

**Inter District Championships**  
**Edinburgh 10<sup>th</sup> January 2009**  
**U13 Girls**

<b>Pos</b>	<b>Name</b>	<b>District</b>	<b>Club</b>	<b>Time</b>
1	Kathryn Gillespie	East	Central AC	09:52
2	Eilidh Prise	East	Aberdeen AAC	10:05
3	Rosanna Stewart	East	Dundee Hawkhill H	10:14
4	Louise Mercer	East	Teviotdale H	10:19
5	Myrtle Breckenridge	West	Shettleston H	10:19
6	Emma Vallely	West	Ayr Seaforth AAC	10:26
7	Alexandra Hunter	East	Edinburgh AC	10:27
8	Brogan Wallace	West	Kilmarnock H	10:34
9	Selena Jackson	West	Giffnock North AAC	10:34
10	Eilidh Reid	East	Pitreavie AAC	10:36
11	Chloe Cowan	West	Giffnock North AAC	10:39
12	Katey Turner	East	Pitreavie AAC	10:40
13	Anna Hyde	East	Edinburgh AC	10:41
14	Kirsty Harper	West	Kilbarchan AAC	10:41
15	Amy Smith	East	Lasswade AAC	10:41
16	Catriona Graves	West	Garscube H	10:42
17	Roisin Bonucchi	East	Central AC	10:43
18	Emily Strathdee	East	Edinburgh AC	10:45
19	Meighan Mcdade	West	Greenock Glenpark H	10:52
20	Megan Stewart	West	East Kilbride AAC	11:01
21	Gwen Gillham	West	Kilbarchan AAC	11:02
22	Kerry Sandilands	East	Gala H	11:04
23	Shannon Kangley	West	Greenock Glenpark H	11:08
24	Carey Ross	North	Inverness H	11:08
25	Clemmie Mitchell	West	Kelvin Runners	11:12
26	Heather Campbell	North	Inverness H	11:14
27	Jemma Mcquillan	West	Shettleston H	11:23
28	Sarah Macphail	North	Orkney	11:53
29	Bethan Nadin	North	East Sutherland AAC	11:55
30	Isla Mackay	North	Lochaber AC	12:05
31	Mairi Mcrae	North	Lochaber AC	12:10
32	Natasha Webster	North	Elgin AAC	12:10
33	Sharron Eyers	North	Caithness AAC	12:11
34	Anna Tait	North	Orkney AC	12:11

<b>Teams</b>	
East	27
West	53
North	168

**Inter District Championships**  
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**U13 Boys**

<b>Pos</b>	<b>Name</b>	<b>District</b>	<b>Club</b>	<b>Time</b>
1	Jake Kerr	East	Edinburgh AC	09:07
2	Gavin Alexander	West	Kirkintilloch Olympians	09:15
3	Lewis Boyle	West	VP City of Glasgow AC	09:17
4	Robert Bough	East	Edinburgh AC	09:22
5	Rory Muir	East	Dunferline & West Fife	09:26
6	Alastair Stanley	West	Garscube H	09:26
7	Ben Potrykus	East	Pitreavie AAC	09:31
8	Rowan Marr	East	Gala H	09:34
9	Callum Drummond	West	Shettleston H	09:35
10	Jack Rice	West	Inverclyde AC	09:44
11	Ross Kennedy	West	Helensburgh AAC	09:44
12	Alec Young	East	Aberdeen AAC	09:45
13	Jonathan Glen	West	Inverclyde AC	09:45
14	Chris McStay	West	Kilbarchan AAC	09:46
15	Ross Gollan	North	Caithness AAC	09:50
16	Aidan Thompson	East	Pitreavie AAC	09:59
17	Gregor Burns	East	Edinburgh AC	10:03
18	Liam Rae	East	Aberdeen AAC	10:06
19	Euan Gillham	West	Kilbarchan AAC	10:07
20	Ross Gray	West	Inverclyde AC	10:09
21	Patrick Kelly	North	Inverness H	10:17
22	Logan Rees	East	Fife AC	10:19
23	Rob Gourley	West	Giffnock North AAC	10:19
24	Alistair Kirkwood	East	Falkirk Victoria H	10:28
25	Alasdair Couper	North	Caithness AAC	10:33
26	Calum Fraser	North	Lochaber AC	11:00
27	Thomas Luxton	North	East Sutherland AAC	11:04
28	Dougie Britton	West	Giffnock North AAC	11:09
29	Chris Mollison	North	Inverness H	11:18

<b>Teams</b>	
East	37
West	41
North	143

**Inter District Championships**  
**Edinburgh 10<sup>th</sup> January 2009**  
**U15 Girls**

<b>Pos</b>	<b>Name</b>	<b>District</b>	<b>Club</b>	<b>Time</b>
1	Halina Rees	East	Fife AC	09:22
2	Emma Dunnett	North	Caithness AAC	09:32
3	Kathryn Pennel	East	Pitreavie AAC	09:33
4	Rachael Dunn	East	Edinburgh AC	09:36
5	Alice Haining	East	Gala H	09:36
6	Joanna Muir	West	Stewartry AC	09:45
7	Louisa Stewart	East	Dundee Hawkhill H	09:51
8	Sarah Cassells	West	Ayr Seaforth AAC	09:56
9	Katie Bristow	North	Shetland AAC	09:56
10	Madeline Murray	West	Giffnock North AAC	10:03
11	Olivia Mackenzie	East	Edinburgh AC	10:10
12	Kate Gillies	West	Kilbarchan AAC	10:10
13	Stella Winters	West	Shettleston H	10:11
14	Micaela Brown	East	Pitreavie AAC	10:13
15	Jennifer Eadie	West	Kilbarchan AAC	10:14
16	Shannon Mclellan	West	Shettleston H	10:15
17	Rachel Adamson	East	Central AC	10:17
18	Jade Currie	North	East Sutherland AAC	10:18
19	Mairi Brown	West	Ron Hill Cambuslang H	10:18
20	Ailis Murray	North	Stornoway RC	10:21
21	Kate Murdoch	East	Aberdeen AAC	10:23
22	Sarah Winters	West	Shettleston H	10:25
23	Oonagh Dunnett	North	Caithness AAC	10:33
24	Tatiana Spens	East	Edinburgh AC	10:35
25	Amanda Humes	West	Kilmarnock H&AC	10:38
26	Amanda Monaghan	West	Shettleston H	10:42
27	Mhairi MacIennan	North	Inverness H	10:44
28	Iona Brodie	East	Dundee Hawkhill H	10:45
29	Lucy Mitchell	East	Falkirk Victoria H	10:47
30	Rhian Mackay	North	Orkney	10:48
31	Bethany Wilson	North	Moray Road R	10:50
32	Rebecca Munro	North	Stornoway RC	10:53
33	Storm Fraser	North	Forres H	11:48

<b>Teams</b>	
East	31
West	64
North	99

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**Edinburgh 10<sup>th</sup> January 2009**  
**U15 Boys**

<b>Pos</b>	<b>Name</b>	<b>District</b>	<b>Club</b>	<b>Time</b>
1	Craig Wellcoat	West	Law & District AAC	08:00
2	Grant Muir	West	Giffnock North AAC	08:13
3	Tom Watson	East	Central AC	08:24
4	Max Lott	West	Giffnock North AAC	08:32
5	Max Aitchison	West	VP Glasgow AC	08:33
6	Ryan Mcintosh	East	Fife AC	08:42
7	Jamie Crowe	East	Dundee Hawkhill	08:42
8	Sandy Nimmo	West	Giffnock North AAC	08:48
9	Michael Rankin	West	Ron Hill Cambuslang H	08:49
10	Ben Stevenson	East	Falkirk Victoria H	08:53
11	Jonathan Tweedie	West	Giffnock North AAC	08:55
12	Jake Wightman	East	Edinburgh AC	08:59
13	Christopher Galloway	East	Corstorphine AAC	09:00
14	Rory Kelham	West	Inverclyde AC	09:01
15	Russell Mountford	West	Kilbarchan AAC	09:03
16	Craig Campbell	North	Inverness H	09:07
17	Ross Milne	East	Central AC	09:11
18	Michael Ferguson	East	Banchory Stonehaven AAC	09:13
19	Neil Gourley	West	Giffnock North AAC	09:16
20	Craig Young	West	VP Glasgow AC	09:16
21	Patrick Urquhart	North	Inverness H	09:20
22	Adam Harris	East	Fife AC	09:24
23	Sam Wightman	East	Edinburgh AC	09:25
24	Craig Wallace	East	Aberdeen AAC	09:34
25	Moray Goodfellow	North	Moray Road R	09:49
26	Thomas Day	North	Ross County AC	10:02
27	Rob Murdoch	North	Caithness AAC	10:12
28	Stuart Michael	North	Ross County AC	10:13
29	David Gardner	North	Caithness AAC	10:14

<b>Teams</b>	
West	29
East	51
North	143

**Inter District Championships**  
**Edinburgh 10<sup>th</sup> January 2009**  
**U17 Women**

<b>Pos</b>	<b>Name</b>	<b>District</b>	<b>Club</b>	<b>Time</b>
1	Maria Borglund		Goteborg	14:28
2	Sarah Kelly	East	Dundee Hawkhill H	14:40
3	Erin Borglund		Goteborg	14:44
4	Emily Dudgeon	East	Edinburgh AC	14:44
5	Gemma Cormack	North	Moray Road R	14:45
6	Hollie Young	West	VP-Glasgow AC	14:56
7	Rhona Auckland	East	Banchory Stonehaven A	15:05
8	Rhian Dawes	West	Vp-Glasgow AC	15:12
9	Claire Mcauley	West	Giffnock North AAC	15:12
10	Kerry Prise	East	Aberdeen AAC	15:12
11	Laura Goodson	East	Edinburgh AC	15:18
12	Jennifer Himaj		Goteborg	15:21
13	Sarah Munn	West	Irvine AC	15:21
14	Ellie Buchan	East	Aberdeen AAC	15:23
15	Eleanor Duncan	North	Forres H	15:24
16	Samantha Blair	East	Edinburgh AC	15:30
17	Fiona Bracegirdle	East	Fife AC	15:35
18	Emma Rutgersson		Goteborg	15:40
19	Scout Adkin	East	Moorfoot Runners	15:43
20	Sarah Potter	West	VP-Glasgow AC	15:44
21	Amilia Bjorklund		Goteborg	15:53
22	Kristina Eriksson		Goteborg	16:01
23	Nynke Mullholland	West	Inverclyde AC	16:05
24	Rachel Armitage	East	Aberdeen AAC	16:14
25	Emma Rice	West	Inverclyde AC	16:17
26	Alexandra Lamond	West	Kirkintilloch Olympians	16:23
27	Catriona Buchanan	East	Central AC	16:25
28	Kirstie Rogan	North	Forres H	16:40
29	Amanda Campbell	East	Livingston & District AAC	16:44
30	Deborah Moore	West	Inverclyde AC	16:48
31	Cara Fraser	North	East Sutherland AAC	18:29

<b>Teams</b>	<b>Inter-District</b>
West	36
East	60

**Inter District Championships**  
**Edinburgh 10<sup>th</sup> January 2009**  
**U17 Men**

<b>Pos</b>	<b>Name</b>	<b>District</b>	<b>Club</b>	<b>Time</b>
1	Callum Hawkins	West	Kilbarchan AAC	12:06
2	Jonas Legernaes		Goteborg	12:18
3	Fraser Scott	East	Corstorphine AAC	12:23
4	Lachlan Oates	West	Shettleston H	12:30
5	Andrew Crichton	East	Edinburgh AC	12:35
6	Ross Matheson	East	Lasswade AAC	12:42
7	David Vernon	West	Nithsdale AC	12:45
8	Kyle Mclellan	West	Nithsdale AC	12:47
9	Andrew Butchart	East	Central AC	12:51
10	Andrew Dearie	West	Shettleston H	12:53
11	George Poolman	East	George Heriots Sch	12:58
12	Steven Lyall	East	Dundee Hawkhill H	13:00
13	Jack Hamilton	West	Ron Hill Cambuslang H	13:01
14	Andrew Mcalpine	West	Kilbarchan AAC	13:02
15	Gary Mcbride	West	Shettleston H	13:04
16	Bobby Bristow	North	Shetland AAC	13:07
17	Scott Green	East	Central AC	13:11
18	Stewart Orr	West	Ron Hill Cambuslang H	13:15
19	Reuben Toy	East	Dundee Hawkhill H	13:17
20	Stephen Fleming	West	Kilbarchan AAC	13:22
21	Emil Romell		Goteborg	13:26
22	Fraser Mann	East	Edinburgh AC	13:28
23	Scott Macaulay	West	Kilbarchan AAC	13:32
24	Andrew Christy	East	Corstorphine AAC	13:33
25	Oscar Andreasson		Goteborg	13:37
26	Albin Thunberg		Goteborg	13:38
27	Ben Smith	East	Edinburgh AC	13:44
28	Filip Johansson		Goteborg	13:47
29	Andrew Campbell	West	Inverclyde AC	13:51
30	Kyle Macloed	North	Ross County AC	15:26
31	John Little	North	Moray Road R	16:31
32	Iain Campbell	North	East Sutherland AAC	16:59

<b>Teams</b>	<b>Inter-District</b>
West	38
East	40

**International & Inter District Championships**  
**Edinburgh 10<sup>th</sup> January 2009**  
**Senior/U23/Junior Women**

<b>Pos</b>	<b>Name</b>	<b>District</b>	<b>Country/Club</b>	<b>Time</b>
1	Linnet Masai		Ken	19:02
2	Mestewat Tufa		Eth	19:13
3	Viola Kibiwott		Ken	19:14
4	Steph Twell		Gbr/ Afd	19:16
5	Kalkidan Gezahegn		Eth	19:18
6	Vivian Cheruiyot		Ken	19:32
7	Emily Brown		Usa	19:33
8	Jessica Augusto		Por	19:34
9	Freya Murray	East	Edinburgh AC	19:59
10	Laura Kenny		Gbr/ Sutton Coalfield	20:04
11	Sarah Tunstall		Gbr/ Kendal	20:09
12	Emma Pallant		Gbr/ Afd	20:12
13	Catherine Sparke		Gbr/ Wgel	20:15
14	Lauren Howath		Gbr/ Leigh	20:16
15	Sonia Samuels		Gbr/Sale	20:19
16	Hannah Whitmore		Gbr/Charnwood AC	20:20
17	Gemma Miles		Gbr/ Kendal	20:21
18	Laura Park		Gbr/ Ellenborough AC	20:23
19	Louise Small		Gbr/ Afd	20:24
20	Katrina Wooton		Gbr/ Bedford	20:39
21	Simret Sultan		Eri	20:42
22	Christiana Frumuz		Rou	20:44
23	Cristina Cassandra		Ukr	20:50
24	Elle Baker		Gbr/ South London	20:53
25	Vicki Gill		Gbr/Afd	20:59
26	Orla O'Mahoney		Ireland	21:03
27	Lyn Wilson	East	Carnethy HRC	21:09
28	Marilyn Arsenault		Can	21:11
29	Natasha Doel		Gbr/ Afd	21:20
30	Mary Alenbratt		Goteborg	21:22
31	Nicola Hood	West	VP-Glasgow AC	21:24
32	Katie Knowles		Gbr/ Bristol & West	21:27
33	Josephine Moultrie	Scottish Students	University of Strathclyde	21:28
34	Louise Damon		Gbr/ Winchester	21:37
35	Rosie Smith	East	Hunters Bog T	21:40
36	Niamh Devlin	Scottish Students	Queen Margaret University	21:41
37	Jennifer Maclean	East	Edinburgh AC	21:52
38	Christin Johansson		Goteborg	21:55
39	Emma Waterhouse	East	Central AC	22:02
40	Susan Ridley	East	Edinburgh AC	22:08
41	Alison Docherty	East	Central AC	22:09
42	Maxine Czarnecka		Gbr/ Chester -Le - St	22:17
43	Helen Sharpe	Scottish Students	University of St Andrews	22:17
44	Lovisa Lindh		Goteborg	22:21
45	Annika Kihlstrom		Goteborg	22:24
46	Nicola Meekin	North	Lochaber AC	22:31

47	Dawn Scott	North	Lochaber AC	22:32
48	Siobhan Coleman	Scottish Students	University of Glasgow	22:42
49	Sarah Inglis	Scottish Students	University of Edinburgh	22:52
50	Eilidh Mackenzie	Scottish Students	Heriot-Watt University	22:59
51	Dianne Lauder	East	Gala H	23:03
52	Sarah Hood	Scottish Students	University of Edinburgh	23:19
53	Claire Gordon	East	Hunters Bog T	23:20
54	Clare Gemmell	West	Springburn H	23:27
55	Helena Wallin		Goteborg	23:29
56	Louise Manson	West	Kilbarchan AAC	23:30
57	Natalie Sharp	West	Kilbarchan AAC	23:34
58	Cecila Lindstrom		Goteborg	23:39
59	Emma Birnie	West	Bellahouston RR	23:39
60	Julia Henderson	West	Helensburgh AAC	23:40
61	Karin Svensson		Goteborg	23:41
62	Michelle Sandison	West	Springburn H	23:43
63	Sarah Blake	East	Penicuik H	23:48
64	Ruth Joss	West	Giffnock North AAC	24:03
65	Alison Winship	West	Garscube H	24:44
66	Roxanne Bannerman	North	Highland Hill R	25:11
67	Amanda Blackhall	North	Lochaber AC	25:19

Teams	Inter-District
East	32
Scottish Students	66
West	113



**International & Inter District Championships**  
**Edinburgh 10<sup>th</sup> January 2009**  
**Senior/U23/Junior Men**

<b>Pos</b>	<b>Name</b>	<b>District</b>	<b>Country/Club</b>	<b>Time</b>
1	Abebe Dinkesa		Ethiopia	26:51
2	Mangata Ndiwa		Kenya	26:54
3	Zersenay Tadese		Eritrea	26:55
4	Eliud Kipchoge		Kenya	26:58
5	Boniface Kiprop		Uganda	26:59
6	Mike Kipyego		Kenya	27:06
7	Augustine Choge		Kenya	27:11
8	Bernard Kipyego		Kenya	27:18
9	Yonas Kifle		Eritrea	27:23
10	Sergey Lebid		Ukraine	27:23
11	Frank Tickner		GNR/ Thames Valley	27:41
12	Andrew Lemoncello		GBR/Fife AC	27:53
13	Jorge Torres		USA	28:05
14	Edwardo Torres		USA	28:15
15	Derek Nakluski		Canada	28:33
16	Alaistair Hay	East	Central AC	28:33
17	Nick McCormick		GBR/ Morpeth H	28:37
18	Denis Mayaud		France	28:39
19	Abdi Nageeye			28:44
20	Gary Murray		Ireland	28:47
21	Tewoldeberhan Mengisteab	West	Shettleston H	28:48
22	Russell Desaix-Chin		Australia	28:48
23	Erik Petersson		Goteborg	28:52
24	Jean Ndayisenga			28:58
25	Ben Lindsay		Gbr/ Afd	29:03
26	Francisco Bachiller		Spain	29:03
27	Tsegai Tewelde	West	Shettleston H	29:03
28	Moumin Geele		Somalia	29:17
29	Amanuel Hagus	West	Shettleston H	29:24
30	Scott Mcdonald	East	Central AC	29:26
31	Pete Nowill		Australia	29:27
32	Craig Ruddy	Scottish Students	Glasgow Caledonian University	29:27
33	Tsegezab Woldemichael	West	Shettleston H	29:40
34	Chris Mckay	West	Inverclyde AC	29:46
35	Ben Livesy		RAF	29:49
36	Paul Sorrie	West	Shettleston H	29:57
37	Dan Mulhare	Scottish Students	Napier University	30:04
38	Richie Nicoll	East	Dundee Hawkhill H	30:06
39	Jethro Lennox	West	Shettleston H	30:08
40	Derek Hawkins	Scottish Students	University of Glasgow	30:08
41	Dan Eric Archer		Goteborg	30:14
42	Sean Reilly	East	Central AC	30:17
43	Raunos Palm		Estonia	30:23
44	Matthew Gillespie	Scottish Students	University of Glasgow	30:30
45	Steve Connor			30:39

46	Andrew Liston	East	Fife AC	30:43
47	Alasdair Anthony	East	Central AC	30:44
48	Michael Gillespie	Scottish Students	University of Edinburgh	30:45
49	Matthew Bell	East	Edinburgh AC	30:52
50	Ross Houston	East	Central AC	30:57
51	Johan Strand		Goteborg	31:12
52	Martin Graham	Scottish Students	University of Strathclyde	31:15
53	David Rodgers	North	Lochaber AC	31:24
54	Alex Hendry	East	Central AC	31:29
55	Johan Hamrin		Goteborg	31:32
56	Benjamin Hukins	East	Aberdeen AAC	31:41
57	Anders Soovik		Goteborg	31:47
58	Lewis Millar	East	Central AC	31:48
59	Ben Cole	Scottish Students	University of Edinburgh	31:50
60	Paul Leck	Scottish Students	University of Strathclyde	32:24
61	Ben Melby	West	Garscube H	32:32
62	Barney Phillips	East	Lasswade AAC	32:56
63	Joshua Morrison	North	Shetland AAC	32:59
64	Graeme Campbell	North	Highland Hill R	33:04
65	Yujiro Iida	Scottish Students	University of Edinburgh	33:21

Teams	Inter-District
West	33
East	64
Scottish Students	83