

National 4/3 Stage XC Relay Championships

	Senior Men		Venue & Date	Complete	Programme	Senior Women		YAM		YAF	
	Teams	Team Members				Teams	Team Members	Teams	Team Members	Teams	Team Members
2019-20											
2018-9											
2017-8											
2016-7											
2015-6											
2014-5											
2013-4											
2012-3											
2011-2											
2010-1											
2009-10											
2008-9											
2007-8											
2006-7											
2005-6											
2004-5											
2003-4											
2002-3											
2001-2											
2000-1											
1999-2000											
1998-9											
1997-8											
1996-7					N						
1995-6											
1994-5					N						
1993-4											
1992-3					N						
1991-2											
1990-1											
1989-90					N						
1988-9					N						
1987-8							T2T3				
1986-7					N					T2T3	
1985-6					N						

1984-5		N			Minors	Minors
1983-4						
1982-3						
1981-2						
1980-1						
1979-80		N				
1978-9						
1977-8						
1976-7						
1975-6						
1974-5						

N Name N
 T Time T
 C Club P
 Name
 Team
 Place