

Inter District Championships
Edinburgh 14th January 2006
U13 Girls

Pos	Name	District	Club	Time
1	Alice Haining	East	Gala H	12:07
2	Ellie Buchan	East	Aberdeen AAC	12:20
3	Hollie Young	West	City of Glasgow AC	12:24
4	Michela Stephen	West	City of Glasgow AC	12:28
5	Emily Dudgeon	East	Edinburgh Southern H	12:35
6	Emily Owens	East	Edinburgh Southern H	12:47
7	Alexandra Lamond	West	Kirkintilloch Olympians	12:53
8	Samantha Blair	East	City of Edinburgh AC	12:56
9	Claire Florence	East	Edinburgh Southern H	12:59
10	Lois Shankland	West	JW Kilmarnock H	13:06
11	Iona Brodie	East	Dundee Hawkhill H	13:16
12	Claire Kennedy	North	Lochaber AC	13:17
13	Inga Wood	North	Shetland AAC	13:26
14	Maya Stone	East	Fife AC	13:36
15	Kirstie Porteous	West	Kilbarchan AAC	13:45
16	Rhona Calder	West	East Kilbride AC	13:49
17	Melissa Hynd	East	Pitreavie AAC	13:49
18	Kathryn Pennel	East	Pitreavie AAC	13:50
19	Jane MacIver	North	Stornoway R&AC	14:03
20	Sarah Leask	North	Shetland AAC	14:07
21	Nynke Mulholland	West	Inverclyde AC	14:12
22	Kirsty Rogan	North	Forres Harriers	14:14
23	Kirsten Moynihan	North	Lochaber AC	14:19
24	Kerry Prise	East	Aberdeen AAC	14:26
25	Tyler MacLean	North	Stornoway R&AC	15:05
26	Leanne Tonge	North	Moray Road Runners	15:19
27	Paula Glass	North	Inverness H	15:27
28	Mairi Morrison	North	North Uist AAC	15:46

Teams	
West	31
East	55
North	109

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U13 Boys

Pos	Name	District	Club	Time
1	David Vernon	West	Nithsdale AC	11:33
2	Edward Dudgeon	East	City of Edinburgh AC	11:41
3	Craig Robinson	East	Pitreavie AAC	11:49
4	Graeme McGregor	East	Falkirk Victoria H	11:52
5	Andrew Dearie	West	Shettleston H	11:54
6	Stuart Orr	West	Ron Hill Cambuslang H	11:56
7	Ryan Gauld	East	Aberdeen AAC	11:57
8	Paul Currie	West	Inverclyde AC	12:00
9	Andrew Rae	West	Ayr Seaforth AAC	12:14
10	Jake Wightman	East	Linlithgow AAC	12:16
11	Tom Watson	East	Central AC	12:19
12	Scott Miller	North	Moray Road Runners	12:24
13	Craig Bell	East	Arbroath & District AAC	12:26
14	Connor Henderson	West	Kilbarchan AAC	12:28
15	Andrew Christie	East	Corstorphine AAC	12:28
16	Olan Spears	North	North Uist AAC	12:31
17	David Claes	West	Kilbarchan AC	12:33
18	Andrew Daisley	West	Glasgow School of Sport	12:38
19	Adam Gatens	West	East Kilbride AC	12:39
20	David Hutchison	East	Central AC	12:41
21	Matthew McQueen	West	Giffnock North AC	12:47
22	Craig Robetson	West	JW Kilmarnock H	12:48
23	Jake Anderson	North	Caithness AAC	12:50
24	Paul McQueen	West	Giffnock North AAC	12:53
25	Roddy Irvine	East	Central AC	13:00
26	M Goodfellow	North	Moray Road Runners	13:01
27	John Gillespie	North	Forres H	13:11
28	Marc Anderson	North	Caithness AAC	13:44
29	Mark Farquhar	North	Moray Road Runners	13:47
30	Fraser MacDonald	North	North Uist AAC	14:06
31	Callum Hawkins	West	Kilbarchan AAC	14:33
32	Peter Johnson	North	North Uist AAC	15:19

Teams	
East	37
West	43
North	132

Inter District Championships
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U15 Girls

Pos	Name	District	Club	Time
1	Josephine Moultrie	West	City of Glasgow AC	11:46
2	Beth Duff	West	East Kilbride AC	12:02
3	Sarah Inglis	East	Lothian RC	12:13
4	Gemma Cormack	North	Banff Academy	12:16
5	Laura McCord	West	Whitemoss AC	12:25
6	Laura Sharp	North	Moray Road Runners	12:25
7	Jennifer Hannah	West	Kirkintilloch Olympians	12:27
8	Jessica Martin	West	Kilbarchan AAC	12:29
9	Mhairi Inglis	East	Lothian RC	12:43
10	Stephanie Wright	West	East Kilbride AC	12:49
11	Alice Loudon	East	Edinburgh Southern H	12:52
12	Sarah Brown	East	Edinburgh Southern H	12:58
13	Eleanor Duncan	North	Forres H	13:00
14	Deborah Stokoe	West	East Kilbride AC	13:13
15	Joanna Thomson	West	Giffnock North AAC	13:14
16	Jenny McDougall	East	City of Edinburgh AC	13:18
17	Lauren Stoddart	East	City of Edinburgh AC	13:20
18	Stephanie Robertson	West	Whitemoss AC	13:20
19	Gillian Inglis	East	Gala H	13:25
20	Becky Dunphy	East	Carnoustie AAC	13:26
21	Rachael Armitage	East	Aberdeen AAC	13:27
22	Rachael McDowell	West	Giffnock North AAC	13:27
23	Kate Morris	East	Central AC	13:38
24	Laura Johnson	North	North Uist AAC	14:05
25	Jenny Tan	East	Fife AC	14:09
26	Eilidh Hargreaves	East	Central AC	14:16
27	Kirsty Munro	North	Stornoway R&AC	14:21
28	Kayleigh Jarrett	North	Elgin AAC	14:24
29	Cara Mackay	North	Lochaber AAC	15:40
30	Rebecca Manson	North	Caithness AAC	16:29
31	Emma Fullerton	North	Moray Road Runners	16:54

Teams	
West	33
East	68
North	102

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U15 Boys

Pos	Name	District	Club	Time
1	Sean Reilly	East	Central AC	10:29
2	Chris O'Hare	East	City of Edinburgh AC	10:31
3	Joshua Morrison	North	Shetland AAC	10:52
4	David Gorman	West	East Kilbride AC	10:59
5	Callum Hawkins	West	Kilbarchan AC	10:59
6	Grant Cameron	North	Forres Harriers	11:05
7	Matthew Graham	West	Kirkintilloch Olympians	11:07
8	Colin Sturgen	West	Girvan AC	11:07
9	Sean Fontana	West	Glasgow School of Spor	11:12
10	Alex Hendry	East	Central AC	11:13
11	Jamie Smith	East	City of Edinburgh AC	11:15
12	James Joy	East	Aberdeen AAC	11:15
13	Robbie Simpson	East	Banchory Stonehaven	11:17
14	Cameron Strachan	East	Aberdeen AAC	11:22
15	Lachlan Oates	West	Shettleston Harriers	11:24
16	Fraser Scott	East	Corstorphine AAC	11:27
17	Robbie Cammack	North	Moray Road Runners	11:29
18	Adam McKenzie	East	City of Edinburgh AC	11:34
19	Phil Middlemiss	West	Nithsdale AC	11:37
20	Nicholas Emsley	West	Irvine AC	11:46
21	Calum Smith	North	Stornoway	11:49
22	Robert Inglis	East	Lothian RC	11:50
23	Stephen Gray	West	Giffnock North AC	11:54
24	Tom Moncrieff	North	Shetland AAC	12:08
25	Bradley Lotts	North	Moray Road Runners	12:35
26	Christopher Fife	North	Inverness Harriers	12:43

Teams	
West	48
East	49
North	96

Inter District Championships
Edinburgh 14th January 2006
U17 Women

Pos	Name	District	Club	Time
1	Siobhan Coleman	East	Pitreavie AAC	15:32
2	Nicola Hood	West	Nithsdale AC	16:03
3	Elidh Mackenzie	North	Stornaway R&AC	16:13
4	Elsbeth Curran	West	Kilbarchan AC	16:23
5	Stephanie Lyall	East	City of Edinburgh AC	16:54
6	Catriona Sinclair	East	Edinburgh Southern H	16:57
7	Sarah Phee	West	Giffnock North AAC	17:02
8	Julie Whiteside	West	Whitemoss AC	17:14
9	Ruth Joss	West	Giffnock North AAC	17:18
10	Christina Rankin	West	Kilbarchan AC	17:35
11	Heather Ridland	West	Ayr Seaforth AAC	17:47
12	Colleen Tait	West	JW Kilmarnock H	17:50
13	Claire McNicol	West	Kilbarchan AAC	17:54
14	Elizabeth McLeish	East	Dundee Hawkhill H	17:57
15	Anna Fleming	East	Aberdeen AAC	18:07
16	Jennifer Kibble	East	Fife AC	18:24
17	Megan Smith	East	Corstorphine AAC	18:30
18	Iona Campbell	West	West Dumbartonshire AC	18:41
19	Mairi Fenton	North	Inverness H	18:41
20	Katie McGregor	East	Edinburgh Southern H	18:45
21	Hilary Armitage	East	Aberdeen AAC	18:49
22	Roslyn Campbell	East	Edinburgh Southern H	18:54
23	Laura Dunn	East	Edinburgh Southern H	19:01
24	Kathleen Dempsey	East	Corstorphine AAC	19:06
25	Christine Grady	North	Inverness H	19:11
26	Jenny Richardson	North	Shetland AAC	20:04
27	Michaela Johnson	North	Shetland AAC	20:42

Teams	Inter-District
West	40
East	57

Inter District Championships
Edinburgh 14th January 2006
U17 Men

Pos	Name	District	Club	Time
1	Michael Gillespie	East	Central AC	13:40
2	Scott Hawkins	West	Kilbarchan AAC	13:48
3	Ian Towle	East	Montrose & District AAC	13:53
4	Daniel Swanson	West	Irvine AC	14:03
5	Mark Haskett	East	Aberdeen AAC	14:07
6	Alan Ramsay	West	Kirkintilloch Olympians	14:10
7	Ross Hastings	West	Nithsdale AC	14:11
8	John Cooke	West	Glasgow School of Sport	14:12
9	Paul Leck	West	Kilbarchan AAC	14:21
10	Lewis Paulin	East	City of Edinburgh AC	14:28
11	Craig McInnes	West	Kilbarchan AAC	14:31
12	Craig McCallum	West	Giffnock North AC	14:31
13	William Morgan	West	Irvine AC	14:35
14	Stephen Cooke	West	Glasgow School of Sport	14:36
15	Alex Jones	East	Fife AC	14:38
16	Stephen McGoldrick	West	Kilbarchan AAC	14:51
17	Darren Steel	East	City of Edinburgh AC	14:55
18	Matthew Sutherland	North	Caithness AAC	14:59
19	Calum McKenzie	East	Corstorphine AAC	15:01
20	Colin McCluskie	East	Falkirk Victoria H	15:03
21	Iain MacDonald	North	North Uist AAC	15:03
22	Ian Garioch	North	Moray Road Runners	15:06
23	Andrew MacKenzie	North	Stornoway R&AC	15:07
24	Phillip Salter	East	Fife AC	15:16
25	Charles Brown	East	City of Edinburgh AC	15:31
26	Angus MacDougall	North	North Uist AAC	15:44
27	Stuart Whiteford	West	Giffnock North AAC	16:01
28	Cailean McCombe	North	Stornoway R&AC	16:06
29	Ewan Rice	North	Inverness H	16:41
30	Stewart Johnson	North	North Uist AAC	17:18
31	Paul Ferguson	North	North Uist AAC	17:23
32	Ruairidh Stewart	North	North Uist AAC	17:35
33	Iain Townsend	North	North Uist AAC	17:37

Teams	Inter-District
West	23
East	64

International & Inter District Championships
Edinburgh 14th January 2006
Senior/U23/Junior Women

Pos	Name	District	Country/Club	Time
1	Gelete Burka		Ethiopia	19:01
2	Isabella Ochichi		Ethiopia	19:12
3	Tirunesh Dibaba		Kenya	19:21
4	Hilda Kibet		Kenya	19:47
5	Genet Getenah		Ethiopia	19:48
6	Ejagayehu Dibaba		Ethiopia	19:49
7	Aniko Kalovics		Hungary	19:59
8	Hayley Yelling		WSE H	20:06
9	Kathy Butler		Scotland	20:10
10	Helen Clitheroe		Preston Harriers & AC	20:16
11	Ashu Kasim		Ethiopia	20:17
12	Liz Yelling		Bedford	20:23
13	Sonia O'Sullivan		Ireland	20:26
14	Lisa Dobriskey		Ashford	20:27
15	Jo Pavey		Exeter	20:40
16	Mara Yamauchi		Harrow	20:48
17	Sinret Sultan		Eritrea	20:57
18	Cristina Casndra		Romania	20:58
19	Hattie Dean		Hallamshire	21:02
20	Maria Mccambridge		Ireland	21:09
21	Jessica Augusto		Portugal	21:11
22	Jenny Clague		Liverpool	21:14
23	Liva Toth		Hungary	21:15
24	Fionnuala Britton		Ireland	21:19
25	Berhane Dagne		Belgrave	21:46
26	Lyn Wilson	Scottish Students	Heriot Watt University	21:50
27	Rosie Smith	Scottish Students	University of Edinburgh	22:09
28	Lucy Hasell		Bristol/Thames HH	22:15
29	Lesley Chisholm	West	Springburn H	22:22
30	Michelle Sandison	Scottish Students	University of Glasgow	22:22
31	Marbeth Shiel	East	Edinburgh Southern H	22:25
32	Kate Jenkins	East	Carnethy HRC	22:59
33	Elke Schmidt	West	Bellahouston H	23:02
34	Lindsay McMahan	West	JW Kilmarnock H	23:08
35	Sarah Blake	Scottish Students	Heriot Watt University	23:12
36	Helen Stuart	West	Bellahouston RR	23:22
37	Jennifer Mclean	East	City of Edinburgh AC	23:30
38	Vicky Frew	East	Edinburgh Southern H	23:38
39	Emma Waterhouse	East	Central AC	23:51
40	Charlotte Forbes	East	Aberdeen AAC	23:59
41	Jennifer Emsley	Scottish Students	University of Stirling	24:07
42	Deborah Ferns	West	Bellahouston RR	24:13
43	Sarah Legge	East	Carnegie H	24:21
44	Claire Waterhouse	East	Central AC	24:37
45	Doris Leonard	North	Orkney Islands AAC	24:59

46	Doleen Galbraith	North	Stornoway R&AC	25:01
47	Kirsty Macloed	North	Stornoway R&AC	25:26

Teams	Inter-District
East	61

International & Inter District Championships
Edinburgh 14th January 2006
Senior/U23/Junior Men

Pos	Name	District	Country/Club	Time
1	Kenenisa Bekele		Ethiopia	26:08
2	Saif Shaheen		Qatar	26:12
3	Zersenay Tadesse		Eritrea	26:18
4	Dathan Ritzenhein		USA	27:03
5	Sergiy Lebid		Ukraine	27:22
6	Teferi Bacha		Ethiopia	27:51
7	Tewodros Shiferaw		Ethiopia	27:51
8	Andi Jones		Salford	28:00
9	Peter Julian		USA	28:15
10	Mark Kennelly		Clonliffe H	28:33
11	Jason Ward		Altrincham	28:39
12	Fernando Rey		Spain	29:02
13	Cian Mcloughlin		Clonliffe H	29:08
14	Slavko Petrovic		Croatia	29:14
15	Alistair Hay	Scottish Students	Queen Margaret University	29:16
16	Dave Norman		Altrincham	29:29
17	Gary O'Hanlon		Clonliffe H	29:34
18	Donald Naylor	East	Hunters Bog Trotters	29:36
19	Joe Symonds	Scottish Students	University of Dundee	29:49
20	Jethro Lennox	West	Shettleston H	29:50
21	Lee Richardson	West	Irvine AC	29:53
22	Andrew Liston	East	Fife AC	30:04
23	John Brown		Salford H	30:07
24	Huw Lobb		Bedford H	30:15
25	Iain Maccorquodale	Scottish Students	University of Strathclyde	30:15
26	Christopher Mckay	West	Greenock Glenpark H	30:27
27	Juan Mareque	East	City of Edinburgh AC	30:34
28	Alasdair Anthony	Scottish Students	University of Edinburgh	30:36
29	David Miller	West	Irvine AC	30:36
30	James Mcmullan	Scottish Students	University of Edinburgh	30:50
31	Andrew Wright	West	Ron Hill Cambuslang H	30:58
32	David Phee	Scottish Students	University of Strathclyde	31:00
33	Alistair Hart	East	Hunters Bog Trotters	31:02
34	Kenneth Mccoy	West	Shettleston H	31:04
35	Graham Bee	Scottish Students	University of Aberdeen	31:05
36	Matt Bell	East	City of Edinburgh AC	31:07
37	Ross Milne	East	Lothian RC	31:09
38	Moray Anderson	East	Corstorphine AAC	31:19
39	Grant Stewart	East	City of Edinburgh AC	31:24
40	Barney Phillips	East	Lasswade AAC	31:52
41	Grant Bailey	West	East Kilbride AC	31:55
42	Kyle Cowie	Scottish Students	University of Stirling	31:57
43	Ross Houston	East	Central AC	32:17

Teams	Inter-District
Scottish Students	47
West	57
East	69