

scottishathletics



Scottish Inter District Cross Country Championships

**King's Park, Stirling
Saturday 12th, January 2019**

Officials

Referee	Ron Morrison
Starter	Barry Craighead
Time Keepers	Dave Cairns (Chief), Ian Mann
Recorders (time)	Allan Smith, Bill Gentleman
Recorders (places)	Andy Law (Chief), Ian Hislop Linden Nicholson, Bill Gentleman
Declarations/Team Medals	Marjory Cook, Marion Donachie Neil Donachie, Dawn Armit, Ross Cairns
Presentations	Sandra Hardacre, Julia McAfee, John Rodger
Convenor	Alex Jackson
Media Manager	Peter Jardine
Results	Alex Jackson

Race Timetable

RACE	TIME	DISTANCE	LAPS
Under 13 Boys	10.25	3,000 metres	2 long laps
Under 13 Girls	10.27	3,000 metres	2 long laps
Under 15 Boys	10.50	4,000 metres	1 short and 2 long laps
Under 15 Girls	10.52	4,000 metres	1 short and 2 long laps
Under 17 Men	11.30	5,000 metres	2 short and 2 long laps
Under 17 Women	11.32	5,000 metres	2 short and 2 long laps
Senior/Junior Women	12.10	6,000 metres	4 long laps
Senior/Junior Men	12.40	8,000 metres	2 short and 4 long laps
International Womens 6K	13.23	6,000 metres	4 long laps
International Mens 8K	13.55	8,000 metres	4 long laps then 2 Short
International 4 x 1.5K relay	14.35	6,000 metres	4 long laps
			Short Lap 1K, Long Lap 1.5K

2.2 Event Timetable – Great Stirling XCountry and Great Stirling Castle Run

<u>Time</u>	<u>Race Title (Provisional)</u>	<u>Race Distance</u>	<u>Race Duration</u>	<u>No of athletes</u>	<u>Laps</u> <u>Short = 1k</u> <u>Long = 1.5k</u>
09:00 – 12:00	Great Stirling Castle Run (Morning Session)	7.4km	n/a	1200 capacity – 200 per start	*Different course*
10:25	U13 Girls Inter District + U13 Boys Inter District	3km	11 – 15mins	90	2 x Long Laps
10:50	U15 Girls Inter District + U15 Boys Inter District	4km	15m30secs – 20mins	90	1 x Short then 2 x Long Laps
11:30	U17 Girls Inter District + U17 Boys Inter District	5km	17mins – 22mins	90	2 x Short then 2 x Long Laps
12:00 – 14:30	Great Stirling Castle Run (Afternoon Session)	7.4km	n/a	1200 capacity – 200 per start	*Different course*
12:10	Senior + Junior Women Inter District	6km	21mins – 26mins	60	4 x Long Laps
12:40	Senior + Junior Men Inter District	8km	26mins – 32mins	60	2 x Short then 4 x Long Laps
13:15	BBC ON AIR				
13:23	Great Stirling X Country Women's 6km*	6km	20m 30sec – 23mins	18	4 x Long Laps
13:55	Great Stirling X Country Men's 8km*	8km	25m 30sec – 27mins	18	2 x Short then 4 x Long Laps
14:35?	Great Stirling X Country 4 x 1.5k Relay* - Senior + U20's	4x1.5k	18-22 Mins	6 teams of 4	4 x Short Laps
15:15	BBC OFF AIR				

*Live on TV (Subject to change)



UNDER 13 BOYS			Team/Club	Bib		UNDER 13 GIRLS		Team/Club
Connor	Bell	East	Central AC	1	Isla	Thoms	East	Fife AC
Caleb	McLeod	East	Pitreavie AAC	2	Caitlyn	Christie	East	Falkirk Victoria Harriers
Corey	Campbell	East	Team East Lothian	3	Olivia	Clarke	East	Corstorphine AAC
Hamish	McKay	East	Aberdeen AAC	4	Johanna	Mackenzie	East	Aberdeen AAC
Cameron	Rankine	East	Gala Harriers	5	Phoebe	Armstrong	East	Aberdeen AAC
Alasdair	Wallace	East	Harmeny AC	6	Ruby	Russell	East	Fife AC
Aleksandar	Jovicic	East	Aberdeen AAC	7	Iona	Jamieson	East	Teviotdale Harriers
Innes	Wright	East	Team East Lothian	8	Melissa	Turnbull	East	Central AC
Ruairidh	Burns	East	Central AC	9	Millie	McClelland-Brooks	East	Banchory Stonehaven AC
Dylan	Pearson	East	Aberdeen AAC	10	Charlotte	Horne	East	Falkirk Victoria Harriers
Finlay	Ross	East	Harmeny AC	11	Carys	Gibb	East	Central AC
Nathan	Denis	East	Harmeny AC	12	Erin	MacFarlane	East	Pitreavie AAC
Aidan	Page	East	Team East Lothian	13	Ariane	Baillie	East	Pitreavie AAC
Archie	McRonal	East	Perth Strathtay Harriers	14	Orlaith	Shepherd	East	Edinburgh AC
Guillem	Penacchio Torres	East	Fife AC	15	Any	Morrison	East	Pitreavie AAC
Roy	Taylor	North	Moray RR	16	Grace	MacDonald	North	Inverness Harriers AAC
William	Cook	North	Gordonstoun School	17	Anna	Cairns	North	Inverness Harriers AAC
Jake	Henderson	North	Inverness Harriers AAC	18	Beth	Urquhart	North	Moray RR
Sam	Coull	North	Ross County AC	19	Kirsten	Burnett	North	Inverness Harriers AAC
Sam	Burnett	North	Inverness Harriers AAC	20	Zara	Gill	North	Moray RR
Lewis	Patterson	North	Moray RR	21	Nicole	Taylor	North	Moray RR
Ben	Webster	North	Inverness Harriers AAC	22	Sarah	Maciver	North	Stornoway Running & AC
Lewis	Maclean	North	Stornoway Running & AC	23	Kyla	Mcmurdo	North	Stornoway Running & AC
Tom	Palmer	North	Elgin AAC	24	Morag	Lynch	North	Ross County AC
Mitchell	Smith	North	Nairn Area AAC	25	Imogen	McDougall	North	Inverness Harriers AAC
Zak	Stewart	North	Nairn Area AAC	26	Isobel	Garvie	North	Inverness Harriers AAC
Douglas	MacLennan	North	Ross County AC	27	Femke	Waite	North	Ross County AC
Zak	Fearn	North	Ross County AC	28	Mackenzie	Findlay	North	Moray RR
Finlay	Macleod	North	Stornoway Running & AC	29	Katie	Meek	North	Inverness Harriers AAC
Rhys	Cantlie	North	Moray RR	30	Joni	Smith	North	North Uist AAC
Fergus	Currie	West	Garscube Harriers	31	Amiya	Patel	West	VP Glasgow AC
Johnny	Burns	West	Shettleston Harriers	32	Iona	Stroma Hubbard	West	Ayr Seaforth AC
Saul	McGlennan	West	VP Glasgow AC	33	Jessie	Gilchrist	West	Law & District AC
Matthew	New	West	Kilbarchan AAC	34	Amber	Wade	West	Giffnock North AC
Craig	Shennan	West	Giffnock North AC	35	Adele	Street	West	North Ayrshire AC
Matthew	Murphy	West	Giffnock North AC	36	Ava	Beaton	West	Greenock Glenpark H
Alex	Robin	West	Giffnock North AC	37	Katy	Donnelly	West	Giffnock North AC
Calan	Chong	West	Giffnock North AC	38	Skye	Rae	West	Nithsdale AC
Tayven	Adamson	West	Inverclyde AC	39	Katie	Johnson	West	Greenock Glenpark H
Oliver	Patton	West	Kilbarchan AAC	40	Olivia	Warboys	West	Kilmarnock H & AC
Gregor	Smith	West	Kirkintilloch Olympians	41	Sophie	Sinclair	West	VP Glasgow AC
Harris	Morrison	West	Greenock Glenpark H	42	Anna	Kirk	West	Ayr Seaforth AC
Jamie	Phillips	West	Kilmarnock H & AC	43	Sarah	Lyle	West	Kilbarchan AAC
Matthew	Burnside	West	Garscube Harriers	44	Sopie	McCallum	West	Ayr Seaforth AC
Ben	Campbell	West	Greenock Glenpark H	45	Kirsty	Wylie	West	Giffnock North AC

UNDER 15 BOYS			District	Team/Club	Bib		UNDER 15 GIRLS		District	Team/Club
Harry	Henriksen	East	Lasswade AC	101	Anna	Hedley	East	Fife AC		
Gregor	Collins	East	Gala Harriers	102	Katie	Johnson	East	Edinburgh AC		
Ross	Dewar	East	Edinburgh AC	103	Anna	Dalglis	East	Fife AC		
Samuel	Griffin	East	Aberdeen AAC	104	Isla	Hedley	East	Fife AC		
Struan	Bennet	East	Fife AC	105	Katie	Christie	East	Falkirk Victoria Harriers		
Conor	Gourley	East	Pitreavie AAC	106	Anise	Macaulay Orr	East	Edinburgh AC		
Angus	Wright	East	Team East Lothian	107	Rose	Newman	East	Edinburgh AC		
Cameron	MacMillan	East	Central AC	108	Mhairi	Arnott	East	Corstorphine AAC		
Ewan	Christie	East	Gala Harriers	109	Flora	Henry	East	Team East Lothian		
Cameron	Kerr	East	Central AC	110	Katherine	MacLeod	East	Corstorphine AAC		
Andrew	McGill	East	Linlithgow AC	111	Anna	Fairclough	East	Gala Harriers		
Laurence	Petty	East	Dundee Hawkhill H	112	Summer	MacLean	East	Central AC		
Tejay	Scott	East	Dundee Hawkhill H	113	Hannah	Steel	East	Lothian AC		
Jamie	Eyton-Jones	East	Corstorphine AAC	114	Isla	Carroll	East	Perth Strathtay Harriers		
Ryan	Smith	East	Dundee Hawkhill H	115	Molly	Kidd	East	Edinburgh AC		
Lucas	Cairns	North	Inverness Harriers AAC	116	Alyth	Gollan	North	East Sutherland AC		
Euan	Rollo	North	Inverness Harriers AAC	117	Elynn	Smith	North	Moray RR		
Duncan	MacDonald	North	Inverness Harriers AAC	118	Rachel	Ross	North	East Sutherland AC		
Scott	Perry	North	Forres Harriers	119	Kirsty	Arnaud	North	Inverness Harriers AAC		
Reece	Black	North	Shetland AAC	120	Morag	Hickey	North	Ross County AC		
Bruce	Evans	North	Forres Harriers	121	Rachel	Murray	North	Stornoway Running & AC		
Gregor	Nixon	North	Inverness Harriers AAC	122	Emma	Jones	North	Highland Hill Runners		
Alex	Jamieson	North	Inverness Harriers AAC	123	Ava	Walsh	North	Inverness Harriers AAC		
Hamish	Whiteside	North	Ross County AC	124	Hannah	Stephen	North	Moray RR		
Fergus	Whiteside	North	Ross County AC	125	Harriet	Whelan	North	Moray RR		
Angus	Rutter	North	Inverness Harriers AAC	126	Lucy	Morrison	North	North Uist AAC		
Shaun	MacDonald	North	Deveron Harriers	127	Isobel	Howard	North	Forres Harriers		
Gregor	Naughton	North	Deveron Harriers	128	Faith	Kenyon	North	Forres Harriers		
Ruairidh	Ellen	North	Ross County AC	129			North			
Seonaidh	MacInnes	North	North Uist AAC	130			North			
Gregor	Campell	West	Shettleston Harriers	131	Valencia	Wright	West	Giffnock North AC		
Harris	Paterson	West	Giffnock North AC	132	Louise	Hastie	West	Kilbarchan AAC		
Donald	Gilchrist	West	Law & District AC	133	Zoe	Flower	West	Giffnock North AC		
Fergus	Reid	West	Springburn Harriers	134	Julia	Cash	West	Giffnock North AC		
Jacob	Iuc	West	Giffnock North AC	135	Hannah	Ryding	West	Giffnock North AC		
Finlay	Ross Davie	West	Garscube Harriers	136	Meredith	Reid	West	Glasgow School of Sport		
Robbie	Woods	West	Cambuslang Harriers	137	Niamh	Murphy	West	North Ayrshire AC		
Lewis	Roddie	West	Cambuslang Harriers	138	Kate	Paul	West	Giffnock North AC		
Ross	O'Brien	West	Giffnock North AC	139	Erin	Ellor	West	Shettleston Harriers		
Cameron	Berry	West	Garscube Harriers	140	Charlie	Frew	West	Whitemoss AAC		
Fraser	Gilmour	West	VP Glasgow AC	141	Isla	Scott	West	Giffnock North AC		
Callum	Miller	West	Garscube Harriers	142	Iona	Wilson	West	Helensburgh AAC		
Reuben	MacDonald	West	Giffnock North AC	143	Shona	Carey	West	Cambuslang Harriers		
Lewis	Anderson	West	Kilbarchan AAC	144	Rachel	Muir	West	Kilbarchan AAC		
Christopher	Perkins	West	Giffnock North AC	145	Any	MacLean	West	Garscube Harriers		

UNDER 17 MEN			District	Team/Club	Bib		UNDER 17 WOMEN		District	Team/Club
Tom	Ireland	East	Edinburgh AC	201	Cera	Gemmell	East	Team East Lothian		
Ben	MacMillan	East	Central AC	202	Alice	Goodall	East	Edinburgh AC		

Hugh	Morrow	East	Edinburgh AC	203	Isla	Calvert	East	Livingston AC
Kristof	Hornvik	East	Dundee Hawkhill H	204	Pippa	Carcas	East	Edinburgh AC
Cameron	Sale	East	Dundee Hawkhill H	205	Eilidh	Jaffray	East	Teviotdale Harriers
Alastair	Marshall	East	Livingston AC	206	Daisy	Cumming	East	Dunfermline T. & F.
Ryan	Donald	East	Dundee Hawkhill H	207	Caitlin	Purcell	East	Aberdeen AAC
Adam	Brown	East	Aberdeen AAC	208	Carrie	Banks	East	Central AC
Iain	McWhinnie	East	Fife AC	209	Katie	Craig	East	Livingston AC
Ben	Sandilands	East	Fife AC	210	Kirsty	Purcell	East	Aberdeen AAC
Nathan	Tosh	East	Metro Aberdeen RC	211	Kirsty	Oldham	East	Aberdeen AAC
Fraser	Clyne	East	Teviotdale Harriers	212	Rosie	Eckersley	East	Central AC
Michael	Watt	East	Aberdeen AAC	213	Emma	Jenkins	East	Perth Strathtay H
David	Addison	East	Corstorphine AAC	214	Kyra	Gibb	East	Central AC
Gavin	McWhinnie	East	Fife AC	215	Sarah	Coutts	East	Pitreavie AAC
Luke	Davidson	North	Inverness Harriers AAC	216	Megan	Keith	North	Inverness Harriers AAC
Blair	Milne	North	Moray RR	217	Emily	Andrew	North	Inverness Harriers AAC
Angus	Smith	North	Inverness Harriers AAC	218	Eve	Gardiner	North	Inverness Harriers AAC
David	Scott	North	Forres Harriers	219	Rachel	Gillies	North	Inverness Harriers AAC
Danny	McPake	North	Ross County AC	220	Ellen	Saunders	North	Inverness Harriers AAC
David	Morrison	North	Stornoway Running & AC	221	Emma	Seed	North	Inverness Harriers AAC
Joshua	Milne	North	Moray RR	222	Niamh	Whelan	North	Moray RR
Ben	Cameron	North	Forres Harriers	223			North	
Alex	Ellen	North	Ross County AC	224	Rosie	Davidson	West	Ayr Seaforth AAC
Kyle	Sutherland	North	Ross County AC	225	Lily	Jane Haggerty	West	VP Glasgow AC
Gordon	Manson	North	Inverness Harriers AAC	226	Heather	Barnes	West	Giffnock North AC
Daniel	Stewart	North	Stornoway Running & AC	227	Hannah	Anderson	West	East Kilbride AC
Ewan	Spink	North	Inverness Harriers AAC	228	Emma	Frew	West	Ayr Seaforth AC
Sunny	McGrath	North	Deveron Harriers	229	Helen	Chong	West	Giffnock North AC
Sam	Greenslade	North	Stornoway Running & AC	230	Clare	Wallace	West	Giffnock North AC
Jack	Trainer	West	Garscube Harriers	231	Jill	Carswell	West	Giffnock North AC
Christopher	McLew	West	Cambuslang Harriers	232	Aimee	Anderson	West	Glasgow School of Sport
Jack	Patton	West	Kilbarchan AAC	233	Libby	Sutherland	West	Kilbarchan AAC
Harry	McGill	West	Greenock Glenpark H	234	Susie	McLaughlin	West	Cambuslang Harriers
Lewis	Hannigan	West	Kilbarchan AAC	235	Nuala	McCheyne	West	Inverclyde AC
Ethan	Carolan	West	Giffnock North AC	236	Alisha	Sivell	West	Kilbarchan AAC
Ross	J Whitelaw	West	Glasgow School of Sport	237	Laine	Alemu	West	Kilbarchan AAC
Scott	Sprang	West	Ayr Seaforth AC	238	Kate	Richardson	West	Giffnock North AC
Ruairidh	MacGregor	West	Cambuslang Harriers					
David	McNair	West	Kilbarchan AAC					
Michael	Black	West	Cambuslang Harriers					
James	Connelly	West	Garscube Harriers					
Jack	Bell	West	Giffnock North AC					
Brodie	Aitken	West	Cambuslang Harriers					
Hamish	Armitt	West	Giffnock North AC					

	SENIOR WOMEN	District	Team/Club	Bib		SENIOR MEN	District	Team/Club
Morag	Millar	East	Central AC	1	Michael	Christoforou	East	Edinburgh AC
Jo	Williams	East	Lothian RC	2	Calum	McKenzie	East	Corstorphine AAC
Fanni	Gyurko	East	Central AC	3	Michael	Ferguson	East	Aberdeen AAC
Lauren	Wilson	East	Edinburgh AC	4	Mark	Nixon	East	Edinburgh AC
Claire	Bruce	East	Metro Aberdeen RC	5	Alastair	Hay	East	Central AC
Elouise	Walker (U20)	East	Edinburgh AC	6	Cameron	Strachan	East	Metro Aberdeen RC
Virginie	Barrand	East	Metro Aberdeen RC	7	Dale	Colley	East	Central AC
Jennifer	Elvin	East	Metro Aberdeen RC	8	Conan	McCaughey	East	Central AC
Jennifer	Kibble Spence	East	Fife AC	9	John	Lenahan	East	Edinburgh AC
Jillian	Stephen	East	HBT	10	Scott	Fraser	East	Hunters Bog Trotters
Laura	Robertson	East	HBT	11	Tyler	White (U20)	East	Aberdeen AAC
Jessica	McLeod (U20)	East	Corstorphine AAC	12	Darrell	Hastie	East	Gala Harriers
Keira	Gore	East	Lasswade AC	13	Dougie	Selman	East	Corstorphine AAC
Freya	Ross	East	Falkirk Victoria Harriers	14	Michael	Crawley	East	Corstorphine AAC
Chloe	Cox	East	Edinburgh AC	15	Scott	McDonald	East	Central AC
Eilidh	Mackenzie	North	Stornoway Running & AC	16	Kenny	Wilson	North	Moray RR
Catriona	Morrison	North	Highland Hill Runners	17	Rob	Sinclair	North	Insch Trail RC
Kirstie	Rogan	North	Moray RR	18	Craig	Campbell	North	Inverness Harriers AAC
Amy	Hudson	North	Inverness Harriers AAC	19	James	Wilson	North	Moray RR
Tammy	Wilson	North	JSK RC	20	Cameron	Young	North	Inverness Harriers AAC
Moir	Davie	North	Forres Harriers	21	Robbie	Paterson	North	Moray RR
Gemma	Cormack	North	Inverness Harriers AAC	22	Ewan	Davidson	North	Moray RR
Kayleigh	Jarrett	North	Elgin AAC	23	Greg	Shearer	North	North Highland Harriers
		North		24	Finlay	MacLennan	North	Inverness Harriers AAC
Lisa	Allan	North	Fraserburgh RC	25	John	Newsom	North	Inverness Harriers AAC
Marie	Baxter	North	JSK RC	26	Donnie	MacDonald	North	Inverness Harriers AAC
Emma	Murray	North	JSK RC	27	Hamish	Hickey (U20)	North	Central AC
Vikki	Thompson	North	Ross County AC	28	Cameron	Main (U20)	North	Moray RR
Iona	Craft	North	Moray RR	29	Max	Abernethy (U20)	North	Fraserburgh RC
		North		30	Paul	Rogan	North	Moray RR
Erin	Wallace (U20)	West	Giffnock North AC	31	Lachlan	Oates	West	Shettleston Harriers
Charlotte	McKenna (U20)	West	Giffnock North AC	32	Andrew	Douglas	West	Inverclyde AC
Michelle	Sandison	West	Springurn Harriers	33	John	Bell	West	Inverclyde AC
Nicola	Hood	West	Dumfries	34	Fraser	Stewart	West	Cambuslang Harriers
Avril	Mason	West	Shettleston Harriers	35	Alasdair	Campbell	West	Cambuslang Harriers
Katie	White	West	Garsube Harriers	36	Kevan	Harvey	West	Cambuslang Harriers
Anna	Tait	West	VP Glasgow AC	37	Grant	Baillie	West	East Kilbride AC
Catriona	MacDonald	West	Bellahouston RR	38	Ryan	Thomson	West	Cambuslang Harriers
Lesley	Chisolm	West	Garsube Harriers	39	John	Fergusson	West	East Kilbride AC
Hannah	Terrance	West	Springurn Harriers	40	Cameron	Wright (U20)	West	Inverclyde AC
Ruth	Joss	West	Shettleston Harriers	41	Jethro	Lennox	West	Shettleston Harriers
Josephine	Moultre	West	VP Glasgow AC	42	Richard	Mair	West	Kilmarnock H & AC
Christina	Rankin	West	Kilbarchan AAC	43	Robert	Simpson	West	Shettleston Harriers
Fionnuala	Ross	West	Shettleston Harriers	44	Craig	Ruddy	West	Inverclyde AC
Jennifer	Martin	West	Shettleston Harriers	45	Cameron	Watson(U20)	West	Inverclyde AC
Rebecca	Johnson	Students	University of Edinburgh	46	Lucas	Cheskin	Students	Glasgow School of Art
Grace	Whelan(U20)	Students	University of Aberdeen	47	Alex	Carcas	Students	University of Edinburgh
Zoe	Bates(U20)	Students	University of Aberdeen	48	Kevin	Wood	Students	University of St Andrews
Amy	Frankland	Students	University of Edinburgh	49	Alexander	Chepin	Students	University of Edinburgh
Zoe	Pflug (U20)	Students	University of Edinburgh	50	Jonathon	Crickmore	Students	Heriot Watt University
Emma	Gill (U20)	Students	University of Edinburgh	51	Eddie	Narbett (U20)	Students	University of Edinburgh
Stephanie	Tucker	Students	University of Glasgow	52	Tom	Hug	Students	University of Stirling
Rebecca	Craig (U20)	Students	University of Stirling	53	Thomas	Berry (U20)	Students	University of Dundee
Ali	Hunter	Students	University of Aberdeen	54	Luca	Fanottoli	Students	University of Stirling
Mhairi	MacLennan	Students	University of Edinburgh	55	Finlay	Todd (U20)	Students	University of Glasgow
Anna	MacFadyen (U20)	Students	University of Edinburgh	56	James	Donald (U20)	Students	Napier University
Constance	Nankivell (U20)	Students	University of Edinburgh	57	Callum	Tharme	Students	University of Edinburgh
Clare	Stewart (U20)	Students	University of Glasgow	58	Jack	Leitch	Students	University of Edinburgh
Lauren	McCulloch (U20)	Students	University of Stirling	59	Lewis	Raeburn (U20)	Students	City of Glasgow College
Katherine	Sheil Rankin	Students	University of Dundee	60	Alex	Muir	Students	University of Edinburgh
Lucy	Crookes	N of E	Leeds City	61	Matthew	Grieve	N of E	Leeds City
Georgia	Malir	N of E	Leeds City	62	Nathan	Dunn (U20)	N of E	Preston AC
Juliet	Downs (U20)	N of E	Sale AC	63	Dave	Mullarkey (U20)	N of E	Manx Harriers
Cyane	Robinson (U20)	N of E	Rotherham Harriers	64	Joe	Wigfield (U20)	N of E	Wirral AC
Olivia	Stones (U20)	N of E	Leigh AC	65	Linton	Taylor	N of E	Leeds City
Esme	Davies (U20)	N of E	Eden Runners	66	Matthew	Hill (U20)	N of E	Wakefield H & AC