

U13 Girls

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|----------|-------------------|-----|-----|------------------------------------|
| 1 | 13:00 | Freya | Murdoch | F | | Stockport Harriers |
| 2 | 13:05 | Mille | McClelland Brooks | F | | SCOTLAND WEST/Glas School of Sport |
| 3 | 13:10 | Olivia | Warboys | F | | SCOTLAND WEST/Kilmarnock H & AC |
| 4 | 13:10 | Freya | Campbell | F | | SCOTLAND WEST/Giffnock North |
| 5 | 13:30 | Layla | Todd | F | | SCOTLAND NORTH/Shetland AAC |
| 6 | 13:32 | Zara | Redmond | F | | SCOTLAND WEST/Kilbarchan AAC |
| 7 | 13:34 | Katie | Meek | F | | SCOTLAND NORTH/Inverness Harriers |
| 8 | 13:36 | Kirsten | Burnett | F | | SCOTLAND NORTH/Inverness Harriers |
| 9 | 13:39 | Adele | Street | F | | SCOTLAND WEST/Kilbarchan AAC |
| 10 | 13:42 | Adele | Geoghegan | F | | Mullingar Harriers |
| 11 | 13:43 | Anna | McNeil | F | | SCOTLAND EAST/Aberdeen AAC |
| 12 | 13:43 | Leah | Geoghegan | F | | Mullingar Harriers |
| 13 | 13:46 | Iona | Hubbard | F | | SCOTLAND WEST/Ayr Seaforth |
| 14 | 13:49 | Katie | Sandilands | F | | SCOTLAND EAST/Fife AC |
| 15 | 13:49 | Olivia | Robbins | F | | SCOTLAND EAST/Team East Lothian |
| 16 | 13:50 | Grace | Byrne | F | | Mullingar Harriers |
| 17 | 13:54 | Dashka | MacDonald | F | | SCOTLAND EAST/Edinburgh AC |
| 18 | 13:58 | Katy | Donnelly | F | | SCOTLAND WEST/Giffnock North |
| 19 | 14:03 | Hazel | O'Donoghue | F | | SCOTLAND WEST/Giffnock North |
| 20 | 14:05 | Erin | Lee | F | | SCOTLAND EAST/Perth Strathtay H |
| 21 | 14:07 | Megan | McKay | F | | SCOTLAND EAST/Edinburgh AC |
| 22 | 14:07 | Lois | Cant | F | | SCOTLAND EAST/Falkirk Victoria H |
| 23 | 14:08 | Aimee | Anderson | F | | SCOTLAND WEST/East Kilbride AC |
| 24 | 14:10 | Cara | McMinn | F | | SCOTLAND WEST/Kilbarchan AAC |
| 25 | 14:11 | Ava | Beaton | F | | SCOTLAND WEST/Greenock Glenpark |
| 26 | 14:12 | Iris | Paterson | F | | SCOTLAND WEST/Inverclyde AC |
| 27 | 14:13 | Carys | Gibb | F | | SCOTLAND EAST/Central AC |
| 28 | 14:14 | Savana | Smith | F | | Charnwood AC |
| 29 | 14:20 | Lucy | Todd | F | | SCOTLAND EAST/Aberdeen AAC |
| 30 | 14:20 | Ariane | Baillie | F | | SCOTLAND EAST/Pitreavie AAC |
| 31 | 14:27 | Leya | Gibb | F | | SCOTLAND EAST/Central AC |
| 32 | 14:31 | Sophie | McCallum | F | | SCOTLAND WEST/Ayr Seaforth |
| 33 | 14:33 | Emma | Gribben | F | | SCOTLAND WEST/Kilbarchan AAC |
| 34 | 14:36 | Abbie | Little | F | | SCOTLAND EAST/Moorfoot Runners |
| 35 | 14:40 | Elena | Lee | F | | SCOTLAND EAST/Moorfoot Runners |
| 36 | 14:45 | Swarah | Maciver | F | | SCOTLAND NORTH/Stornoway RC |
| 37 | 14:49 | Kyra | McMurdo | F | | SCOTLAND NORTH/Stornoway RC |
| 38 | 14:55 | Caitlyn | Heggie | F | | SCOTLAND NORTH/Ross County AC |
| 39 | 14:55 | Emilay | Murray | F | | SCOTLAND NORTH/Stornoway RC |
| 40 | 15:00 | Freya | Hedley | F | | Fife AC |

Saturday 11th January

Run Stirling 2020

Kings Park, Stirling

U13 Girls

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-------------|--------------|-----|-----|-----------------------------------|
| 41 | 15:02 | Josceelyn | Kennedy | F | | SCOTLAND WEST/Law and District |
| 42 | 15:03 | Anna | Suttie | F | | Fife AC |
| 43 | 15:04 | Katie | Woods | F | | Shettleston Harriers |
| 44 | 15:12 | Charlotte | McPhie | F | | SCOTLAND EAST/Harmeny AC |
| 45 | 15:22 | Lauren | McPherson | F | | Giffnock North AC |
| 46 | 15:25 | Abbie | Foster | F | | SCOTLAND EAST/Lasswade AC |
| 47 | 15:29 | Rhian | Birnie | F | | SCOTLAND NORTH/Keith and District |
| 48 | 15:29 | Megan | Mcalean | F | | SCOTLAND NORTH/Stornoway RC |
| 49 | 15:42 | Sophie | Howard | F | | SCOTLAND NORTH/Forres Harriers |
| 50 | 15:52 | Holly | Chapman | F | | Leicester Coritanian AC |
| 51 | 16:06 | Grace | Stretton | F | | Leicester Coritanian AC |
| 52 | 16:07 | Eva | Esslemont | F | | SCOTLAND NORTH/Forres Harriers |
| 53 | 16:09 | Scarlett | Britain | F | | SCOTLAND NORTH/Forres Harriers |
| 54 | 16:11 | Mihandri | Van Straaten | F | | SCOTLAND NORTH/Nairn Area AAC |
| 55 | 16:13 | Nina | Padmanabhan | F | | Garscube Harriers |
| 56 | 16:16 | Aaliyah | Hallick | F | | Leicester Coritanian AC |
| 57 | 16:33 | Rosie | Anderson | F | | Blackhill Bounders |
| 58 | 16:34 | Molly-Rose | McLoughlin | F | | Kilbarchan AAC |
| 59 | 16:34 | Rebekah | Lawman | F | | Cumbernauld AAC |
| 60 | 16:34 | Neve | Elliott | F | | Hamilton & District AC |
| 61 | 16:53 | Kayleigh | Pew | F | | East Kilbride AC |
| 62 | 16:57 | Iona | Scott | F | | SCOTLAND NORTH/Inverness Harriers |
| 63 | 17:00 | Robyn Abbie | Mckerracher | F | | Central AC |
| 64 | 17:19 | Gabrielle | Paddison | F | | Giffnock North AC |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|----------------|--------|-----|---------|-------------------------|
| 1 | SCOTLAND WEST | 29 | 1 | 0:13:05 | Mille McClelland Brooks |
| | | | 2 | 0:13:10 | Olivia Warboys |
| | | | 3 | 0:13:10 | Freya Campbell |
| | | | 5 | 0:13:32 | Zara Redmond |
| | | | 8 | 0:13:39 | Adele Street |
| | | | 10 | 0:13:46 | Iona Stroma Hubbard |
| 2 | SCOTLAND EAST | 78 | 9 | 0:13:43 | Anna McNeil |
| | | | 11 | 0:13:49 | Olivia Robbins |
| | | | 12 | 0:13:49 | Katie Sandilands |
| | | | 13 | 0:13:54 | Dashka MacDonald |
| | | | 16 | 0:14:05 | Erin Lee |
| | | | 17 | 0:14:07 | Megan McKay |
| 3 | SCOTLAND NORTH | 113 | 4 | 0:13:30 | Layla Todd |
| | | | 6 | 0:13:34 | Katie Meek |
| | | | 7 | 0:13:36 | Kirsten Burnett |
| | | | 31 | 0:14:45 | Swarah Maciver |
| | | | 32 | 0:14:49 | Kyra McMurdo |
| | | | 33 | 0:14:55 | Caitlyn Heggie |

U13 Boys

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|-----------|-----|-----|-----------------------------------|
| 1 | 11:27 | Alden | Collier | M | | Chiltern Harriers AC |
| 2 | 11:45 | Rowan | Whitworth | M | | SCOTLAND EAST/Livingston AC |
| 3 | 11:47 | Craig | Shennan | M | | SCOTLAND WEST/Giffnock North |
| 4 | 12:16 | Oliver | Patton | M | | SCOTLAND WEST/Kilbarchan AAC |
| 5 | 12:24 | Iwan | Thomas | M | | Carmarthen and District Harriers |
| 6 | 12:25 | Alasdair | Nugent | M | | SCOTLAND WEST/Giffnock North |
| 7 | 12:26 | James | Alexander | M | | SCOTLAND WEST/Garscube Harriers |
| 8 | 12:33 | Dylan | Daunt | M | | SCOTLAND EAST/Edinburgh AC |
| 9 | 12:35 | Andrew | McWilliam | M | | SCOTLAND EAST/Lasswade AC |
| 10 | 12:36 | Innes | Wright | M | | SCOTLAND EAST/Team East Lothian |
| 11 | 12:37 | Rhys | Crawford | M | | SCOTLAND EAST/Aberdeen AAC |
| 12 | 12:41 | Zico | Field | M | | SCOTLAND EAST/Gala Harriers |
| 13 | 12:42 | Sorley | Swabey | M | | SCOTLAND NORTH/Lochaber AC |
| 14 | 12:42 | Cameron | Harris | M | | SCOTLAND WEST/Giffnock North |
| 15 | 12:44 | Irvine | Welsh | M | | SCOTLAND EAST/Teviotdale Harriers |
| 16 | 12:45 | Calan | Chong | M | | SCOTLAND WEST/Giffnock North |
| 17 | 12:46 | Rowan | Taylor | M | | SCOTLAND EAST/Lasswade AC |
| 18 | 12:46 | Jamie | Wallace | M | | Mullingar Harriers |
| 19 | 12:50 | Rory | Treharne | M | | SCOTLAND WEST/Garscube Harriers |
| 20 | 12:52 | Conor | Sherwin | M | | Mullingar Harriers |
| 21 | 12:53 | Conor | Liston | M | | Mullingar Harriers |
| 22 | 12:54 | Luke | O'Leary | M | | Mullingar Harriers |
| 23 | 12:56 | Dan | McGuire | M | | SCOTLAND EAST/Harmeny AC |
| 24 | 12:57 | Kieran | Fulton | M | | SCOTLAND EAST/Moorfoot Runners |
| 25 | 13:00 | Archie | Suttie | M | | SCOTLAND EAST/Fife AC |
| 26 | 13:01 | Jack | Wallace | M | | SCOTLAND WEST/Giffnock North |
| 27 | 13:05 | Sam | McCarthy | M | | SCOTLAND WEST/Cambuslang H |
| 28 | 13:10 | Robert | Nicol | M | | SCOTLAND WEST/Garscube Harriers |
| 29 | 13:12 | Iain | Matheson | M | | SCOTLAND NORTH/Stornoway RC |
| 30 | 13:14 | Jamie | Ferries | M | | SCOTLAND EAST/Metro Aberdeen |
| 31 | 13:15 | Andrew | Baird | M | | SCOTLAND NORTH/Ross County AC |
| 32 | 13:16 | James | Mowat | M | | SCOTLAND WEST/Giffnock North |
| 33 | 13:18 | Tristan | Robin | M | | SCOTLAND WEST/Giffnock North |
| 34 | 13:18 | David | Docherty | M | | SCOTLAND WEST/Greenock Glenpark |
| 35 | 13:20 | Finlay | McKay | M | | Aberdeen AAC |
| 36 | 13:21 | Oliver | Bryers | M | | Giffnock North AC |
| 37 | 13:26 | Struan | Gatherer | M | | SCOTLAND EAST/Perth Strathtay H |
| 38 | 13:28 | Sam | Rice | M | | SCOTLAND WEST/Kilmarnock H & AC |
| 39 | 13:30 | Joshua | Kennedy | M | | SCOTLAND EAST/Central AC |
| 40 | 13:31 | Alexander | Coles | M | | Carmarthen and District Harriers |

U13 Boys

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|------------|-----|-----|-----------------------------------|
| 41 | 13:34 | Matthew | Holden | M | | SCOTLAND EAST/Harmeny AC |
| 42 | 13:36 | Andrew | Grant | M | | Strathearn Harriers |
| 43 | 13:38 | Matthew | Fox | M | | Shettleston Harriers |
| 44 | 13:40 | William | Ronald | M | | Corby AC |
| 45 | 13:41 | Michael | Miller | M | | SCOTLAND NORTH/Inverness Harriers |
| 46 | 13:41 | Michael | Bishenden | M | | SCOTLAND NORTH/Forres Harriers |
| 47 | 13:43 | Finlay | Rae | M | | Aberdeen AAC |
| 48 | 13:46 | Jonathan | Hunter | M | | East Kilbride AC |
| 49 | 13:49 | Mitchell | Scott | M | | Giffnock North AC |
| 50 | 13:52 | Rory | Beaton | M | | Garscube Harriers |
| 51 | 13:53 | Joshua | Clee | M | | Newark AC |
| 52 | 13:55 | Noah | Carson | M | | SCOTLAND NORTH/Ross County AC |
| 53 | 13:55 | Harris | Watt | M | | Giffnock North AC |
| 54 | 13:56 | Cormac | Shiels | M | | Giffnock North AC |
| 55 | 13:57 | Charlie | McAllister | M | | Giffnock North AC |
| 56 | 13:57 | Struan | Ellen | M | | SCOTLAND NORTH/Ross County AC |
| 57 | 13:59 | Ryan | McNamara | M | | East Kilbride AC |
| 58 | 14:00 | Sebastian | Nicolson | M | | SCOTLAND NORTH/Stornoway RC |
| 59 | 14:01 | Fraser | McIntyre | M | | Ayr Seaforth AC |
| 60 | 14:04 | Finlay | Macleod | M | | SCOTLAND NORTH/Stornoway RC |
| 61 | 14:13 | Ruari | Laskey | M | | Giffnock North AC |
| 62 | 14:21 | Alasdair | Maclean | M | | Ayr Seaforth AC |
| 63 | 14:22 | Ryan | Kellock | M | | Law & District AAC |
| 64 | 14:23 | Matthew | Gall | M | | SCOTLAND WEST/Helensburgh AAC |
| 65 | 14:24 | Harris | McNicol | M | | North Ayrshire AAC |
| 66 | 14:34 | Lewis | Paterson | M | | SCOTLAND NORTH/Moray RR |
| 67 | 14:36 | Callum | Mathew | M | | Garscube Harriers |
| 68 | 14:37 | Angus | Laird | M | | SCOTLAND NORTH/Inverness Harriers |
| 69 | 14:39 | Oliver | MacDonald | M | | Giffnock North AC |
| 70 | 14:59 | Finlay | Weir | M | | SCOTLAND NORTH/Moray RR |
| 71 | 15:34 | Daniel | Walton | M | | Blackhill Bounders |
| 72 | 15:43 | Jamie | Connor | M | | Central AC |
| 73 | 17:07 | Kian | Dee | M | | Highworth RC |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|----------------|--------|-----|---------|-------------------|
| 1 | SCOTLAND WEST | 40 | 2 | 0:11:47 | Craig Shennan |
| | | | 3 | 0:12:16 | Oliver Patton |
| | | | 4 | 0:12:25 | Alasdair Nugent |
| | | | 5 | 0:12:26 | James Alexander |
| | | | 12 | 0:12:42 | Cameron Harris |
| | | | 14 | 0:12:45 | Calan Chong |
| 2 | SCOTLAND EAST | 41 | 1 | 0:11:45 | Rowan Whitworth |
| | | | 6 | 0:12:33 | Dylan Daunt |
| | | | 7 | 0:12:35 | Andrew McWilliam |
| | | | 8 | 0:12:36 | Innes Wright |
| | | | 9 | 0:12:37 | Rhys Crawford |
| | | | 10 | 0:12:41 | Zico Field |
| 3 | SCOTLAND NORTH | 161 | 11 | 0:12:42 | Sorley Swabey |
| | | | 23 | 0:13:12 | Iain Matheson |
| | | | 25 | 0:13:15 | Andrew Baird |
| | | | 33 | 0:13:41 | Michael Miller |
| | | | 34 | 0:13:41 | Michael Bishenden |
| | | | 35 | 0:13:55 | Noah Carson |

U15 Girls

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|----------|--------------|-----|-----|------------------------------------|
| 1 | 14:55 | Kiya | Dee | F | | Highworth RC |
| 2 | 15:15 | Elsie | Robinson | F | | Saffron Athletics Club |
| 3 | 15:22 | Anna | Cairns | F | | SCOTLAND NORTH/Inverness Harriers |
| 4 | 15:25 | Hannah | Ryding | F | | SCOTLAND WEST/Giffnock North |
| 5 | 15:32 | Scarlett | Livingstone | F | | Exeter Harriers |
| 6 | 15:42 | Sophie | Dunbobbin | F | | Saffron Athletics Club |
| 7 | 15:45 | Katie | Johnson | F | | SCOTLAND EAST/Edinburgh AC |
| 8 | 15:47 | Taya | Dee | F | | Highworth RC |
| 9 | 15:52 | Katie | Francis | F | | Birtley AC |
| 10 | 15:52 | Valencia | Wright | F | | SCOTLAND WEST/Giffnock North |
| 11 | 15:58 | Isla | Thoms | F | | SCOTLAND EAST/Fife AC |
| 12 | 15:59 | Kate | Paul | F | | SCOTLAND WEST/Giffnock North |
| 13 | 16:03 | Bridget | Harley | F | | SCOTLAND EAST/Team East Lothian |
| 14 | 16:07 | Isla | Paterson | F | | SCOTLAND EAST/Gala Harriers |
| 15 | 16:10 | Rachel | Giffen | F | | SCOTLAND WEST/Springburn H |
| 16 | 16:14 | Caoimhe | Phelan | F | | St Senans AC |
| 17 | 16:15 | Katie | Christie | F | | SCOTLAND EAST/Falkirk Victoria H |
| 18 | 16:21 | Anise | Macaulay Orr | F | | SCOTLAND EAST/Edinburgh AC |
| 19 | 16:27 | Grace | MacDonald | F | | SCOTLAND NORTH/Inverness Harriers |
| 20 | 16:28 | Summer | MacLean | F | | SCOTLAND EAST/Central AC |
| 21 | 16:28 | Katie | Simon | F | | SCOTLAND WEST/Glas School of Sport |
| 22 | 16:29 | Katie | Lowe | F | | Middlesbrough AC (Mandale) |
| 23 | 16:33 | Zoe | Sharpe | F | | SCOTLAND NORTH/Inverness Harriers |
| 24 | 16:34 | Isla | Hedley | F | | SCOTLAND EAST/Fife AC |
| 25 | 16:36 | Isla | Scott | F | | SCOTLAND WEST/Giffnock North |
| 26 | 16:40 | Jessie | Gilchrist | F | | SCOTLAND WEST/Law and District |
| 27 | 16:41 | Hannah | Bowyer | F | | Blackhill Bounders |
| 28 | 16:42 | Eve | Rowley | F | | Saffron Athletics Club |
| 29 | 16:43 | Olivia | Clarke | F | | SCOTLAND EAST/Corstorphine AAC |
| 30 | 16:45 | Phoebe | Armstrong | F | | SCOTLAND EAST/Aberdeen AAC |
| 31 | 16:45 | Beth | Urquhart | F | | SCOTLAND NORTH/Moray RR |
| 32 | 16:46 | Maria | Campbell | F | | Dooneen AC |
| 33 | 16:48 | Amiya | Patel | F | | SCOTLAND WEST/Garscube Harriers |
| 34 | 16:49 | Erin | Ellor | F | | SCOTLAND WEST/Shettleston H |
| 35 | 16:50 | Anyia | Morrison | F | | SCOTLAND EAST/Pitreavie AAC |
| 36 | 16:51 | Jessica | Cunningham | F | | Mullingar Harriers |
| 37 | 16:52 | Evie | Taylor | F | | Rosendale Harriers |
| 38 | 16:58 | Maddison | Griffiths | F | | Maldwyn Harriers |
| 39 | 17:05 | Sorcha | Shepherd | F | | SCOTLAND EAST/Edinburgh AC |
| 40 | 17:06 | Amelia | Topliss | F | | Rotherham Harriers & AC |

U15 Girls

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|-------------|-----|-----|-----------------------------------|
| 41 | 17:11 | Caitlyn | Christie | F | | SCOTLAND EAST/Falkirk Victoria H |
| 42 | 17:16 | Kirstin | Grant | F | | Aberdeen AAC |
| 43 | 17:27 | Abbie | McClue | F | | SCOTLAND WEST/Cambuslang H |
| 44 | 17:28 | Abbie | Alemu | F | | SCOTLAND WEST/Kilbarchan AAC |
| 45 | 17:31 | Chloe | Cameron | F | | SCOTLAND WEST/Kilbarchan AAC |
| 46 | 17:39 | Olivia | Meikle | F | | SCOTLAND EAST/Lasswade AC |
| 47 | 17:43 | Alix | Walton | F | | Blackhill Bounders |
| 48 | 17:44 | Esmee | Thoms | F | | Fife AC |
| 49 | 17:53 | Sarah | Butler | F | | Dooneen AC |
| 50 | 17:54 | Anna | Campbell | F | | Dooneen AC |
| 51 | 17:56 | Isla | Carroll | F | | Dundee Hawkhill Harriers |
| 52 | 18:05 | Caoimhe | Donohue | F | | Mullingar Harriers |
| 53 | 18:08 | Francesca | Greenstock | F | | SCOTLAND NORTH/Stornoway RC |
| 54 | 18:11 | Sarah | Dillon | F | | Dooneen AC |
| 55 | 18:14 | Melissa | McIntosh | F | | SCOTLAND WEST/Giffnock North |
| 56 | 18:16 | Ruby | McGill | F | | Greenock Glenpark Harriers |
| 57 | 18:18 | Evie | Livingstone | F | | SCOTLAND WEST/Kilbarchan AAC |
| 58 | 18:20 | Eva | Ritchie | F | | SCOTLAND WEST/Cambuslang H |
| 59 | 18:21 | Lucy | Hoy | F | | Kilmarnock H&AC |
| 60 | 18:26 | Molly | Long | F | | St Senans AC |
| 61 | 18:28 | Ellen | Foran | F | | Mullingar Harriers |
| 62 | 18:28 | Skye | Rae | F | | Nithsdale AC |
| 63 | 18:29 | Chrissie | Francis | F | | Garscube Harriers |
| 64 | 18:31 | Rachel | Murray | F | | SCOTLAND NORTH/Stornoway RC |
| 65 | 18:34 | Lucy | Donnelly | F | | Mullingar Harriers |
| 66 | 18:41 | Fiona | Currie | F | | Law & District AAC |
| 67 | 18:43 | Nicole | Taylor | F | | SCOTLAND NORTH/Moray RR |
| 68 | 18:44 | Mara | Duffy | F | | SCOTLAND NORTH/Inverness Harriers |
| 69 | 19:09 | Shauna | Traynor | F | | Mullingar Harriers |
| 70 | 19:13 | Molly | Anderson | F | | Blackhill Bounders |
| 71 | 19:14 | Sophie | McColm | F | | Ayr Seaforth AC |
| 72 | 19:18 | Megan | Kyle | F | | Dunfermline Track & Field AC |
| 73 | 19:35 | Emily | Bell | F | | SCOTLAND NORTH/Ross Country AC |
| 74 | 19:36 | Jessica | Grant | F | | Shettleston Harriers |
| 75 | 19:45 | Madison | Mitchell | F | | Blackhill Bounders |
| 76 | 19:46 | Hannah | Stephen | F | | SCOTLAND NORTH/Moray RR |
| 77 | 19:53 | Joanna | Hughes | F | | Blackhill Bounders |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|----------------|--------|-----|---------|----------------------|
| 1 | SCOTLAND EAST | 44 | 3 | 0:15:45 | Katie Johnson |
| | | | 5 | 0:15:58 | Isla Thoms |
| | | | 7 | 0:16:03 | Bridget Harley |
| | | | 8 | 0:16:07 | Isla Paterson |
| | | | 10 | 0:16:15 | Katie Christie |
| | | | 11 | 0:16:21 | Anise Macaulay Orr |
| 2 | SCOTLAND WEST | 52 | 2 | 0:15:25 | Hannah Ryding |
| | | | 4 | 0:15:52 | Valencia Wright |
| | | | 6 | 0:15:59 | Kate Paul |
| | | | 9 | 0:16:10 | Rachel Giffen |
| | | | 14 | 0:16:28 | Katie Simon |
| | | | 17 | 0:16:36 | Isla Scott |
| 3 | SCOTLAND NORTH | 115 | 1 | 0:15:22 | Anna Cairns |
| | | | 12 | 0:16:27 | Grace MacDonald |
| | | | 15 | 0:16:33 | Zoe Sharpe |
| | | | 21 | 0:16:45 | Beth Urquhart |
| | | | 31 | 0:18:08 | Francesca Greenstock |
| | | | 35 | 0:18:31 | Rachel Murray |

U15 Boys

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-------------|-----------|-----|-----|-----------------------------------|
| 1 | 13:42 | Christopher | Perkins | M | | Birtley AC |
| 2 | 13:51 | Connor | Bell | M | | SCOTLAND EAST/Central AC |
| 3 | 13:54 | Jake | Wilson | M | | Vale Royal Athletics Club |
| 4 | 14:01 | Daniel | Galloway | M | | Unattached |
| 5 | 14:09 | Joe | Dixon | M | | Morpeth Harriers |
| 6 | 14:09 | Struan | Bennet | M | | SCOTLAND EAST/Fife AC |
| 7 | 14:10 | Diarmuid | Fagan | M | | Mullingar Harriers |
| 8 | 14:13 | Reuben | McDonald | M | | SCOTLAND WEST/Giffnock North |
| 9 | 14:15 | Angus | Wright | M | | SCOTLAND EAST/Team East Lothian |
| 10 | 14:17 | Cameron | Kerr | M | | SCOTLAND EAST/Central AC |
| 11 | 14:30 | Kai | Crawford | M | | Aberdeen AAC |
| 12 | 14:33 | Corey | Campbell | M | | SCOTLAND EAST/Team East Lothian |
| 13 | 14:36 | Johnny | Burns | M | | SCOTLAND WEST/Shettleston H |
| 14 | 14:36 | Alex | Robin | M | | SCOTLAND WEST/Giffnock North |
| 15 | 14:37 | Conan | Harper | M | | SCOTLAND EAST/Teviotdate Harriers |
| 16 | 14:42 | Logan | Beagley | M | | SCOTLAND EAST/Livingston AC |
| 17 | 14:45 | Hamish | McKay | M | | SCOTLAND EAST/ Aberdeen AAC |
| 18 | 14:50 | Cameron | McMillan | M | | SCOTLAND EAST/Central AC |
| 19 | 14:52 | Ewan | Christie | M | | SCOTLAND EAST/Gala Harriers |
| 20 | 14:53 | Oscar | Logan | M | | SCOTLAND WEST/Law and District |
| 21 | 14:54 | David | Woods | M | | SCOTLAND WEST/Shettleston H |
| 22 | 14:55 | Tendai | Nyabadza | M | | SCOTLAND EAST/Harmeny AC |
| 23 | 14:55 | Jonathon | Downey | M | | SCOTLAND WEST/Kilmarnock H & AC |
| 24 | 14:58 | Gregor | Nixon | M | | SCOTLAND NORTH/Inverness Harriers |
| 25 | 15:00 | Dylan | Dickie | M | | SCOTLAND EAST/Aberdeen AAC |
| 26 | 15:00 | Jamie | Phillips | M | | SCOTLAND WEST/ Kilmarnock H &AC |
| 27 | 15:00 | Warren | Lorente | M | | SCOTLAND EAST/Dundee Hawkhill H |
| 28 | 15:06 | Saul | McGlennan | M | | SCOTLAND WEST/VP Glasgow AC |
| 29 | 15:10 | Patrick | Milne | M | | SCOTLAND EAST/Corstorphine AAC |
| 30 | 15:12 | Jack | Stretton | M | | Leicester Coritanian AC |
| 31 | 15:13 | Bruce | Evans | M | | SCOTLAND NORTH/Forres Harriers |
| 32 | 15:22 | Ross | Killalea | M | | Mullingar Harriers |
| 33 | 15:26 | Joseph | Ormrod | M | | Rotherham Harriers & AC |
| 34 | 15:27 | Ethan | Lorimer | M | | Harmeny AC |
| 35 | 15:30 | Charlie | Morrison | M | | SCOTLAND NORTH/Storoway RC |
| 36 | 15:30 | Cameron | Deverill | M | | SCOTLAND WEST/Giffnock North |
| 37 | 15:33 | Jake | Henderson | M | | SCOTLAND NORTH/Inverness Harriers |
| 38 | 15:33 | Craig | Cherrie | M | | Law & District AAC |
| 39 | 15:34 | Hugh | Shiels | M | | Giffnock North AC |
| 40 | 15:37 | Harris | Pagett | M | | Strathearn Harriers |

U15 Boys

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|----------|--------------|-----|-----|-----------------------------------|
| 41 | 15:38 | Luke | Lindsay | M | | SCOTLAND WEST/Kilbarchan AAC |
| 42 | 15:40 | Ethan | Bond | M | | Gosforth Harriers |
| 43 | 15:41 | Roy | Taylor | M | | Pitreavie AAC |
| 44 | 15:42 | Michael | Nolan | M | | Giffnock North AC |
| 45 | 15:43 | Ben | Struthers | M | | Corstorphine AAC |
| 46 | 15:44 | Matthew | Knak | M | | SCOTLAND WEST/Giffnock North |
| 47 | 15:44 | Gearoid | Long | M | | St Senans AC |
| 48 | 15:45 | Jack | Donald | M | | Dundee Hawkhill Harriers |
| 49 | 15:45 | Josh | McKinlay | M | | Kilbarchan AAC |
| 50 | 15:50 | Archie | McRonal | M | | SCOTLAND EAST/Perth Strathtay H |
| 51 | 15:51 | Gregor | Naughton | M | | SCOTLAND NORTH/Deveron Harriers |
| 52 | 15:54 | Philip | McCartan | M | | Mullingar Harriers |
| 53 | 15:54 | Lachlan | Buchanan | M | | SCOTLAND NORTH/Inverness Harriers |
| 54 | 15:58 | Ethan | Polson | M | | SCOTLAND WEST/Ayr Seaforth |
| 55 | 15:59 | Sam | Burnett | M | | SCOTLAND NORTH/Inverness Harriers |
| 56 | 16:00 | Euan | Charlwood | M | | SCOTLAND WEST/Shettleston H |
| 57 | 16:02 | Seonaidh | MacInnes | M | | SCOTLAND NORTH/North Uist AAC |
| 58 | 16:05 | Murray | MacDonald | M | | SCOTLAND NORTH/Storoway RC |
| 59 | 16:06 | Calum | Charters | M | | East Kilbride AC |
| 60 | 16:13 | Cameron | Rankine | M | | Gala Harriers |
| 61 | 16:18 | Ben | Wallis | M | | St Senans AC |
| 62 | 16:27 | Elliot | Davies-Hayes | M | | Crewe & Nantwich AC |
| 63 | 16:36 | Joshua | Mirtle | M | | Ayr Seaforth AC |
| 64 | 16:41 | Glen | Griffiths | M | | Giffnock North AC |
| 65 | 16:43 | Callum | Costello | M | | Mullingar Harriers |
| 66 | 16:48 | Alex | Jamieson | M | | SCOTLAND NORTH/Inverness Harriers |
| 67 | 16:55 | Ben | Webster | M | | SCOTLAND NORTH/Inverness Harriers |
| 68 | 16:58 | Naoise | Gilmartin | M | | St Senans AC |
| 69 | 17:04 | Logan | Whitton | M | | Law & District AAC |
| 70 | 17:20 | James | Leaf | M | | Giffnock North AC |
| 71 | 17:37 | Zak | Fearn | M | | SCOTLAND NORTH/Ross County AC |
| 72 | 17:39 | Ryan | Curran | M | | Nairn Area AAC |
| 73 | 17:57 | Innes | McPherson | M | | Giffnock North AC |
| 74 | 18:04 | Ruaridh | Ellen | M | | SCOTLAND NORTH/Ross County AC |
| 75 | 18:05 | Liam | Proctor | M | | Metro Aberdeen RC |
| 76 | 19:24 | Conleth | Mullen | M | | Mullingar Harriers |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|----------------|--------|-----|---------|------------------|
| 1 | SCOTLAND EAST | 27 | 1 | 0:13:51 | Connor Bell |
| | | | 2 | 0:14:09 | Struan Bennet |
| | | | 4 | 0:14:15 | Angus Wright |
| | | | 5 | 0:14:17 | Cameron Kerr |
| | | | 6 | 0:14:33 | Corey Campbell |
| | | | 9 | 0:14:37 | Conan Harper |
| 2 | SCOTLAND WEST | 63 | 3 | 0:14:13 | Reuben McDonald |
| | | | 7 | 0:14:36 | Johnny Burns |
| | | | 8 | 0:14:36 | Alex Robin |
| | | | 14 | 0:14:53 | Oscar Logan |
| | | | 15 | 0:14:54 | David Woods |
| | | | 16 | 0:14:55 | Jonathon Downey |
| 3 | SCOTLAND NORTH | 157 | 18 | 0:14:58 | Gregor Nixon |
| | | | 24 | 0:15:13 | Bruce Evans |
| | | | 25 | 0:15:30 | Charlie Morrison |
| | | | 27 | 0:15:33 | Jake Henderson |
| | | | 31 | 0:15:51 | Gregor Naughton |
| | | | 32 | 0:15:54 | Lachlan Buchanan |

U17 Women

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|-------------|-----|-----|--------------------------------|
| 1 | 22:40 | Anna | Hedley | F | | SCOTLAND |
| 2 | 23:01 | Emma | Landers | F | | IRELAND |
| 3 | 23:11 | Pippa | Carcas | F | | SCOTLAND EAST/Edinburgh AC |
| 4 | 23:17 | Anna | Mason | F | | Border Harriers |
| 5 | 23:25 | Meredith | Reid | F | | SCOTLAND |
| 6 | 23:32 | Julia | Cash | F | | SCOTLAND |
| 7 | 23:36 | Avril | Millerick | F | | IRELAND |
| 8 | 23:42 | Amy | Greene | F | | NORTHERN IRELAND |
| 9 | 23:44 | Kirsti | Foster | F | | NORTHERN IRELAND |
| 10 | 23:59 | Anya | MacLean | F | | SCOTLAND |
| 11 | 24:03 | Gwenno | Goode | F | | WALES |
| 12 | 24:04 | Kirsty | Purcell | F | | SCOTLAND EAST/Aberdeen AAC |
| 13 | 24:09 | Moli | Lyons | F | | WALES |
| 14 | 24:11 | Caitlin | Purcell | F | | SCOTLAND EAST/Aberdeen AAC |
| 15 | 24:14 | Zoe | Flower | F | | SCOTLAND WEST/Giffnock North |
| 16 | 24:15 | Rose | Newman | F | | SCOTLAND EAST/Edinburgh AC |
| 17 | 24:18 | Anna | Dalgleish | F | | SCOTLAND EAST/Fife AC |
| 18 | 24:23 | Faye | O'Hare | F | | Liverpool Harriers |
| 19 | 24:27 | Gara | Williams | F | | IRELAND |
| 20 | 24:28 | Christina | Durbin | F | | St Albans Striders |
| 21 | 24:31 | Catherine | Martin | F | | NORTHERN IRELAND |
| 22 | 24:33 | Louise | Hastie | F | | SCOTLAND WEST/Kilbarchan AAC |
| 23 | 24:34 | Neasi | Ni Ainifein | F | | DEV Ireland |
| 24 | 24:38 | Nuala | Bose | F | | NORTHERN IRELAND |
| 25 | 24:42 | Jaden | Lenny | F | | SCOTLAND EAST/Fife AC |
| 26 | 24:43 | Eden | O'Dea | F | | Deeside Runners |
| 27 | 24:45 | Phoebe | Bate | F | | DEV Ireland |
| 28 | 24:47 | Claragh | Keance | F | | DEV Ireland |
| 29 | 25:04 | Amy | Geoghegan | F | | IRELAND |
| 30 | 25:04 | Susie | McLaughlin | F | | SCOTLAND WEST/Cambuslang H |
| 31 | 25:07 | Morven | Hubbard | F | | SCOTLAND WEST/Ayr Seaforth |
| 32 | 25:10 | Abigail | Davies | F | | WALES |
| 33 | 25:14 | Abi | Hammerman | F | | SCOTLAND WEST/Inverclyde AC |
| 34 | 25:14 | Charlie | Frew | F | | SCOTLAND WEST/Whitemoss AAC |
| 35 | 25:16 | Alice | Hickey | F | | DEV Ireland |
| 36 | 25:24 | Emma | Johnson | F | | SCOTLAND EAST/Corstorphine AAC |
| 37 | 25:27 | Roise | Roberts | F | | NORTHERN IRELAND |
| 38 | 25:27 | Meabh | Killalea | F | | Mullingar Harriers |
| 39 | 25:30 | Elsie | Hollywood | F | | SCOTLAND WEST/Shettleston H |
| 40 | 25:43 | Helen | Chong | F | | SCOTLAND WEST/Giffnock North |

U17 Women

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|----------|-------------|-----|-----|-----------------------------------|
| 41 | 25:45 | Libby | Smith | F | | SCOTLAND EAST/Fife AC |
| 42 | 25:52 | Summer | McDonald | F | | SCOTLAND WEST/Garscube Harriers |
| 43 | 25:53 | Alanah | Hill | F | | WALES |
| 44 | 25:58 | Grace | Tindall | F | | SCOTLAND EAST/Central AC |
| 45 | 26:00 | Shona | Carey | F | | SCOTLAND WEST/Cambuslang H |
| 46 | 26:09 | Abigail | Fyall | F | | SCOTLAND WEST/Nithsdale AC |
| 47 | 26:13 | Ellyn | Smith | F | | SCOTLAND NORTH/Moray RR |
| 48 | 26:16 | Miriam | Gilbride | F | | Giffnock North AC |
| 49 | 26:33 | Rachel | Muir | F | | SCOTLAND WEST/Kilbarchan AAC |
| 50 | 26:40 | Flora | Henry | F | | SCOTLAND EAST/Team East Lothian |
| 51 | 26:46 | Bea | Drummond | F | | Mullingar Harriers |
| 52 | 26:52 | Morag | Hickey | F | | SCOTLAND NORTH/Ross County AC |
| 53 | 26:57 | Niamh | Murphy | F | | SCOTLAND WEST/North Ayrshire AC |
| 54 | 27:18 | Mia | Padmanabhan | F | | SCOTLAND WEST/Garscube Harriers |
| 55 | 27:29 | Ellen | Astley | F | | SCOTLAND NORTH/Ellon AAC |
| 56 | 27:32 | Rachel | Ross | F | | SCOTLAND NORTH/East Sutherland AC |
| 57 | 27:43 | Kirsten | O'Donoghue | F | | Giffnock North AC |
| 58 | 27:55 | Karla | Cunningham | F | | Mullingar Harriers |
| 59 | 28:20 | Nicole | Macgilp | F | | Kilbarchan AAC |
| 60 | 28:23 | Sarah | Forbes | F | | Kilbarchan AAC |
| 61 | 29:20 | Niamh | Whelan | F | | SCOTLAND NORTH/Moray RR |
| 62 | 30:30 | Emma | Livingstone | F | | East Kilbride AC |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|---------------|--------|-----|---------|------------------|
| 1 | SCOTLAND EAST | 25 | 1 | 0:23:11 | Pippa Carcas |
| | | | 2 | 0:24:04 | Kirsty Purcell |
| | | | 3 | 0:24:11 | Caitlin Purcell |
| | | | 5 | 0:24:15 | Rose Newman |
| | | | 6 | 0:24:18 | Anna Dalgleish |
| | | | 8 | 0:24:42 | Jaden Lenny |
| 2 | SCOTLAND WEST | 53 | 4 | 0:24:14 | Zoe Flower |
| | | | 7 | 0:24:33 | Louise Hastie |
| | | | 9 | 0:25:04 | Susie McLaughlin |
| | | | 10 | 0:25:07 | Morven Hubbard |
| | | | 11 | 0:25:14 | Abi Hammerman |
| | | | 12 | 0:25:14 | Charlie Frew |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|------------------|--------|-----|---------|-------------------|
| 1 | SCOTLAND | 8 | 1 | 0:22:40 | Anna Hedley |
| | | | 3 | 0:23:25 | Meredith Reid |
| | | | 4 | 0:23:32 | Julia Cash |
| 2 | IRELAND | 18 | 2 | 0:23:01 | Emma Landers |
| | | | 5 | 0:23:36 | Avril Millerick |
| | | | 11 | 0:24:27 | Gara Williams |
| 3 | NORTHERN IRELAND | 25 | 6 | 0:23:42 | Amy Greene |
| | | | 7 | 0:23:44 | Kirsti Foster |
| | | | 12 | 0:24:31 | Catherine Martin |
| 4 | WALES | 37 | 9 | 0:24:03 | Gwenno Goode |
| | | | 10 | 0:24:09 | Moli Lyons |
| | | | 18 | 0:25:10 | Abigail Davies |
| 5 | DEV Ireland | 44 | 13 | 0:24:34 | Neasi Ni Ainifein |
| | | | 15 | 0:24:45 | Phoebe Bate |
| | | | 16 | 0:24:47 | Claragh Keance |

U17 Men

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|----------|--------------|-----|-----|-----------------------------------|
| 1 | 19:39 | Jenson | Connell | M | | Mansfield Harriers |
| 2 | 19:59 | Archie | Lowe | M | | Middlesbrough AC (Mandale) |
| 3 | 20:10 | Jack | Patton | M | | SCOTLAND WEST/Kilbarchan AAC |
| 4 | 20:11 | Sean | McGinley | M | | DEV Northern Ireland |
| 5 | 20:14 | Ben | Sandilands | M | | SCOTLAND EAST/Fife AC |
| 6 | 20:16 | Andrew | McGill | M | | SCOTLAND |
| 7 | 20:17 | Callum | Morgan | M | | DEV Northern Ireland |
| 8 | 20:28 | Johnny | Livingstone | M | | Exeter Harriers |
| 9 | 20:44 | David | Addison | M | | SCOTLAND EAST/Corstorphine AAC |
| 10 | 20:50 | Dafydd | Jones | M | | WALES |
| 11 | 20:52 | Harris | Patterson | M | | SCOTLAND |
| 12 | 20:56 | Lucas | Cairns | M | | SCOTLAND |
| 13 | 20:56 | Fionntan | Campbell | M | | St Malachys |
| 14 | 21:01 | Matthew | Lavery | M | | DEV Northern Ireland |
| 15 | 21:02 | Joel | Taylor | M | | Rosendale Harriers |
| 16 | 21:05 | Oisin | Toye | M | | DEV Northern Ireland |
| 17 | 21:10 | Frank | Morgan | M | | WALES |
| 18 | 21:12 | Conor | Gourley | M | | SCOTLAND EAST/Pitreavie AAC |
| 19 | 21:15 | Angus | Smith | M | | SCOTLAND NORTH/Inverness Harriers |
| 20 | 21:16 | Harry | Henriksen | M | | Lasswade AC |
| 21 | 21:16 | Harry | Lloyd McGill | M | | SCOTLAND WEST/Greenock Glenpark |
| 22 | 21:18 | Alastair | Marshall | M | | Livingston AC |
| 23 | 21:19 | Brode | Aitken | M | | SCOTLAND WEST/Cambuslang H |
| 24 | 21:19 | Sam | Griffin | M | | SCOTLAND |
| 25 | 21:20 | Fergus | Reid | M | | Springburn Harriers |
| 26 | 21:20 | Ethan | Carolan | M | | SCOTLAND WEST/Giffnock North |
| 27 | 21:27 | Jack | McCausland | M | | DEV Ireland |
| 28 | 21:35 | Jake | Stafford | M | | DEV Ireland |
| 29 | 21:36 | Hugh | Morrow | M | | SCOTLAND EAST/Edinburgh AC |
| 30 | 21:37 | Dara | Donoghue | M | | IRELAND |
| 31 | 21:38 | Lewis | Barclay | M | | SCOTLAND WEST/Kilbarchan AAC |
| 32 | 21:40 | Ethan | McColgan | M | | SCOTLAND EAST/Dundee Hawkhill H |
| 33 | 21:42 | Jacob | Reynolds | M | | WALES |
| 34 | 21:43 | Samuel | Gilson | M | | Rotherham Harriers & AC |
| 35 | 21:43 | Joel | Chambers | M | | IRELAND |
| 36 | 21:49 | Josh | Law | M | | SCOTLAND WEST/Inverclyde AC |
| 37 | 21:54 | Donald | Gilchrist | M | | SCOTLAND WEST/Law and District |
| 38 | 21:58 | Tadhg | Connolly | M | | IRELAND |
| 39 | 21:59 | David | Williams | M | | DEV Ireland |
| 40 | 22:02 | Colin | Smith | M | | Mullingar Harriers |

U17 Men

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|----------|------------|-----|-----|-----------------------------------|
| 41 | 22:03 | Peter | Bradshaw | M | | SCOTLAND WEST/Inverclyde AC |
| 42 | 22:06 | Jack | MacKinnon | M | | SCOTLAND WEST/Cambuslang H |
| 43 | 22:08 | Hamish | Anderson | M | | SCOTLAND WEST/East Kilbride AC |
| 44 | 22:09 | Myles | Hewlett | M | | IRELAND |
| 45 | 22:09 | Jack | Fenlon | M | | DEV Ireland |
| 46 | 22:16 | Zak | Povey | M | | SCOTLAND WEST/Cambuslang H |
| 47 | 22:19 | Jacob | Luc | M | | SCOTLAND WEST/Giffnock North |
| 48 | 22:19 | Blayne | Wright | M | | Giffnock North AC |
| 49 | 22:22 | Gregor | Collins | M | | SCOTLAND EAST/Gala Harriers |
| 50 | 22:23 | Ryan | Smith | M | | SCOTLAND EAST/Dundee Hawkhill H |
| 51 | 22:27 | Michael | Black | M | | SCOTLAND WEST/Cambuslang H |
| 52 | 22:27 | David | Race | M | | Gateshead Harriers |
| 53 | 22:37 | Aidan | Simpson | M | | SCOTLAND EAST/Dundee Hawkhill H |
| 54 | 22:38 | Lorcan | Mullen | M | | Mullingar Harriers |
| 55 | 22:41 | Duncan | Hughes | M | | Blackhill Bounders |
| 56 | 22:42 | Blair | Milne | M | | SCOTLAND NORTH/Moray RR |
| 57 | 22:43 | Euan | Rollo | M | | SCOTLAND NORTH/Inverness Harriers |
| 58 | 22:44 | Malcolm | McLure | M | | SCOTLAND EAST/Dunfermline T & F |
| 59 | 22:46 | Calum | Little | M | | SCOTLAND EAST/Falkirk Victoria H |
| 60 | 22:48 | Ben | Henderson | M | | SCOTLAND EAST/Perth Strathtay H |
| 61 | 22:49 | Rhys | Llewellyn | M | | WALES |
| 62 | 23:00 | Ruairi | Fagan | M | | Mullingar Harriers |
| 63 | 23:07 | Finlay | Rutter | M | | SCOTLAND NORTH/Inverness Harriers |
| 64 | 23:10 | Euan | Wond | M | | SCOTLAND EAST/Falkirk Victoria H |
| 65 | 23:12 | Michael | Sanderson | M | | SCOTLAND EAST/Fife AC |
| 66 | 23:16 | Joshua | Milne | M | | SCOTLAND NORTH/Moray RR |
| 67 | 23:19 | Davie | Houston | M | | Kilmarnock H&AC |
| 68 | 23:20 | Laurence | Petty | M | | SCOTLAND EAST/Dundee Hawkhill H |
| 69 | 23:21 | Robert | Gunson | M | | Kilbarchan AAC |
| 70 | 23:23 | Finlay | Raynor | M | | SCOTLAND NORTH/Inverness Harriers |
| 71 | 23:32 | Alex | Ellen | M | | SCOTLAND NORTH/Ross County AC |
| 72 | 23:38 | Ciaran | Hogg | M | | Inverclyde AC |
| 73 | 23:40 | Duncan | MacDonald | M | | SCOTLAND NORTH/Inverness Harriers |
| 74 | 24:18 | Scott | Perry | M | | SCOTLAND NORTH/Elgin AAC |
| 75 | 24:35 | Kyle | Sutherland | M | | SCOTLAND NORTH/Ross County AC |
| 76 | 25:05 | David | Scott | M | | SCOTLAND NORTH/Forres Harriers |
| 77 | 25:49 | Nathan | McColm | M | | Ayr Seaforth AC |
| 78 | 27:22 | Finn | Milligan | M | | Law & District AAC |
| 79 | 29:50 | Thomas | Burnett | M | | Inverness Harriers AAC |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|----------------|--------|-----|---------|--------------------|
| 1 | SCOTLAND WEST | 44 | 1 | 0:20:10 | Jack Patton |
| | | | 6 | 0:21:16 | Harry Lloyd McGill |
| | | | 7 | 0:21:19 | Brode Aitken |
| | | | 8 | 0:21:20 | Ethan Carolan |
| | | | 10 | 0:21:38 | Lewis Barclay |
| | | | 12 | 0:21:49 | Josh Law |
| 2 | SCOTLAND EAST | 48 | 2 | 0:20:14 | Ben Sandilands |
| | | | 3 | 0:20:44 | David Addison |
| | | | 4 | 0:21:12 | Conor Gourley |
| | | | 9 | 0:21:36 | Hugh Morrow |
| | | | 11 | 0:21:40 | Ethan McColgan |
| | | | 19 | 0:22:22 | Gregor Collins |
| 3 | SCOTLAND NORTH | 144 | 5 | 0:21:15 | Angus Smith |
| | | | 23 | 0:22:42 | Blair Milne |
| | | | 24 | 0:22:43 | Euan Rollo |
| | | | 28 | 0:23:07 | Finlay Rutter |
| | | | 31 | 0:23:16 | Joshua Milne |
| | | | 33 | 0:23:23 | Finlay Raynor |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|-------------|--------|-----|---------|------------------|
| 1 | SCOTLAND | 8 | 1 | 0:20:16 | Andrew McGill |
| | | | 3 | 0:20:52 | Harris Patterson |
| | | | 4 | 0:20:56 | Lucas Cairns |
| 2 | WALES | 17 | 2 | 0:20:50 | Dafydd Jones |
| | | | 5 | 0:21:10 | Frank Morgan |
| | | | 10 | 0:21:42 | Jacob Reynolds |
| 3 | DEV Ireland | 28 | 7 | 0:21:27 | Jack McCausland |
| | | | 8 | 0:21:35 | Jake Stafford |
| | | | 13 | 0:21:59 | David Williams |
| 4 | IRELAND | 32 | 9 | 0:21:37 | Dara Donoghue |
| | | | 11 | 0:21:43 | Joel Chambers |
| | | | 12 | 0:21:58 | Tadhg Connolly |

U20 Women

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|---------------|-----|-----|-------------------------------------|
| 1 | 26:14 | Megan | Keith | F | | SCOTLAND |
| 2 | 26:25 | Cera | Gemmell | F | | SCOTLAND |
| 3 | 26:32 | Olivia | Mason | F | | ENGLAND |
| 4 | 27:23 | Eloise | Walker | F | | SCOTLAND |
| 5 | 27:39 | Amelia | Samuels | F | | ENGLAND |
| 6 | 27:58 | Maya | Todd McIntyre | F | | ENGLAND |
| 7 | 28:03 | Freya | Stapleton | F | | ENGLAND |
| 8 | 28:16 | Holly | Smith | F | | NORTH OF ENGLAND |
| 9 | 28:29 | Samia | Jones | F | | WALES |
| 10 | 28:33 | Hannah | Anderson | F | | SCOTLAND |
| 11 | 28:48 | Ashleigh | Willis | F | | WALES |
| 12 | 28:54 | Martha | Calton-Seal | F | | NORTH OF ENGLAND |
| 13 | 28:58 | Danielle | Donnegan | F | | IRELAND |
| 14 | 29:07 | Neve | Hardcastle | F | | NORTH OF ENGLAND |
| 15 | 29:14 | Niamh | O'Mahoney | F | | IRELAND |
| 16 | 29:21 | Eimear | Maher | F | | IRELAND |
| 17 | 29:22 | Uno | O'Brien | F | | IRELAND |
| 18 | 29:28 | Nia | Clatworthy | F | | WALES |
| 19 | 29:36 | Emily | Field | F | | Bingley Harriers |
| 20 | 29:41 | Jessica | MacLeod | F | | Corstorphine AAC |
| 21 | 29:43 | Hannah | Gilliland | F | | NORTHERN IRELAND |
| 22 | 29:56 | Charlotte | McKenna | F | | Glasgow University Hares and Hounds |
| 23 | 30:05 | Aoife | McGreevy | F | | NORTHERN IRELAND |
| 24 | 30:38 | Niamh | Carr | F | | NORTHERN IRELAND |
| 25 | 30:41 | Mia | Goddard | F | | WALES |
| 26 | 31:10 | Eva | Edwards | F | | WELSH SCHOOLS |
| 27 | 31:25 | Ella | Quinn | F | | NORTHERN IRELAND |
| 28 | 31:32 | Aimee | Callow | F | | WELSH SCHOOLS |
| 29 | 31:37 | Bethany | Walker | F | | MIDLAND |
| 30 | 31:45 | Ffion | Higginson | F | | WELSH SCHOOLS |
| 31 | 31:46 | Esme | Callander | F | | Team East Lothian |
| 32 | 31:59 | Bethan | Davies | F | | WELSH SCHOOLS |
| 33 | 32:51 | Lizzie | Clarkson | F | | MIDLAND |
| 34 | 33:07 | Libby | Sutherland | F | | Kilbarchan AAC |
| 35 | 33:38 | Bella | Fantom | F | | MIDLAND |
| 36 | 38:13 | Orla | Walker | F | | MIDLAND |

Saturday 11th January

Run Stirling 2020
U20W Celtic Teams

Kings Park, Stirling

| Pos | Team | Points | Pos | Time | Athlete |
|-----|------------------|--------|-----|---------|-------------------|
| 1 | SCOTLAND | 6 | 1 | 0:26:14 | Megan Keith |
| | | | 2 | 0:26:25 | Cera Gemmell |
| | | | 3 | 0:27:23 | Eloise Walker |
| 2 | WALES | 21 | 4 | 0:28:29 | Samia Jones |
| | | | 6 | 0:28:48 | Ashleigh Willis |
| | | | 11 | 0:29:28 | Nia Clatworthy |
| 3 | IRELAND | 24 | 7 | 0:28:58 | Danielle Donnegan |
| | | | 8 | 0:29:14 | Niamh O'Mahoney |
| | | | 9 | 0:29:21 | Eimear Maher |
| 4 | NORTHERN IRELAND | 39 | 12 | 0:29:43 | Hannah Gilliland |
| | | | 13 | 0:30:05 | Aoife McGreevy |
| | | | 14 | 0:30:38 | Niamh Carr |
| 5 | WELSH SCHOOLS | 53 | 16 | 0:31:10 | Eva Edwards |
| | | | 18 | 0:31:32 | Aimee Callow |
| | | | 19 | 0:31:45 | Ffion Higginson |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|------------------|--------|-----|---------|--------------------|
| 1 | SCOTLAND | 7 | 1 | 0:26:14 | Megan Keith |
| | | | 2 | 0:26:25 | Cera Gemmell |
| | | | 4 | 0:27:23 | Eloise Walker |
| 2 | ENGLAND | 14 | 3 | 0:26:32 | Olivia Mason |
| | | | 5 | 0:27:39 | Amelia Samuels |
| | | | 6 | 0:27:58 | Maya Todd McIntyre |
| 3 | NORTH OF ENGLAND | 33 | 8 | 0:28:16 | Holly Smith |
| | | | 12 | 0:28:54 | Martha Calton-Seal |
| | | | 13 | 0:29:07 | Neve Hardcastle |
| 4 | WALES | 34 | 9 | 0:28:29 | Samia Jones |
| | | | 11 | 0:28:48 | Ashleigh Willis |
| | | | 14 | 0:29:28 | Nia Clatworthy |
| 5 | NORTHERN IRELAND | 48 | 15 | 0:29:43 | Hannah Gilliland |
| | | | 16 | 0:30:05 | Aoife McGreevy |
| | | | 17 | 0:30:38 | Niamh Carr |
| 6 | MIDLAND | 63 | 20 | 0:31:37 | Bethany Walker |
| | | | 21 | 0:32:51 | Lizzie Clarkson |
| | | | 22 | 0:33:38 | Bella Fantom |

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|---------------|-----|-----|---|
| 1 | 23:38 | Thomas | Keen | M | | ENGLAND |
| 2 | 23:41 | Matthew | Stonier | M | | ENGLAND |
| 3 | 23:43 | Josh | Dickinson | M | | NORTH OF ENGLAND |
| 4 | 23:47 | Tomer | Tarragano | M | | ENGLAND |
| 5 | 24:07 | Oliver | Newman | M | | Cambridge & Coleridge AC |
| 6 | 24:11 | Alex | Ediker | M | | NORTH OF ENGLAND |
| 7 | 24:13 | Nicolas | Harhalakis | M | | Cambridge & Coleridge AC |
| 8 | 24:14 | Dean | Casey | M | | IRELAND |
| 9 | 24:17 | Josh | Cowperthwaite | M | | NORTH OF ENGLAND |
| 10 | 24:24 | Daniel | Stone | M | | IRELAND |
| 11 | 24:35 | Ben | Shaw | M | | SCOTLAND |
| 12 | 24:41 | Conall | McClean | M | | NORTHERN IRELAND |
| 13 | 24:42 | Tony | McCambridge | M | | NORTHERN IRELAND |
| 14 | 24:43 | Lloyd | Sheppard | M | | WALES |
| 15 | 24:45 | Christian | Graham | M | | SCOTLAND |
| 16 | 24:48 | Osian | Perrin | M | | WALES |
| 17 | 24:49 | Kristof | Hornyik | M | | SCOTLAND |
| 18 | 24:50 | Adam | Ferris | M | | NORTHERN IRELAND |
| 19 | 25:02 | Ryan | Donald | M | | SCOTLAND |
| 20 | 25:04 | Oliver | Stewart | M | | Atlantic Athletics Club |
| 21 | 25:04 | Miceal | McCaul | M | | IRELAND |
| 22 | 25:14 | Morgan | James | M | | WALES |
| 23 | 25:17 | Shane | Coffey | M | | IRELAND |
| 24 | 25:26 | Ben | MacMillan | M | | Central AC |
| 25 | 25:29 | Aled | Jones | M | | WALES |
| 26 | 25:32 | Ben | Thomas | M | | Carmarthen and District Harriers |
| 27 | 25:35 | Adam | Brown | M | | Aberdeen AAC |
| 28 | 25:38 | Will | Tighe | M | | MIDLANDS |
| 29 | 25:44 | Aidan | Shea | M | | Central AC |
| 30 | 25:44 | Daniel | Melling | M | | Morpeth Harriers |
| 31 | 25:52 | Luca | Minale | M | | Victoria Park Harriers & Tower Hamlets AC |
| 32 | 25:56 | David | Dow | M | | Cambridge & Coleridge AC |
| 33 | 25:57 | Bryn | Woodall | M | | WELSH SCHOOLS |
| 34 | 26:06 | Ben | Reynolds | M | | WELSH SCHOOLS |
| 35 | 26:10 | Cameron | Sale | M | | Dundee Hawkhill Harriers |
| 36 | 26:12 | Finley | Hines | M | | WELSH SCHOOLS |
| 37 | 26:31 | James | Griffiths | M | | WELSH SCHOOLS |
| 38 | 26:47 | Conor | Maguire | M | | NORTHERN IRELAND |
| 39 | 27:45 | Nathan | Tosh | M | | Metro Aberdeen RC |
| 40 | 28:00 | Sandy | Holl | M | | Central AC |
| 41 | 28:00 | Stuart | Diamond | M | | MIDLANDS |
| 42 | 28:01 | Ed | Diamond | M | | MIDLANDS |
| 43 | 28:46 | Joe | Donnelly | M | | Team East Lothian |
| 44 | 28:53 | Fraser | Kelly | M | | Team East Lothian |
| 45 | 29:01 | Dan | Kimber | M | | MIDLANDS |
| 46 | 29:27 | Ben | MacDermid | M | | Dundee Hawkhill Harriers |
| 47 | 30:01 | Cameron | McClymont | M | | Garscube Harriers |

Saturday 11th January

Run Stirling 2020
U20M Celtic Teams

Kings Park, Stirling

| Pos | Team | Points | Pos | Time | Athlete |
|-----|------------------|--------|-----|---------|------------------|
| 1 | IRELAND | 15 | 1 | 0:24:14 | Dean Casey |
| | | | 2 | 0:24:24 | Daniel Stone |
| | | | 12 | 0:25:04 | Miceal McCaul |
| 2 | SCOTLAND | 19 | 3 | 0:24:35 | Ben Shaw |
| | | | 7 | 0:24:45 | Christian Graham |
| | | | 9 | 0:24:49 | Kristof Hornyik |
| 3 | NORTHERN IRELAND | 19 | 4 | 0:24:41 | Conall McClean |
| | | | 5 | 0:24:42 | Tony McCambridge |
| | | | 10 | 0:24:50 | Adam Ferris |
| 4 | WALES | 27 | 6 | 0:24:43 | Lloyd Sheppard |
| | | | 8 | 0:24:48 | Osian Perrin |
| | | | 13 | 0:25:14 | Morgan James |
| 5 | WELSH SCHOOLS | 51 | 16 | 0:25:57 | Bryn Woodall |
| | | | 17 | 0:26:06 | Ben Reynolds |
| | | | 18 | 0:26:12 | Finley Hines |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|------------------|--------|-----|---------|--------------------|
| 1 | ENGLAND | 7 | 1 | 0:23:38 | Thomas Keen |
| | | | 2 | 0:23:41 | Matthew Stonier |
| | | | 4 | 0:23:47 | Tomer Tarragano |
| 2 | NORTH OF ENGLAND | 14 | 3 | 0:23:43 | Josh Dickinson |
| | | | 5 | 0:24:11 | Alex Ediker |
| | | | 6 | 0:24:17 | Josh Cowperthwaite |
| 3 | SCOTLAND | 31 | 7 | 0:24:35 | Ben Shaw |
| | | | 11 | 0:24:45 | Christian Graham |
| | | | 13 | 0:24:49 | Kristof Hornyik |
| 4 | NORTHERN IRELAND | 35 | 8 | 0:24:41 | Conall McClean |
| | | | 9 | 0:24:42 | Tony McCambridge |
| | | | 18 | 0:26:47 | Conor Maguire |
| 5 | WALES | 37 | 10 | 0:24:43 | Lloyd Sheppard |
| | | | 12 | 0:24:48 | Osian Perrin |
| | | | 15 | 0:25:14 | Morgan James |
| 6 | MIDLANDS | 56 | 17 | 0:25:38 | Will Tighe |
| | | | 19 | 0:28:00 | Stuart Diamond |
| | | | 20 | 0:28:01 | Ed Diamond |

Sen Women

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|---------------|-----|-----|-------------------------------------|
| 1 | 29:20 | Kate | Avery | F | | ENGLAND |
| 2 | 29:31 | Abbie | Donnelly | F | | ENGLAND |
| 3 | 29:39 | Bronwen | Owen | F | | WALES |
| 4 | 29:47 | Mhairi | MacLennan | F | | SCOTLAND |
| 5 | 29:58 | Fionnuala | Ross | F | | NORTHERN IRELAND |
| 6 | 30:03 | Dani | Chattenton | F | | ENGLAND |
| 7 | 30:08 | Izzy | Fry | F | | Newbury AC |
| 8 | 30:26 | Sarah | Astin | F | | City of Norwich AC |
| 9 | 30:35 | Charlotte | Dannatt | F | | ENGLAND |
| 10 | 30:38 | Georgia | Malir | F | | NORTH OF ENGLAND |
| 11 | 30:48 | Iona | Lake | F | | City of Norwich AC |
| 12 | 30:59 | Annabel | Simpson | F | | SCOTLAND |
| 13 | 31:01 | Nynke | Mullholland | F | | SCOTLAND |
| 14 | 31:04 | Claire | Fagan | F | U23 | IRELAND |
| 15 | 31:09 | Zoe | Pflug | F | U23 | SCOTLAND |
| 16 | 31:10 | Virginie | Barrand | F | | SCOTLAND EAST/Metro Aberdeen |
| 17 | 31:17 | Caroline | Lambert | F | | NORTH OF ENGLAND |
| 18 | 31:28 | Jessica | Craig | F | | NORTHERN IRELAND |
| 19 | 31:29 | Michelle | Sandison | F | | SCOTLAND WEST/Springburn H |
| 20 | 31:31 | Fiona | Brian | F | | SCOTLAND |
| 21 | 31:33 | Amelie | Pettitt | F | | NORTH OF ENGLAND |
| 22 | 31:37 | Charlotte | Taylor | F | | MIDLAND |
| 23 | 31:47 | Rebecca | Johnson | F | | SCOTTISH STUDENTS/Univ of Edinburgh |
| 24 | 31:50 | Lauren | Wilson | F | | SCOTLAND EAST/Edinburgh AC |
| 25 | 31:51 | Kayleigh | Jarrett | F | | SCOTLAND WEST/Shettleston H |
| 26 | 32:00 | Holly | Little | F | U23 | SCOTLAND |
| 27 | 32:00 | Hannah | Robinson | F | | MIDLAND |
| 28 | 32:08 | Freya | Ross | F | | SCOTLAND EAST/Falkirk Victoria H |
| 29 | 32:11 | Catriona | MacDonald | F | | SCOTLAND WEST/Bellahouston RR |
| 30 | 32:17 | Sophia | Green | F | | SCOTLAND NORTH/Moray RR |
| 31 | 32:18 | Claire | Bruce | F | | SCOTLAND EAST/Metro Aberdeen |
| 32 | 32:18 | Katie | Moore | F | | NORTHERN IRELAND |
| 33 | 32:21 | Constance | Nankivell | F | U23 | SCOTLAND |
| 34 | 32:21 | Becky | Briggs | F | | NORTH OF ENGLAND |
| 35 | 32:25 | Aoife | O'Brien | F | U23 | IRELAND |
| 36 | 32:26 | Sorcha | McAllister | F | U23 | IRELAND |
| 37 | 32:31 | Eilish | O'Grady | F | U23 | IRELAND |
| 38 | 32:33 | Gemma | Cormack | F | | SCOTLAND NORTH/Inverness Harriers |
| 39 | 32:35 | Alaw | Beynon-Thomas | F | | WALES |
| 40 | 32:38 | Kerry | McAngus | F | U23 | SCOTLAND |

Sen Women

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|--------------|-----|-----|-------------------------------------|
| 41 | 32:42 | Amy | Frankland | F | | SCOTLAND EAST/Lasswade AC |
| 42 | 32:43 | Laura | Wright | F | | WALES |
| 43 | 32:49 | Avril | Mason | F | | SCOTLAND WEST/Shettleston H |
| 44 | 32:54 | Kara | Tait | F | | SCOTLAND WEST/Kilmarnock H &AC |
| 45 | 32:59 | Lynn | McKenna | F | | SCOTTISH STUDENTS/Univ of Glasgow |
| 46 | 33:01 | Yasmin | Goater | F | | Highgate Harriers |
| 47 | 33:02 | Keira | Gore | F | | SCOTLAND EAST/Lasswade AC |
| 48 | 33:04 | Rhona | Mowat | F | | SCOTTISH STUDENTS/Heriot Watt Univ |
| 49 | 33:12 | Zoe | Bates | F | | SCOTTISH STUDENTS/Univ of Aberdeen |
| 50 | 33:12 | Kirstin | Maxwell | F | | SCOTLAND EAST/Gala Harriers |
| 51 | 33:21 | Sarah | Kelly | F | U23 | NORTHERN IRELAND |
| 52 | 33:22 | Ruth | Joss | F | | SCOTLAND WEST/Shettleston H |
| 53 | 33:23 | Kathryn | Pennel | F | | SCOTLAND WEST/Shettleston H |
| 54 | 33:23 | Sara | Green | F | | SCOTLAND EAST/Gala Harriers |
| 55 | 33:24 | Hannah | Terrance | F | | SCOTLAND WEST/Springburn H |
| 56 | 33:29 | Lily | Higgins | F | | MIDLAND |
| 57 | 33:32 | Yvonne | McNairn | F | | SCOTLAND WEST/Giffnock North |
| 58 | 33:34 | Chloe | Cox | F | | SCOTLAND EAST/Edinburgh AC |
| 59 | 33:45 | Rhiannon | Kirk | F | | Edinburgh Univ Hare and Hounds |
| 60 | 33:49 | Rebekah | Nixon | F | U23 | NORTHERN IRELAND |
| 61 | 33:51 | Becky | Dunphy | F | | SCOTLAND WEST/VP Glasgow AC |
| 62 | 33:58 | Jill | Smylie | F | | SCOTLAND WEST/Giffnock North |
| 63 | 34:03 | Heather | Anderson | F | | SCOTLAND EAST/Fife AC |
| 64 | 34:06 | Catriona | Fraser | F | | SCOTLAND NORTH/Inverness Harriers |
| 65 | 34:10 | Stephanie | Lawrie | F | | SCOTLAND WEST/VP Glasgow AC |
| 66 | 34:10 | Jennifer | Cruickshanks | F | | Fife AC |
| 67 | 34:11 | Edel | Monaghan | F | U23 | NORTHERN IRELAND |
| 68 | 34:13 | Polly | Edwards | F | | SCOTTISH STUDENTS/Univ of Edinburgh |
| 69 | 34:16 | Elaine | Eadie | F | | SCOTLAND EAST/Edinburgh AC |
| 70 | 34:18 | Hannah | Addison | F | | SCOTTISH STUDENTS/Univ of Aberdeen |
| 71 | 34:19 | Natalie | Griffiths | F | | MIDLAND |
| 72 | 34:28 | Lucy Erin | Hunter | F | | NORTH OF ENGLAND (N/S) |
| 73 | 34:34 | Aoife | Carr | F | | SCOTTISH STUDENTS/Univ of Glasgow |
| 74 | 34:40 | Emily | Andrew | F | | SCOTLAND NORTH/Inverness Harriers |
| 75 | 34:46 | Isla | Scott-Pearce | F | | Edinburgh AC |
| 76 | 34:49 | Heather | Campbell | F | | SCOTLAND NORTH/Inverness Harriers |
| 77 | 34:58 | Laura | Gibson | F | | SCOTLAND EAST/Fife AC |
| 78 | 35:21 | Moirra | Davie | F | | SCOTLAND NORTH/Forres Harriers |
| 79 | 35:36 | Niamh | Shaw | F | | SCOTTISH STUDENTS/Univ of Dundee |
| 80 | 35:56 | Katie | White | F | | SCOTLAND WEST/Garscube Harriers |

Sen Women

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|-------------|-----|-----|-------------------------------------|
| 81 | 35:58 | Emma | Watt | F | | SCOTLAND NORTH/JSK RC |
| 82 | 36:26 | Caitlin | Arnott | F | | SCOTTISH STUDENTS/Univ of Aberdeen |
| 83 | 37:04 | Rona | Tyler | F | | SCOTTISH STUDENTS/Univ of Edinburgh |
| 84 | 37:16 | Siobhan | Evans | F | | Forres Harriers |
| 85 | 37:52 | Carolyn | Cameron | F | | SCOTTISH STUDENTS/Univ of Edinburgh |
| 86 | 37:57 | Laura | Gray | F | | Garscube Harriers |
| 87 | 38:06 | Karen | Patel | F | | West End RR |
| 88 | 38:29 | Emily | Tomasso | F | | Garscube Harriers |
| 89 | 38:34 | Holly | Maciver | F | | Garscube Harriers |
| 90 | 38:35 | Maria | Boland | F | | Edinburgh AC |
| 91 | 38:41 | Catriona | Bruce | F | | Hunters Bog Trotters |
| 92 | 39:02 | Lauren | Young | F | | Blackhill Bounders |
| 93 | 40:37 | Fiona | Macfarlane | F | | Lothian RC |
| 94 | 40:54 | Martha | Lovatt | F | | Garscube Harriers |
| 95 | 41:00 | Ann | White | F | | Garscube Harriers |
| 96 | 41:19 | Morag | Taggart | F | | Dundee RR |
| 97 | 41:32 | Bethan | Nadin | F | | SCOTLAND NORTH/Highland Hill R |
| 98 | 41:45 | Morag | Casey | F | | Garscube Harriers |
| 99 | 41:49 | Catriona | Padmanabhan | F | | Garscube Harriers |
| 100 | 41:58 | Lorna | Broadhurst | F | | Harmeny AC |
| 101 | 41:59 | Vivien | Thorpe | F | | East Kilbride AC |
| 102 | 42:35 | Casey | Thompson | F | | Garscube Harriers |
| 103 | 42:46 | Alison | Gelly | F | | Dundee RR |
| 104 | 43:05 | Kathryn | Scott | F | | Garscube Harriers |
| 105 | 43:40 | Agnieszka | Magierecka | F | | Garscube Harriers |
| 106 | 43:50 | Kirsten | Mathew | F | | Garscube Harriers |
| 107 | 44:46 | Susan | Ross | F | | Harmeny AC |
| 108 | 45:52 | Emma | Waine | F | | Garscube Harriers |
| 109 | 45:56 | Janet | Murray | F | | Dundee RR |
| 110 | 46:07 | Danielle | MacDermid | F | | Dundee Hawkhill Harriers |
| 111 | 46:36 | Samantha | Denis | F | | Harmeny AC |
| 112 | 49:34 | Patricia | Hampton | F | | Harmeny AC |
| 113 | 51:53 | Karen | Campbell | F | | Fife AC |

SW ID Teams

| Pos | Team | Points | Pos | Time | Athlete |
|-----|-------------------|--------|-----|---------|--------------------|
| 1 | SCOTLAND EAST | 46 | 1 | 0:31:10 | Virginie Barrand |
| | | | 4 | 0:31:50 | Lauren Wilson |
| | | | 6 | 0:32:08 | Freya Ross |
| | | | 9 | 0:32:18 | Claire Bruce |
| | | | 11 | 0:32:42 | Amy Frankland |
| | | | 15 | 0:33:02 | Keira Gore |
| 2 | SCOTLAND WEST | 58 | 2 | 0:31:29 | Michelle Sandison |
| | | | 5 | 0:31:51 | Kayleigh Jarrett |
| | | | 7 | 0:32:11 | Catriona MacDonald |
| | | | 12 | 0:32:49 | Avril Mason |
| | | | 13 | 0:32:54 | Kara Tait |
| | | | 19 | 0:33:22 | Ruth Joss |
| 3 | SCOTTISH STUDENTS | 112 | 3 | 0:31:47 | Rebecca Johnson |
| | | | 14 | 0:32:59 | Lynn McKenna |
| | | | 16 | 0:33:04 | Rhona Mowat |
| | | | 17 | 0:33:12 | Zoe Bates |
| | | | 30 | 0:34:13 | Polly Edwards |
| | | | 32 | 0:34:18 | Hannah Addison |
| 4 | SCOTLAND NORTH | 152 | 8 | 0:32:17 | Sophia Green |
| | | | 10 | 0:32:33 | Gemma Cormack |
| | | | 28 | 0:34:06 | Catriona Fraser |
| | | | 34 | 0:34:40 | Emily Andrew |
| | | | 35 | 0:34:49 | Heather Campbell |
| | | | 37 | 0:35:21 | Moira Davie |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|------------------|--------|-----|---------|---------------------|
| 1 | SCOTLAND | 9 | 2 | 0:31:09 | Zoe Pflug |
| | | | 3 | 0:32:00 | Holly Little |
| | | | 4 | 0:32:21 | Constance Nankivell |
| 2 | IRELAND | 12 | 1 | 0:31:04 | Claire Fagan |
| | | | 5 | 0:32:25 | Aoife O'Brien |
| | | | 6 | 0:32:26 | Sorcha McAllister |
| 3 | NORTHERN IRELAND | 33 | 10 | 0:33:21 | Sarah Kelly |
| | | | 11 | 0:33:49 | Rebekah Nixon |
| | | | 12 | 0:34:11 | Edel Monaghan |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|------------------|--------|-----|---------|--------------------|
| 1 | ENGLAND | 9 | 1 | 0:29:20 | Kate Avery |
| | | | 2 | 0:29:31 | Abbie Donnelly |
| | | | 6 | 0:30:03 | Dani Chattenton |
| 2 | SCOTLAND | 23 | 4 | 0:29:47 | Mhairi MacLennan |
| | | | 9 | 0:30:59 | Annabel Simpson |
| | | | 10 | 0:31:01 | Nynke Mullholland |
| 3 | NORTH OF ENGLAND | 33 | 8 | 0:30:38 | Georgia Malir |
| | | | 11 | 0:31:17 | Caroline Lambert |
| | | | 14 | 0:31:33 | Amelie Pettitt |
| 4 | NORTHERN IRELAND | 34 | 5 | 0:29:58 | Fionnuala Ross |
| | | | 12 | 0:31:28 | Jessica Craig |
| | | | 17 | 0:32:18 | Katie Moore |
| 5 | WALES | 42 | 3 | 0:29:39 | Bronwen Owen |
| | | | 19 | 0:32:35 | Alaw Beynon-Thomas |
| | | | 20 | 0:32:43 | Laura Wright |
| 6 | MIDLAND | 52 | 15 | 0:31:37 | Charlotte Taylor |
| | | | 16 | 0:32:00 | Hannah Robinson |
| | | | 21 | 0:33:29 | Lily Higgins |

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|--------------|-----|-----|---------------------------------------|
| 1 | 25:33 | Kristian | Jones | M | | WALES |
| 2 | 25:43 | Jamie | Crowe | M | | SCOTLAND |
| 3 | 25:49 | Adam | Hickey | M | | ENGLAND |
| 4 | 25:50 | Andrew | Butchart | M | | SCOTLAND |
| 5 | 26:10 | James | Hunt | M | | WALES |
| 6 | 26:28 | Sean | Chalmers | M | | SCOTLAND NORTH/Inverness Harriers |
| 7 | 26:29 | Tom | Martyn | M | | SCOTLAND EAST/Corstorphine AAC |
| 8 | 26:29 | Ben | Greenwood | M | U23 | SCOTLAND |
| 9 | 26:34 | Lachlan | Oates | M | | SCOTLAND |
| 10 | 26:36 | Tim | Harrison | M | | Cambridge & Coleridge AC |
| 11 | 26:38 | Robbie | Simpson | M | | Deeside Runners |
| 12 | 26:45 | Andy | Douglas | M | | SCOTLAND WEST/Inverclyde AC |
| 13 | 26:46 | Cameron | Allan | M | | NORTH OF ENGLAND |
| 14 | 26:46 | Ellis | Cross | M | | ENGLAND |
| 15 | 26:49 | Patrick | McNiff | M | U23 | NORTHERN IRELAND |
| 16 | 26:52 | Linton | Taylor | M | | NORTH OF ENGLAND |
| 17 | 26:54 | Gavin | Hill | M | | NORTH OF ENGLAND |
| 18 | 26:57 | Jack | Leitch | M | U23 | SCOTLAND |
| 19 | 27:00 | Hamish | Hickey | M | U23 | SCOTLAND |
| 20 | 27:03 | Cameron | Strachan | M | | SCOTLAND EAST/Metro Aberdeen |
| 21 | 27:03 | Eoin | Lennon | M | | SCOTLAND EAST/Carnethy HRC |
| 22 | 27:04 | Conor | Duffy | M | | NORTHERN IRELAND |
| 23 | 27:09 | Ross | Gollan | M | | SCOTLAND NORTH/Shettleston H |
| 24 | 27:09 | Neil | Johnston | M | | NORTHERN IRELAND |
| 25 | 27:10 | Calum | McKenzie | M | | SCOTLAND EAST/Corstorphine AAC |
| 26 | 27:16 | Alexander | Chepelin | M | | SCOTTISH STUDENTS/Univ of Edinburgh |
| 27 | 27:17 | Tom | Mortimer | M | | ENGLAND |
| 28 | 27:22 | Eilsha | De Mello | M | | SCOTTISH STUDENTS/Univ of Edinburgh |
| 29 | 27:23 | Matthew | Edwards | M | | WALES |
| 30 | 27:24 | Dominic | James | M | | MIDLANDS |
| 31 | 27:25 | Robert | Warner | M | | ENGLAND |
| 32 | 27:32 | Michael | Christoforou | M | | SCOTLAND EAST/Edinburgh AC |
| 33 | 27:33 | Craig | Jardine | M | | SCOTTISH STUDENTS/Univ of Strathclyde |
| 34 | 27:33 | David | McGlynn | M | U23 | IRELAND |
| 35 | 27:35 | James | Donald | M | U23 | SCOTLAND |
| 36 | 27:35 | Lewis | Rodgers | M | | SCOTLAND EAST/Fife AC |
| 37 | 27:37 | Sam | Johnson | M | | MIDLANDS |
| 38 | 27:40 | Jonny | Glen | M | | SCOTLAND |
| 39 | 27:43 | Donal | Devane | M | U23 | IRELAND |
| 40 | 27:45 | Alastair | Hay | M | | SCOTLAND EAST/Central AC |

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|----------|-------------|-----|-----|---|
| 41 | 27:47 | Thomas | McStay | M | U23 | IRELAND |
| 42 | 27:47 | Eddie | Narbett | M | | Edinburgh Univ Hare and Hounds |
| 43 | 27:49 | Alasdair | Campbell | M | | SCOTLAND WEST/Cambuslang H |
| 44 | 27:52 | Daire | Finn | M | U23 | IRELAND |
| 45 | 27:52 | John | Newsom | M | | SCOTLAND NORTH/Inverness Harriers |
| 46 | 27:54 | Luke | Pickering | M | | Houghton Harriers & AC |
| 47 | 27:55 | Alfie | Manthorpe | M | | NORTH OF ENGLAND (N/S) |
| 48 | 27:56 | Conan | McCaughey | M | | Central AC |
| 49 | 27:57 | Ryan | Gray | M | | SCOTLAND WEST/Inverclyde AC |
| 50 | 27:57 | Alex | Muir | M | | SCOTTISH STUDENTS/Univ of Edinburgh |
| 51 | 27:57 | James | Dunn | M | | SCOTTISH STUDENTS/Edinburgh Napier |
| 52 | 28:00 | Fraser | Stewart | M | | SCOTLAND WEST/Cambuslang H |
| 53 | 28:01 | Jake | Richardson | M | | MIDLANDS |
| 54 | 28:02 | Euan | Campbell | M | | Stornoway Running & AC |
| 55 | 28:05 | Matthew | Sutherland | M | | SCOTLAND EAST/Central AC |
| 56 | 28:12 | Cameron | Main | M | | SCOTLAND NORTH/Moray RR |
| 57 | 28:19 | Callum | Tharme | M | | SCOTTISH STUDENTS/Univ of Edinburgh |
| 58 | 28:19 | Patrick | Roddy | M | | Thames Valley H&H |
| 59 | 28:20 | Tom | Graham-Marr | M | | SCOTTISH STUDENTS/Univ of Aberdeen |
| 60 | 28:26 | Lucas | Cheskin | M | | SCOTLAND WEST/Shettleston H |
| 61 | 28:26 | Zak | Hanna | M | | NORTHERN IRELAND |
| 62 | 28:27 | Kenny | Wilson | M | | SCOTLAND NORTH/Moray RR |
| 63 | 28:33 | Luke | Howard | M | | Stirling University AC |
| 64 | 28:35 | James | Hoad | M | | SCOTLAND EAST/Aberdeen AAC |
| 65 | 28:37 | Alistair | Masson | M | | SCOTLAND EAST/Carnethy HRC |
| 66 | 28:38 | Craig | McMeechan | M | U23 | NORTHERN IRELAND |
| 67 | 28:39 | Grant | Baillie | M | | SCOTLAND WEST/East Kilbride AC |
| 68 | 28:40 | Peter | Gracey | M | U23 | NORTHERN IRELAND |
| 69 | 28:41 | Myles | Edwards | M | | SCOTLAND EAST/Aberdeen AAC |
| 70 | 28:41 | Ross | Gray | M | | SCOTLAND WEST/Inverclyde AC |
| 71 | 28:43 | Finn | Lydon | M | | SCOTLAND EAST/Carnethy HRC |
| 72 | 28:44 | Cameron | Smith | M | | SCOTTISH STUDENTS/Univ of Glasgow |
| 73 | 28:49 | Ben | Ward | M | | Metro Aberdeen RC |
| 74 | 28:51 | Stuart | Gibson | M | | SCOTLAND WEST/Cambuslang H |
| 75 | 28:51 | Tom | Cunningham | M | | Corstorphine AAC |
| 76 | 28:52 | Robbie | Ferguson | M | | Kilbarchan AAC |
| 77 | 28:52 | Luca | Fanottoli | M | | SCOTTISH STUDENTS/Univ of Stirling |
| 78 | 29:02 | Scott | Stirling | M | | SCOTLAND EAST/Falkirk Victoria Harriers |
| 79 | 29:07 | Conor | Smith | M | | MIDLANDS |
| 80 | 29:09 | John | Fergusson | M | | SCOTLAND WEST/East Kilbride AC |

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|-----------|-----------------|-----|-----|---------------------------------------|
| 81 | 29:12 | Gregor | Malcolm | M | | Edinburgh Univ Hare and Hounds |
| 82 | 29:13 | Ewan | Davidson | M | | SCOTLAND NORTH/Moray RR |
| 83 | 29:20 | Daryl | Reid | M | | SCOTLAND WEST/East Kilbride AC |
| 84 | 29:21 | James | Wilson | M | | SCOTLAND NORTH/Moray RR |
| 85 | 29:22 | Alastair | Thomas | M | | SCOTTISH STUDENTS/Univ of Edinburgh |
| 86 | 29:22 | Miguel | Delgado Sillero | M | | Bellahouston Harriers |
| 87 | 29:23 | Leon | Johnson | M | | Edinburgh AC |
| 88 | 29:37 | Kenneth | Neill | M | | Ayr Seaforth AC |
| 89 | 29:41 | Luke | Davidson | M | | SCOTLAND NORTH/Inverness Harriers |
| 90 | 29:44 | Eoin | Hughes | M | U23 | NORTHERN IRELAND |
| 91 | 29:45 | Andrew | MacAngus | M | | SCOTTISH STUDENTS/Univ of Strathclyde |
| 92 | 29:50 | James | Waldie | M | | Hunters Bog Trotters |
| 93 | 29:52 | Telfer | Gray | M | | Central AC |
| 94 | 29:52 | Niall | McAlinden | M | | Westerlands XC Club |
| 95 | 29:56 | Jack | Letson | M | | Inverclyde AC |
| 96 | 30:01 | Andrew | Johnstone | M | | SCOTLAND NORTH/Inverness Harriers |
| 97 | 30:07 | Mark | Doherty | M | | Inverclyde AC |
| 98 | 30:11 | Ally | Beaven | M | | SCOTLAND NORTH/Highland Hill R |
| 99 | 30:13 | Calum | Phillip | M | | Central AC |
| 100 | 30:20 | Conor | Thomson | M | | SCOTLAND WEST/Kilbarchan AAC |
| 101 | 30:22 | Blair | Mackay | M | | SCOTLAND NORTH/East Sutherland |
| 102 | 30:23 | Stuart | Johnston | M | | Edinburgh AC |
| 103 | 30:27 | Alexander | Bell | M | | Edinburgh Univ Hare and Hounds |
| 104 | 30:33 | Robin | Burnett | M | | Inverness Harriers AAC |
| 105 | 30:36 | Ewan | Crawford | M | | Hunters Bog Trotters |
| 106 | 30:37 | Darren | McQuade | M | | Bellahouston Harriers |
| 107 | 30:40 | Steven | Bowyer | M | | Blackhill Bounders |
| 108 | 30:42 | James | Callender | M | | Westerlands XC Club |
| 109 | 30:44 | William | Bowers | M | | Ochil Hill Runners |
| 110 | 30:46 | John | Macleod | M | | Corstorphine AAC |
| 111 | 30:56 | Steven | Murray | M | | SCOTTISH STUDENTS/Univ of Aberdeen |
| 112 | 31:04 | Brian | Robinson | M | | Ayr Seaforth AC |
| 113 | 31:15 | Munro | Stewart | M | | Dundee Hawkhill Harriers |
| 114 | 31:16 | Stuart | Miller | M | | Bellahouston Harriers |
| 115 | 31:18 | Oliver | Garner | M | | The Stragglers RC |
| 116 | 31:19 | Jordan | Bell | M | | Blackhill Bounders |
| 117 | 31:37 | Jamie | Clements | M | | East Kilbride AC |
| 118 | 31:43 | Stephen | Allan | M | | Cumbernauld AAC |
| 119 | 31:48 | Lee | Dover | M | | Houghton and Peterlee |
| 120 | 31:52 | James | Bowden | M | | Westerlands XC Club |

| Pos | Time | Forename | Surname | M/F | Cat | Club |
|-----|-------|----------|------------|-----|-----|------------------------------|
| 121 | 32:02 | Peter | Townsend | M | | Herts Phoenix AC |
| 122 | 32:40 | Michael | Rimicans | M | | University of St. Andrews CC |
| 123 | 32:41 | David | Woods | M | | Haddington RC |
| 124 | 32:49 | Iain | Macdonald | M | | Edinburgh AC |
| 125 | 33:18 | Iain | Macleod | M | | Corstorphine AAC |
| 126 | 33:27 | Charlie | Storrie | M | | Dumfries RC |
| 127 | 33:40 | Shea | Roddy | M | | Dundee RR |
| 128 | 33:43 | Ted | Gourley | M | | Giffnock North AC |
| 129 | 33:46 | Andy | Macdonald | M | | Giffnock North AC |
| 130 | 33:47 | Ewan | Smith | M | | Campbeltown RC |
| 131 | 33:47 | Graeme | Gatherer | M | | Highland Hill Runners |
| 132 | 33:49 | Iain | Craven | M | | Edinburgh AC |
| 133 | 33:51 | Robert | Bartley | M | | Cumbernauld AAC |
| 134 | 33:55 | Neil | Ferrier | M | | Central AC |
| 135 | 34:10 | Donald | Shaw | M | | Central AC |
| 136 | 34:22 | Andrew | Irvine | M | | Central AC |
| 137 | 34:30 | Scott | Martin | M | | Kilmarnock H&AC |
| 138 | 34:36 | Jens | Subke | M | | Central AC |
| 139 | 34:46 | Paul | Clawson | M | | Bellahouston Harriers |
| 140 | 35:27 | Gavin | Phillip | M | | Edinburgh AC |
| 141 | 36:09 | Iain | Dunsmore | M | | Central AC |
| 142 | 36:13 | Iain | Elliott | M | | Central AC |
| 143 | 36:36 | Tsz Sum | Fung | M | | City of Sheffield AC |
| 144 | 37:32 | Andrew | Ross | M | | Harmeny AC |
| 145 | 37:53 | Craig | Stewart | M | | Harmeny AC |
| 146 | 38:01 | Phil | Mann | M | | Metro Aberdeen RC |
| 147 | 38:13 | Andy | Redman | M | | Metro Aberdeen RC |
| 148 | 38:32 | Colin | Alexander | M | | Central AC |
| 149 | 38:59 | John | Mill | M | | Dundee RR |
| 150 | 39:21 | Richard | Beattie | M | | Law & District AAC |
| 151 | 39:29 | Arthur | Mulholland | M | | East Kilbride AC |
| 152 | 39:38 | Benjamin | Gibson | M | | Dundee RR |
| 153 | 39:39 | John | Tierney | M | | Dundee RR |
| 154 | 40:19 | Brian | Anderson | M | | Blackhill Bounders |
| 155 | 41:18 | Andrew | Brown | M | | Strathearn Harriers |
| 156 | 43:05 | Allan | Gall | M | | Central AC |
| 157 | 43:46 | Euan | MacDermid | M | | Dundee Hawkhill Harriers |
| 158 | 44:14 | Aidan | Hughes | M | | Blackhill Bounders |
| 159 | 44:18 | Richard | Cleary | M | | Dundee RR |
| 160 | 44:55 | Grant | Whytock | M | | Dundee RR |
| 161 | 47:02 | Stuart | Marsden | M | | Lothian RC |

SM ID Teams

| Pos | Team | Points | Pos | Time | Athlete |
|-----|-------------------|--------|-----|---------|----------------------|
| 1 | SCOTLAND EAST | 40 | 2 | 0:26:29 | Tom Martyn |
| | | | 4 | 0:27:03 | Cameron Strachan |
| | | | 5 | 0:27:03 | Eoin Lennon |
| | | | 7 | 0:27:10 | Calum McKenzie |
| | | | 10 | 0:27:32 | Michael Christoforou |
| | | | 12 | 0:27:35 | Lewis Rodgers |
| 2 | SCOTTISH STUDENTS | 85 | 8 | 0:27:16 | Alexander Chepelin |
| | | | 9 | 0:27:22 | Eilsha De Mello |
| | | | 11 | 0:27:33 | Craig Jardine |
| | | | 17 | 0:27:57 | Alex Muir |
| | | | 18 | 0:27:57 | James Dunn |
| | | | 22 | 0:28:19 | Callum Tharme |
| 3 | SCOTLAND WEST | 104 | 3 | 0:26:45 | Andy Douglas |
| | | | 14 | 0:27:49 | Alasdair Campbell |
| | | | 16 | 0:27:57 | Ryan Gray |
| | | | 19 | 0:28:00 | Fraser Stewart |
| | | | 24 | 0:28:26 | Lucas Cheskin |
| | | | 28 | 0:28:39 | Grant Baillie |
| 4 | SCOTLAND NORTH | 105 | 1 | 0:26:28 | Sean Chalmers |
| | | | 6 | 0:27:09 | Ross Gollan |
| | | | 15 | 0:27:52 | John Newsom |
| | | | 21 | 0:28:12 | Cameron Main |
| | | | 25 | 0:28:27 | Kenny Wilson |
| | | | 37 | 0:29:13 | Ewan Davidson |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|------------------|--------|-----|---------|-----------------|
| 1 | SCOTLAND | 8 | 1 | 0:26:29 | Ben Greenwood |
| | | | 3 | 0:26:57 | Jack Leitch |
| | | | 4 | 0:27:00 | Hamish Hickey |
| 2 | IRELAND | 20 | 5 | 0:27:33 | David McGlynn |
| | | | 7 | 0:27:43 | Donal Devane |
| | | | 8 | 0:27:47 | Thomas McStay |
| 3 | NORTHERN IRELAND | 23 | 2 | 0:26:49 | Patrick McNiff |
| | | | 10 | 0:28:38 | Craig McMeechan |
| | | | 11 | 0:28:40 | Peter Gracey |

| Pos | Team | Points | Pos | Time | Athlete |
|-----|------------------|--------|-----|---------|-----------------|
| 1 | SCOTLAND | 12 | 2 | 0:25:43 | Jamie Crowe |
| | | | 4 | 0:25:50 | Andrew Butchart |
| | | | 6 | 0:26:34 | Lachlan Oates |
| 2 | WALES | 20 | 1 | 0:25:33 | Kristian Jones |
| | | | 5 | 0:26:10 | James Hunt |
| | | | 14 | 0:27:23 | Matthew Edwards |
| 3 | ENGLAND | 24 | 3 | 0:25:49 | Adam Hickey |
| | | | 8 | 0:26:46 | Ellis Cross |
| | | | 13 | 0:27:17 | Tom Mortimer |
| 4 | NORTH OF ENGLAND | 26 | 7 | 0:26:46 | Cameron Allan |
| | | | 9 | 0:26:52 | Linton Taylor |
| | | | 10 | 0:26:54 | Gavin Hill |
| 5 | NORTHERN IRELAND | 43 | 11 | 0:27:04 | Conor Duffy |
| | | | 12 | 0:27:09 | Neil Johnston |
| | | | 20 | 0:28:26 | Zak Hanna |
| 6 | MIDLANDS | 51 | 15 | 0:27:24 | Dominic James |
| | | | 17 | 0:27:37 | Sam Johnson |
| | | | 19 | 0:28:01 | Jake Richardson |