

**SCOTTISH ATHLETICS FEDERATION**



**NATIONAL  
CROSS COUNTRY  
RELAY CHAMPIONSHIPS**  
(INCORPORATING VETERANS RELAYS)

**CAIRD PARK,  
DUNDEE**

**SATURDAY 25th OCTOBER 1997**

<b>Young Female Athletes</b>	<b>1.00pm</b>
<b>Young Male Athletes</b>	<b>1.35pm</b>
<b>Sen/Jun Women</b>	<b>2.10pm</b>
<b>Sen/Jun Men</b>	<b>3.00pm</b>

SCOTTISH ATHLETICS FEDERATION OFFICE-BEARERS

Hon President W.M.Campbell C.B.E. Q.C. M.P.  
 President R Morrison (Fife AC)  
 Vice President Mrs J Watt (Central AC)  
 General Secretary R.W.Greenoak (City of Edinburgh AC)  
 Treasurer J.O.Scott (Dundee Hawkhill H.)

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener Mrs E.Gunstone (Fife AC)  
 Vice Convener C Haskett (Dundee Hawkhill H.)  
 Hon Secretary B.Goodwin (Bellahouston H.)  
 Finance Officer D.McLaren (Penicuik H.)

OFFICIALS

Referee Ian Clifton M.B.E.  
 Clerks of Course Adam Lamb, Jim Young  
 Judges/Changeover Alan Potts(Chief) Eleanor Gunstone  
 Duncan McLaren, Fred McCluskie, Ian Hislop  
 Recorders Sandra Hardacre (Chief), Sandy Cameron,Ron Oliver  
 Barbara Oliver, , Mrs J Cameron, Palm Gunstone  
 Timekeepers Graham Sword (Chief), Iain Docherty, Colin Stewart  
 Starter Joe Cameron  
 Officials Report Duncan McLaren  
 Announcers Bob Gray, Alex Naylor  
 Declarations Angus Scott (Chief) Sheena Scott, Elizabeth Leitch,  
 Mary Gilfillan  
 Results Ronnie Morrison (Chief) Shiela Smart, Fiona Millar  
 Jen Jackson, Peter Jackson  
 Results Runner Brian Scott  
 Presentations Brian Goodwin, Betty Young  
 Course Marshals Dundee Hawkhill Harriers  
 Programmes Heather Jackson  
 Convening Committee Charlie Haskett, Jim McGregor  
 Adam Lamb, Alex Jackson

The Scottish Athletics Federation thanks the following for their assistance in running to-days event

British Red Cross  
 Dundee Hawkhill Harriers  
 City of Dundee

NUMBERS

In Senior/Junior Men's race lap colour numbers will be	In all other races lap colours will be
1st lap Red Number	1st lap White Numbers
2nd lap White Number	2nd Lap Red Numbers
3rd lap Red Number	3rd Lap White Numbers
4th lap White Number	



A MESSAGE FROM THE CONVENER  
 OF THE ROAD RUNNING AND CROSS COUNTRY  
 COMMISSION OF THE SCOTTISH ATHLETIC'S FEDERATION

It gives me great pleasure to welcome everyone to the National Cross Country Relay Championships especially as it is the first National Championship to be held in the City of Dundee since the formation of the Scottish Athletics Federation. We are grateful to Charlie Haskett and Dundee Hawkhill Harriers for organising the event. I hope you all have an enjoyable day.

Eleanor Gunstone  
 Convener  
 Road Running & Cross Country Commission

**YOUNG FEMALE ATHLETES NATIONAL RELAY CHAMPIONSHIPS**  
**3x2,500 metres**  
**1st LAP U13, 2nd LAP U15, 3rd LAP U17**  
**Title Holders- City of Glasgow AC**  
**Race Starts 1:00pm**  
**Declarations Close 12:30pm**

**Ayr Seaforth AAC**-Colours: White with Red Diagonal Cross Team Nos 1/2  
U13 P Hainey, E Munro, K McFarlane, C Robertson, I Steven, M Stewart,  
U15 G Donnelly, K Eager, N Haran, K Watt,  
U17 R Clark, I. Conway, E McGahon

**Babcock Pitreavie AAC** -Colours: Navy/Yellow/White Team Nos 3/4  
U13 A Robertson, S Marshall, K Hamill, D Mason, K Paterson, E Barclay,  
U15 N Thomson, I Child, L Mitchell, G Lowe, K Murray,  
U17 H Norman, M McArthur, W Gosden

**Banchory Stonehaven AC**-Colours: Royal Blue with White band Team Nos 5/6  
U13 B Curtis, N Stephens, R Spencer, M Smith,  
U15 J Truscott, P Higginson,  
U17 C Curtis, A Culshaw, A Duncan

**BP Black Isle AAC**-Colours: Black with Red Diagonal Stripe Team Nos 7  
U13 M Brown, S Young,  
U15 I. Paton, E Brown,  
U17 Y Simpson, I Ross

**Central AC**-Colours: Yellow and Blue Team Nos 8/9  
U13 H Dodds, Laurie Douglas, C Robbins,  
U15 E Waterhouse, S Borrowman, H Whitlam, I Gault,  
U17 J McCrorie, C Waterhouse, Lindsay Douglas

**City of Glasgow AC**-Colours: Royal Blue with Green Panel Team Nos 10/11/12/13  
U13 J Croall, F Kennedy, D Keir, B Sinclair, L Brown, S Stewart, N Connelly, I. Austin, I. Plenderleith, C Scott,  
U15 H Calderwood, A Reid, M Cameron, G Muir, K Sturgeon, D McColl, E Blackwood, F Rodger,  
U17 A Daly, J Steele, C Fagan, L Macrae, S Maxwell, R Jennings, S Erwin

**City of Edinburgh AC**-Colours: White with one Blue, one Black Hoop **Team Nos 14/15**

U13 I. Park, N O'Neill, I. Bolochoveckyj, S Cairns,

U15 I. Hancock, E Wardlaw, I. Bolochoveckyj,

U17 R Gibson, H Mour

**East Kilbride AAC**-Colours: Gold with 2 Black hoops **Team Nos 16/17**

U13 L. Beattie, E Wood,

U15 L. Mooney, L. McCalmont,

U17 L. Williamson, A Martin

**Edinburgh Woollen Mill**-Colours: White /Blue /Red **Team Nos 18**

U13 N Turner, K Kerr, K Inglis, L. Gaffney, Y Rowe,

U15 S Hamidat, G Myles, K McPherson, T McGhee,

U17 S Hood, R MacNiven, L. Turner

**Dundee Hawkhill Harriers**-Colours: Blue and White Quarters **Team Nos 19/20/21/22/23**

U13 M Brady, H Scanlon, I. Storrer, A Moore, K McCabe, J Bell, J Jarrett, N Laing, K Guz,

U15 S Scott, I. Airlie, I. Mellon, F Colliaco, D Grant, G Stevens,

U17 T Stephens, C Burnett, J Miller, K Mann, S Coates

**Falkirk Victoria Harriers**-Colours: Black with Gold Band **Team Nos 24**

U13 J Clarke, L. Ellis,

U15 S Eardley, A Davie,

U17 C Couper

**Fife AC**-Colours: White with Red Band **Team Nos 25**

U13 F Thomson,

U15 K Forbes,

U17 L. Anderson

**Greenock Glenpark Harriers**-Colours: Sky Blue with Royal Blue and Gold Hoops **Team Nos 26/27**

U13 B Hamill, G Bell,

U15 A Sharp, J Hamill,

U17 L. McLaughlin, P Andrews, L. Kelly, L. Hamill

**Giffnock North AAC**-Colours: Amber with Royal Blue Hoop **Team Nos 28/29**

U13 H Stevenson, A McKenzie, C Birrell,

U15 S Stevenson, I. Bendoris, C Kerr,

U17 S McKenzie, L. Mitchell

**Inverness Harriers**-Colours: Gold with Maroon Diagonal **Team Nos 30/31/32**

U13 M Spence, I. Matheson, M Milne, S Breen,

U15 J Main, E Cole, V O'Brien,

U17 A Campbell, R Maclean, C MacLennan

**Irvine AC**-Colours: Red with Black Trim **Team Nos 33/34/35**

U13 K McGarry, A Traynor, I. Walker, T Payne, E Maxwell,

U15 A Walker, L. McAuley, D Alderson, M Gray, T Basra, S Little,

U17 K Bryant, K Haddow, K Bingham

**Johnnie Walker Kilmarnock Harriers**-Colours: Royal Blue with 2 White Stripes **Team Nos 36/37**

U13 S Shanks, E Cooke, G Houston, S Kelly, J Oswald,

U15 L. Cairns, G Thomson, S Mills, E Cook, R Kelly,

U17 K Bennett, C Campbell, I. Morton, P Kelly

**Kirkintilloch Olympians**-Colours: Sky Blue with White and Black Hoops **Team Nos 38/39/40/41**

U13 L. Urquhart, K Stirling, N Cassells, A Cassells, F Gentles, C Riddell, K McNeil, J Smith, I. McGuffie,

U15 V Ralton, L Stirling, J Barber, S Johnston, L. Brown, P Bain, T Buchanan, S McKenna,

U17 M Adams, A Leitch, C Gentles, L-A Hutton, J Burns

**Kilbarchan AAC**-Colours: Gold with Black Hoop **Team Nos 42/43/44/45**

U13 K Ross, S Shepherd, J Hunter, C Ross, H Buchan, C Scott, F McIntyre, H McCormack, K McGrenaghan, S McGrenaghan,

U15 J Queen, C Gibson, H Gordon, L McIntosh, J Cloney, R Stevens, I. Wrightson, C Kelly, P Carmichael,

U17 K Yule, H Townsend, N Aitchison, S Barr, K Thorburn, C Fleming, S Cloney, J McLay, M Scott, I. Shields

**Kwik Fit Corstorphine AC**-Colours: White with Black Trim **Team Nos 46/47**

U13 P Brown, L Ferguson, D Turner,

U15 E Smith, B Hope, E Sturrock, M McDonald,

U17 L. Henderson, L. Joyce, M Sturrock

**Lasswade AAC**-Colours: White with 2 Blue Bands and Red Band **Team Nos 48**

U13 L. Watson,

U15 F Murray,

U17 N Murray

**Law & District AAC**-Colours: Amber with 2 Red Bands and 1 White Band **Team Nos 49/50**

U13 J Cogan, V Tidser,

U15 K Laird, E Tannahill, I. McKay,

U17 M Black, C Docherty

**Livingston & District AAC**-Colours: Yellow with Green Stripe **Team Nos 51/52/53**

U13 C Forsyth, L Hawthorne, K Laughlin, C Lynas, K McCafferty, S McKelvie, V McKenzie, A Montgomery, N Reed, J Simpson, C Wardrop, J Watson,

U15 S Burnside, I. Cunningham, M Fairbairn, G Hallmond, K Lee, N Leggett, S McGill, K Miller, K Nicoll, T Rodgers, H Tatton, A Torsney, M Walker,

U17 L. Bolan, A Dunn, C-A Erskine, L Forrester, K McDaid, T Neillie, L. Rodgers, P Tatton

**Ron Hill Cambuslang Harriers**-Colours: Red with White Band **Team Nos 54/55/56**

U13 M Brady, C McCrone, A Bottrell, N McCartney, M McLean, I. Cleugh, A McDonald, K Stewart, J Latham,

U15 P Dick, R Burns, L Haggerty, R Todd, K Drain, L Farmer, L Eaglesham, S Scott, C Gallacher,

U17 C Benzie, J Emans, V Farmer

## YOUNG MALE ATHLETES NATIONAL RELAY CHAMPIONSHIPS

3x2,500 metres

1st LAP U13, 2nd LAP U15, 3rd LAP U17

Title Holders- Fife AC

Race Starts 1:35pm

Declarations Close 1:05pm

**Aberdeen AAC**-Colours: White with 2 red hoops **Team Nos 1/2/3/4**

U13 B Benzie, C Maslen, S Miller, I Flett,

U15 C Milne, A Grant, R Miller, S Anison,

U17 S Marwick, A Rose, N Harrison, D Bland

**Ayr Seaforth AAC**-Colours: White with Red Diagonal Cross **Team Nos 5/6**

U13 T Boyd, C Heathcote,

U15 C Bodys, L. Evans, D McKeating,

U17 S Keenan, A McIndoe, P Rogers



**Babcock Pitreavie AAC** -Colours: Navy/Yellow/White **Team Nos 7/8/9**

U13 P McToskey, J Newsom, W Bruce, N Koronka, O Horsley, M Smye-Rumsby,  
U15 D Simpson, S Graham, S Dryburgh, A Mathieson, W West,  
U17 J Paterson, S McDiarmid, S Cargill

**BP Black Isle AAC**-Colours: Black with Red Diagonal Stripe **Team Nos 10/11**

U13 S Obree, I. Kemp, C Kemp,  
U15 C Poole, R MacLennan, C Moore,  
U17 T Golabek, A Campbell

**City of Edinburgh AC**-Colours: White with one Blue, one Black Hoop **Team Nos 12**

U13 R McIntosh, R Laird, W McDonald, M Gillies, D Mann,  
U15 S Kemp, K Mann, R Robertson, J Duthie,  
U17 M Booth, C Tait, I. Costello, C Ross

**Dundee Hawkhill Harriers**-Colours: Blue and White Quarters **Team Nos 13/14/15/16/17**

U13 N Ferguson, G Oudney, C Kirkcaldy, K Stewart, K Cumming,  
U15 G Hanlon, D McDonald, P Shepherd, C Foley, I Tkaczyk,  
U17 M Stevens, M Cortese, J Nicoll, M Hanlon, S Cameron, D Dowie

**East Kilbride AAC**-Colours: Gold with 2 Black hoops **Team Nos 18/19**

U13 S Mathews, A Logan,  
U15 C Henderson, N Barclay,  
U17 K McKenna, B Gallagher

**Falkirk Victoria Harriers**-Colours: Black with Gold Band **Team Nos 20/21/22/23**

U13 D Couper, A Stewart, D Todd, J Brown, C Beglin, P Graham,  
U15 K Johnstone, R Munnoch, C Russell, D Stevenson, R Gilfillan, D Luke,  
U17 D Algeo, S Anderson, R Glimiany, P Evans, J Shenava, G Moore

**Fife AC**-Colours: White with Red Band **Team Nos 24/25/26/27/28/29**

U13 T Ennis, C Mullins, M Westwater, A Jackson, J Milne, J Anderson,  
U15 A Lemoncello, A Murphy, M Nelson, G Bee, K Wallace, A Shanks, T Greene, S Luke,  
U17 A Cassalls, J Seeley, G Mathieson, S Cassidy, O Hughes, M Patterson, C Dalrymple, P Fulton

**George Heriots CCC**-Colours: White with Blue Band **Team Nos 30/31/32**

U13 P Purves, G Olverman, A Simpson,  
U15 M Walker, P Williams, A Milne,  
U17 S Campbell, D Eynon, J Purves

**Gleniffer High School**-Colours: Red/Black/Sky Blue **Team Nos 33**

U13 S Smith, S Watkins,  
U15 D Pattison, R Elliot,  
U17 A McDonald, B Christie

**Greenock Glenpark Harriers**-Colours: Sky Blue with Royal Blue and Gold Hoops **Team Nos 34/35**

U13 S McGuinness, W Sharp,  
U15 H McGuinness, M McGrath,  
U17 R Docherty, M Pollard, C Barlas, R O'Brien, R Mark, A McShane

**Giffnock North AAC**-Colours: Amber with Royal Blue Hoop **Team Nos 36/37/38/39/40/41**

U13 C McDougall, J Walker, S Milligan, K Chaplin, G Thomson, D Weatherston,  
U15 R Birrell, G Mitchell, G Ross, J MacLachlan, G Carroll, M Dorrian,  
U17 C George, D Devlin, D Hamilton, J Melvin, S Gilfeather, J Cleghorn

**IBM Spango Valley AC**-Colours: Vertical Yellow and Blue Stripes **Team Nos 42/43**

U13 C Doherty, D Jannetts,  
U15 M Docherty, J Donnelly, P Wilson,  
U17 D Fraser, D Wiks

**Inverness Harriers**-Colours: Gold with Maroon Diagonal **Team Nos 44/45/46**

U13 S Clyne, D Rattray, I. Danby, M Davidson, D Mezzals, C Grant,  
U15 A Cliff, J Sutherland, D Mackenzie,  
U17 B Macphail, S MacIntyre, J Lindsay, K Baldwin

**Irvine AC**-Colours: Red with Black Trim **Team Nos 47/48/49**

U13 K Aitken, R Laughin, S McMillan, C Miller, J Preston, P Thompson,  
U15 B Miller, C Brown, G Gilchrist, R Kay, B Pettigrew, G Nicolson,  
U17 R Collins, S Kay, J Smith

**Kirkintilloch Olympians**-Colours: Sky Blue with White and Black Hoops **Team Nos 50/51/52/53**

U13 N Crilley, A Denham, A Henderson, C Jenkins, J McLoone, M Young,  
U15 S Davies, K Archibald, S Kerr, S McDowall, R McNeil, R Spinks,  
U17 W Earnshaw, K Grant, D Gallacher, A Gilfillan, M Houston

**Kilbarchan AAC**-Colours: Gold with Black Hoop **Team Nos 54/55**

U13 I Crapnell, K Mooney, S McDonnell, G Allan, C Miell,  
U15 P Arcari, G Dobbie, S Crapnell, D Arnold, G Cuthbertson, A Sutherland,  
U17 D Eccles, A Greig, A Thomson, C Watson, A Robertson, N Morrison

**Kwik Fit Corstorphine AC** -Colours: White with Black Trim **Team Nos 56/57**

U13 K Berry, A McColl, J Pianu, S Pilkington,  
U15 N Henderson, J Hendry, E Stark,  
U17 A Cummings, S O'Brien, P Hall

**Law & District AAC**-Colours: Amber with 2 Red Bands and 1 White Band **Team Nos 58/59/60**

U13 M Campbell, N Yuile, J Somerville, M Lennon,  
U15 S Lawley, M Cullen, D Campbell, S Porte, S McCann, C McCann,  
U17 B Murphy, P Dearie, C McMahon, B Johnson

**Livingston & District AAC**-Colours: Yellow with Green Stripe **Team Nos 61/62/63**

U13 K Erskine, G Forrester, D Gowans, M Johnston, D McDaid, F McEwan, P Mathieson, I Millar, B O'Brien,  
A Tatton, A Thomas,  
U15 C Andrew, A Gibson, F Kerr, P Milligan, P Northam,  
U17 N Boyle, S Gibson, C Harknes, I Kerr, R Lambie

**Ron Hill Cambuslang Harriers**-Colours: Red with White Band **Team Nos 64/65/66/67/68/69**

U13 A Gray, A Scott, D Kelsey, J Walker, S Lowe, R Carr, D Wylie, D Anderson, N Paterson, S McGeady, K Fox,  
C Hendry,  
U15 G Adam, G Black, G Currie, J Gunn, N Hannah, I Munro, G Malone, P McNally, C Neil, J Pal, K Robertson,  
K Smith, C Steel, A Stevens, D Young,  
U17 G Allan, S Carson, I Colquhoun, R Fox, A Gearie, M Gilroy, J Kealey, K Kealey, M McCabe, T McNally,  
D Munro, S O'Donnell, D Tait

**Springburn Harriers**-Colours: Navy Blue with White Diamond **Team Nos 70/71**

U13 J McCulloch, A Simpson,  
U15 I Marshall, N Copeland,  
U17 B Fleming, S Bruce

NATIONAL CROSS COUNTRY RELAYS (Incorporating Veterans Relays)  
 CAIRD PARK, DUNDEE  
 SATURDAY 25th OCTOBER 1997

Race	Race Starts	Laps
Young Female	1.00	3 X 2,500 METRES
Young Males	1.35	3 X 2,500 "
Sen/Jun Women	2.10	3 X 4,000 "
Sen/Jun Men	3.00	4 X 4,000 "

Young Athletes Lap 2,500 metres → --- →

Seniors Lap 4,000 metres → --- → and ... →

BURN CROSSING

HEDGE

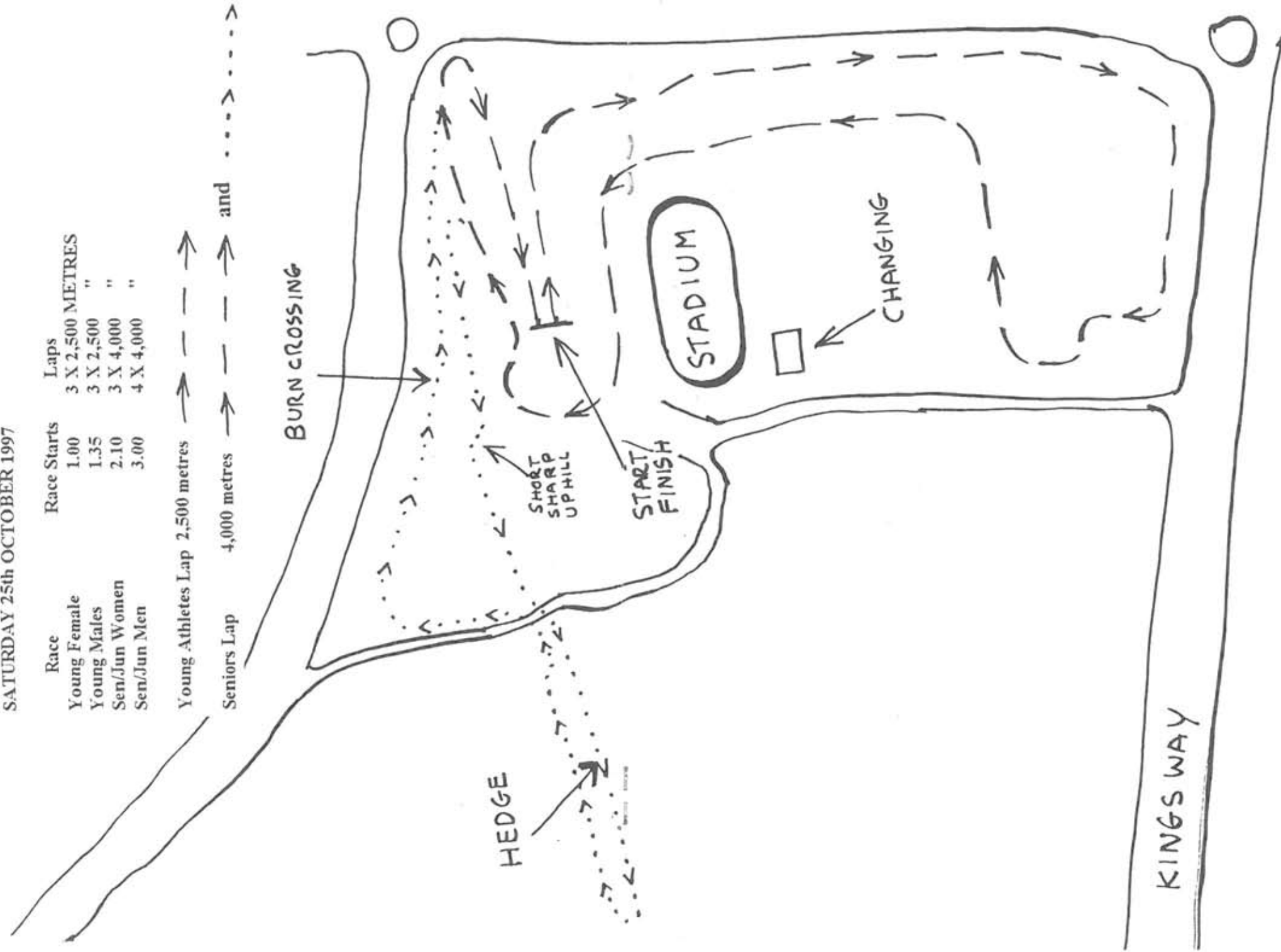
SHORT SHARP UPHILL

START/ FINISH

STADIUM

CHANGING

KINGS WAY



**Shettleston Harriers**-Colours: Blue with Yellow Band **Team Nos 72/73/74**

U13 J McLaren, M McGrath, R Colquhoun, R McClymout, B McLaggan, S Daly, G Hutchinson,

U15 J McLaren, C Laidler, K Thomson, D Duff, S Thomson,

U17 M Graham, J McFadden, C Thomson, S Waclawski, J Barr

**Teviotdale Harriers**-Colours: White with Maroon Band **Team Nos 75**

U13 G Taylor,

U15 B Marsh,

U17 C Watson, A Gibson, B Hunter

**Victoria Park AAC**-Colours: Blue and White Hoops **Team Nos 76/77/78/79/80/81**

U13 M McCue, R Reith, G Mackenzie, D Penman, J Conetta, E Morrison, S Jenkins, B Shaw, D Knighton,

J McGladrigan, F Thomson, A Nixon, G Tomlie,

U15 C Crawford, C Lavery, I Bertram, C Watson, D Watson, R McLachlan, C McKichan, M Harvie, C Smith,

D Bass, A Paterson, S Sideri, A Gibb, G Carr,

U17 S Chisholm, R Gillon, C Shields, P Nicol, S Martin, S Boyle, G Brownlee, C Munro, A Spain, D McLaren

## SENIOR/JUNIOR FEMALES NATIONAL RELAY CHAMPIONSHIPS

**3x4,000 metres**

**Title Holders- City of Glasgow AC**

**Race Starts 2:10pm**

**Declarations Close 1:40pm**

**Aberdeen AAC**-Colours: White with 2 red hoops **Team Nos 61/62/63**

T Brindley, K Mearns, S Armitage, D Unwin, L Green (J), L Still (J), F Dey (J), C Reid (J), N Mackinnon

**Babcock Pitreavie AAC** -Colours: Navy/Yellow/White **Team Nos 64/65/66**

P Pattison, A Whyte, T Thomson, J Ferrari, M Healey, J Baxter, C Garvie, A Whitehead, K Roberts, L Marr,

G McDonald, H Kane

**City of Edinburgh AC**-Colours: White with one Blue, one Black Hoop **Team Nos 67**

L Harrison (J), S Aitken, K Boyle, K Hancock

**City of Glasgow AC**-Colours: Royal Blue with Green Panel **Team Nos 68/69/70**

E Cochrane, S Branney, J McDevitt, K Baird, A Harvie, G Walker, M Taylor, C McFadden, L MacDougall, J Kennedy,

A Potts, S Scott (J), M Sinclair (J), C Thompson, H Slimon, J Knowles

**Dundee Hawkhill Harriers**-Colours: Blue and White Quarters **Team Nos 71/72**

G Hanlon, A Carr, M McIntyre, A Woodcock, M Taggart, L Provan, D Munroe, C Smith, K Powell, B Oliver

**East Kilbride AAC**-Colours: Gold with 2 Black hoops **Team Nos 73**

I Campbell (J), S Partridge (J), K Smith (J)

**Edinburgh Woollen Mill**-Colours: White /Blue /Red **Team Nos 74/75/76**

K Montador (J), S Coventry, M Creber, K Dobbie, J Hastings, E Gorman, K Kirk, K McCallum, M McClung,

H Parkinson, P Quinn, S Ridley, A Rose, C Sharp, L Grossman (J), J Knox (J), S Little (J), K Rice

**Falkirk Victoria Harriers**-Colours: Black with Gold Band **Team Nos 77**

A Douglas, L Murray, C Lawless, K Blair, J Stevenson

**Fife AC**-Colours: White with Red Band **Team Nos 78/79/80**

F Lothian, L Burt, P Lemoncello, H Diamantedes, M McLaren, E MacLachlan, A Greene, G Bennet Smart, G Robertson

**FMC Carnegie Harriers**-Colours: Orange and Green **Team Nos 81/82**

F Rennie, S Legge, A West, L Woods, P Walker, D Grieve, K Tytec, A Vosper, M MacAulay, V MacAulay, N May,

S Welsh, M Cross, L Kuz

**George Heriots CCC**-Colours: White with Blue Band **Team Nos 83**

B Debenham (J), C Gilmore (J), C Syme (J)

**Greenock Glenpark Harriers**-Colours: Sky Blue with Royal Blue and Gold Hoops **Team Nos 84**

E O'Brien, A Hay, A King, J Smith, S Curran

**Hunters Bog Trotters**-Colours: Brown **Team Nos 85**

A Buckley, C Buckley, M Campbell, S Clive, C Hankey, D MacDonald, A McNeillage, A Sutherland, M Todd

**IBM Spango Valley AC**-Colours: Vertical Yellow and Blue Stripes **Team Nos 86**

L Docherty, A McKee, M Blaikie, S McLaughlin

**Irvine AC**-Colours: Red with Black Trim **Team Nos 87**

D Scott, J Byng, E McGarry, K Melville, M Miller, H Morton, J Stevenson

**Kirkintilloch Olympians**-Colours: Sky Blue with White and Black Hoops **Team Nos 88**

J Calman, A Flynn, M Fleming, L Johnston, C McInnes, A Stewart, L Sutherland

**Kilbarchan AAC**-Colours: Gold with Black Hoop **Team Nos 89**

K Chapman, N Fleming, C Geddes, T Gordon, S Kennedy, E McMillan, H Melville, J Moore, M Moore, S Moore,

A Murray, C Murray, A Richards

**Law & District AAC**-Colours: Amber with 2 Red Bands and 1 White Band **Team Nos 90**

CA Quigley, S Bradshaw, D Thomson, T Tighe, D Sneddon (J), M Johnstone

**Livingston & District AAC**-Colours: Yellow with Green Stripe **Team Nos 91/92**

D Burnside (J), L McRobert (J), L Sutherland (J), V Blair, V Dempsey, L Eades, A Gardner, J Hailey, H Hartman,

G McFarlane, P Rother, J Salvona, E Smith, M Turnbull, J Moncrieff

**Shettleston Harriers Ladies**-Colours: Blue with Yellow Band **Team Nos 93/94**

S Carter, H M Chung, F Florence, L Halliday, L Harding, J Harvey, M Hastings, A-M Hughes, R Houston (J),

E McBrinn, B O'Neil, E Reid, S Robertson, L-A Tedford

**Edinburgh University H&H**-Colours: Green with White side Panel **Team Nos 95/96/97/98/99/100**

F Berry, L Cameron, E O'Shea (J), R Chamberlain (J), K McConville 9J0, A Bloomfield, A Sandberg, F Allen (J),

K Scott (J), K Sinclair (J), L Hewitt (J), J Mein, C O'Boyle (J), L Peacock, S Trowell (J), K Simpson (J), J King (J),

A Laws (J)

**Glasgow University H & H**-Colours: Black and Gold **Team Nos 102**

A McPhail, S Taplin, A Mason, J Henderson

**SENIOR, JUNIOR MALES NATIONAL RELAY CHAMPIONSHIPS****4x4,000 metres****Title Holders- Mizuno Racing Club****Declarations Close 2:30pm****Race Starts 3:00pm****Aberdeen AAC**-Colours: White with 2 red hoops **Team Nos 1/2/3/4**

F Boyne, T Bracegirdle (J), D Duguid, F Duguid, S Peddie, G Riddle, M Simpson, R Creswell, A Davis, A Stewart, S Thomas, R Milne, W Scullion, D Tivendale, S Mason (J), J Musgrave

**Ayr Seaforth AAC**-Colours: White with Red Diagonal Cross **Team Nos 5/6**

A Allardyce, I Baird, L Baker, A Bonsor, W Boyd, J Caird, I Craig, C Garrett (J), I Gillies, P Kelly, A Law, K Neill (J), A Stewart, C Souter, J Strawhorn, C White

**Babcock Pitreavie AAC** -Colours: Navy/Yellow/White **Team Nos 7/8/09**

D Arnott, P Baxter, K Duncan, J Farquhar, C Mathieson, A Russell, C Watson, S Chisholm (J), S Koronka (J), A Cowan, I Robertson, C Simpson, J Garvie, S Roy (J), I Brown, R Cherrie, B Gray, P Armstrong (J)

**Bellahouston Harriers**-Colours: Dark Blue with Light Blue Cross **Team Nos 10/11**

G Bell, J McFadyen, J Pretty, C Scott, G Dickson, G Gemmell, A Quinn, H Scott, P Windle, J Garnett, M McDonald

**Calderglen Harriers**-Colours: Amber and Black Vertical Stripes **Team Nos 12/13/14**

M Duthie, A Derrick, G Allan, A Henderson, R Shanks, J McIntyre, A Muir, B Stewart, M Buchanan, G Mullen, T Morton, A Begg, C Steven, C McDonald, G Robinson, A Paterson, J Stewart, J Rafferty

**Central AC**-Colours: Yellow and Blue **Team Nos 15/16/17**

F McHardy (J), J McDonald (J), M Crawford, A Purdie, J Dickson, J Drummond, W Gault, R Greenaway, A Anthony, D Thomson, D McEwan, A Johnstone, C Campbell

**City of Edinburgh AC**-Colours: White with one Blue, one Black Hoop **Team Nos 18 to 28**

N Macdonald, A MacEwan, G McGregor (J), H McInnes, P Mathieson, D Millar, H Morrison, T Poyser (J), J Pringle, J Proffitt, J Reid, M Robertson, M Robertson, D Scott, A Hanley, C Smith, M Sneddon, G Steel, I Steel, E Stevenson, P Stevenson, A Ward, A Wardlaw, T Weavers, S Wright, B Adams, J Agnew, Z Bankowski, D Blackie, J Buick, L Corn-Walker, A Donachie, W Douglas, I Duff, T Ellacott, M Fallows, M Ferguson, M Flynn, D Garner, H Glynn, J Graham, S Hislop, P Holmes, R Hope, B Howie, F Hooton, P Hutton, S Innes, M Johnston, I Kelly, A Laird, D Lindsay

**Clydesdale Harriers**-Colours: White with Black "C" **Team Nos 29/30/31/32**

A Adams, J Austin, E Calvert, M Diver, P Dolan, B Edridge, D Gemmell, D Halpin, J Hanratty, K Idessane, R Young, J McArthur, M McDonald, I Murphy, S O'Connor, G Reid (J), R Rossborough

**Dunfries Running Club**-Colours: White with Maroon and Sky blue Hoops **Team Nos 33/34**

I Hill, J Laird, D Scobie, W Mason, J Ferguson, A McEwan, I Brown, D Batstone, D Chadderton, C Kinnear, D Burgess, D Howat

**Dundee Hawkhill Harriers**-Colours: Blue and White Quarters **Team Nos 35/36/37/38/39/40**

C Haskett, M Strachan, I Campbell, J Hepburn, G Rennet, M Carroll, P McCormack, S Borland, R Bell, A Wilson, M Lamb (J), D Taylor, G Hanlon, S Brooks (J), R Coats (J), S Kerr, B Rennie, N Raitt, I Robertson, S Morton, J McGregor, N Gunstone (J), A Oudney, R Scott (J), C Love, C Love, D Sullivan, G Barry, P Fox, M Welsh, R McIntosh, J Osbourne, A Birse, J Evans

**East Kilbride AAC**-Colours: Gold with 2 Black hoops **Team Nos 41/42/43**

D Condra, G Reid, G Colvin, S Whitehill, C Clement, B Madden (J), A Mitchell (J), G Baillie (J), B Ronald, A Partridge, E Ramage, D Turnbull

**Falkirk Victoria Harriers**-Colours: Black with Gold Band **Team Nos 44/45/46/47/48**

G Brown, I Johnston, M McQuaid, R McCallum, M Colligan, D Hart, W Higgins, J Lambie, J Stevenson, S Lawson (J), G Couper (J), R Smith, M Monckton, D Murray, A Ronald, S McNeill, D McMillan, E Donaldson (J), K Stirrat, S Wilson, K Rankin, D Gillespie, D McKenzie, P McKerrachen, J Martin, S Easton, W Day, T Stempczyk

**Ferranti AAC**-Colours: Yellow with Black letters **Team Nos 49/50/51**

B Thompson, J Gavin, M Fraser, K Weston, K Nicol, A Bell, P Caban, R Watters, C Laidlaw, E McDonald, J Potter, J Cooney, T Ridley, I Shaw, J Shaw, M Bankhead, R Brown, R Reynolds

**Fife AC**-Colours: White with Red Band **Team Nos 52/53/54/55/56/57**

T Mitchell, S Moss, D Leggette, H McKay, C Ross, K McCue, M Laing, D Gunstone, G Bennison, D Bee, D Francis, O Greene (J), S Latimer (J), I Rough (J), J Rough, A Milligan, J Robertson, P Robertson, J Cunningham, R Morrison, B Cruickshank, T Ross, F Cation, P Low, A Cassidy, B Landells, M Scobie, A Davis, N Young, J Watson, F McLaren, B Peachey, M Kuzyszyn, J Leggette, D Anderson, S Graves, A Barker, M Smith (J), R Archer

**FMC Carnegie Harriers**-Colours: Orange and Green **Team Nos 58/59/60/61/62**

I Taylor, B MacDonald, J Lang, R Milton, I MacDonald, I Laird, P Morrison, S Ogg, J Robb, J Gray, K Daniels, M McHale, A Gibb, D McEwan, B Duff, G McNeil, J Milton, M Ogston, G Clark, T Litterick, I Mitchell, N West, J Woods, C Seaman, T Lawlor, I Stewart, P Simpson, A Grieve, L Holland, D Forrest, C Law, G Vosper, K Donkin, S Tahsin, A MacAulay, R McKenzie, T Thomson, B Millar, S Kuz, J Clark

**Forfar Road Runners**-Colours: Sky Blue **Team Nos 63**

E Greenhill, R Milne, C Stewart, B Niblock

**George Heriots CCC**-Colours: White with Blue Band **Team Nos 64**

M Fitchett (J), G Lawrie (J), M Annan, S Goddard, K Sharif, P Cormack (J)

**Giffnock North AAC**-Colours: Amber with Royal Blue Hoop **Team Nos 65/66/67**

C Rankin, A Stewart, I Morrison, B Nolan, M Campbell, C McKie, I Airdrie, G Muir, M McGonigle, A Rutherford, D Wardrop, C Coulter

**Greenock Glenpark Harriers**-Colours: Sky Blue with Royal Blue and Gold Hoops **Team Nos 68 to 71**

R Shaw, E Currie, T Knight, R Hodelet, N Hay, P Russell, W McLaughlin, C McLean (J), S McLoone, R Davidson, D McLaughlin, W Jukes, H Fenion, R McDonald, A Curran, G Mitchell, J Kerr, J McFadyen, C Morrison, D McNeill, J Sheridan, J Cuffe, T McCallion, N Orr

**Haddington East Lothian Pacemakers**-Colours: Red and White Halves **Team Nos 72/73/74**

J Forte, J Smith, D Slyth, M Dickie, N Scott, R Hope, S Morton, T Harley, S Wallace, S Slyth, F McNaughton, H Muchamore, C Bamford, G Brown, I Rowland, J Baird, D Dawson, J Whyte, R Harris, D Slyth, G Armstrong, K Stewart, P McDonald, S Andrews, B Carr

**Hunters Bog Trotters**-Colours: Brown **Team Nos 75/76/77**

S Axon, S Baxter, D Blair, N Blissett, R Brown, A Buckley, M Cumming, R Elliot, J Farquhar, C Farquharson, P Fey, T Gillespie, K Gooch, D Greenlee, J Hampshire, I Harkness, R Herries, B Hughes, C Hunter, J Jarvis, C Jenkins, R Jolly, P Keightley, A Lorrimer, H Lorrimer, I Malcolm, I Marshall, M Marshall, G Macready, J McKay, I McKay, G Mitchell, P O'Kane, C Ollerhead, J Pyrah, E Scott, P Shaw, G Simpson, D Taylor, M Thomas, N Thomas, R Thomas, M Thompson, J Thymne, A Wadsworth, D Wall, I Williamson, S Wright

**IBM Spango Valley AC**-Colours: Vertical Yellow and Blue Stripes **Team Nos 78/79/80/81/82**

T Tipping, J Connaghan, S Connaghan, C Cromar, S Dalgeish, I MacDonald, P Grant, M Hicks, D Martin, R Martin, D McCabe, E McKee, T Tracey, D Olding, D Munro, C Black, T Murray, E Smyth, D McElwhinnie, E Watt, T Wilkie, A Galbraith, G McNamee, C Spence



**Irvine AC-Colours: Red with Black Trim Team Nos 83/84/85/86**

C Miller, B Craig, R Montgomery (J), C Burke (J), B Richardson, L Richardson, P Bleakley, S Nisbet (J), A Rennie, B Adam, R Cheyne, D Campbell, D Hannah (J), J Morton, J White, J Stevenson, J Surgeoner, A McInroy (J), F Dowell, I McManus, W Simpson

**Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes Team Nos 87/88/89**

G Short, R Ferguson, S Russell, G Cairns, A Ballantyne, J Goldie, E Tonner, R Dalziel, D Campbell, J Gemmell, J Gebbie, R Pugh, A Murray, G Morton, B McGlynn, F Evans, E Dickson

**Keith & District AAC-Colours: Red with Black Trim Team Nos 90**

R Arbuckle, F Barton, S Gill, W Johnstone, B Law, A Newlands, A Phillips, H Wright

**Kilbarchan AAC-Colours: Gold with Black Hoop Team Nos 91/92/93/94**

T Anderson, J Bennet, D Brines, P Duffy, W Dunn, W Dunn, G Fairley, R Fitzsimmons, D Greig (J), S Hards, T Hearle, J Kloumann, P Lunney, A McAngus, T McBurnie, R McCulloch, D McCormack (J), C Berry (J), G Gibson (J), I McDougall, M McKinley, A McLeod (J), J McMillan, D May (J), D Mewse, B Miller, A Muir, D Petrie, A Puckrin, R Quinn, J Rodger, A Ross, J Snodgrass, G Tenney, I Wallace

**Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops Team Nos 95/96**

C Burns, D Douglas, I Campbell, M Duman, S Grant (J), R Brown, D Goutcher, S Moxon, G McConnell, G McLean, K McNeil, E McLoonie (J), J McLoonie (J), J McLoonie

**Kinross Road Runners-Colours: Yellow with Royal Blue Band Team Nos 97/98**

E Bell-Scott, G Graham, G Hartley, R Shah, G Cowan, D Mitchell, S Crawford, C McLeod, T Gajewski, B Kemp, D Batchelor, J Leslie, M McIntosh

**Kwik Fit Corstorphine AC-Colours: White with Black Trim Team Nos 99/100/101**

M Anderson, S Bisset, M Cardwell, B Clark, S Clarke, D Henderson, K Hood, M Hulme, R Jones, S Langdon, D Law, M Malcolm-Smith, G McLean, B Nicholson, C O'Brien (J), P O'Brien, J O'Hara, E Ross, B Winning

**Lasswade AAC-Colours: White with 2 Blue Bands and Red Band Team Nos 102**

A McIntosh, D Veitch (J), J Neil, E Hutton

**Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band Team Nos 103/104/105**

A Russell, A Ramage, D Sharkey, D Ovens, A Cardwell, A Gareagnini, P Hill, M Hand, J Frood, P Kelly, J Reid, R Cook, D Barr, J Rowley, P Brown

**Livingston & District AAC-Colours: Yellow with Green Stripe Team Nos 106/107/108/109**

J Milligan (J), G Ackland, T Anderson, A Barrie, T Brand, S Dempsey, P Dymoke, C Eades, D Godfree, B Hartman, M Kassyk, A Kitchin, M Leadbetter, R Lee, W McPhail, G McPherson, A Mathewson, C Meek, C Northam, G Reimersma, D Santry, D Shaw, D Simmons, S Thomson, N Torsney, C Walton, P West

**Lochgelly & District AAC-Colours: Dark Blue, Light Blue, White Team Nos 110**

W Pratt, W McPhee, J McKechnie, B McKay, M Williams

**Lucozade Motherwell District AC-Colours: Red with White edging Team Nos 111/112**

J Hughes, B McLinden, S Gibson, J McMoran, T Brannigan, G Murray, P Shea, J Brockett

**Maryhill Harriers-Colours: Royal Blue Team Nos 113/114**

K Stevenson, S Walker, M Walker, P McMenemin, A Kinniburgh, P Stirling, J McLoud, M McCartney, A Gallacher

**Metro Aberdeen RC-Colours: Black/Yellow Quarters Team Nos 115/116/117**

C Benzies, F Clyne, P Cowie, K Farquhar, D Gunn, P Jennings, G Main, N Milovsorov, J Stewart, R Taylor, K Tulloch, K Varney, I Williamson, S Willox, C Youngston

**Mizuno Racing Club-Colours: Purple Team Nos 118/119/120/121**

G Booth, I Brown, S Campbell, K Chapman, S Cohen, M Coyne, M Coyne (Snr), A Currie, P Fleming, R Frew, D Gardiner, J Graham, T Hanlon, C Heaven, A Hutton, S Kerr, B Kirkwood, K L'Yall, F McGowan, R Mooney, A Riddle, A Robson, J Robson, D Ross, J Ross, K Smith, G Stewart, I Veitch

**Perth Strathay Harriers-Colours: Orange with Blue Trim Team Nos 122/123**

E Mackay, S McCabe, G Warson, D Knight, M Hutchison, F Cadger, N Watson, M Paxton, D Weir

**Ron Hill Cambuslang Harriers-Colours: Red with White Band Team Nos 124/125/126/127/128/129**

K Anderson, J Bates, J Brooks, J Brown, K Conley, J Cowan, G Croll, K Downie, M Freshour, W McTaggart, S McVeigh, M O'Hagen, A Robertson, D Runcieman, P Russell, J Sands, D Thom, C Thomson, N Wilkinson, S Wylie, W Bain (J), P Farmer (J), G Ferguson (J), G Robertson (J), S South (J), G Lyon (J), J Bates, F Conner, T Dolan, S Eaglesham, D Fairweather, B Gough, F Hurley, A Jenkins, D Lang, W Marshall, C McDougall, T McPake, P Ogden, J Quinn, J Robertson, R Sloss

**Shettleston Harriers-Colours: Blue with Yellow Band Team Nos 130/131/132**

A Callan, D Cameron, W Coyle, J Mackay, C Robison, G Wight, D Crowe, J Donnelly, D Gow, J Hendry, G Kirk, A Little, R Loughran, R McDevitt, M McGoldrick, D McGonagle, J McMillan, J Morton, B Scally, H Watson, A Davenhill, M Paterson, J Wilkinson, I Connelly, A McDonald, A McDonald (J), B McGarrity, J Cairney, A Coyne, J Duffy, W McBrinn, G McKie, P White, D Williams, A Waclawski

**Springburn Harriers-Colours: Navy Blue with White Diamond Team Nos 133/134/135/136**

T Fontana, D Houston, E Dickson, J Cooper, I Marshall, R Davis, J Bell, J Harper, J Hendry, A Lees, J McLaughlin, D O'Neill, M Paton, F Thom, A Chalmers, A Callan, A McIndoe, R Chalmers, P Laing, I Stark, A Hill, G McCormick

**Teviotdale Harriers-Colours: White with Maroon Band Team Nos 137/138/139**

F Cannon, S Lauder (J), B Gibb, A Fair, S Watson (J), N Taylor, A Casson, B Carlin, A Coltman, D Anderson

**Victoria Park AAC-Colours: Blue and White Hoops Team Nos 140/141/142**

M Smith, D McKerracher, E Cameron, B Collie, A Douglas, S Barnett, G Greenhaugh, C Greenhaugh, J Doyle, A Nicol, P McGregor, A Cairney, K McVue, D Watson, D Fotheringham, J Marr, R Wilson, C Young

**Glasgow University H & H-Colours: Black and Gold Team Nos 143/144**

L Campbell, S Robertson, R Gavvain, D Fraser (J), R Shaw, D Westwood (J), E Hudson, N Pearson (J)

**Edinburgh University H&H-Colours: Green with White side Panel Team Nos 145/146/147/148/149**

P O'Keefe, G Stewart, W Grant, O Edwards, D Wright, D Tinker, C Godfree (J), I Wellock (J), N Beckett, M Wojewoda, H Rawlinson (J), S Roe (J), W Holland (J), S Cross (J), O Jeffries (J), J Esson, M Lewis (J), A Wright (J), N Marston, B Roberts (J)

**Strathclyde University AC-Colours: Maroon with Blue and Gold hoops Team Nos 150/151/152**

D Gow (J), J Tonner, D McNeil, C Stewart, O Carruthers, M Daughjerg, A Aiasan, S McDonald, A McLeod, J McGill, A McCormack, I Sneikh, H Shsan, E Cameron, W Bain, M Fitchie, N Darroch

**Stirling University AC-Colours: Green and Yellow Team Nos 153**

P Stirling, M Vallance, D Gulya, G Robertson, M Munro