young	Giffnock North AAC	15:37	147	Sophia Wier	George Heriots XC club	18:22
73	Emma Seed	Inverness Harriers AAC	15:39	148	Elena Kerr	Team East Lothian	19:47
74	Abby McGlone	Lasswade AAC	15:39	149	Zara Bateman	Maryhill Harriers	21:55
75	Charlotte Morrison	Moorfoot Runners	15:40	150	Kirstyn Park	Kilmarnock H&AC	22:13
76	Morgan MacDougall	East Kilbride A.C.	15:41				

Pos	Club	Name	Time	Pos		
1	Giffnock North AAC (34)	Helen Chong	12:58	2	4	Pitreavie AAC (113)
		Kate Richardson	13:05	3	5	Central AC (124)
		Isla Ward	14:12	14	6	Corstorphine (135)
		Francesca Davidson	14:15	15	7	Ayr Seaforth AC (158)
2	Edinburgh AC (72)	Pippa Carcas	13:46	8	8	Kilbarchan AAC (177)
		Emma Johnson	13:48	9	9	Inverness Harriers AAC (187)
		Phoebe Friend	14:37	25	10	Fife AC (326)
		Ava Findlay	14:43	30	11	Falkirk Victoria Harriers (344)
3	VP-Glasgow AC (87)	Lily Jane Evans-Haggerty	12:45	1	12	Law & District AAC (362)
		Jojo Littlefield	14:17	16	13	Ron Hill Cambuslang H (377)
		Jenna Little	14:44	32	14	Kirkintilloch Olympians(382)
		Rhian Calan	14:50	38	15	Helensburgh AAC (550)
						10, 29, 33, 41
						7, 19, 44, 54
						21, 26, 35, 53
						11, 18, 28, 101
						13, 39, 45, 80
						24, 42, 55, 66
						4, 82, 112, 128
						59, 67, 105, 113
						47, 96, 103, 116
						34, 106, 111, 126
						50, 60, 135, 137
						133, 136, 140, 141

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	Name	Club	Time
1	David Addison	Corstorphine AAC	12:10
2	Ethan Elder	Moorfoot Runners	12:24
3	Oscar Onley	Chirnside Chasers	12:25
4	Ben Cameron	Forres Harriers	12:26
5	Corran Carrick-Anderson	Moorfoot Runners	12:28
6	Harry Henriksen	Lasswade AAC	12:31
7	Blair Milne	Moray Road Runners	12:38
8	Joshua Milne	Moray Road Runners	12:40
9	Jack Patton	Kilbarchan AAC	12:40
10	Josh Benton	BANCHORY STONEHAVEN AC	12:43
11	Danny McPake	Ross County Athletic Club	12:44
12	Lucas Cairns	Inverness Harriers AAC	12:44
13	Ben Sandilands	Fife AC	12:50
14	Ethan Carolan	Giffnock North AAC	12:54
15	Gregor Campbell	Shettleston Harriers	12:54
16	Andrew McGill	LINLITHGOW AC	12:55
17	Kairn Brand	Perth Strathtay Harriers	12:56
18	Lewis Hannigan	Kilbarchan AAC	12:58
19	Conor Gourley	Pitreavie AAC	13:02
20	Jack Dalgety	Dundee hawkhill harriers	13:08
21	David Morrison	Stornoway Running & AC	13:10
22	Dylan Elliot	Kirkintilloch Olympians	13:10
23	Gregor Collins	Gala Harriers	13:11
24	Harris Paterson	Giffnock North AAC	13:11
25	Blayne Wright	VP-Glasgow AC	13:13
26	Michael GirDler	Moorfoot Runners	13:13
27	Callum Bryne	VP-Glasgow AC	13:18
28	Sam Griffin	Aberdeen AAC	13:20
29	Muir Gillespie	Edinburgh AC	13:22
30	Callan Hogarth	Falkirk Victoria Harriers	13:22
31	Kasey Fraser	Shettleston Harriers	13:27
32	Murray Brown	Falkirk Victoria Harriers	13:27
33	Finlay Ross-Davie	Garscube Harriers	13:29
34	Aodhan Finnegan	Stornoway Running & AC	13:29
35	Fabian Despinoy	Edinburgh AC	13:31
36	Owen Keddie	Fife AC	13:31
37	Michael Black	Ron Hill Cambuslang Harriers	13:33
38	Finlay Rutter	Ross County Athletic Club	13:34
39	Murray Fotheringham	Giffnock North AAC	13:36
40	Sean Friel	Ron Hill Cambuslang Harriers	13:36
41	Aidan Simpson	Dundee hawkhill harriers	13:37
42	Harry McGill	Greenock Glenpark Harriers	13:38
43	Angus Rutter	Ross County Athletic Club	13:41
44	Ethan Wilson	Shettleston Harriers	13:43
45	Calum Little	Cumbernauld AAC	13:43
46	Patrick Kiehlmann	Glasgow Triathlon Club	13:45
47	Danny Bryden	Annan & District AC	13:46
48	Alex Ellen	Ross County Athletic Club	13:48
49	Jonathan Faulks	Falkirk Victoria Harriers	13:50
50	Scott Vigrow	Dundee hawkhill harriers	13:50
51	Elliot Bain	East Kilbride A.C.	13:51
52	Alexander Crooks	Ayr Seaforth AC	13:51
53	Blair Scott	Dundee hawkhill harriers	13:54
54	Arron Grew	Ron Hill Cambuslang Harriers	13:56
55	Michael Glen	Law & District AAC	14:01
56	Joseph McKay	Giffnock North AAC	14:03
57	Daniel Bruce	Central AC	14:04
58	Christopher Watson-Sweeney	Giffnock North AAC	14:07
59	Leo Currie	Clydesdale Harriers	14:09
60	Josh Law	Inverclyde AC	14:09
61	Charlie Cameron	Corstorphine AAC	14:10
62	Euan Rollo	Inverness Harriers AAC	14:10
63	Thomas Robertson	Aberdeen AAC	14:11
64	Kyle Sutherland	Ross County Athletic Club	14:11
65	Eric Robinson	Inverness Harriers AAC	14:12
66	Jack MacKinnon	VP-Glasgow AC	14:12
67	Patrick Smiley	Ayr Seaforth AC	14:12
68	Ruairidh Stickland	Garscube Harriers	14:13
69	Ivan Ramsay	Falkirk Victoria Harriers	14:14
70	Scott Meechan	Greenock Glenpark Harriers	14:14
71	Archie Kemp	Corstorphine AAC	14:15
72	David Spencer	Forres Harriers	14:15
73	Ewan Ferguson	Greenock Glenpark Harriers	14:15
74	Joseph Hagan	East Kilbride A.C.	14:19
75	Euan Wond	Falkirk Victoria Harriers	14:19
76	Ryan McDermott	Kilbarchan AAC	14:20
77	Maxwell Drummond	Moorfoot Runners	14:21
78	Ben MacBride	Law & District AAC	14:22

	Name	Club	Time
79	Adam Grieve	Falkirk Victoria Harriers	14:23
80	Hamish Anderson	East Kilbride A.C.	14:23
81	Andrew Baird	Kilmarnock H&AC	14:24
82	Connor Daly	Edinburgh AC	14:25
83	Euan Bell	Ayr Seaforth AC	14:33
84	Thomas Woods	Central AC	14:35
85	Jai Patterson	Teviotdale Harriers	14:36
86	Alister Mackay	Ross County Athletic Club	14:38
87	Fraser Morris	Livingston AC	14:39
88	Rory Murray	Annan & District AC	14:41
89	Reagan MacDonald	Inverness Harriers AAC	14:42
90	Luke Aitken	Garscube Harriers	14:44
91	Sam Drummond	Ayr Seaforth AC	14:47
92	Thomas McCourt	East Kilbride A.C.	14:48
93	Connor Thompson	Edinburgh AC	14:50
94	Joshua Bain	Helensburgh AAC	14:52
95	Sam Sweeney	East Kilbride A.C.	14:55
96	Robbie Woods	Ron Hill Cambuslang Harriers	14:57
97	Ross Davidson	Inverclyde AC	14:58
98	Euan McLew	Ron Hill Cambuslang Harriers	14:59
99	Evan McConnell	Gala Harriers	14:59
100	Cameron Pirie	Team East Lothian	15:02
101	Calum Hall	Corstorphine AAC	15:02
102	Fergus Mardon	Strathearn harriers	15:04
103	James Brown	Central AC	15:06
104	Ruaridh Flint	Strathearn harriers	15:07
105	Max Cunningham	Ayr Seaforth AC	15:07
106	Cameron MacDonald	East Kilbride A.C.	15:08
107	Mark Cassidy	Ron Hill Cambuslang Harriers	15:10
108	Euan Flett	Corstorphine AAC	15:10
109	Alan McCulloch	Law & District AAC	15:11
110	Dylan MacPherson	Inverness Harriers AAC	15:11
111	Jack McDonald	Gala Harriers	15:11
112	Finlay Raynor	Inverness Harriers AAC	15:12
113	Angus Smith	Inverness Harriers AAC	15:12
114	Cameron Fraser	Central AC	15:14
115	Lewis Blair	Pitreavie AAC	15:15
116	Theo Carter	Shettleston Harriers	15:16
117	Brodie Gillanders	Kilbarchan AAC	15:19
118	Michael McGarvaey	Falkirk Victoria Harriers	15:20
119	Thomas MacAskill	Teviotdale Harriers	15:21
120	Seamus Mowberry	Kilbarchan AAC	15:25
121	Connor Kalkman	Kirkintilloch Olympians	15:26
122	Louis O'Hare	Kirkintilloch Olympians	15:27
123	Robbie Anderson	Team East Lothian	15:30
124	Matthew Tully	Dundee hawkhill harriers	15:30
125	Ben Jamieson	George Heriots School	15:32
126	Liam Angely	Ron Hill Cambuslang Harriers	15:34
127	Kian McConville	Giffnock North AAC	15:35
128	Mathew Stewart	Kirkintilloch Olympians	15:35
129	Inness Campbell	Gala Harriers	15:36
130	Jack Stewart	Inverclyde AC	15:37
131	Lewis Hainey	Inverclyde AC	15:38
132	Caleb Dunning	Inverclyde AC	15:49
133	Finn Burden	Helensburgh AAC	15:54
134	Thomas MacDonald	George Heriots School	16:00
135	Stuart Aird	Clydesdale Harriers	16:04
136	John Leary	Edinburgh AC	16:05
137	Blair John Gemmill	Ayr Seaforth AC	16:13
138	Cameron Dickson	Lasswade AAC	16:16
139	James Walter	Team East Lothian	16:18
140	James Grant	Strathearn harriers	16:21
141	Lewis Martin	Ayr Seaforth AC	16:24
142	Ben Emory	Springburn Harriers	16:29
143	Joe Boothie	George Heriots School	16:36
144	Jack Robertson	Perth Strathtay Harriers	16:39
145	Ben Everett	East Kilbride A.C.	16:40
146	Euan Champman	Garscube Harriers	16:45
147	Rudy Brown	East Kilbride A.C.	16:52
148	Finn Milligan	Law & District AAC	17:01
149	Harrison Hughes	Teviotdale Harriers	17:07
150	Kieran Ballard	Springburn Harriers	17:07
151	Martin Burnhope	Kilbarchan AAC	17:08
152	Jack McDaid	Greenock Glenpark Harriers	17:46
153	Archie Fuller	Chirnside Chasers	17:58
154	Ross Kennedy	Kilbarchan AAC	18:07
155	Jamie Glen	Glasgow Triathlon Club	18:18

Teams				
Pos	Club	Name	Time	Pos
1	Moorfoot Runners (110)	Ethan Elder	12:24	2
		Corran Carrick-Anderson	12:28	5
		Michael GirDler	13:13	26
		Maxwell Drummond	14:21	77
2	Giffnock North AAC (133)	Ethan Carolan	12:54	14
		Harris Paterson	13:11	24
		Murray Fotheringham	13:36	39
		Joseph McKay	14:03	56
3	Ross County AC (140)	Danny McPake	12:44	11
		Kilbarchan AAC (331)	18, 76, 117, 120	7
		Ron Hill Cambuslang H (227)	37, 40, 54, 96	8
		Inverness Harriers AAC (228)	12, 62, 65, 89	9
		Corstorphine AAC (234)	1, 61, 71, 101	10
		Edinburgh AC (239)	29, 35, 82, 93	11
		Ayr Seaforth AC (293)	52, 67, 83, 91	12
		East Kilbride AC (297)	51, 74, 80, 92	13
		Garscube Harriers (337)	33, 68, 90, 146	14
		Greenock Glenpark H (337)	42, 70, 73, 152	15

		Finlay Rutter	13:34	38	16	Central AC (358)	57, 84, 103, 114	
		Angus Rutter	13:41	43	17	Gala Harriers (362)	23, 99, 111, 129	
		Alex Ellen	13:48	48	18	Law & District AAC (390)	55, 78, 109, 148	
4	Dundee Hawkhill H (164)	20, 41, 50, 53			19	Kirkintilloch O (393)	22, 121, 122, 128	
5	Falkirk Victoria H (180)	30, 32, 49, 69			20	Inverclyde AC (418)	60, 97, 130, 131	
6	Shettleston Harriers (206)	15, 31, 44, 116						

National Cross Country Championships - Falkirk 27/2/2016 - U15 Girls

	Name	Club	Time
1	Eloise Walker	Edinburgh AC	15:48
2	Lynn McKenna	Giffnock North AAC	16:13
3	Jessica MacLeod	Corstorphine AAC	16:22
4	Charlotte McKenna	Giffnock North AAC	16:37
5	Sarah Tait	Lasswade AAC	16:39
6	Leona Murray	Kilbarchan AAC	16:44
7	Emily Crusher	Giffnock North AAC	16:52
8	Angel Grimes-MacTavish	VP-Glasgow AC	16:52
9	Kirsty Oldham	Aberdeen AAC	16:55
10	Clare Wallace	Giffnock North AAC	16:59
11	Mairi Wallace	Moorfoot Runners	17:05
12	Annabel Ballantyne	Giffnock North AAC	17:10
13	Grace Pow	Annan & District AC	17:14
14	Chloe McClung	Falkirk Victoria Harriers	17:16
15	Susawali Godfrey-Fassett	Gala Harriers	17:18
16	Sofia Kirkpatrick	Giffnock North AAC	17:19
17	Nuala McCheyne	Inverclyde AC	17:20
18	Charlotte Clare	Moorfoot Runners	17:23
19	Beth Hobbs	Moorfoot Runners	17:28
20	Alixé phillips	Edinburgh AC	17:34
21	Laura Ferguson	Glasgow School of Sport	17:35
22	Zoe Nicholson	Pitreavie AAC	17:36
23	Hannah Paton	Kirkintilloch Olympians	17:36
24	Anna Bennett	Dundee hawkhill harriers	17:37
25	Jemma Jamieson	Pitreavie AAC	17:41
26	Ishbel Strathdee	Edinburgh AC	17:43
27	Jennifer Lyne	Inverclyde AC	17:43
28	Zoe Coyne	Giffnock North AAC	17:46
29	Laura McNeill	Aberdeen AAC	17:49
30	Lucia Montgomery	Edinburgh AC	17:54
31	Emily Andrew	Inverness Harriers AAC	17:54
32	Adrienne Murray	VP-Glasgow AC	18:02
33	Lucy Muirhead	East Kilbride AC	18:06
34	Sarah Connolly	East Kilbride AC	18:12
35	Cliona McCheyne	Inverclyde AC	18:18
36	Kai Harper	Edinburgh AC	18:20
37	Hannah Dow	Pitreavie AAC	18:21
38	Lisa Miller	Giffnock North AAC	18:24
39	Zoe Jamieson	Giffnock North AAC	18:27
40	Zoe Renfrew	Inverclyde AC	18:32
41	Amy Bissett	VP-Glasgow AC	18:36
42	Emily Simpson	Edinburgh AC	18:39
43	Rebecca Johnston	Inverness Harriers AAC	18:39
44	Cerys Gilbride	Central AC	18:40
45	Leah Sinfioriani	Giffnock North AAC	18:40
46	Oliivia Varelle	Falkirk Victoria Harriers	18:41
47	Molly Richley	Pitreavie AAC	18:43
48	Christie Dalgleish	Ron Hill Cambuslang Harriers	18:43
49	Caroline McKinlay	Lasswade AAC	18:48
50	Orla Lang	Giffnock North AAC	18:48
51	Lindsey Gilchrist	Edinburgh AC	18:48

	Name	Club	Time
52	Nyah Gillan	Inverclyde AC	18:49
53	Kim Crawford	Kilbarchan AAC	18:56
54	Emma Gilmour	VP-Glasgow AC	18:57
55	Nicola Henson	Perth Strathtay Harriers	18:57
56	Spohie Young	Inverness Harriers AAC	19:01
57	Elena Heger	Gala Harriers	19:03
58	Charlotte McDowall	Ayr Seaforth AC	19:10
59	Molly Carruthers	Nithdale AC	19:11
60	Claire McGarvey	BANCHORY STONEHAVEN AC	19:12
61	Lauren Liversedge	BANCHORY STONEHAVEN AC	19:12
62	beth Gibbons	VP-Glasgow AC	19:12
63	Katy McGonigal	Falkirk Victoria Harriers	19:18
64	Hannah Miller	Giffnock North AAC	19:25
65	Martha Gallacher	Dundee hawkhill harriers	19:27
66	Flora Millar	Edinburgh AC	19:28
67	Eilidh Forbes	Gala Harriers	19:29
68	Ana MacPherson	Inverness Harriers AAC	19:30
69	Heather Scott	Central AC	19:36
70	Molly Murray	Kilmarnock H&AC	19:37
71	Flora Johnston	Falkirk Victoria Harriers	19:47
72	Jessica Noble	Helensburgh AAC	19:51
73	Eilidh Brown	Lasswade AAC	19:52
74	Phoebe Angus	Falkirk Victoria Harriers	19:53
75	Scarlet Donald	Edinburgh AC	19:55
76	Ailsa Hewick	Inverness Harriers AAC	19:56
77	Amy Craig	Maryhill Harriers	19:57
78	Rachael norrie	Giffnock North AAC	19:58
79	Leonie McCutcheon	Kilmarnock H&AC	19:58
80	Rachael Gillies	Inverness Harriers AAC	20:00
81	Caitlin Thomson	Law & District AAC	20:01
82	Ella Dominguez	Kilbarchan AAC	20:03
83	Keanna MacInnes	Lasswade AAC	20:16
84	Laine Alemu	Kilbarchan AAC	20:17
85	Clara Pollock	Inverclyde AC	20:18
86	Frances Sealy	BANCHORY STONEHAVEN AC	20:19
87	Carmen Thomson	Dundee hawkhill harriers	20:23
88	Ruby Soldan	Inverness Harriers AAC	20:25
89	Sophie Kidd	Dundee hawkhill harriers	20:45
90	Lauren Cameron	Forres Harriers	20:51
91	Lauren McEwan	Ron Hill Cambuslang Harriers	20:52
92	Sarah Chamberlain	Giffnock North AAC	20:56
93	Caitlin Chilton	Ayr Seaforth AC	20:59
94	Alexandra Smiley	Ayr Seaforth AC	21:05
95	Mia Carolan	Giffnock North AAC	21:08
96	Iona Smith	Kirkintilloch Olympians	21:12
97	Katie Moss	Ron Hill Cambuslang Harriers	21:34
98	Holly White	Livingston AC	21:46
99	Carly Blaikie	Teviotdale Harriers	21:48
100	Francesca Devine	Clydesdale Harriers	22:05
101	Ciara Scullion	Law & District AAC	22:15

Teams				
Pos	Club	Name	Time	Pos
1	Giffnock North AAC (26)	Lynn McKenna	16:13	2
		Charlotte McKenna	16:37	4
		Emily Crusher	16:52	7
		Clare Wallace	16:59	10
2	Edinburgh AC (77)	Eloise Walker	15:48	1
		Alixé phillips	17:34	20
		Ishbel Strathdee	17:43	26
		Lucia Montgomery	17:54	30
3	Inverclyde AC (119)	Nuala McCheyne	17:20	17
		Jennifer Lyne	17:43	27
		Cliona McCheyne	18:18	35
		Zoe Renfrew	18:32	40

4	Pitreavie AAC (131)	22, 25, 37, 47
5	VP-Glasgow AC (135)	8, 32, 41, 54
6	Falkirk Victoria Harriers (194)	14, 46, 63, 71
7	Inverness Harriers AAC (198)	31, 43, 56, 68
8	Lasswade AAC (210)	5, 49, 73, 83
9	Kilbarchan AAC (225)	6, 53, 82, 84
10	Dundee Hawkhill H (265)	24, 65, 87, 89

National Cross Country Championships - Falkirk 23/2/2013 - U15 Boys

	Name	Club	Time
1	Lewis Pentecost	Falkirk Victoria Harriers	14:13
2	Robert Sparks	Fife AC	14:14
3	Hamish Armit	Giffnock North AAC	14:21
4	Cameron Watson	Inverclyde AC	14:22
5	Michael Simson	Kilbarchan AAC	14:25
6	Andrew MacAngus	Kilbarchan AAC	14:27
7	Craig Kennedy	Kilbarchan AAC	14:42
8	David McNair	Kilbarchan AAC	14:42
9	Keir Howlieson	Central AC	14:42
10	Ryan Donnelly	Motherwell AC	14:46
11	Joe Ewing	Edinburgh AC	14:52
12	Christopher McLew	Ron Hill Cambuslang Harriers	14:53
13	Ben MacMillan	Central AC	14:53
14	Tom Graham-Marr	Central AC	14:54
15	Luke McCaffrey	Kikintilloch Olympians	14:55
16	Drew Pollock	Ron Hill Cambuslang Harriers	14:59
17	Magnus Tait	Lasswade AAC	15:02
18	Jack Gillespie	Aberdeen AAC	15:06
19	Calum Young	Giffnock North AAC	15:07
20	Cameron Corrigan	Kilbarchan AAC	15:08
21	Harry E Hall	Aberdeen AAC	15:09
22	Lewis Raeburn	Shettleston Harriers	15:11
23	Nicholas Tierney	Aberdeen AAC	15:14
24	Harry Walton	Kilbarchan AAC	15:17
25	Sandy Holl	Central AC	15:21
26	Adam Hay	Inverclyde AC	15:22
27	Elliot Duff	Garscube Harriers	15:24
28	Cameron Campbell	Shettleston Harriers	15:28
29	Stephen Addison	Corstorphine AAC	15:30
30	Finlay Ross	Corstorphine AAC	15:32
31	Euan Hood	Lasswade AAC	15:33
32	Kieran Chalmers	Inverness Harriers AAC	15:35
33	Scott Sprang	Ayr Seaforth AC	15:36
34	James Gillon	Law & District AAC	15:39
35	Craig Morris	Fife AC	15:39
36	Thomas Ross	Corstorphine AAC	15:43
37	Ryan Stephen	Ron Hill Cambuslang Harriers	15:44
38	Ruairdh MacGregor	Ron Hill Cambuslang Harriers	15:45
39	Ewan Hamilton	Nithsdale AC	15:47
40	Ben Shaw	Giffnock North AAC	15:48
41	Cameron Taylor-Cameron	Falkirk Victoria Harriers	15:49
42	Michael Miller	Clydesdale Harriers	15:52
43	Taylor Stewart	Giffnock North AAC	15:54
44	Adam Robertson	Aberdeen AAC	15:56
45	Finlay Emmott	Stornoway Running & AC	15:57
46	James Logan	Gala Harriers	15:59
47	Luke Davidson	Inverness Harriers AAC	16:01
48	Craig Angus	Moorfoot Runners	16:04
49	Bradley Duff	Dundee hawkhill harriers	16:06
50	Arun Taylor	Garscube Harriers	16:12
51	James Cathro	Garscube Harriers	16:12
52	Levi Sweeney	Perth Strathtay Harriers	16:12
53	Jack Bell	Giffnock North AAC	16:13
54	Declan McGhee	Ayr Seaforth AC	16:14
55	Jordan Gilchrist	Kilbarchan AAC	16:15
56	Kyle Irvine	Kilbarchan AAC	16:15
57	Ben Johnstone	Inverness Harriers AAC	16:15
58	Josh Abbott	Chirnside Chasers	16:16
59	Ryan George Donald	Dundee hawkhill harriers	16:21
60	Iain McWhinnie	Fife AC	16:22
61	Josh McDermott	VP-Glasgow AC	16:22
62	Kane Elliott	Falkirk Victoria Harriers	16:23
63	Aidan Copland	Ayr Seaforth AC	16:25
64	Davie Begg	Dundee hawkhill harriers	16:27
65	Callum Wilson	Ross County Athletic Club	16:28
66	Fraser Clyne	Teviotdale Harriers	16:28
67	Gavin Mckay	Kilbarchan AAC	16:30
68	Patrick Ashdown	Aberdeen AAC	16:31
69	Ben Nichol	Inverclyde AC	16:32

	Name	Club	Time
70	Sean Kelt	Ross County Athletic Club	16:33
71	Andrew Robertson	Giffnock North AAC	16:33
72	Paul Tiplady	Corstorphine AAC	16:36
73	Duthac Mardon	Strathearn harriers	16:36
74	Luca librizzi	Edinburgh AC	16:40
75	Daniel McGarrie	Garscube Harriers	16:45
76	Harris Pentecost	Falkirk Victoria Harriers	16:47
77	Dylan Crawford	Inverclyde AC	16:49
78	Sam Elliott	Perth Strathtay Harriers	16:50
79	Cameron Stone	Aberdeen AAC	16:52
80	Logan Cotter	Ayr Seaforth AC	16:53
81	Gavin McWhinnie	Fife AC	16:55
82	Jamie Simpson	Dundee hawkhill harriers	16:57
83	Scott MacIver	Stornoway Running & AC	16:57
84	Eric Gallagher	Team East Lothian	17:02
85	Tom Keeley	VP-Glasgow AC	17:06
86	Eoin Simpson	Dundee hawkhill harriers	17:09
87	Ben Reynolds	Chirnside Chasers	17:09
88	Alan Mollins	Greenock Glenpark Harriers	17:09
89	Eoghan O'Donnell	Giffnock North AAC	17:10
90	Finlay Gray	Helensburgh AAC	17:11
91	Lewis Mitchell	Giffnock North AAC	17:11
92	Edan Webb	VP-Glasgow AC	17:15
93	Callum Brown	VP-Glasgow AC	17:20
94	Daniel Martin	Ayr Seaforth AC	17:24
95	Keir Crawford	Ron Hill Cambuslang Harriers	17:25
96	Joe Donnelly	Team East Lothian	17:27
97	Rudi Paul	Inverness Harriers AAC	17:28
98	Ryan Brown	Greenock Glenpark Harriers	17:32
99	mathew Gilon	Law & District AAC	17:34
100	Cameron Bullen	Team East Lothian	17:36
101	Lewis Esslemont	Inverness Harriers AAC	17:37
102	Ben MacDermid	Dundee hawkhill harriers	17:41
103	Eoighan Small	Kilbarchan AAC	17:44
104	Stuart Reid	Garscube Harriers	17:47
105	Blair Wallace	Ross County Athletic Club	17:50
106	Iain Hare	Edinburgh AC	17:54
107	Daniel Kelly	Lasswade AAC	17:55
108	Tom Ireland	Edinburgh AC	17:55
109	Fergal mcCloseky	Kilbarchan AAC	17:56
110	Andrew Carey	Ron Hill Cambuslang Harriers	17:57
111	Liam Murray	Pitreavie AAC	17:57
112	Thomas Connolly	VP-Glasgow AC	17:58
113	Hamish Hickey	Ross County Athletic Club	17:59
114	Lewis Tharme	Gala Harriers	17:59
115	Sorley Johnston	Springburn Harriers	18:00
116	Euan Chalmers	Giffnock North AAC	18:01
117	Fraser Gordon	Garscube Harriers	18:04
118	Donald Maclean	Giffnock North AAC	18:15
119	Leo Weldon	Falkirk Victoria Harriers	18:18
120	Carrie Campbell	Gala Harriers	18:22
121	Aaron Robertson	Pitreavie AAC	18:37
122	Callum Tynan	Inverness Harriers AAC	18:38
123	Auston Thomson	Giffnock North AAC	18:47
124	Alasdair Raynor	Inverness Harriers AAC	18:49
125	Harry Fuller	Chirnside Chasers	19:07
126	Matthew Boules	Livingston AC	19:17
127	Kyle Jordan	Perth Strathtay Harriers	19:21
128	Findlay Baillie	Fife AC	19:24
129	Cameron McClymont	Giffnock North AAC	19:34
130	Jamie Arnott	Corstorphine AAC	19:35
131	William Wright	Helensburgh AAC	19:35
132	Gregor Knight	Perth Strathtay Harriers	19:48
133	Daniel Stewart	Stornoway Running & AC	19:49
134	Stephen Emordy	Springburn Harriers	20:04
135	Dylan Drummond	Motherwell AC	20:15
136	Rory Abraham	Law & District AAC	20:18
137	Louis MacDonald	Lothian RC	20:20

Teams				
Pos	Club	Name	Time	Pos
1	Kilbarchan AAC (61)	Michael Simson	14:25	5
		Andrew MacAngus	14:27	6
		Craig Kennedy	14:42	7
		David McNair	14:42	8
2	Central (61)	Keir Howlieson	14:42	9
		Ben MacMillan	14:53	13
		Tom Graham-Marr	14:54	14
		Sandy Holl	15:21	25
3	Ron Hill Cambuslang H (103)	Christopher McLew	14:53	12
		Drew Pollock	14:59	16
		Ryan Stephen	15:44	37
		Ruairdh MacGregor	15:45	38
4	Giffnock North AAC (105)	3, 19, 40, 43		
5	Aberdeen AAC (106)	18, 21, 23, 44		
6	Corstorphine AAC (167)	29, 30, 36, 72		

7	Inverclyde AC (176)	4, 26, 69, 77
8	Fife AC (178)	2, 35, 60, 81
9	Falkirk Victoria H (180)	1, 41, 62, 76
10	Garscube Harriers (203)	27, 50, 51, 75
11	Ayr Seaforth AC (230)	33, 54, 63, 80
12	Inverness Harriers AAC (233)	32, 47, 57, 97
13	Dundee Hawkhill H (254)	49, 59, 64, 82
14	Edinburgh AC (299)	11, 74, 106, 108
15	VP-Glasgow AC (331)	61, 85, 92, 93
16	Ross County AC (353)	65, 70, 105, 113
17	Perth Strathtay H (389)	52, 78, 127, 132

National Cross Country Championships - Falkirk 27/2/2016 - U17 Women

	Name	Club	Time
1	Anna MacFadyen	Forres Harriers	18:24
2	Lauren Dickson	Lasswade AAC	18:35
3	Laura Stark	Kilbarchan AAC	18:40
4	Clare Stewart	BANCHORY STONEHAVEN AC	18:43
5	Kate Gallagher	Central AC	18:53
6	Naomi Lang	Aberdeen AAC	19:05
7	Rebecca Eggeling	Aberdeen AAC	19:13
8	Erin Wallace	Giffnock North AAC	19:16
9	Shelby Morrison	Inverclyde AC	19:19
10	Caitlin Arnott	Corstorphine AAC	19:41
11	Constance Nankivell	East Sutherland AC	20:10
12	Danielle Kelly	Giffnock North AAC	20:16
13	Iona Miller	Kilbarchan AAC	20:22
14	Heather Addison	East Kilbride A.C.	20:26
15	Anisha Badial	Aberdeen AAC	20:31
16	Rosa Hare	BANCHORY STONEHAVEN AC	20:45
17	Lauren McCulloch	East Sutherland AC	20:49
18	Eva Prato Luna	Aberdeen AAC	20:53
19	Leanne Findlay	Glasgow School of Sport	21:01
20	Rona Tytler	Kilbarchan AAC	21:02
21	Katie Rourke	Gala Harriers	21:20
22	Lauryn Turnbull	Central AC	21:23
23	Ailsa Innes	Lasswade AAC	21:24
24	Nicola Doochan	Inverclyde AC	21:32
25	Kirsty Griffiths	Giffnock North AAC	21:33
26	Fiona Davies	Central AC	21:33
27	Morven Ferguson	Edinburgh AC	21:38
28	Jennifer Bichan	Glasgow School of Sport	21:48
29	Tessa Hickey	VP-Glasgow AC	21:51
30	Holly Thompson	Kilbarchan AAC	21:51
31	Rhiannon Kirk	North Highland Harriers	21:55
32	Mhairi Watret	Nithsdale AC	22:06

	Name	Club	Time
33	Louise McCullagh	Fife AC	22:08
34	Lori Agnew	Glasgow School of Sport	22:09
35	Carolyn Cameron	Edinburgh AC	22:09
36	Madeline Woods	Central AC	22:21
37	Holly Little	VP-Glasgow AC	22:24
38	Melissa Robertson	Helensburgh AAC	22:30
39	Eleanor Hanson	Central AC	22:36
40	Kate Saxon	Giffnock North AAC	22:48
41	Jenny Ireland	Motherwell ac	22:50
42	Mia Cullis	Ayr Seaforth AC	22:53
43	Fiona Grant	Moorfoot Runners	23:02
44	Jill Hamilton	Law & District AAC	23:02
45	Katharine McGinn	Kilbarchan AAC	23:11
46	Lauren Wilkie	Lasswade AAC	23:15
47	Joanna Gillies	Stornoway Running & AC	23:16
48	Jodie Currie	Central AC	23:18
49	Alicia Paton	Cumbernauld AAC	23:18
50	Kirsty Ferguson	Motherwell ac	23:31
51	Danielle MacDermid	Dundee hawkhill harriers	23:46
52	Nicole McIntyre	Falkirk Victoria Harriers	24:05
53	Emma Johnstone	Kilbarchan AAC	24:22
54	Elle Henderson	Law & District AAC	24:28
55	Isabel Remers	Dundee hawkhill harriers	24:33
56	Megan Ricketts	Deeside Runners	24:50
57	Ishbel Inglis	Teviotdale Harriers	25:11
58	Heidi Ross	Corstorphine AAC	25:14
59	Alix Barclay-Beatt	Dundee hawkhill harriers	25:29
60	Emma Purdie	Shettleston Harriers	25:51
61	Eilidh McCallum	Falkirk Victoria Harriers	26:11
62	Hannah Mairs	Livingston AC	26:13
63	Katie McCluskey	Dundee hawkhill harriers	26:21
64	Morag Ross	Giffnock North AAC	27:58

Teams				
Pos	Club	Name	Time	Pos
1	Aberdeen AAC (28)	Naomi Lang	19:05	6
		Rebecca Eggeling	19:13	7
		Anisha Badial	20:31	15
2	Kilbarchan AAC (36)	Laura Stark	18:40	3
		Iona Miller	20:22	13
		Rona Tytler	21:02	20
3	Giffnock North AAC (45)	Erin Wallace	19:16	8
		Danielle Kelly	20:16	12
		Kirsty Griffiths	21:33	25

4	Central AC (53)	5, 22, 26
5	Lasswade AAC (71)	2, 23, 46
6	Glasgow School of Sport (81)	19, 28, 34
7	Dundee Hawkhill H (163)	51, 55, 59

National Cross Country Championships - Falkirk 27/2/2016 - U17 Men

	Name	Club	Time		Name	Club	Time
1	Tristan Rees	Fife AC	22:59	48	Robbie Smith	VP-Glasgow AC	26:13
2	Sol Sweeney	Perth Strathtay	23:19	49	Callum Tharme	Gala Harriers	26:16
3	James Donald	Dundee hawkhill harriers	23:41	50	Harry Nimmo	Giffnock North AAC	26:16
4	Joseph Arthur	Edinburgh AC	23:43	51	Aidan Comerford	Kilbarchan AAC	26:18
5	Max Milarvie	VP-Glasgow AC	23:48	52	Matthew Smith	Lasswade AC	26:18
6	Ryan Gray	Inverclyde AC	23:52	53	James Adam	Pitreavie AAC	26:23
7	Struan Paton	Ron Hill Cambuslang Harriers	23:58	54	Eadie Matthew	Ayr Seaforth AC	26:27
8	George Rees	Fife AC	23:59	55	Craig Smith	Aberdeen AAC	26:33
9	Gavin Smith	Ron Hill Cambuslang Harriers	24:03	56	Joseph Lowrie	Giffnock North AAC	26:39
10	Paul Morrison	North Uist AAC	24:09	57	Kyle Munro	Stornoway RAC	26:42
11	Tyler White	Pitreavie AAC	24:10	58	Lewis Khan	Aberdeen AAC	26:54
12	Joshua Boyle	Ron Hill Cambuslang Harriers	24:14	59	Adam Kelly	Law & District AAC	27:01
13	Conor O'Riordan	Aberdeen AAC	24:15	60	Joe Arnaud	Inverness Harriers AAC	27:04
14	Andrew Love	Giffnock North AAC	24:16	61	Sam Brown	Edinburgh AC	27:07
15	Anthony Addison	Corstorphine AAC	24:17	62	Neil Anderson	Giffnock North AAC	27:07
16	Finlay Todd	Ross County Athletic Club	24:19	63	Aidan McCaffrey	Kirkintilloch Olympians	27:10
17	Alexander Brown	Houghton Harriers	24:25	64	Robbie Ferguson	Bellahouston Harriers	27:13
18	Freddie Carcas	Edinburgh AC	24:41	65	Thomas Berry	Garscube Harriers	27:20
19	Fraser Stirling	Ayr Seaforth AC	24:48	66	Keir Carolan	Giffnock North AAC	27:31
20	Michael Swinton	Edinburgh AC	24:52	67	Jamie Wastling	Central AC	27:32
21	Martin Lynas	East Kilbride AC	24:57	68	Callum Campbell	Corstorphine AAC	27:40
22	Charlie Milarvie	VP-Glasgow AC	24:57	69	Fraser Veitch	Chirnside Chasers	27:46
23	Lewis Ross	Ayr Seaforth AC	24:58	70	Lewis Tracey	Ron Hill Cambuslang Harriers	27:50
24	Fraser Cruickshank	Aberdeen AAC	25:02	71	Adam MacLellan	Ross County Athletic Club	27:55
25	Jonathan Jackson	Corstorphine AAC	25:06	72	Calum MacKay	Corstorphine AAC	28:01
26	Gregor Malcolm	Fife AC	25:13	73	Thomas Whiteford	Cumbernauld AAC	28:08
27	Calum Kitching	BANCHORY STONEHAVEN AC	25:20	74	Sammy Hearl	Inverclyde AC	28:11
28	Aidan Ferry	Inverness Harriers AAC	25:24	75	James Duffy	Ron Hill Cambuslang Harriers	28:20
29	Guy Evans-Haggerty	VP-Glasgow AC	25:27	76	Cameron Kemp	VP-Glasgow AC	28:31
30	Keir Beaton	East Sutherland AC	25:29	77	Kieran Cubis	Law & District AAC	28:35
31	John Law	VP-Glasgow AC	25:30	78	Callum McCormack	Dundee hawkhill harriers	28:46
32	Nikolai Gajic	Giffnock North AAC	25:33	79	Tom Nichol	Kilmarnock H&AC	28:46
33	Jack Heathwood	Bellahouston Harriers	25:34	80	Stuart Gardner	Inverness Harriers AAC	28:51
34	Eamon Carr	Ron Hill Cambuslang Harriers	25:40	81	Jamie Darling	Lasswade AC	29:05
35	Conor Thomson	Kilbarchan AAC	25:44	82	Ben Fountain	Law & District AAC	29:09
36	Luke Poutney	Motherwell ac	25:52	83	Struan Ross	Pitreavie AAC	29:11
37	Jamie Sturrock	Giffnock North AAC	25:58	84	Ruairidh Fraser	Inverness Harriers AAC	29:20
38	Oliver Watson-Sweeney	Giffnock North AAC	26:00	85	Ross Trearty	Maryhill Harriers	30:08
39	Paul Ireland	Edinburgh AC	26:01	86	Craig Weston	Garscube Harriers	30:19
40	Forbes Jackson	Corstorphine AAC	26:01	87	Jamie Nix	Kilmarnock H&AC	30:33
41	Ben Grant	Pitreavie AAC	26:03	88	Conor Butters	Law & District AAC	30:47
42	Cody Stevenson	Garscube Harriers	26:03	89	Luke Williams	Inverness Harriers AAC	31:00
43	Nicholas Boyle	Giffnock North AAC	26:05	90	Hamish Kerr	Ross County Athletic Club	31:04
44	Lewis Priest	VP-Glasgow AC	26:08	91	Harry Lamond	Kirkintilloch Olympians	31:21
45	Faisal Khursheed	Gala Harriers	26:08	92	Rowan Downie	Dundee hawkhill harriers	32:41
46	Joe Barton	Helensburgh AAC	26:10	93	Logan Mathieson	Ross County Athletic Club	34:26
47	Matthew MacKinnon	Inverclyde AC	26:13	94	Robbie Smith	Bellahouston Harriers	38:57

Teams				
Pos	Club	Name	Time	Pos
1	Ron Hill Cambuslang H (62)	Struan Paton	23:58	7
		Gavin Smith	24:03	9
		Joshua Boyle	24:14	12
		Eamon Carr	25:40	34
		Joseph Arthur	23:43	4
2	Edinburgh AC (81)	Freddie Carcas	24:41	18
		Michael Swinton	24:52	20
		Paul Ireland	26:01	39
3	VP-Glasgow AC (87)	Max Milarvie	23:48	5
		Charlie Milarvie	24:57	22
		Guy Evans-Haggerty	25:27	29
		John Law	25:30	31
4	Giffnock North AAC (121)	14, 32, 37, 38		
5	Aberdeen AAC (148)	13, 24, 54, 57		
6	Corstorphine AAC (178)	15, 25, 67, 71		
7	Pitreavie AAC (185)	11, 40, 52, 82		
8	Inverness Harriers AAC (249)	28, 59, 79, 83		
9	Ross County AC (267)	16, 70, 89, 92		
10	Law & District AAC (302)	58, 76, 81, 87		

National Cross Country Championships - Falkirk 27/2/2016 - U20 Women

	Name	Club	Time
1	Stephanie Pennycook	Fife AC	18:16
2	Louise Mercer	Edinburgh Univ Hare & Hounds	18:41
3	Annabel Simpson	Fife AC	18:43
4	Gillian Black	VP-Glasgow AC	18:50
5	Eve MacKinnon	Ron Hill Cambuslang Harriers	18:53
6	Sarah Dempsey	Kilbarchan AAC	19:01
7	Sarah Laverty	Glasgow University Hare and H	19:11
8	Hannah Addison	Corstorphine AAC	19:15
9	Catriona Graves	Edinburgh Univ Hare & Hounds	19:21
10	Megan Davies	Sale Harriers	19:42
11	Kirstin Oakley	Ayr Seaforth AC	19:44
12	Julie Nimmo	Falkirk Victoria Harriers	20:26
13	Chloe Simpson	Inverclyde AC	20:35
14	Amy Frankland	Edinburgh Univ Hare & Hounds	20:39
15	Jennifer Ricketts	Edinburgh Univ Hare & Hounds	20:49
16	Ailsa Cruickshanks	Fife AC	20:59
17	Sophie Collins	Edinburgh Univ Hare & Hounds	21:05
18	Alexandra Hunter	Edinburgh AC	21:12
19	Hannah Cameron	Edinburgh AC	21:20
20	Sarah Jones	Edinburgh Univ Hare & Hounds	21:32
21	Niamh Shaw	Lasswade AC	21:36
22	Mairi Gilmour	Glasgow University Hare and H	21:38
23	Alysha Goddard	Heriot Watt University	21:43
24	Katrina Ballantyne	Glasgow University Hare and H	21:44
25	Eilidh Smyth	Fife AC	21:52

	Name	Club	Time
26	Eliza Cottington	Edinburgh Univ Hare & Hounds	22:04
27	Jennifer Glass	BANCHORY STONEHAVEN AC	22:24
28	Rachael Watson	Edinburgh AC	22:31
29	Emma Hunter	Motherwell ac	22:39
30	Eilidh L Reynolds	Dundee hawkhill harriers	22:46
31	Megan Bramwell	Aberdeen AAC	22:52
32	Megan Robertson	Glasgow University Hare and H	23:05
33	Kirsty Reynolds	Dundee hawkhill harriers	23:17
34	Iona Evans	Edinburgh Univ Hare & Hounds	23:18
35	Rosie Wright	Edinburgh Univ Hare & Hounds	23:24
36	Madeline Watson	Strathearn harriers	23:37
37	Leda Olia	Edinburgh Univ Hare & Hounds	23:51
38	Lise Theron	Edinburgh Univ Hare & Hounds	24:00
39	Kirsty Irwin	Motherwell ac	24:13
40	Victoria Robertson	Cumbernauld AAC	24:37
41	Eve Sealy	Edinburgh Univ Hare & Hounds	24:58
42	Billie Armstrong	Glasgow University Hare and H	25:05
43	Emily Cockburn	Glasgow University Hare and H	25:20
44	Margaret Newall	Law & District AAC	25:45
45	Niamh Jarvis	Edinburgh AC	25:49
46	Juliet Hill	Glasgow University Hare and H	25:49
47	Alicia Miller	Strathclyde Univ Harriers	26:14
48	Rachael Stewart	Edinburgh Univ Hare & Hounds	27:26
49	Emily Riddell	Edinburgh Univ Hare & Hounds	29:11

Teams				
Pos	Club	Name	Time	Pos
1	Fife AC (20)	Stephanie Pennycook	18:16	1
		Annabel Simpson	18:43	3
		Ailsa Cruickshanks	20:59	16
2	Edinburgh University H&H (25)	Louise Mercer	18:41	2
		Catriona Graves	19:21	9
		Amy Frankland	20:39	14
3	Glasgow University H&H (53)	Sarah Laverty	19:11	7
		Mairi Gilmour	21:44	22
		Katrina Ballantyne	23:05	24

4	Edinburgh AC	18, 19, 28
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National Cross Country Championships - Falkirk 27/2/2016 - U20 Men

	Name	Club	Time
1	Jonathan Glen	Inverclyde AC	27:13
2	Euan Gillham	Kilbarchan AAC	27:35
3	Aidan Thompson	Central AC	27:43
4	Ryan Thomson	Ron Hill Cambuslang Harriers	28:00
5	Callum Symmons	Aberdeen AAC	28:05
6	Jamie Williamson	LAC Quelle Furth	28:13
7	Broc Drury	Aberdeen AAC	28:16
8	Ross Tennant	Cambridge & Coleridge	28:23
9	Alastair Thurlbeck	Glasgow University Hare and H	28:31
10	Andrew Lawler	Edinburgh Univ Hare & Hounds	28:41
11	Robert Bough	Edinburgh AC	28:51
12	Craig Jardine	Ron Hill Cambuslang Harriers	28:56
13	Elisha de mello	Edinburgh Univ Hare & Hounds	29:05
14	Cameron Richardson	Cumbernauld AAC	29:08
15	Callum Matthews	Kilbarchan AAC	29:16
16	Gavin Bryson	Edinburgh AC	29:29
17	Ben Potrykus	Pitreavie AAC	29:38
18	Bradley Scott	Central AC	29:44
19	Scott Mclardie	Kilbarchan AAC	29:51
20	Thomas Otton	Gala Harriers	29:58
21	Michael Cameron	Edinburgh AC	30:00
22	Ross Gray	Inverclyde AC	30:10
23	Thomas Callan	Glasgow University Hare and H	30:13
24	Cameron Harris	Central AC	30:46
25	Euan Trout	Kilbarchan AAC	30:46
26	Fraser Drummond	Edinburgh Univ Hare & Hounds	30:48
27	Steven Murray	Aberdeen AAC	30:55
28	Euan Brownlie	Central AC	31:05
29	Liam Braby	Carnethy Hill Racing Club	31:10
30	Lucas Cheskin	Moorfoot Runners	31:17
31	Ross Stephen	Ron Hill Cambuslang Harriers	31:25

	Name	Club	Time
32	Sam Fernando	Fife AC	31:36
33	Ross Coles	Strathclyde University Harriers	31:39
34	Daniel Martin	Motherwell ac	31:43
35	Andrew Mitchell	Livingston AC	31:47
36	Jack Kerr	Central AC	31:56
37	William Bryant	Glasgow University Hare and H	32:22
38	Ewan McKerral	Kilbarchan AAC	32:33
39	scott somerville	Ron Hill Cambuslang Harriers	32:36
40	Kieran Pugh	Kirkintilloch Olympians	32:45
41	Liam Sleigh	Corstorphine AAC	32:47
42	Christopher Duffy	Falkirk Victoria Harriers	32:52
43	Dillion Agnew	Irvine Running Club	33:05
44	Brendan Carey	Ron Hill Cambuslang Harriers	33:13
45	Adrew Fischbacher	LINLITHGOW AC	33:22
46	Andrew Taylor	Edinburgh AC	33:28
47	Tom Timmons	Motherwell ac	33:29
48	Evan Ross	Pitreavie AAC	33:35
49	Fraser Armstrong	Bellahouston Harriers	33:43
50	Rory MacGuire	Glasgow University Hare and H	33:46
51	Calum McLeod	Edinburgh Univ Hare & Hounds	33:59
52	Ryan White	Livingston AC	34:05
53	Ewan Waite	Unattached	34:15
54	Luke Kirwasn	East Kilbride AC	34:24
55	Stephen Pearson	Harmeny ac	34:29
56	Ronan McKinstry	Fife AC	35:06
57	Foinn McDonald	Edinburgh AC	35:08
58	Euan Smith	Edinburgh Univ Hare & Hounds	35:18
59	Cieran McCulloch	Edinburgh AC	35:42
60	Calum Ferguson	Bellahouston Harriers	35:49
61	Corey Smith	Pitreavie AAC	36:12
62	Shaun Burke	Law & District AAC	41:41

Teams				
Pos	Club	Name	Time	Pos
1	Kilbarchan AAC (61)	Euan Gillham	27:35	2
		Callum Matthews	29:16	15
		Scott Mclardie	29:51	19
		Euan Trout	30:46	25
2	Central AC (73)	Aidan Thompson	27:43	3
		Bradley Scott	29:44	18
		Cameron Harris	30:46	24
		Euan Brownlie	31:05	28
3	Ron Hill Cambuslang H (86)	Ryan Thomson	28:00	4
		Craig Jardine	28:56	12
		Ross Stephen	31:25	31
		scott somerville	32:36	39

4	Edinburgh AC (94)	11, 16, 21, 46
5	Edinburgh University H & H (100)	10, 13, 26, 51
6	Glasgow University H & H (119)	9, 23, 37, 50

National Cross Country Championships - Falkirk 27/2/2016 - Senior Women

	Name	Club	Time
1	Elizabeth Potter	VP-Glasgow AC	29:45
2	Fionnuala Ross	Shettleston Harriers	30:35
3	Rosie Smith	Hunters Bog Trotters	30:59
4	Freya Ross	Edinburgh AC	31:05
5	Fanni Gyurko	Central AC	31:27
6	Edel Mooney (F40)	Lothian Running Club	31:43
7	Fiona Rudkin	Metro Aberdeen Running Club	31:52
8	Angela Richardson	Fife AC	31:53
9	Eilidh Mackenzie	Stornoway R. and AC	32:07
10	Lesley Chisholm (F40)	Garscube Harriers	32:12
11	Charlotte Morgan	Carnethy Hill Racing Club	32:22
12	Sarah Benson	Ron Hill Cambuslang Harriers	32:32
13	Jessica Oliver-Bell	Shettleston Harriers	32:33
14	Ellie Buchan	Aberdeen AAC	32:44
15	Fiona Thompson	Central AC	32:46
16	Helen Sharpe	Fife AC	32:48
17	Moirra Davie	Forres Harriers	32:51
18	Shona McIntosh	Hunters Bog Trotters	32:55
19	Sarah Liebnitz	Inverness Harriers AAC	32:57
20	Sarah Louise MacIsaac	Hunters Bog Trotters	33:10
21	Rose Nicholson	Hunters Bog Trotters	33:15
22	Jennifer MacLean (F40)	Edinburgh AC	33:25
23	Niamh Devlin	Edinburgh AC	33:30
24	Halina Rees	Fife AC	33:34
25	Rachel Haines	Hunters Bog Trotters	33:39
26	Ruth Joss	Shettleston Harriers	33:40
27	Scout Adkin	Moorfoot Runners	33:46
28	Joanna Murphy	Carnegie Harriers	33:48
29	Lauren Stoddart	Edinburgh AC	33:50
30	Fiona Matheson (F50)	Falkirk Victoria Harriers	33:52
31	Sharon Muir (F40)	Inverclyde AC	33:59
32	Jill Smylie	Giffnock North AAC	34:03
33	Katie Reynolds	Edinburgh Univ Hare & Hounds	34:06
34	Kayleigh Jarrett	Metro Aberdeen Running Club	34:12
35	Jennifer Spence	Fife AC	34:14
36	Alison McGill	Fife AC	34:15
37	Lauren Wilson	Edinburgh AC	34:20
38	Alexandra Lamond	Ron Hill Cambuslang Harriers	34:20
39	Claire Gordon	Hunters Bog Trotters	34:23
40	Veronique Oldham (F45)	Aberdeen AAC	34:31
41	Melissa Wylie (F45)	Dumbarton AAC	34:39
42	Jennifer Forbes (F40)	Gala Harriers	34:40
43	Ana-Maria Duran-Mingo	Aberdeen AAC	34:46
44	Sheena Logan	Fife AC	34:47
45	Jillian Stephen	Hunters Bog Trotters	35:02
46	Shona Robertson (F45)	Shettleston Harriers	35:05
47	Claire Jellem	Edinburgh AC	35:07
48	Rebecca Wain	Aberdeen AAC	35:08
49	Nikki Lyons	Dumbarton AAC	35:11
50	Kristin Lowrie	Carnegie Harriers	35:13
51	Stephanie Lawrie	VP-Glasgow AC	35:18
52	Katie Jones	Fife AC	35:30
53	Clara Horswell	Shettleston Harriers	35:34
54	Allie Chong (F40)	Giffnock North AAC	35:35
55	Briony Curtis	Hunters Bog Trotters	35:38
56	Fiona Dalgleish (F40)	Gala Harriers	35:50
57	Kate Jenkins (F40)	Gala Harriers	35:57
58	Charlene McCallum	Shettleston Harriers	35:57
59	Andrea Burke Rae	Fife AC	35:58
60	Joanna Smith	Edinburgh Univ Hare & Hounds	35:59
61	Laura Wallace	Ayr Seaforth AC	36:00
62	Fabienne Thompson (F50)	Carnegie Harriers	36:01
63	Mary McCutcheon (F50)	Giffnock North AAC	36:03
64	Joanne Clark (F40)	Motherwell ac	36:05
65	Claire Barrie	Metro Aberdeen Running Club	36:06
66	Lisa Christy	Glasgow University Hare and H	36:09
67	Julie Gordon (F40)	Inverclyde AC	36:11
68	Amie McKimmie	Fife AC	36:14
69	Rosie Doull	Dundee Road Runners AC	36:14
70	Stephanie McDowall	Gala Harriers	36:21
71	Mary Western (F50)	Carnegie Harriers	36:22
72	Catriona Fisher	Westerlands XC Club	36:23
73	Julie Wilson (F45)	Inverness Harriers AAC	36:24
74	Victoria Leiper	Shettleston Harriers	36:26
75	Lana Turnbull	Lothian Running Club	36:28
76	Laura Sarkis	Metro Aberdeen Running Club	36:30
77	Marlene Hunter (F40)	Springburn Harriers	36:32
78	Sheila Lewis (F50)	Giffnock North AAC	36:34
79	Jennifer Cruickshanks	Fife AC	36:36
80	Emma Stevenson	Motherwell ac	36:39
81	Yvonne Mcnair	Giffnock North AAC	36:47
82	Fiona Milligan (F40)	Harmeny ac	36:52
83	Kimberley Timmins	University of St Andrews CC	36:54
84	Susan Ridley (F50)	Edinburgh AC	36:56
85	Kirsty Anderson	Ron Hill Cambuslang Harriers	36:57
86	Bernadette O'Neil (F45)	Bellahouston Harriers	36:59

	Name	Club	Time
134	Carrie Craig	Hunters Bog Trotters	39:39
135	Lorna Mahoney (F45)	Westerlands XC Club	39:40
136	Katherine Hylands	Bellahouston Harriers	39:41
137	Phyllis O'Brien (F55)	Hunters Bog Trotters	39:42
138	Natalie Somerville	Maryhill Harriers	39:47
139	Toni McIntosh	Ayr Seaforth AC	39:47
140	Ann White (F60)	Garscube Harriers	39:52
141	Ciara O'Connell	Bellahouston Road Runners	39:52
142	Bethany Ross	Kilmarnock H&AC	39:55
143	Debbie Martin-Consani (F40)	Garscube Harriers	40:04
144	Heather Gardiner (F45)	Inverness Harriers AAC	40:06
145	Hazel Murray	Edinburgh Univ Hare & Hounds	40:12
146	Caitie Gorton-Phillips (F40)	Ron Hill Cambuslang Harriers	40:15
147	Maggie Sadler	University of St Andrews CC	40:25
148	Claire Gilchrist (F45)	Ferranti AAC	40:25
149	Alayne Finlay	Ochil Hill Runners	40:28
150	Monica Flanagan (F40)	Portobello Running Club	40:28
151	Hannah Miller	Glasgow University Hare and H	40:33
152	Kirsteen Salisbury	Kilmarnock H&AC	40:36
153	Amy Jennings	Hunters Bog Trotters	40:36
154	Fiona Carver (F55)	Corstorphine AAC	40:37
155	Debra Urquhart	Lasswade AAC	40:42
156	Eilidh Anthony	Hunters Bog Trotters	40:46
157	Jo Schreiber (F50)	Girvan AAC	40:47
158	Chloe McAdam	Garscube Harriers	40:55
159	Karen Kealey (F45)	Ochil Hill Runners	41:00
160	Saran Jones (F50)	Lothian Running Club	41:09
161	Suzanne Coyle	Greenock Glenpark Harriers	41:10
162	Gill Inglis (F45)	Falkirk Victoria Harriers	41:22
163	Sarah Milne	Metro Aberdeen Running Club	41:23
164	Holly Palmer	Edinburgh Univ Hare & Hounds	41:28
165	Barbara Knox (F50)	Springburn Harriers	41:29
166	Anne Lee (F50)	Giffnock North AAC	41:29
167	Mhairi Simpson (F40)	Falkirk Victoria Harriers	41:30
168	Frances Maxwell (F50)	Calderglen Harriers	41:38
169	Marina McCallum (F40)	Clydesdale Harriers	41:40
170	Christine Irvine	Edinburgh Univ Hare & Hounds	41:41
171	Sarah O'Neil	Hunters Bog Trotters	41:45
172	Jane Hart (F40)	Hunters Bog Trotters	41:47
173	Ausrine Ward	Kirkintilloch Olympians	41:49
174	Hayley McCrorie	Shettleston Harriers	41:51
175	Kirsty Wood	North Highland Harriers	42:00
176	Katherine Golding	Hunters Bog Trotters	42:03
177	Alison Lessells	Calderglen Harriers	42:04
178	Amelia Hope-Jones	Hunters Bog Trotters	42:09
179	Marian Monk (F40)	Greenock Glenpark Harriers	42:11
180	Pamela Cruickshanks (F50)	Anster Haddies	42:12
181	Helen Winton (F50)	Ochil Hill Runners	42:14
182	Phyllis Hands (F60)	Motherwell ac	42:15
183	Caroline Lawless (F55)	Falkirk Victoria Harriers	42:18
184	Sandra Rathjen (F45)	Hunters Bog Trotters	42:18
185	Anne Hay (F50)	Dunbar Running Club	42:25
186	Ruth Johnstone (F40)	Portobello Running Club	42:31
187	Donna Clark	Greenock Glenpark Harriers	42:33
188	Pamela Porteus (F40)	Individual	42:38
189	Diane Clark	Garscube Harriers	42:39
190	Maureen McVey (F50)	Giffnock North AAC	42:40
191	Aileen Ross (F55)	Portobello Running Club	42:41
192	Madeline Smillie (F40)	Bellahouston Road Runners	42:45
193	Leanne Cooke	Westerlands XC Club	42:49
194	Doreen Campbell (F45)	Inverness Harriers AAC	42:51
195	Catherine Matthews (F40)	Dundee hawkhill harriers	42:52
196	Alison Wood	Garscube Harriers	42:53
197	Paula Wilson (F45)	Kilmarnock H&AC	42:58
198	Audrey Braven-Ayres	Glasgow University Hare and H	42:59
199	Rosalind Shanks	Forfar Road Runners	43:00
200	Karen Forsyth	Carnegie Harriers	43:01
201	Lauren Gane	Glasgow University Hare and H	43:05
202	Caroline Mutch (F40)	Troon Tortoises AC	43:05
203	Jenni Owens	Portobello Running Club	43:07
204	Suzanne Boyle	Bellahouston Harriers	43:08
205	Nicola Stevenson	Greenock Glenpark Harriers	43:15
206	Morag Casey (F40)	Garscube Harriers	43:17
207	Penny Hicks (F50)	Pitaveie AAC	43:22
208	Morag McClelland	Hunters Bog Trotters	43:29
209	Diane Cooper (F45)	Garscube Harriers	43:29
210	Karen Allen	Calderglen Harriers	43:39
211	Catriona Nisbet	Maryhill Harriers	43:43
212	Monica Anderson (F45)	Falkirk Victoria Harriers	43:44
213	Anne Noble (F55)	Troon Tortoises AC	43:46
214	Ellie Waugh	Glasgow University Hare and H	43:48
215	Frances Wood (F55)	LINLITHGOW AC	43:52
216	Silke Loehndorf (F45)	Greenock Glenpark Harriers	43:56
217	Christine Duncanson (F55)	Clydesdale Harriers	43:58
218	Gemma Kirwan (F45)	East Kilbride A.C.	44:06
219	Morna Fleming (F60)	Carnegie Harriers	44:10

87	Jennifer Reid (F40)	Ron Hill Cambuslang Harriers	37:04
88	Erica Christie (F60)	Bellahouston Harriers	37:17
89	Hannah Waugh	Edinburgh AC	37:18
90	Rhona Anderson (F50)	Dunbar Running Club	37:36
91	Lillian MacRuary (F45)	Corstorphine AAC	37:37
92	Charlene Kelly	Dumbarton AAC	37:39
93	Fiona Shepherd (F45)	Gala Harriers	37:41
94	Frances Wardle	Garscube Harriers	37:43
95	Arlene Lewis (F40)	Garscube Harriers	37:45
96	Lorna Kennedy (F40)	Falkirk Victoria Harriers	37:48
97	Pamela McCrossan (F50)	Clydesdale Harriers	37:53
98	Rhona Buchan (F45)	Aberdeen AAC	37:55
99	Sharon Hastie (F40)	Kilbarchan AAC	37:57
100	Louise Beveridge	Dundee hawkhill harriers	38:02
101	Rachel Fagan (F40)	Gala Harriers	38:03
102	Alison Wilson (F45)	Inverness Harriers AAC	38:04
103	Jennifer Rooney	Kilbarchan AAC	38:05
104	Hillary Cameron (F45)	Forres Harriers	38:05
105	Petra Hampton	Metro Aberdeen Running Club	38:06
106	Julia Wylie (F50)	Kilbarchan AAC	38:07
107	Ciona Ferguson	Cumbernauld AAC	38:10
108	Patricia Milne (F50)	Central AC	38:11
109	Jill Bonthron	Metro Aberdeen Running Club	38:12
110	Daisy Ochoa	Garscube Harriers	38:14
111	Sonjia Crow	Perth Road Runners	38:20
112	Elaine Hogg (F45)	Kirkintilloch Olympians	38:25
113	Shery Johnston (F45)	Portobello Running Club	38:27
114	Evelyn Struthers (F40)	HAMILTON HARRIERS	38:27
115	Susan McRitchie (F40)	Forres Harriers	38:31
116	Alison Whyte (F45)	Carnegie Harriers	38:33
117	Mairead Kelly	Hunters Bog Trotters	38:41
118	Alison Campbell	Heriot-Watt Univ Athletics	38:43
119	Mary Senior (F40)	Garscube Harriers	38:43
120	Claire Moffett	Falkirk Victoria Harriers	38:43
121	Kelly Baillie	East Kilbride A.C.	38:44
122	Mel Zobel	Lothian Running Club	38:46
123	Dawn Grant (F40)	Gala Harriers	38:55
124	Catriona Maree Fraser	Inverness Harriers AAC	38:59
125	Shona Donnelly (F45)	Bellahouston Road Runners	39:02
126	Christine Watson	Edinburgh Univ Hare & Hounds	39:06
127	Morag Taggart (F55)	Dundee Road Runners AC	39:08
128	Joanne McEvoy	Calderglen Harriers	39:14
129	Janette Stevenson (F65)	Falkirk Victoria Harriers	39:16
130	Ann Smart (F50)	Inverness Harriers AAC	39:20
131	Fiona Kelsall (F45)	Ochil Hill Runners	39:29
132	Elaine Davies (F40)	Edinburgh AC	39:33
133	Claire Barr (F45)	Motherwell ac	39:38

220	Maree Shepherd	Bellahouston Road Runners	44:24
221	Fiona Manson (F45)	Perth Road Runners	44:27
222	Teresa Watson (F45)	Inverclyde AC	44:45
223	Rosemary Gallagher (F45)	LINLITHGOW AC	44:50
224	Carla Ward	Bellahouston Road Runners	44:53
225	Kim Law	Inverclyde AC	45:00
226	Elaine Mulcahy	Giffnock North AAC	45:02
227	Naomi Sharp	Metro Aberdeen Running Club	45:16
228	Gillian McCracken (F45)	Carnegie Harriers	45:27
229	Lana Hanson	Greenock Glenpark Harriers	46:13
230	Angela Colley (F45)	Falkirk Victoria Harriers	46:21
231	Elizabeth Gilchrist (F70)	Ferranti AAC	46:27
232	Carole Barrie (F50)	Helensburgh AAC	46:30
233	Anna Weston	Hunters Bog Trotters	46:30
234	Claire Larravide	Westerlands XC Club	46:35
235	Abby White	Hunters Bog Trotters	46:40
236	Irene Zingone (F65)	Giffnock North AAC	46:45
237	Lisa MacRae	Inverness Harriers AAC	46:52
238	Kathryn Firth	Edinburgh Univ Hare & Hounds	47:30
239	Amy Cromarty	Garscube Harriers	47:37
240	Alison Curry (F45)	Central AC	47:38
241	Elizabeth McInally (F50)	Forfar Road Runners	47:40
242	Anne Williamson (F50)	Giffnock North AAC	47:47
243	Phyllis Lemoncello (F65)	Fife AC	48:04
244	Jane McLeod (F55)	Pitreevie AAC	48:05
245	Angeline Austin (F40)	Greenock Glenpark Harriers	48:12
246	Mary Cox (F60)	Garscube Harriers	48:21
247	Gillian Wallis (F40)	Springburn Harriers	48:35
248	Hylda Stewart (F55)	Clydesdale Harriers	48:37
249	Alison Marven (F40)	Falkirk Victoria Harriers	48:45
250	Fiona Linklater (F40)	Corstorphine AAC	48:47
251	Sheila Strain (F65)	Hunters Bog Trotters	48:53
252	Margaret Peebles (F50)	Maryhill Harriers	49:10
253	Abby Cunningham	Ayr Seaforth AC	49:11
254	Roxanne Yue (F45)	Law & District AAC	49:21
255	Jill Herbert	Bellahouston Road Runners	49:37
256	Claudia Scragg	Metro Aberdeen Running Club	49:39
257	Ann Bath (F65)	Individual	50:38
258	Liz Towers (F40)	Maryhill Harriers	51:05
259	Shona Spencer (F50)	Forres Harriers	53:16
260	Suzy Watson	Metro Aberdeen Running Club	53:29
261	Lynda Gilroy (F45)	Musselburgh & District AC	53:40
262	Sarah Ross	Pitreevie AAC	53:40
263	Angela Hammond (F40)	Giffnock North AAC	54:00
264	Patricia McLaughlin (F60)	Westerlands XC Club	54:33
265	Janice Hendrie (F60)	Inverclyde AC	59:31

teams

Pos	Club	Name	Time	Pos
1	Hunters Bog Trotters (62)	Rosie Smith	30:59	3
		Shona McIntosh	32:55	18
		Sarah Louise MacIsaac	33:10	20
		Rose Nicholson	33:15	21
2	Edinburgh AC (78)	Freya Ross	31:05	4
		Jennifer MacLean (F40)	33:25	22
		Niamh Devlin	33:30	23
		Lauren Stoddart	33:50	29
3	Fife AC AC (83)	Angela Richardson	31:53	8
		Helen Sharpe	32:48	16
		Halina Rees	33:34	24
		Jennifer Spence	34:14	35
4	Shettleston Harriers (87)	2, 13, 26, 46		
5	Aberdeen AAC (145)	14, 40, 43, 48		
6	Metro Aberdeen RC (182)	7, 34, 65, 76		
7	Carnegie Harriers (211)	28, 50, 62, 71		
8	Ron Hill Cambuslang H (222)	12, 38, 85, 87		
9	Gala Harriers (225)	42, 56, 57, 70		
10	Giffnock North AAC (227)	32, 54, 63, 78		

11	Garscube Harriers (309)	10, 94, 95, 110
12	Inverness Harriers AAC (318)	19, 73, 102, 124
13	Lothian Running Club (363)	6, 75, 122, 160
14	Edinburgh University H&H (364)	33, 60, 126, 145
15	Central AC (367)	5, 15, 108, 239
16	Falkirk Victoria H (375)	30, 96, 120, 129
17	Motherwell AC (459)	64, 80, 133, 182
18	Forres Harriers (494)	17, 104, 115, 258
19	Bellahouston H (514)	86, 88, 136, 204
20	Inverclyde AC (545)	31, 67, 222, 225
21	Glasgow University H&H (616)	66, 151, 198, 201
22	Ochil Hill Runners (620)	131, 149, 159, 181
23	Westerlands XC Club (633)	72, 135, 193, 233
24	Portobello Running Club (640)	113, 150, 186, 191
25	Bellahouston RR (678)	125, 141, 192, 220
26	Calderglen Harriers (683)	128, 168, 177, 210
27	Clydesdale Harriers (731)	97, 169, 217, 248
28	Greenock Glenpark H (732)	161, 179, 187, 205
29	Maryhill Harriers (859)	138, 211, 252, 258

National Cross Country Championships - Falkirk 27/2/2016 - Senior Men

	Name	Club	Time
1	Andrew Butchart	Central AC	40:02
2	Andrew Douglas	Inverclyde AC	40:17
3	Mark Mitchell	Forres Harriers	40:45
4	Michael Ferguson	Aberdeen AAC	40:55
5	Alexander Hendry	Central AC	41:13
6	Tewoldeberhan Mengisteab	Shettleston Harriers	41:14
7	Lachlan Oates	Shettleston Harriers	41:27
8	Craig Ruddy	Inverclyde AC	41:35
9	John Newsom	Inverness Harriers AAC	41:45
10	Will Mackay	Aberdeen AAC	41:48
11	Michael Christoforou	Edinburgh Univ Hare & Hounds	41:49
12	Ross Houston	Central AC	41:57
13	Dermot Cummins	Corstorphine AAC	42:13
14	Conan McCaughey	Central AC	42:18
15	Scott Stirling	Edinburgh Univ Hare & Hounds	42:21
16	Michael Wright	Central AC	42:29
17	Cameron Milne	Central AC	42:32
18	Robert Gilroy	Ron Hill Cambuslang Harriers	42:35
19	Calum McKenzie	Corstorphine AAC	42:42
20	Kyle Greig	Forres H	42:48
21	Andrew Christy	Corstorphine AAC	42:52
22	Ewan Brown	Corstorphine AAC	43:01
23	Iain Reid	Ron Hill Cambuslang Harriers	43:08
24	Mark Pollard	Inverclyde AC	43:09
25	Jethro Lennox	Shettleston Harriers	43:09
26	Jamie Crowe	Central AC	43:13
27	Donald Macaulay	Corstorphine AAC	43:15
28	Mickey Breen	Corstorphine AAC	43:19
29	Joe Symonds	Shettleston Harriers	43:29
30	Elliot Clements	Shettleston Harriers	43:35
31	Dale Colley	Central AC	43:39
32	James Stevenson	Falkirk Victoria Harriers	43:42
33	Mark Haskett	Corstorphine AAC	43:46
34	Grant Baillie	East Kilbride A.C.	43:50
35	Kenneth Wilson	Moray Road Runners	43:54
36	Iain Whiteside	Carnethy Hill Racing Club	43:56
37	Alasdair Anthony	Hunters Bog Trotters	43:58
38	Edward Dudgeon	Edinburgh AC	44:00
39	Duncan Coombs	Hunters Bog Trotters	44:01
40	Jamie Reid (M40)	Ron Hill Cambuslang Harriers	44:03
41	Darrell Hastie	Gala Harriers	44:08
42	Lewis Millar	Central AC	44:11
43	Jim Tole (M40)	Metro Aberdeen Running Club	44:12
44	Patryk Gierjatowicz	Hunters Bog Trotters	44:15
45	James Dunn	Edinburgh Univ Hare & Hounds	44:24
46	Alan Blair	Garscube Harriers	44:27
47	Gordon Lennox	Inverness Harriers AAC	44:34
48	William MacRury	Ron Hill Cambuslang Harriers	44:35
49	Kenneth Campbell (M40)	Ron Hill Cambuslang Harriers	44:39
50	Brian McGarrity	Shettleston Harriers	44:44
51	Ruaridh Miller	Unattached	44:47
52	Shaun Lyon	Greenock Glenpark Harriers	44:51
53	Colin Thomas	Bellahouston Harriers	44:52
54	Dave Ward	Hunters Bog Trotters	44:59
55	Grant Boyne	Glasgow University Hare and H	45:01
56	Andrew Wright (M40)	Ochil Hill Runners	45:07
57	Donald McPartlin	Garscube Harriers	45:12
58	Gwyn Bellamy	Westerlands XC Club	45:18
59	Kenneth Neill	Ayr Seaforth AC	45:31
60	Peter Cameron	Edinburgh AC	45:35
61	George Foster	Dundee hawkhill harriers	45:37
62	Bryan Clark	Corstorphine AAC	45:41
63	Martin Gore	Lasswade AAC	45:42
64	Paul Miller (M45)	Inverness Harriers AAC	45:43
65	Steve Feltbower	Falkirk Victoria Harriers	45:49
66	Scott MacAulay	Kilbarchan AAC	45:49
67	Paul Sorrie	Shettleston Harriers	45:50
68	Benjamin Hukins	Ron Hill Cambuslang Harriers	45:52
69	Neal Robertson	Garscube Harriers	45:53
70	Stuart Livingstone	Corstorphine AAC	45:56
71	Gavyn Chalmers	Glasgow University Hare and H	45:59
72	Alastair Brockie	Corstorphine AAC	46:00
73	Tom Ferrington	Corstorphine AAC	46:03
74	John Redding	LINLITHGOW AC	46:04
75	Thomas McDonald	Kilbarchan AAC	46:07
76	Peter Moffett	Falkirk Victoria Harriers	46:08
77	Colin Logan	Central AC	46:08
78	David Tamburini (M40)	Inverclyde AC	46:09
79	Doug Tullie	Hunters Bog Trotters	46:12
80	Nick Milovsorov (M50)	Metro Aberdeen Running Club	46:18
81	Chris Greenhalgh (M40)	Giffnock North AAC	46:24
82	Greg Walker	Teviotdale Harriers	46:28
83	James Thomas	Edinburgh Univ Hare & Hounds	46:30
84	Stuart McGeachy	CAMPBELTOWN RC	46:31
85	James Harrison	Corstorphine AAC	46:32
86	Tom Brian	Metro Aberdeen Running Club	46:32
87	Shaun Butler	Ron Hill Cambuslang Harriers	46:32
88	Iain Wallace	Falkirk Victoria Harriers	46:37
89	Kevin O'Donoghue	Greenock Glenpark Harriers	46:37
90	Rory Anderson	Teviotdale Harriers	46:45

	Name	Club	Time
318	Ivor Normand (M50)	Hunters Bog Trotters	53:20
319	Mike Jones	Musselburgh & District AC	53:21
320	Alexander Chisholm (M60)	Garscube Harriers	53:23
321	Colin Feechan (M55)	Ron Hill Cambuslang Harriers	53:23
322	Alastair Sinclair (M55)	Bellahouston Harriers	53:24
323	Graham Andrew	kelvin runners	53:25
324	Tommy Morran	CAMPBELTOWN RC	53:26
325	Michael Diver (M45)	Clydesdale Harriers	53:32
326	Julian Barrable	Corstorphine AAC	53:33
327	Andrew Goodair (M45)	Teviotdale Harriers	53:33
328	Daniel O'Connell (M50)	Ron Hill Cambuslang Harriers	53:34
329	Kyle Henderson	Metro Aberdeen Running Club	53:35
330	Eddie Caldwell (M50)	Dumbarton AAC	53:37
331	Stuart MacGregor (M45)	Motherwell ac	53:38
332	Thomas Smith	Bellahouston Harriers	53:38
333	David Orr (M40)	North Highland Harriers	53:39
334	Kevin Rogers (M40)	Perth Road Runners	53:45
335	Daniel Lynch	University of St Andrews CC	53:46
336	Neil Richardson (M40)	HAMILTON HARRIERS	53:49
337	Barry Woods	Metro Aberdeen Running Club	53:49
338	Jeff Farquhar (M55)	Pitreavie AAC	53:50
339	Gordon Hepburn	Greenock Glenpark Harriers	53:50
340	Scott Nelson (M45)	Lothian Running Club	53:52
341	Iain Morrison (M50)	Bellahouston Harriers	53:52
342	Paul Kelly	Dumbarton AAC	53:54
343	Robert Wilson (M60)	Greenock Glenpark Harriers	53:56
344	Ross Cairns (M40)	Inverness Harriers AAC	53:57
345	John Fulham (M40)	Carnegie Harriers	53:58
346	Colin McCall (M40)	Gala Harriers	53:58
347	Daniel Newman (M45)	Fife AC	54:00
348	Paul Kernohan	Ron Hill Cambuslang Harriers	54:02
349	Niall Walker	East Kilbride A.C.	54:04
350	John Smith (M45)	LINLITHGOW AC	54:05
351	Raymond Tully (M45)	Dundee hawkhill harriers	54:08
352	Simon Barlow (M45)	Central AC	54:09
353	Ian Beattie (M50)	Harmeny ac	54:11
354	Steven Honeyman	Carnegie Harriers	54:12
355	Alan Craig (M45)	Kilbarchan AAC	54:13
356	Jonathan Millar	Carnegie Harriers	54:15
357	Alan Donachy (M45)	North Ayrshire AC	54:15
358	Richard Murciano	HAMILTON HARRIERS	54:17
359	Jonathan Redhead	Corstorphine AAC	54:19
360	Kenneth Anthony (M50)	Fife AC	54:20
361	Alex Hilliam (M40)	Portobello Running Club	54:22
362	Iain Dunsmore (M45)	Central AC	54:23
363	Mike Lynch (M45)	Carnethy Hill Racing Club	54:26
364	Kevin Farmer	Clydesdale Harriers	54:29
365	Donald Petrie (M55)	Kilbarchan AAC	54:30
366	Gordon Moir (M45)	Giffnock North AAC	54:30
367	Simon Harrison	Hunters Bog Trotters	54:31
368	Scott Mackenzie	Edinburgh AC	54:32
369	David Wilson	Hunters Bog Trotters	54:34
370	Iain Nicholl (M40)	Ron Hill Cambuslang Harriers	54:39
371	Paul Caban (M50)	Ferranti AAC	54:40
372	Alan Inglis (M45)	Teviotdale Harriers	54:42
373	John Murray (M40)	Garscube Harriers	54:44
374	Dave Matthews	Hunters Bog Trotters	54:45
375	Peter Walsh	Dumbarton AAC	54:47
376	James Breen (M50)	HAMILTON HARRIERS	54:48
377	Michal Sroka	LINLITHGOW AC	54:51
378	Mark Bryson (M50)	Gala Harriers	54:53
379	Fraser Purves (M45)	Central AC	54:54
380	Neil Robertson (M50)	Falkirk Victoria Harriers	54:55
381	Ken McInnes (M45)	Ron Hill Cambuslang Harriers	54:56
382	Nicholas Williamson (M40)	Dunbar Running Club	54:58
383	Scott Hunter (M40)	Ron Hill Cambuslang Harriers	55:00
384	Athol Burnett (M50)	Aberdeen AAC	55:00
385	Chris Creegan (M50)	Edinburgh AC	55:05
386	Fraser McPhail (M40)	Troon Tortoises AC	55:07
387	Andy Johns (M40)	Kinross Road Runners	55:07
388	Marcus Whyte	Motherwell ac	55:11
389	Alex Osborne	Westerlands XC Club	55:14
390	Andrew Sutherland (M40)	Maryhill Harriers	55:18
391	Robin Mussett (M50)	Central AC	55:21
392	Kenny Gray (M40)	Falkirk Victoria Harriers	55:24
393	Philip Kyle (M45)	kelvin runners	55:25
394	Damien Moore	VP-Glasgow AC	55:25
395	James Lewis (M40)	Springburn Harriers	55:26
395	Grant Sandilands	Kilbarchan AAC	55:26
397	Scott Bradley	Kirkintilloch Olympians	55:26
398	Stewart Barrie (M45)	Hunters Bog Trotters	55:31
399	Gavin Orr (M45)	Harmeny ac	55:34
400	Henry Merriweather (M40)	Bellahouston Road Runners	55:37
401	Michael Dunn (M60)	Greenock Glenpark Harriers	55:40
402	Robert Hamilton (M40)	Edinburgh AC	55:42
403	Magnus Inglis (M40)	Gala Harriers	55:42
404	Andrew Milne (M45)	Fife AC	55:42
405	Paul Lennie (M50)	VP-Glasgow AC	55:43
406	Ewan Paterson (M60)	Moray Road Runners	55:46
407	Michael Hampson (M50)	Giffnock North AAC	55:51

91	Stan MacKenzie (M50)	Ron Hill Cambuslang Harriers	46:50
92	Kenny O'Neill	Ron Hill Cambuslang Harriers	46:52
93	Ross Milne	Corstorphine AAC	46:52
94	John Brogan	Falkirk Victoria Harriers	46:56
95	Graham McCabe (M40)	Kirkintilloch Olympians	47:02
96	Andrew King	Lothian Running Club	47:03
97	Crispin Walsh (M40)	Bellahouston Harriers	47:05
98	Mark Johnston (M40)	Carnethy Hill Racing Club	47:12
99	Colin Partridge	Lothian Running Club	47:18
100	Stuart Campbell (M45)	Corstorphine AAC	47:20
101	Mark Sutherland	Glasgow University Hare and H	47:25
102	Ciaran Dougherty	Bellahouston Road Runners	47:27
103	Steven Campbell (M40)	Greenock Glenpark Harriers	47:30
104	Gordon McIntyre	Ron Hill Cambuslang Harriers	47:31
105	Niall McAlinden	Westerlands XC Club	47:32
106	Christopher MacDonald	Motherwell ac	47:34
107	Jamie Clements	East Kilbride A.C.	47:34
108	Thomas Wilson	Corstorphine AAC	47:34
109	Ray Ward (M40)	Hunters Bog Trotters	47:35
110	Philip Edgley	Metro Aberdeen Running Club	47:36
111	Nick Heaney (M40)	Garscube Harriers	47:41
112	Peter Mackie	Shettleston Harriers	47:41
113	Joshua Dack	Lothian Running Club	47:42
114	Greig Glendinning (M40)	Bellahouston Road Runners	47:43
115	Jonathan Carpenter	Corstorphine AAC	47:43
116	Murdo MacKenzie	Stornoway Running & AC	47:46
117	Jamie Birse	Metro Aberdeen Running Club	47:47
118	Scott Brember (M40)	Central AC	47:50
119	Darran Muir	Law & District AAC	47:52
120	Paul Monaghan (M40)	Greenock Glenpark Harriers	47:55
121	Iain Gilmore	Carnethy Hill Racing Club	47:58
122	Craig Campbell	Inverness Harriers AAC	47:59
123	Calum Murray	Edinburgh Univ Hare & Hounds	47:59
124	Jason Kane	Inverclyde AC	48:03
125	Stephen Clark (M40)	Fife AC	48:03
126	Alex Allardyce (M45)	Irvine Running Club	48:04
127	Andrew MacRae (M40)	Inverness Harriers AAC	48:04
128	Norman Ferguson	Stornoway Running & AC	48:04
129	Christopher Moses	Helensburgh AAC	48:06
130	Craig Harrow (M40)	Ron Hill Cambuslang Harriers	48:08
131	Sean Gaffney	Inverclyde AC	48:10
132	Bruce Carse	Bellahouston Road Runners	48:11
133	Justin Carter (M40)	Ron Hill Cambuslang Harriers	48:12
134	Howard Elliott (M45)	Kirkintilloch Olympians	48:13
135	Paul Kieran (M40)	Carnegie Harriers	48:13
136	Alexander Davidson	Falkirk Victoria Harriers	48:15
137	Steve Buchan	Metro Aberdeen Running Club	48:19
138	Ryan Lafferty	Fife AC	48:21
139	David Hogg (M45)	Kirkintilloch Olympians	48:22
140	John McManus	Hunters Bog Trotters	48:24
141	Marco Consani (M40)	Garscube Harriers	48:25
142	Graeme Campbell (M40)	Ochil Hill Runners	48:33
143	Craig Shields	Garscube Harriers	48:35
144	Neil Walker	Kilmarnock H&AC	48:36
145	Keith Dunlop	Edinburgh AC	48:37
146	Alexander Chalmers (M45)	Garscube Harriers	48:38
147	Jeremy Kibble	Metro Aberdeen Running Club	48:38
148	Steven Laverty	Hunters Bog Trotters	48:38
149	Douglas McKinnon	Corstorphine AAC	48:41
150	Brian Douglas (M40)	Bellahouston Harriers	48:41
151	Owain Williams	Edinburgh AC	48:46
152	Euan Craig	Kirkintilloch Olympians	48:49
153	Michael O'Donnell	Inverness Harriers AAC	48:51
154	Connell Drummond (M40)	Kilmarnock H&AC	48:52
155	Chris Poxton	Harmeny ac	48:52
156	Will Hensman	Central AC	48:55
157	Wattie Mackay (M50)	Strathearn harriers	48:55
158	Hamish Battle	Fife AC	48:55
159	Andrew White (M45)	Greenock Glenpark Harriers	48:57
160	Duncan Macfadyn (M55)	Inverclyde AC	48:59
161	Madis Osjajets	Edinburgh AC	49:00
162	Scott Kennedy (M45)	Shettleston Harriers	49:00
163	Chris Richardson	Metro Aberdeen Running Club	49:01
164	Alex Luetchford	Edinburgh Univ Hare & Hounds	49:05
165	Allan Cameron (M40)	Motherwell ac	49:07
166	Andrew Joyce	Stornoway Running & AC	49:09
167	William Townsend	Hunters Bog Trotters	49:09
168	Owen Miller	Fife AC	49:09
169	Grant MacDonald	Bellahouston Road Runners	49:10
170	Alastair Ewen (M40)	Bellahouston Road Runners	49:12
171	Michael Bareford (M40)	Hunters Bog Trotters	49:13
172	Nigel Shekleton	Carnethy Hill Racing Club	49:16
173	Kevin Cormack (M45)	North Highland Harriers	49:17
174	David Cross (M50)	Edinburgh AC	49:18
175	James Austin (M50)	Clydesdale Harriers	49:19
176	Martin Ferguson (M50)	Edinburgh AC	49:20
177	Alan Derrick (M50)	Calderglen Harriers	49:20
178	Mark Thornton-Smith	Edinburgh AC	49:23
179	David Eiser	Ochil Hill Runners	49:24
180	Douglas Carstairs	Portobello Running Club	49:24
181	Jason Steele (M40)	Giffnock North AAC	49:24
182	David Knight (M45)	Perth Road Runners	49:27
183	Craig Lamont	Bellahouston Harriers	49:27
184	Doug Murray	Corstorphine AAC	49:27

408	Alan Cockburn (M50)	Carnegie Harriers	55:52
409	Robert Hutchison (M50)	Central AC	55:54
410	Ian Robert Johnston (M55)	Carnegie Harriers	55:56
411	Donald Kennedy (M45)	Bellahouston Harriers	56:00
412	Don Myles (M45)	Falkirk Victoria Harriers	56:00
413	Kenton Jones (M50)	Lothian Running Club	56:01
414	Tony Dolan	Clydesdale Harriers	56:02
415	Murray McAlpine	HAMILTON HARRIERS	56:03
416	Neil MacIachlan	Pitreevie AAC	56:05
417	William McCulloch (M55)	Gala Harriers	56:07
418	Graeme Jack (M50)	kelvin runners	56:11
419	Jens Subke (M40)	Central AC	56:12
420	Wallace Grieve (M50)	Falkirk Victoria Harriers	56:13
421	John J Duffy (M50)	Shettleston Harriers	56:13
422	Bruce Smith (M50)	Carnethy Hill Racing Club	56:15
423	Derek Rigmand (M45)	Bellahouston Road Runners	56:16
424	David Campbell	Garscube Harriers	56:17
425	Jim Gillon (M50)	Law & District AAC	56:17
426	Campbell Fullarton	Helensburgh AAC	56:18
427	Scott Dickson (M40)	Lasswade AAC	56:24
428	Martin Caldwell (M60)	Corstorphine AAC	56:25
429	Will Hugh Bailey	Hunters Bog Trotters	56:26
430	Peter Laing (M55)	Ayr Seaforth AC	56:30
431	Craig Hunter (M55)	Hunters Bog Trotters	56:30
432	Neil Nairn (M45)	Bellahouston Harriers	56:32
433	Paul Dudchenko (M45)	LINLITHGOW AC	56:32
434	Graeme Ackland (M50)	Lothian Running Club	56:35
435	James Bowden	Hunters Bog Trotters	56:35
436	Derek Scott	Teviotdale Harriers	56:37
437	Paul Houston (M45)	Bellahouston Harriers	56:39
438	Richard Hadfield (M45)	Portobello Running Club	56:40
439	Neil Gilmore (M50)	Carnethy Hill Racing Club	56:42
440	Phil Buckley (M40)	Harmeny ac	56:43
441	Eddie Balfour (M40)	Haddington Running Club	56:43
442	Andrew McKeachie	Hunters Bog Trotters	56:47
443	Alasdair Meldrum (M45)	Ayr Seaforth AC	56:50
444	Philip Forte (M55)	Dundee hawkhill harriers	56:52
445	Colin Wylie (M40)	Giffnock North AAC	56:53
446	Peter Ness (M45)	Lasswade AAC	56:56
447	Graeme Wilson (M50)	Wee County Harriers	56:59
448	Craig Stewart (M40)	Harmeny AC	57:00
449	Graham Moar (M40)	Metro Aberdeen Running Club	57:02
450	Stewart McAllister	Kilmarnock H&AC	57:06
451	Phil Mestecky (M45)	Strathearn harriers	57:07
452	Barry Davie (M40)	Carnegie Harriers	57:09
453	Michael Findlay	Corstorphine AAC	57:09
454	Jim White (M40)	Motherwell ac	57:10
455	Daniel Clements	Hunters Bog Trotters	57:12
456	Tom Ord (M55)	VP-Glasgow AC	57:13
457	Gavin McLennan	Metro Aberdeen Running Club	57:13
458	Ruwan Fernando (M45)	Fife AC	57:14
459	Jan-Bert Van Den Berg (M55)	Corstorphine AAC	57:15
460	John Kynaston (M55)	Kilbarchan AAC	57:16
461	Edward McLoone	Kirkintilloch Olympians	57:19
462	Doug Fraser (M40)	Musselburgh & District AC	57:22
463	Peter Simpson (M55)	Carnegie Harriers	57:23
464	Scott Dickson	Motherwell ac	57:29
465	Ryan Ferguson	Lothian Running Club	57:33
466	Graeme Haddow (M50)	East Kilbride A.C.	57:35
467	Mark Western (M50)	Carnegie Harriers	57:39
468	Craig White	Maryhill Harriers	57:40
469	Paul Cooke (M45)	Garscube Harriers	57:49
470	Kieran Sullivan	Maryhill Harriers	57:52
471	David Hertertson (M45)	Calderglen Harriers	57:53
472	Robert Taylor (M55)	Metro Aberdeen Running Club	57:55
473	Neil Pendrich (M45)	Carnethy Hill Racing Club	57:55
474	Gary Stewart (M45)	Bellahouston Harriers	57:58
475	Angus Gallie (M60)	LINLITHGOW AC	58:01
476	James Scullion	Law & District AAC	58:02
477	Joseph Junior Chambers	Springburn Harriers	58:06
478	Callum Douglas	Falkirk Victoria Harriers	58:07
479	Ewart Gray (M55)	HAMILTON HARRIERS	58:09
480	Scott Coulter	Maryhill Harriers	58:11
481	Allen Flockhart	Carnethy Hill Racing Club	58:12
482	Rick Booth (M40)	Fife AC	58:12
483	Skylar Lobdell	University of St Andrews CC	58:12
484	Craig Anderson (M45)	Metro Aberdeen Running Club	58:14
485	Michael Blair	Shettleston Harriers	58:15
486	Ian Walker	North Highland Harriers	58:18
487	William Fairley (M45)	Ron Hill Cambuslang Harriers	58:20
488	Douglas Hill (M50)	Falkirk Victoria Harriers	58:26
489	David McNish (M45)	LINLITHGOW AC	58:33
490	Mark Waldron (M45)	Metro Aberdeen Running Club	58:38
491	Ross Burton	Motherwell ac	58:43
492	Hugh Kerr (M50)	Central AC	58:44
493	Ross Munro (M55)	Stornoway Running & AC	58:45
494	Alexander Oliver (M45)	Musselburgh & District AC	58:46
495	John Pugh (M45)	Kirkintilloch Olympians	58:52
496	David Scott (M40)	Lasswade AAC	58:53
497	Ryan Nelson	Clydesdale Harriers	58:54
498	John Crookston (M55)	Carnegie Harriers	58:56
499	David Hope-Jones	Hunters Bog Trotters	58:57
500	Dean Cooper-Cunningham	Edinburgh AC	58:58
501	Graeme Gemmell (M50)	Bellahouston Harriers	58:59

185	Graeme Fletcher (M50)	Corstorphine AAC	49:28	502	Richard Leyton (M40)	Bellahouston Road Runners	59:03
186	Bruce Hughes	Teviotdale Harriers	49:28	503	Laurence Baker (M55)	Ayr Seaforth AC	59:06
187	Ross McEachern (M45)	Springburn Harriers	49:29	504	Peter Walsh (M60)	Dumbarton AAC	59:06
188	Ian McGregor	Metro Aberdeen Running Club	49:30	505	Alan Elder (M50)	Moorfoot Runners	59:08
189	Ted Gourley (M50)	Giffnock North AAC	49:33	506	Gavin Brown (M45)	Portobello Running Club	59:09
190	Roger Rees (M45)	Fife AC	49:33	507	Iain Mackay (M55)	Stornoway Running & AC	59:17
191	Andrew Smith	Carnegie Harriers	49:38	508	Paul McGunnigle	Bellahouston Road Runners	59:19
192	Barry Gibson	Metro Aberdeen Running Club	49:42	509	Robert Pattinson (M45)	Motherwell ac	59:29
193	Stuart Miller	Bellahouston Harriers	49:45	510	James McLaren (M50)	Falkirk Victoria Harriers	59:30
194	Patrick Harrington	Carnethy Hill Racing Club	49:48	511	Jim Holmes (M45)	Calderglen Harriers	59:36
195	Moray Anderson	Corstorphine AAC	49:52	512	Stephen Reid (M40)	Greenock Glenpark Harriers	59:42
196	Alistair Hart (M40)	Hunters Bog Trotters	49:53	513	David Morton	Carnegie Harriers	59:43
197	Ben Ward	Metro Aberdeen Running Club	49:53	514	Mark Mackenzie (M40)	Carnegie Harriers	59:49
198	Daniel Doherty	Greenock Glenpark Harriers	49:55	515	Phil Mann (M55)	Metro Aberdeen Running Club	59:51
199	Christopher O'Brien	Corstorphine AAC	49:59	516	Peter McClelland	Hunters Bog Trotters	59:53
200	Ian Sim	Bellahouston Harriers	49:59	517	James Rae	Fife AC	59:57
201	Tom Hartley	Glasgow University Hare and H	50:01	518	Mike Malcolm-Smith (M45)	Musselburgh & District AC	59:58
202	Kevin Slaven	Shettleston Harriers	50:01	519	Joseph Palmer (M45)	Helensburgh AAC	1:00:00
203	David Weir (M55)	Forres Harriers	50:05	520	Nick Rowan (M40)	Kinross Road Runners	1:00:07
204	Andrew Laycock (M45)	Kinross Road Runners	50:07	521	Derrick Brydon (M45)	Gala Harriers	1:00:15
205	Craig Mackenzie	Motherwell ac	50:09	522	Gerard Connelly (M40)	Stornoway Running & AC	1:00:17
206	Robert Watson (M45)	Musselburgh & District AC	50:10	523	Mark Johnstone (M45)	Falkirk Victoria Harriers	1:00:17
207	Fergus Johnston	Gala Harriers	50:11	524	Stephen Brown (M45)	Lasswade AAC	1:00:20
208	Euan Webster	Aberdeen AAC	50:12	525	Stephen Clark	Shettleston Harriers	1:00:21
209	Ian Johnston (M50)	Corstorphine AAC	50:13	526	Duncan Ng	Glasgow University Hare and H	1:00:23
210	Stephen Duffy (M40)	HAMILTON HARRIERS	50:13	527	Daniel O'Neill (M50)	Falkirk Victoria Harriers	1:00:25
211	Jake Harper (M50)	Portobello Running Club	50:15	528	Ross Bickerstaff (M55)	HAMILTON HARRIERS	1:00:26
212	Peter Buchanan (M50)	Portobello Running Club	50:17	529	Alan Lawson (M65)	Dundee hawkhill harriers	1:00:26
213	Iain Burns	Bellahouston Road Runners	50:18	530	Michael Grant	Hunters Bog Trotters	1:00:27
214	Mark Vance (M40)	Greenock Glenpark Harriers	50:19	531	D Melville Scobie (M65)	Fife AC	1:00:31
215	Alexander Louden	Fife AC	50:20	532	Alan Murray (M40)	Carnegie Harriers	1:00:31
216	John Mowbray	Edinburgh AC	50:21	533	Edward Carr (M55)	Ron Hill Cambuslang Harriers	1:00:33
217	Paul Carroll (M45)	Clydesdale Harriers	50:30	534	Kenny McDonald (M40)	Bellahouston Road Runners	1:00:38
218	Ian Thomson	Garscube Harriers	50:34	535	Jim Thyne (M55)	Hunters Bog Trotters	1:00:39
219	John Whitener	Bellahouston Harriers	50:36	536	Fraser Smith (M40)	Clydesdale Harriers	1:00:39
220	David Eckersley (M50)	Central AC	50:36	537	Scot Hill (M45)	Springburn Harriers	1:00:43
221	Andrew Williams (M40)	Metro Aberdeen Running Club	50:40	538	Bobby Hill	Law & District AAC	1:00:54
222	Simon Fraser	HAMILTON HARRIERS	50:42	539	Adam Scragg	Metro Aberdeen Running Club	1:00:58
223	Colin Mclean (M50)	Springburn Harriers	50:43	540	Ronald Milne (M60)	Forfar Road Runners	1:01:01
224	Andrew Mortimer	Strathclyde Univ Harriers	50:46	541	Kenneth Hislop	Central AC	1:01:03
225	Simon Gold	Ron Hill Cambuslang Harriers	50:49	542	Craig Marsden	Garscube Harriers	1:01:06
226	Ross Hill	Law & District AAC	50:51	543	Richard Toller (M60)	Dundee Road Runners AC	1:01:07
227	Darren McQuade	Bellahouston Harriers	50:51	544	Alex Corbett (M45)	Teviotdale Harriers	1:01:09
228	Nicholas Hughes	Motherwell ac	50:52	545	Graham Mclean (M55)	Corstorphine AAC	1:01:15
229	Euan McInnes (M40)	Lothian Running Club	50:56	546	Keith Gibb (M50)	Bellahouston Road Runners	1:01:18
230	Rory Campbell (M45)	Gala Harriers	50:57	547	Colin Hutcheon (M60)	LINLITHGOW AC	1:01:25
231	Nicholas Gemmell (M40)	Inverclyde AC	50:57	548	Leslie-James McDerment (M45)	Kilmarnock H&AC	1:01:26
232	Daniel W Clarke	Fife AC	50:59	549	Duncan Riddell (M45)	Maryhill Harriers	1:01:27
233	Stephen Cole (M40)	Dumbarton AAC	51:00	550	Robert Young (M70)	Clydesdale Harriers	1:01:35
234	Bruce Malcolm (M50)	Corstorphine AAC	51:00	551	Michael Bisset (M40)	Carnegie Harriers	1:01:42
235	John Creamer	Edinburgh Univ Hare & Hounds	51:00	552	James McAneny (M55)	Garscube Harriers	1:01:43
236	Michael Healy	Unattached	51:01	553	Andrew Anderson (M50)	Dunbar Running Club	1:01:49
237	Colin Green (M40)	Moray Road Runners	51:06	554	Allan Brannigan (M50)	Carnegie Harriers	1:01:53
238	James Rogers	Hunters Bog Trotters	51:08	555	Steven Donnelly	HAMILTON HARRIERS	1:01:55
239	Paul Clawson	Bellahouston Harriers	51:08	556	Alistair Hindle (M40)	Hunters Bog Trotters	1:01:59
240	Michael Anderson (M45)	Corstorphine AAC	51:11	557	Jon Rathjen (M45)	Hunters Bog Trotters	1:02:16
241	Kevin Riddell	Perth Road Runners	51:15	558	John Kelly (M45)	Ron Hill Cambuslang Harriers	1:02:23
242	Ross McNaught	Central AC	51:15	559	Richard Lawton (M40)	Calderglen Harriers	1:02:35
243	Philip Williams (M40)	Central AC	51:19	560	Andrew Stavert (M50)	Portobello Running Club	1:02:36
244	Francis Gilroy (M50)	Bellahouston Harriers	51:21	561	William Hamilton (M60)	Falkirk Victoria Harriers	1:02:37
245	Graeme Paterson (M40)	Bellahouston Road Runners	51:23	562	David Stirling (M40)	Ron Hill Cambuslang Harriers	1:02:48
246	Jack Luscombe	Edinburgh Univ Hare & Hounds	51:23	563	Stefan Kuhr (M40)	Garscube Harriers	1:02:48
247	Colin Lamont	Pitveavie AAC	51:23	564	Stewart Christie (M45)	Falkirk Victoria Harriers	1:02:58
248	Barry McComish (M40)	Falkirk Victoria Harriers	51:27	565	William Gavin Reid (M50)	Metro Aberdeen Running Club	1:03:00
249	David Riach (M45)	Westerlands XC Club	51:27	566	David Steele (M55)	Edinburgh AC	1:03:08
250	Andrew Buchanan	Calderglen Harriers	51:28	567	Robin Thomas (M60)	Hunters Bog Trotters	1:03:14
251	Alasdair Campbell (M40)	Moray Road Runners	51:29	568	Iain Pettigrew (M45)	Ayr Seaforth AC	1:03:15
252	Timothy Martin	Bellahouston Road Runners	51:31	569	Calum Ross (M50)	Lothian Running Club	1:03:17
253	Ian Rowland (M50)	Dunbar Running Club	51:32	570	Kevin McPhillips (M40)	Springburn Harriers	1:03:25
254	Michael McQuaid (M50)	Falkirk Victoria Harriers	51:36	571	Kieran Morgan (M55)	Carnegie Harriers	1:03:28
255	David I Houston	Shettleston Harriers	51:42	572	Kevin Durnian	Motherwell ac	1:03:34
256	Peter Jardine (M50)	VP-Glasgow AC	51:42	573	Darren Dick (M45)	LINLITHGOW AC	1:03:35
257	Jonny McIntosh	Metro Aberdeen Running Club	51:43	574	Duncan Edward	Dundee Road Runners AC	1:03:37
258	Huw Jones	Hunters Bog Trotters	51:44	575	Donald Nethery (M45)	Pitveavie AAC	1:03:37
259	Jamie McGowan (M40)	Gala Harriers	51:44	576	Stuart Vaughn (M65)	Calderglen Harriers	1:03:41
260	Tony Mccutcheon (M45)	Ron Hill Cambuslang Harriers	51:45	577	Harry Kay (M65)	Dundee Road Runners AC	1:03:42
261	Andrew Callan (M45)	Springburn Harriers	51:46	578	Andrew Kirkhope (M50)	Shettleston Harriers	1:03:47
262	Luke Chamberlain (M40)	Giffnock North AAC	51:46	579	Gordon Dewar (M50)	Falkirk Victoria Harriers	1:03:48
263	Stuart Hay (M50)	Dunbar Running Club	51:47	580	Brian Young (M50)	Bellahouston Road Runners	1:03:55
264	Andrew Thompson (M40)	Metro Aberdeen Running Club	51:47	581	James Alexander (M50)	Lothian Running Club	1:03:59
265	Gerard Scullion (M50)	Bellahouston Road Runners	51:51	582	Gordon Morrison (M60)	Strathearn harriers	1:04:00
266	Andrew Lawrie	Gala Harriers	51:54	583	Frank McMahon (M65)	Greenock Glenpark Harriers	1:04:00
267	Iain Robertson	Clydesdale Harriers	51:55	584	Eric Stevenson (M65)	Edinburgh AC	1:04:02
268	David Marshall	LINLITHGOW AC	51:56	585	Colin Banks (M40)	Calderglen Harriers	1:04:07
269	Alan Gilkison (M45)	Westerlands XC Club	51:57	586	Allan Gall (M60)	Central AC	1:04:10
270	Ben Mitchell (M45)	Lasswade AAC	51:59	587	Patrick Kelly (M65)	Law & District AAC	1:04:18
271	Andrew Osborne	Greenock Glenpark Harriers	52:05	588	John Denholm (M60)	Falkirk Victoria Harriers	1:04:21
272	Ross Grant	East Kilbride A.C.	52:07	589	Campbell Blair (M40)	Pitveavie AAC	1:04:30
273	Brent Brodie (M40)	Bellahouston Harriers	52:09	590	Graham Burrows (M65)	LINLITHGOW AC	1:04:43
274	Robert Bartley	Kirkintilloch Olympians	52:09	591	Robert Milton (M50)	Carnegie Harriers	1:04:46
275	Andrew Campbell (M40)	Bellahouston Road Runners	52:09	592	John Cunningham (M45)	Bellahouston Harriers	1:04:48
276	Graham McFarlane (M40)	Metro Aberdeen Running Club	52:13	593	Robbie Yates (M45)	Portobello Running Club	1:04:49
277	Graham Kirby (M45)	Fife AC	52:14	594	Duncan Weddell (M40)	Dunbar Running Club	1:04:55
278	James Fotheringham (M50)	Perth Road Runners	52:17	595	Kevin James Gill (M50)	Greenock Glenpark Harriers	1:05:03

279	Robert McLennan (M55)	Garscube Harriers	52:18
280	Adam Stark	Glasgow University Hare and H	52:19
281	Alick Walkinshaw (M55)	Ron Hill Cambuslang Harriers	52:20
282	Mark Livingstone (M40)	Irvine Running Club	52:21
283	Simon Titmuss (M40)	Carnethy Hill Racing Club	52:21
284	Kenny MacGruer	North Highland Harriers	52:22
285	Chris Walsh	Dundee hawkhill harriers	52:23
286	Des Dickson (M55)	Ron Hill Cambuslang Harriers	52:24
287	Stephen McDowall (M40)	Ayr Seaforth AC	52:26
288	Malcolm Parry (M40)	Edinburgh AC	52:26
289	Michael Diver	Edinburgh Univ Hare & Hounds	52:28
290	Karl Zeiner (M40)	Harmeny ac	52:28
291	James Jarvis (M45)	Hunters Bog Trotters	52:35
292	David Sidebottom	Edinburgh AC	52:35
293	David Spencer (M50)	North Highland Harriers	52:35
294	Alan Knowles (M40)	Lothian Running Club	52:40
295	Brian Lees (M50)	Falkirk Victoria Harriers	52:42
296	John Oates (M55)	Shettleston Harriers	52:43
297	Nick Jellema	Edinburgh AC	52:44
298	Scott Henderson	Edinburgh AC	52:45
299	Andrew Sims	Hunters Bog Trotters	52:46
300	Paul Cross	Hunters Bog Trotters	52:49
301	Victor Jack (M45)	Corstorphine AAC	52:49
302	Gary Morrison	Corstorphine AAC	52:54
303	Matthew Porteous	Portobello Running Club	52:56
304	Andrew Latham (M50)	Edinburgh AC	52:58
305	Eoin Coull (M40)	Ross County Athletic Club	52:59
306	Stuart Douglas	Falkirk Victoria Harriers	53:02
307	Ross Coron	University of St Andrews CC	53:02
308	Paul Moseley (M40)	Dunbar Running Club	53:04
309	David Wright	Hunters Bog Trotters	53:04
310	John Hynd (M55)	Carnegie Harriers	53:04
311	Andrew McGlone (M45)	Lasswade AAC	53:06
312	Scott Love	Carnegie Harriers	53:08
313	Michael O'Hagan (M45)	Ron Hill Cambuslang Harriers	53:09
314	Peter Gardner	Hunters Bog Trotters	53:12
315	David Dickson (M55)	Garscube Harriers	53:14
316	Chris Marsh	Giffnock North AAC	53:15
317	Christopher Lamont	Glasgow University Hare and H	53:16

596	John Burns (M50)	Motherwell ac	1:05:04
597	Matthew Newnham (M55)	Edinburgh AC	1:05:06
598	Mike Dales (M55)	Perth Road Runners	1:05:15
599	Steven Blair (M50)	Corstorphine AAC	1:05:17
600	Peter Dow (M55)	Garscube Harriers	1:05:31
601	Chris Kilshaw	Garscube Harriers	1:05:37
602	Neill Porterfield (M40)	Corstorphine AAC	1:05:43
603	Phil Smithard (M65)	Carnegie Harriers	1:05:45
604	Alan Coltman (M45)	Teviotdale Harriers	1:05:59
605	Allan Gordon (M65)	Hunters Bog Trotters	1:06:11
606	Dean Bowman	North Highland Harriers	1:06:30
607	Cameron Campbell (M55)	Central AC	1:06:31
608	David Geddes (M55)	Garscube Harriers	1:06:45
609	Thomas Mathieson (M55)	Ross County Athletic Club	1:06:55
610	John McBride (M55)	Calderglen Harriers	1:07:04
611	Martin Leadbetter (M55)	Lothian Running Club	1:07:16
612	Mark Warner (M50)	Hunters Bog Trotters	1:07:30
613	Gerrad Mason (M50)	Shettleston Harriers	1:07:31
614	Ian McNee (M55)	Troon Tortoises AC	1:07:45
615	Stig Walsh (M45)	Lothian Running Club	1:08:47
616	Sean McAneny	Garscube Harriers	1:08:50
617	Bryan Grome	LINLITHGOW AC	1:09:00
618	Kenny Mearns (M55)	Lothian Running Club	1:09:14
619	James Rowley (M65)	Law & District AAC	1:09:31
620	Michael Allison	Falkirk Victoria Harriers	1:09:40
621	Kenneth Stevenson (M55)	Maryhill Harriers	1:09:44
622	Graeme Orr (M65)	Westerlands XC Club	1:09:53
623	Alan Burns (M40)	Airdrie Harriers	1:10:28
624	Paul Lockie (M45)	Teviotdale Harriers	1:10:50
625	Peter Rudzinski (M65)	Clydesdale Harriers	1:11:37
626	Ian Campbell (M50)	Hunters Bog Trotters	1:12:23
627	Simon Hutton	Greenock Glenpark Harriers	1:12:37
628	Christopher Hever (M50)	Maryhill Harriers	1:14:03
629	Ronald Fraser (M50)	Dundee Road Runners AC	1:14:41
630	Russell Couper (M50)	Calderglen Harriers	1:15:58
631	Walter McCaskey (M80)	Edinburgh AC	1:16:33
632	Alex MacEwen (M60)	Edinburgh AC	1:16:33
633	Richard McKinstry (M40)	Anster Haddies Running Club	1:19:59

Teams				
Pos	Club	Name	Time	Pos
1	Central AC (65)	Andrew Butchart	40:02	1
		Alexander Hendry	41:13	5
		Ross Houston	41:57	12
		Conan McCaughey	42:18	14
		Michael Wright	42:29	16
		Cameron Milne	42:32	17
2	Corstorphine AAC (130)	Dermot Cummins	42:13	13
		Calum McKenzie	42:42	19
		Andrew Christy	42:52	21
		Ewan Brown	43:01	22
		Donald Macaulay	43:15	27
		Mickey Breen	43:19	28
3	Shettleston Harriers (147)	Tewoldeberhan Mengisteab	41:14	6
		Lachlan Oates	41:27	7
		Jethro Lennox	43:09	25
		Joe Symonds	43:29	29
		Elliot Clements	43:35	30
		Brian McGarrity	44:44	50
4	Ron Hill Cambuslang H (246)	18, 23, 40, 48, 49, 68		
5	Hunters Bog Trotters (362)	37, 39, 44, 54, 79, 109		
6	Inverclyde AC (367)	2, 8, 24, 78, 124, 131		
7	Edinburgh University H&H (441)	11, 15, 45, 83, 123, 164		
8	Falkirk Victoria Harriers (491)	32, 65, 76, 88, 94, 136		
9	Inverness Harriers AAC (522)	9, 47, 64, 122, 127, 153		
10	Garscube Harriers (567)	46, 57, 69, 111, 141, 143		
11	Metro Aberdeen RC (573)	43, 80, 86, 110, 117, 137		
12	Greenock Glenpark H (721)	52, 89, 103, 120, 159, 198		
13	Edinburgh AC (729)	38, 60, 145, 151, 161, 174		

14	Bellahouston Harriers (876)	53, 97, 150, 183, 193, 200
15	Bellahouston RR (900)	102, 114, 132, 169, 170, 213
16	Carnethy Hill RC (904)	36, 98, 121, 172, 194, 283
17	Fife AC (994)	125, 138, 158, 168, 190, 215
18	Glasgow University H&H (1025)	55, 71, 101, 201, 280, 317
19	Lothian RC (1171)	96, 99, 113, 229, 294, 340
20	Kirkintilloch O (1190)	95, 134, 139, 152, 274, 396
21	Gala Harriers (1349)	41, 207, 230, 259, 266, 346
22	Giffnock North AAC (1395)	81, 181, 189, 262, 316, 366
23	Motherwell AC (1423)	106, 165, 205, 228, 331, 388
24	Teviotdale Harriers (1494)	82, 90, 186, 327, 372, 437
25	Carnegie Harriers (1647)	135, 191, 310, 312, 345, 354
26	Westerlands XC Club (1672)	58, 105, 249, 269, 389, 622
27	Portobello RC (1705)	180, 211, 212, 303, 361, 438
28	Kilbarchan AAC (1717)	66, 75, 355, 365, 396, 460
29	Clydesdale Harriers (1762)	175, 217, 267, 325, 364, 411
30	Hamilton Harriers (1917)	210, 222, 336, 358, 376, 415
31	Stornoway Running & AC (1932)	116, 128, 166, 493, 507, 522
32	Linlithgow AC (1976)	74, 268, 350, 376, 433, 475
33	Lasswade AAC (2013)	63, 270, 311, 427, 446, 496
24	Springburn Harriers (2080)	187, 223, 261, 395, 477, 537
35	North Highland Harriers (2175)	173, 284, 293, 333, 486, 606
36	Ayr Seaforth AC (2290)	59, 287, 430, 443, 503, 568
37	Dunbar RC (2353)	253, 263, 308, 382, 553, 594
38	Law & District AAC (2369)	119, 226, 424, 475, 538, 587
39	Calderglen Harriers (2544)	177, 250, 471, 511, 559, 576
40	Maryhill Harriers (2977)	389, 468, 470, 480, 549, 621