

**Scottish Cross Country Championships Individual Medallists (U20 Women)**

**The Gunstone Millenium Trophy – First Presented 1999-2000**

**Scottish Athletics Federation/Scottish Athletics Limited**

1992-3	Susanne Kennedy	Victoria Park AAC	26.09	Nicola Brown	Cramlington AC	26.19	Alison Potts	City of Glasgow	26.35
1993-4	Haley Parkinson	Edinburgh University H & H	24.08	Alison Potts	City of Glasgow	24.40	Susanne Kennedy	Victoria Park AAC	24.57
1994-5	Amanda Tremble	North Shields Poly	26.37	Haley Parkinson	Edinburgh University H & H	26.55	Emma Gorman	City of Glasgow	28.02
1995-6	Amanda Tremble	North Shields Poly	24.58	Shelia Fairweather	Glasgow University H & H	25.31	Fiona Andrew	Cumnock & Dist	25.59
1996-7	Katie Skorupska	Edinburgh Woolen M	24.44	Amanda Tremble	North Shields Poly	24.55	Susan Scott	City of Glasgow	25.12
1997-8	Sheila Fairweather	Glasgow University H & H	24.33	Susan Partridge	Glasgow University H & H	25.33	Vicky Frew	Edinburgh Woolen Mill	26.03
1998-9	Hannah Norman	Pitreavie AAC	24.15	Nicola Murray	Lasswade AAC	24.28	Kirsty Munro	City of Glasgow	24.39
1999-2000	Gillian Palmer	Edinburgh Woolen Mill	20.05	Lesley Patterson	Unattached	20.09	Jane Mccrorie	Central AC	21.25
2000-1	Jane McRorie	Glasgow University H & H	18.54	Denise Smith	Kilbarchan AAC	19.13	Pamela McNellis	City of Glasgow	19.29
2001-2	Collette Fagan	City of Glasgow	17.35	Sarah Stevenson	Giffnock North AAC	18.08	Denise Smith	Kilbarchan AAC	18.26
2002-3	Freya Murray	Edinburgh Woolen Mill	17.04	Denise Smith	Kilbarchan AAC	18.24	Pamela Nicholson	City of Glasgow	18.35
2003-4	Freya Murray	Edinburgh Southern H	16.59	Mabeth Shiel	Edinburgh Southern H	17.38	Morag MacLarty	Central AC	18.09
2004-5	Morag MacLarty	Central AC	18.55	Mabeth Shiel	Edinburgh Southern H	19.24	Sarah Blake	Penicuik H	19.42
2005-6	Mabeth Shiell	Edinburgh Southern H	19.09	Jennifer Emsley	Central AC	19.25	Lorna Young	City of Glasgow	19.47
2006-7	Lorna Young	City of Glasgow	17.32	Jennifer Emsley	Central AC	18.02	Cara Sloss	Kilbarchan AAC	18.05
2007-8	Nicola Hood	VP City of Glasgow	16.41	Danielle Brown	Springburn H	16.50	Hester Dix	Fife AC	16.51
2008-9	Nicola Hood	VP City of Glasgow	16.07	Sarah Inglis	Lothian RC	16.14	Josephine Moultrie	VP City of Glasgow	16.31
2009-10	Nicola Hood	VP City of Glasgow	16.22	Elizabeth Potter	VP City of Glasgow	16.24	Sarah Inglis	Lothian RC	16.25
2010-1	Elizabeth Potter	VP City of Glasgow	16.35	Sarah Inglis	Lothian RC	16.51	Natalie Sharp	Kilbarchan AAC	17.13
2011-2	Laura Muir	Dundee Hawkhill H	16.24	Elizabeth Potter	VP City of Glasgow	16.55	Rhona Auckland	Edinburgh University H & H	17.03
2012-3	Rhona Auckland	Edinburgh University H & H	16.45	Halina Rees	Fife AC	17.12	Alexandra Lamond	Ronhill Cambuslang H	17.28
2013-4	Rachael Dunn	Edinburgh AC	17.01	Danielle Beattie	VP City of Glasgow	17.26	Kathryn Pennel	Glasgow University AC	17.31
2014-5	Kathryn Gillespie	Central AC	16.59	Mhairi MacLennan	Edinburgh University H & H	17.21	Catriona Graves	Garscube H	17.23
2015-6	Stephanie Pennycook	Fife AC	18.16	Louise Mercer	Edinburgh University H & H	18.41	Annabel Simpson	Fife AC	18.43
2016-7	Gillian Black	VP City of Glasgow	25.23	Anna MacFadyen	Forres H	25.36	Sarah Dempsey	Kilbarchan AAC	25.57
2017-8	Anna MacFadyen	Edinburgh University H & H	28.29	Laura Stark	Edinburgh University H & H	29.07	Naomi Lang	Edinburgh University H & H	29.16