

**SAF Annual Resprentive Match incorporating Inter-District Championships**

**Sponsored by North Lanarkshire Council**

**13/12/97 - Under 13 Girls**

0001	KEIR, DANIELLE	WEST	U13 GIRL	0:12:04
0002	CURTIS, BRIONY	EAST	U13 GIRL	0:12:09
0003	GUINEY, KRISTEL	NORTHERN IRELAND	U13 GIRL	0:12:13
0004	STEVENSON, HELEN	WEST	U13 GIRL	0:12:19
0005	SPENCE, MAIRI	NORTH	U13 GIRL	0:12:20
0006	STEPHENS, NICOLA	EAST	U13 GIRL	0:12:22
0007	PATTISON, L	WEST	U13 GIRL	0:12:24
0008	SHIELL, MARBETH	EAST	U13 GIRL	0:12:26
0009	DORRIAN, EILIDH	WEST	U13 GIRL	0:12:34
0010	LAMONT, SHARON	EAST	U13 GIRL	0:12:37
0011	BLAKE, SARAH	EAST	U13 GIRL	0:12:37
0012	HENDERSON, LORRAINE	NORTH	U13 GIRL	0:12:37
0013	YOUNG, LAUREN	WEST	U13 GIRL	0:12:39
0014	STEVENS, LORNA	WEST	U13 GIRL	0:12:39
0015	GENTLES, F	WEST	U13 GIRL	0:12:39
0016	MCKENZIE, A	WEST	U13 GIRL	0:12:41
0017	TAYLOR, CLAIRE	WEST	U13 GIRL	0:12:43
0018	JARRET, JENNIFER	EAST	U13 GIRL	0:12:43
0019	THOMPSON, FIONA	EAST	U13 GIRL	0:12:44
0020	SHANKS, SARAH	WEST	U13 GIRL	0:12:48
0021	BIRRELL, C	WEST	U13 GIRL	0:12:54
0022	ROBB, GILLIAN	EAST	U13 GIRL	0:12:54
0023	PARK, LAUREN	EAST	U13 GIRL	0:12:58
0024	GIBB, SARAH	NORTH	U13 GIRL	0:13:04
0025	STRACHAN, KIRSTY	EAST	U13 GIRL	0:13:16
0026	ABEL, CARY	NORTH	U13 GIRL	0:13:19
0027	MILNE, MICHELLE	NORTH	U13 GIRL	0:13:26
0028	SPENCER, RACHAEL	EAST	U13 GIRL	0:13:32
0029	TOURNEY, LOUISE	NORTH	U13 GIRL	0:13:42
0030	MARSHALL, SAMANTHA	EAST	U13 GIRL	0:13:51
0031	WILLIAMS, LORRAINE	NORTH	U13 GIRL	0:13:52
0032	MITCHELL, RUTH	NORTH	U13 GIRL	0:13:54
0033	MURPHY, FIONA	WEST	U13 GIRL	0:13:55
0034	KING, RACHAEL	NORTH	U13 GIRL	0:14:00
0035	SMITH, FIONA	NORTH	U13 GIRL	0:14:45

PLACE	TEAM	POSITIONS	TOTAL
1	West	1/4/7/9/13/14	48
2	East	2/6/8/10/11/18	55
3	North	5/12/24/26/27/29	123

**SAF Annual Resprentive Match incorporating Inter-District Championships**

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**13/12/97 - Under 13 Boys**

0001	MCINTOSH, ROBIN	EAST	U13 BOY	0:10:46
0002	MALLIN, DARREN	WEST	U13 BOY	0:10:52
0003	FORBES, STUART	EAST	U13 BOY	0:10:57
0004	MATTHEWS, S	WEST	U13 BOY	0:11:03
0005	NEWSOM, JOHN	EAST	U13 BOY	0:11:08
0006	HARVEY, S	WEST	U13 BOY	0:11:16
0007	GREY, T	WEST	U13 BOY	0:11:17
0008	MCDALD, DARREN	EAST	U13 BOY	0:11:18
0009	MILLIGAN, S	WEST	U13 BOY	0:11:20
0010	SCOTT, A	WEST	U13 BOY	0:11:20
0011	BOYD, T	WEST	U13 BOY	0:11:20
0012	MACK, P	WEST	U13 BOY	0:11:27
0013	JOHNSTON, MARC	EAST	U13 BOY	0:11:27
0014	THOMSON, G	WEST	U13 BOY	0:11:27
0015	WATT, ADAM	NORTH	U13 BOY	0:11:29
0016	WALKER, J	WEST	U13 BOY	0:11:29
0017	MANN, DAVID	EAST	U13 BOY	0:11:29
0018	MCDUGALL, C	WEST	U13 BOY	0:11:32
0019	HAY, KYLE	NORTH	U13 BOY	0:11:34
0020	MCCLOSKEY, PAUL	EAST	U13 BOY	0:11:38
0021	BERRY, KRIS	EAST	U13 BOY	0:11:39
0022	O'BREE, STUART	NORTH	U13 BOY	0:11:39
0023	BRUCE, WILLIAM	EAST	U13 BOY	0:11:40
0024	LOUDNEY, GRAHAM	EAST	U13 BOY	0:11:50
0025	STEWART, CRAIG	NORTH	U13 BOY	0:12:01
0026	ANDERSON, STUART	NORTH	U13 BOY	0:12:08
0027	FRASER, GRANT	NORTH	U13 BOY	0:12:15
0028	CAIRNS, RUARI	EAST	U13 BOY	0:12:24
0029	KEMP, LEWIS	NORTH	U13 BOY	0:12:40
0030	KEMP, CALUM	NORTH	U13 BOY	0:12:47
0031	RATTRAY, DEREK	NORTH	U13 BOY	0:12:49
0032	MEZALS, DAVID	NORTH	U13 BOY	0:13:07

PLACE	TEAM	POSITIONS	TOTAL
1	West	2/4/6/7/9/10	38
2	East	1/3/5/8/13/17	47
3	North	15/19/22/25/26/27	134

**SAF Annual Respresentive Match incorporating Inter-District Championships**

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**13/12/97 - Under 15 Girls**

0001	SMITH, DENNISE	WEST	U15 GIRL	0:11:32
0002	MCCARRY, RACHAEL	NORTHERN IRELAND	U15 GIRL	0:11:47
0003	WALKER, MHAIRI	EAST	U15 GIRL	0:11:57
0004	FRIEL, ANNA	NORTHERN IRELAND	U15 GIRL	0:11:59
0005	CAMERON, MICHELLE	WEST	U15 GIRL	0:12:00
0006	GORDON, HEATHER	WEST	U15 GIRL	0:12:07
0007	EARDLEY, SUSAN	EAST	U15 GIRL	0:12:09
0008	MURRAY, FREYA	EAST	U15 GIRL	0:12:11
0009	STEVENSON, SARAH	WEST	U15 GIRL	0:12:13
0010	SCOTT, SUSAN	EAST	U15 GIRL	0:12:15
0011	GIBSON, C	WEST	U15 GIRL	0:12:15
0012	KERR, D	WEST	U15 GIRL	0:12:15
0013	QUEEN, JENNIFER	WEST	U15 GIRL	0:12:24
0014	LOGIE, JOANNE	NORTH	U15 GIRL	0:12:24
0015	WEILD, G	WEST	U15 GIRL	0:12:30
0016	DAVIE, ALISON	EAST	U15 GIRL	0:12:32
0017	MOONEY, LAURA	WEST	U15 GIRL	0:12:32
0018	WEBBER, CLAIRE	EAST	U15 GIRL	0:12:36
0019	HANCOCK, LUCY	EAST	U15 GIRL	0:12:39
0020	BOYLE, KAREN	EAST	U15 GIRL	0:12:42
0021	DARLING, KIMBERLEY	NORTHERN IRELAND	U15 GIRL	0:12:51
0022	SMITH, ELAINE	EAST	U15 GIRL	0:12:52
0023	HAMIDAT, SAFIA	EAST	U15 GIRL	0:12:54
0024	CAIRNS, LAURA	WEST	U15 GIRL	0:12:55
0025	BALLANTYNE, HAZEL	EAST	U15 GIRL	0:12:56
0026	BATON, LORNA	NORTH	U15 GIRL	0:13:11
0027	SPENCE, FIONA	NORTH	U15 GIRL	0:13:14
0028	MAIN, JENNIFER	NORTH	U15 GIRL	0:13:17
0029	TOURNEY, JAQUELINE	NORTH	U15 GIRL	0:13:20
0030	FORREST, CATRIONA	WEST	U15 GIRL	0:13:29
0031	COLE, EILIDH	NORTH	U15 GIRL	0:13:31
0032	ANDERSON, THERESA	NORTH	U15 GIRL	0:13:44
0033	O'BRIEN, VICKY	NORTH	U15 GIRL	0:13:53
0034	FORBES, GEMMA	NORTH	U15 GIRL	0:14:42
0035	BEADIE, LINDSAY	NORTH	U15 GIRL	0:15:52

PLACE	TEAM	POSITIONS	TOTAL
1	West	1/5/6/9/11/12	44
2	East	3/7/8/10/16/18	62
3	North	14/26/27/28/29/31	155

**SAF Annual Respresentive Match incorporating Inter-District Championships**

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**13/12/97 - Under 15 Boys**

0001	POOLE, CRAIG	NORTH	U15 BOYS	0:09:48
0002	JOHNSTONE, KERR	EAST	U15 BOYS	0:09:51
0003	LEMONCELLO, ANDREW	EAST	U15 BOYS	0:09:53
0004	ACARI, P	WEST	U15 BOYS	0:10:01
0005	HENDERSON, C	WEST	U15 BOYS	0:10:06
0006	DOCHERTY, M	WEST	U15 BOYS	0:10:13
0007	DOBBIE, G	WEST	U15 BOYS	0:10:17
0008	BODYS, C	WEST	U15 BOYS	0:10:18
0009	FOLEY, CHRIS	EAST	U15 BOYS	0:10:18
0010	MCGEE, PAUL	NORTHERN IRELAND	U15 BOYS	0:10:27
0011	MITCHELL, JOHN	NORTH	U15 BOYS	0:10:34
0012	MURRAY, G	NORTHERN IRELAND	U15 BOYS	0:10:34
0013	STARK, EWAN	EAST	U15 BOYS	0:10:36
0014	DEMPSTER, M	NORTHERN IRELAND	U15 BOYS	0:10:38
0015	ROSS, G	WEST	U15 BOYS	0:10:38
0016	HASSON, SHANE	NORTHERN IRELAND	U15 BOYS	0:10:42
0017	MCDONALD, DAVID	EAST	U15 BOYS	0:10:54
0018	STEWART, MARC	EAST	U15 BOYS	0:10:56
0019	MCAULEY, DONALD	NORTH	U15 BOYS	0:10:56
0020	MILNE, CHARLES	EAST	U15 BOYS	0:10:58
0021	MURPHY, ANDREW	EAST	U15 BOYS	0:11:00
0022	RUSSELL, CRAIG	EAST	U15 BOYS	0:11:08
0023	SIMPSON, DEREK	EAST	U15 BOYS	0:11:15
0024	MILNE, ALAN	NORTH	U15 BOYS	0:11:17
0025	TZACYK, IAN	EAST	U15 BOYS	0:11:25
0026	STEPHEN, JAMIE	NORTH	U15 BOYS	0:11:35
0027	MCLAREN, J	WEST	U15 BOYS	0:11:37
0028	MACLENNAN, RUARIDH	NORTH	U15 BOYS	0:11:46
0029	BLACK, KENNETH	NORTH	U15 BOYS	0:11:58
0030	CRAWFORD, BRUCE	NORTH	U15 BOYS	0:12:05
0031	MACDONALD, STEWART	NORTH	U15 BOYS	0:12:05
0032	MCPHERSON, GRAHAM	NORTH	U15 BOYS	0:12:21

PLACE	TEAM	POSITIONS	TOTAL
1	West	4/5/6/7/8/15	45
2	East	2/3/9/13/17/18	62
3	North	1/11/19/24/26/28	109

SAF Annual Representative Match incorporating Inter-District Championships  
Sponsored by North Lanarkshire Council

13/12/97 - Under 17 Men

PLACEMENT	NAME	TEAM	POSITIONS	TOTAL
0001	CASSALLS, ANDREW	EAST	U17 MEN	0:16:32
0002	MC FADDEN, J	WEST	U17 MEN	0:16:39
0003	SPEERS, CHRIS	NORTHERN IRELAND	U17 MEN	0:16:40
0004	CALVERT, RYAN	NORTHERN IRELAND	U17 MEN	0:16:48
0005	MEARNS, MICHAEL	NORTHERN IRELAND	U17 MEN	0:16:54
0006	FRAZIER, THOMAS	NORTHERN IRELAND	U17 MEN	0:16:56
0007	KEALEY, J	WEST	U17 MEN	0:16:58
0008	O'BRIEN, STEVEN	EAST	U17 MEN	0:17:02
0009	MCKENNA, K	WEST	U17 MEN	0:17:07
0010	FRASER, JOHN	NORTHERN IRELAND	U17 MEN	0:17:09
0011	BARLAS, C	WEST	U17 MEN	0:17:09
0012	PATERSON, JAMIE	EAST	U17 MEN	0:17:12
0013	ROSS, WILLIAM	EAST	U17 MEN	0:17:14
0014	LOGUE, CATHAL	NORTHERN IRELAND	U17 MEN	0:17:17
0015	EVANS, PHILIP	EAST	U17 MEN	0:17:19
0016	LEE, CHRIS	NORTHERN IRELAND	U17 MEN	0:17:24
0017	MCMAHON, C	WEST	U17 MEN	0:17:28
0018	POLLARD, C	WEST	U17 MEN	0:17:34
0019	DOCHERTY, R	WEST	U17 MEN	0:17:34
0020	MATHIESON, GORDON	EAST	U17 MEN	0:17:37
0021	GOLLABEK, TONY	NORTH	U17 MEN	0:17:46
0022	CAMPBELL, ALAN	NORTH	U17 MEN	0:18:02
0023	TOLLERTON, KEITH	EAST	U17 MEN	0:18:02
0024	SEELEY, JOHN	EAST	U17 MEN	0:18:06
0025	BUCHAN, LEE	NORTH	U17 MEN	0:18:06
0026	GLIANYAN, ROBERT	EAST	U17 MEN	0:18:14
0027	IRVINE, BRUCE	NORTH	U17 MEN	0:18:18
0028	JARDINE, EVAN	NORTH	U17 MEN	0:18:29
0029	MARWICK, SIMON	NORTH	U17 MEN	0:18:49
0030	INGRAM, DARREN	NORTH	U17 MEN	0:18:53
0031	CAMERON, ALI SDAIR	NORTH	U17 MEN	0:19:21
0032	SUTTON, COLIN	NORTH	U17 MEN	0:20:58

PLACE	TEAM	POSITIONS	TOTAL
1	Northern Ireland	3/4/5/6/10/14	42
2	West	2/7/9/11/17/18	64
3	East	1/8/12/13/15/20	69
4	North	21/22/25/27/28/29	152

If you ran the race but do not appear above please contact the results team.

TEAM: 1 Hallamshire 21; 2 Leeds City 27; 3 Bingley 30; 4 Imperial AC 50; 5 Rotherham 88; 6 Skyrac 87; 7 Wakefield 101; 8 Skipton 109; 9 Dark Peak FR; 10 Knevinsire U17

1 B Lyne (Hallam) 14:02; 2 J Spencer (Der L) 08:3; 3 C Foster (Roth) 14:29; 4 H Garnham (Rown) 14:38; 5 N Holdsworth (Holm) 14:42; 6 C Ham (Lofus) 14:48; 7 L Jackson (R&Z) 14:53; 8 K Davy (Sky) 14:58; 9 A Green (Spur) 15:01; 10 M Czamecka (Scar) 15:03; 11 L Sheard (Wake) 15:10; 12 N Holt (Hal) 15:23; 13 S Pritchard (Sky) 15:32; 14 N Parsons (Hal) 15:41; 15 H Wright (Sky) 15:47  
TEAM: 1 Skyrac 36; 2 Nestle Rowntree 41; 3 Halifax 47

U18  
1 A Woodvine (R&Z) 13:18; 2 A Shaw (Hal) 13:35; 3 N White (Holm) 13:41; 4 K Rhodes (Wake) 13:49; 5 C Blosedale (Rown) 13:50; 6 C Turner (Spur) 13:52; 7 L Quinn (D&S) 13:58; 8 E Roper (Hallam) 14:00; 9 B Fender (Wake) 14:05; 10 S Leigh (Sky) 14:07; 11 G Bendie (Roth) 14:09; 12 H Derbyshire (R&Z) 14:11; 13 H Grinstead (Sky) 14 L Holt (Hal) 14:19; 15 S Williams (Sky) 14:25  
TEAM: 1 Halifax 34; 2 Richmond and Zealand 34; 3 Skyrac 38

U13  
1 S Haughton (Sky) 9:51; 2 E Spencer (Sky) 9:52; 3 T McNaney (Roth) 10:00; 4 S Holah (P&B) 10:13; 5 S Muscroft (Roth) 10:18; 6 E Shaw (Hal) 10:19; 7 M Griffith (Rown) 10:23; 2 S Gowland (Sky) 10:24; 9 A Fazzard (Wake) 10:29; 10 S Wood (Rown) 10:35; 11 K Johnson (Hal) 10:35; 12 R Coates (Rown) 10:45; 13 N Redwick (Rown) 10:48; 14 C Rowell (Hal) 10:58; 15 D Waddington (Ski) 11:00  
TEAM: 1 Skyrac 11; 2 Nestle Rowntree 28; 3 Rotherham 29

December 14  
NORTHERN VETERANS' XMAS HANDICAP  
Aching under-Lyns, Cheshires  
M40 (10km): actual time in brackets  
1 J Newby (Tod, M65) 88:41 (48:41); 2 M Schofield (Al, M60) 89:50 (49:20); 3 M Buck (Mid, M50) 70:27 (38:42); 4 P Dibb (Long, M60) 70:59 (40:14); 5 R Aebly (Sale, M50) 71:13 (40:28); 6 J Coffey (Al) 71:22 (40:37); 7 A Walsham (Salf, M65) 71:24 (45:09); 8 L Vaughn-Hodkinson (Wir, M60) 71:25 (38:40); 10 D Watson (Al, M50) 71:25 (37:10); 11 M McCann (E Ches, M45) 71:38 (38:33); 12 J Dwyer (Al, M50) 71:34 (39:04); 13 S Sacks (Salf, M55) 71:43 (39:28); 14 T Morrison (Leigh, M45) 71:48 (41:18); 15 K Mayor (Bolt, M50) 71:31 (41:18); 16 A Buckley (Mid, M50) 71:52 (45:52); 17 M Pope (Al, M45) 71:53 (38:53); 18 D Todd (Sale, M50) 71:56 (40:11); 19 J Betney (Clay, M60) 71:58 (48:13); 20 P Parr (Bolt, W55) 71:58 (53:58)  
Fastest: C Henry (Lvs P) 33:53  
Women  
1 P Parr (Bolt, W55) 71:58 (53:58); 2 L Smail (Howr, W60) 73:10 (51:01)

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Women  
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Women  
1 P Parr (Bolt, W55) 71:58 (53:58); 2 L Smail (Howr, W60) 73:10 (51:01)

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M40 (10km): actual time in brackets  
1 J Newby (Tod, M65) 88:41 (48:41); 2 M Schofield (Al, M60) 89:50 (49:20); 3 M Buck (Mid, M50) 70:27 (38:42); 4 P Dibb (Long, M60) 70:59 (40:14); 5 R Aebly (Sale, M50) 71:13 (40:28); 6 J Coffey (Al) 71:22 (40:37); 7 A Walsham (Salf, M65) 71:24 (45:09); 8 L Vaughn-Hodkinson (Wir, M60) 71:25 (38:40); 10 D Watson (Al, M50) 71:25 (37:10); 11 M McCann (E Ches, M45) 71:38 (38:33); 12 J Dwyer (Al, M50) 71:34 (39:04); 13 S Sacks (Salf, M55) 71:43 (39:28); 14 T Morrison (Leigh, M45) 71:48 (41:18); 15 K Mayor (Bolt, M50) 71:31 (41:18); 16 A Buckley (Mid, M50) 71:52 (45:52); 17 M Pope (Al, M45) 71:53 (38:53); 18 D Todd (Sale, M50) 71:56 (40:11); 19 J Betney (Clay, M60) 71:58 (48:13); 20 P Parr (Bolt, W55) 71:58 (53:58)  
Fastest: C Henry (Lvs P) 33:53  
Women  
1 P Parr (Bolt, W55) 71:58 (53:58); 2 L Smail (Howr, W60) 73:10 (51:01)

December 14  
NORTHERN VETERANS' XMAS HANDICAP  
Aching under-Lyns, Cheshires  
M40 (10km): actual time in brackets  
1 J Newby (Tod, M65) 88:41 (48:41); 2 M Schofield (Al, M60) 89:50 (49:20); 3 M Buck (Mid, M50) 70:27 (38:42); 4 P Dibb (Long, M60) 70:59 (40:14); 5 R Aebly (Sale, M50) 71:13 (40:28); 6 J Coffey (Al) 71:22 (40:37); 7 A Walsham (Salf, M65) 71:24 (45:09); 8 L Vaughn-Hodkinson (Wir, M60) 71:25 (38:40); 10 D Watson (Al, M50) 71:25 (37:10); 11 M McCann (E Ches, M45) 71:38 (38:33); 12 J Dwyer (Al, M50) 71:34 (39:04); 13 S Sacks (Salf, M55) 71:43 (39:28); 14 T Morrison (Leigh, M45) 71:48 (41:18); 15 K Mayor (Bolt, M50) 71:31 (41:18); 16 A Buckley (Mid, M50) 71:52 (45:52); 17 M Pope (Al, M45) 71:53 (38:53); 18 D Todd (Sale, M50) 71:56 (40:11); 19 J Betney (Clay, M60) 71:58 (48:13); 20 P Parr (Bolt, W55) 71:58 (53:58)  
Fastest: C Henry (Lvs P) 33:53  
Women  
1 P Parr (Bolt, W55) 71:58 (53:58); 2 L Smail (Howr, W60) 73:10 (51:01)

December 14  
NORTHERN VETERANS' XMAS HANDICAP  
Aching under-Lyns, Cheshires  
M40 (10km): actual time in brackets  
1 J Newby (Tod, M65) 88:41 (48:41); 2 M Schofield (Al, M60) 89:50 (49:20); 3 M Buck (Mid, M50) 70:27 (38:42); 4 P Dibb (Long, M60) 70:59 (40:14); 5 R Aebly (Sale, M50) 71:13 (40:28); 6 J Coffey (Al) 71:22 (40:37); 7 A Walsham (Salf, M65) 71:24 (45:09); 8 L Vaughn-Hodkinson (Wir, M60) 71:25 (38:40); 10 D Watson (Al, M50) 71:25 (37:10); 11 M McCann (E Ches, M45) 71:38 (38:33); 12 J Dwyer (Al, M50) 71:34 (39:04); 13 S Sacks (Salf, M55) 71:43 (39:28); 14 T Morrison (Leigh, M45) 71:48 (41:18); 15 K Mayor (Bolt, M50) 71:31 (41:18); 16 A Buckley (Mid, M50) 71:52 (45:52); 17 M Pope (Al, M45) 71:53 (38:53); 18 D Todd (Sale, M50) 71:56 (40:11); 19 J Betney (Clay, M60) 71:58 (48:13); 20 P Parr (Bolt, W55) 71:58 (53:58)  
Fastest: C Henry (Lvs P) 33:53  
Women  
1 P Parr (Bolt, W55) 71:58 (53:58); 2 L Smail (Howr, W60) 73:10 (51:01)

Women  
1 S Irvine (Bela, W35) 30:32; 2 K Todd (JMK, W45) 31:27; 3 H Morton (Irv, W45) 33:20  
Handicap: M Moore (Kib, W35)

FERRANTO CAULSTONE SLAP  
West Linton  
Men (6km)  
1 C Laidlaw (Ferr, M40) 33:38; 2 C Eades (Lofus) 34:09; 3 M Robertson (Co) 34:17  
M40: 2 L Howie (Co) 35:51  
Women: J Henck (Lofus) 38:32  
Handicap: M Irons (Co)

December 13  
SAF INTER-DISTRICT CHAMPIONSHIPS & REPRESENTATIVE MATCH  
Cumbernauld House  
PHIL MOWBRAY maintained his recent good form to win the men's title for the third year in a row at this North Lanarkshire Council-sponsored event, Fraser Clyne reports.  
Mowbray has been untouchable over the past few weeks, covering seemingly effortless victories at the Eastern District championships in Edinburgh and at the Lisa Allan Memorial Race in his home town of Kirkcaldy.  
The 24-year-old post-graduate student was again in a class of his own on this heavy course, and Pat O'Keefe, Alastair Russell and Bobby Quinn made valiant efforts to stay in touch, but Mowbray was never threatened as he opened a 200m lead by the two-mile mark and extended it to 35sec by four miles before easing back to come home 150m clear of the chasing pack.  
"Afterwards he said: 'I felt comfortable from the start and just kept the same pace going while the others fell back. He now plans to run in the Durtam and Belfast International as before tackling the British Students' Championships at Oxford and the Scottish National at Irvine.  
O'Keefe got the better of Quinn in what turned out to be a hotly-contested race for second while Russell dropped back to finish fifth.  
Quinn, Scottish champion two years ago, was satisfied with the result considering his training has been severely restricted by recent injury problems. He is confident of being back to full fitness by the time of the National.  
Glasgow's Catriona Morrison seemed to have the women's race sewn up after taking the lead during the first mile and going on to open a 40m gap over her rivals.  
With less than half a mile to go she fell heavily while negotiating a turn at the foot of a hill. The impact left her winded and helpless to react as the chasing athletes zipped past.  
Northern Ireland's Pauline Quinn, 17th in this race a year ago, was the main beneficiary. The 1500m specialist, who is on the comeback trail after a summer dogged by injury, suddenly found herself with a clear lead which she held to the day.  
The closest finish of the day was in the U15 boys' event in which five seconds separated the top three. North champion Graig Poole improved from 18th in 1996 to take the title ahead of Kerr Johnstone and Andrew Lamoncello.  
The visiting Northern Ireland squad won the U17 boys' team title by packing six scoring runners into the top 14. Chris Speers was the leading scorer

(E) 23:50; 15 M Duthie (N) 23:54; 16 H Chung (W) 23:57; 17 M Garmah (W) 24:10; 18 J Salyons (E) 24:21; 19 J Roxburgh (W) 24:32; 20 S Kennedy (W) 24:37  
TEAM: 1 East 68; 2 Scottish Universities 65; 3 West 60; 4 Northern Ireland 124  
U17 (4.9km)  
1 C Fagan (W) 19:32; 2 S Galney (E) 20:37; 3 J Shannon (N) 20:38; 9 S McKenzie (W) 20:41; 10 R Clark (W) 20:51; 11 A Campbell (N) 20:55; 12 K O'Flaherty (N20:56); 13 J McRorie (E) 20:58; 14 S Hood (E) 21:07; 15 K Yule (W) 21:10; 16 H Townsend (W21:12); 17 C Waterhouse (E) 21:14; 18 H Moor (E) 21:24; 19 R MacLean (W) 21:26; 20 R Armstrong (W) 21:30  
TEAM: 1 East 61; 2 West 71  
U16 (3km)  
1 D Smith (W) 11:32; 2 R McCarry (N) 11:47; 3 M Walker (E) 11:57; 4 A Friel (N) 11:59; 5 M Cameron (W) 12:00; 8 H Gordon (W) 12:07; 7 S Eardley (E) 12:08; 6 F Murray (E) 12:11; 9 S Stevenson (W) 12:13; 10 S Scott (E) 12:15; 11 C Gibson (W) 12:15; 12 D Kerr (W) 12:15; 13 J Queen (W) 12:24; 14 J Logie (N) 12:24; 15 G Weld (W) 12:30; 16 A Davie (E) 12:32; 17 L Mooney (W) 12:32; 18 C Webber (E) 12:38; 19 L Hancock (E) 12:39; 20 S Boyle (E) 12:42  
TEAM: 1 West 44; 2 East 62; 3 North 155  
U13 (3km)  
1 D Kerr (W) 12:04; 2 B Curtis (E) 12:09; 5 K Guiney (N) 12:13; 4 H Stirling (W) 12:18; 6 M Spence (N) 12:20; 8 N Stephen (E) 12:22; 11 Pattison (W) 12:24; 9 M Shield (E) 12:25; 9 E Dorian (W) 12:34; 10 S Lamont (E) 12:37; 11 S Blake (E) 12:37; 12 L Henderson (N) 12:37; 13 L Young (W) 12:39; 14 S Stevens (W) 12:39; 15 F Gantley (W) 12:39; 16 A McKenzie (W) 12:41; 17 C Taylor (W) 12:43; 18 J Jarrold (E) 12:43; 19 F Thompson (E) 12:44; 20 S Spanke (N) 12:48  
TEAM: 1 West 48; 2 East 55; 3 North 123

December 9  
NEWCASTLE UPON TYNE SCHOOLS CHAMPIONSHIPS  
St Cuthbert's High School  
Year 7&8  
1 D Graham (GC) 12:04; 2 S Thirwell (SC) 12:13; 3 C Humble (SC) 12:21; 4 R Hawthorn (CH) 12:25; 5 J Lambert (SC) 12:35; 6 M Fahey (SC) 12:42; 7 M Fenwick (HM) 12:45; 8 J Young (SC) 12:51; 9 R Hunter (GC) 12:56; 10 C Crulley (SC) 12:58  
YEAR 8 TEAM: 1 St Cuthbert's 21; 2 Gosforth East 69; 3 Heaton Manor 96  
YEAR 7 TEAM: 1 Gosforth Central 80; 2 St Cuthbert's 83; 3 Chapel House 181

December 6  
ESSEX LEAGUE  
Bedford Park, Romford  
Men (10km)  
1 D Lennon (NEB) 34:04; 2 S Sterling (Bas, U20) 34:17; 3 N Bangs (Thur, U20) 34:35; 4 P Betteridge (Hav M) 34:40; 5 C Milnes (C&T) 34:54; 6 M Gibbs (Chelm) 35:10; 7 R Galne (Col H) 35:12; 8 T Pynn (CAT, U20) 35:15; 9 G Miles (S'end, U20) 35:21; 10 E White (Col H) 35:38  
TEAM: 1 Chelmsford 107; 2 Colchester Harriers 113; 3 Thurrock Harriers 118  
U17 (6km)  
1 J Dascon (Hav M) 22:44; 2 L Crisp (Thur) 23:09; 3 D Singh (Bas) 23:19  
TEAM: 1 Basilton 14; 2 Thurrock 18; 3 Southend 28  
U15 (4km)  
1 J Clements (Hav M) 13:38; 2 J Williams (Chelm) 13:49; 3 T Cammack (Chelm) 14:07  
TEAM: 1 Chelmsford 28; 2 Hav M 32; 3 Orton 37  
U13 (3km)  
1 A Ralnosothy (Thur) 11:25; 2 T Snow (Orton) 11:31; 3 S Parrott (Bas) 11:33  
TEAM: 1 Thurrock Harriers 43; 2 Basilton AC 44; 3 Havering Women (7.3km)  
1 G Greenhaugh (C&T) 29:06; 2 M Deseay (C&T) 29:21; 3 S Bridger (Thur) 29:42; 4 N Samett (Hav M) 30:32; 5 M Krugenberg (Col H) 30:37; 6 J Crutchley (H) 30:44; 7 J Heath (Guest) 31:41; 8 L Tanner (C&T) 32:54; 9 S McCann (C&T) 33:16; 10 J Hughes (Thur) 33:21  
TEAM: 1 Colchester & Tendring 20; 2 Havering Mayesbrook 48; 3 Colchester Harriers 54  
U17 (4.5km)  
1 J Swallow (Brent) 16:20; 2 E Allen (Chelm) 17:24; 3 H Hawes (Hav M) 17:39  
TEAM: Havering Mayesbrook 24  
U15 (4km)  
1 F Fullerton (Hav M) 15:12; 2 L Bailey (Thur) 15:28; 3 S Humphreys (Hav M) 15:34  
TEAM: 1 Havering Mayesbrook 26; 2 Thurrock 38  
U13 (3km)  
1 N Page (Thur) 12:34; 2 D Tukim (Chelm) 12:43; 3 C Raven (S'end) 12:54  
TEAM: 1 Thurrock Harriers 34; 2 Basilton 38; 3 Havering Mayesbrook 44

December 6  
ESSEX LEAGUE  
Bedford Park, Romford  
Men (10km)  
1 D Lennon (NEB) 34:04; 2 S Sterling (Bas, U20) 34:17; 3 N Bangs (Thur, U20) 34:35; 4 P Betteridge (Hav M) 34:40; 5 C Milnes (C&T) 34:54; 6 M Gibbs (Chelm) 35:10; 7 R Galne (Col H) 35:12; 8 T Pynn (CAT, U20) 35:15; 9 G Miles (S'end, U20) 35:21; 10 E White (Col H) 35:38  
TEAM: 1 Chelmsford 107; 2 Colchester Harriers 113; 3 Thurrock Harriers 118  
U17 (6km)  
1 J Dascon (Hav M) 22:44; 2 L Crisp (Thur) 23:09; 3 D Singh (Bas) 23:19  
TEAM: 1 Basilton 14; 2 Thurrock 18; 3 Southend 28  
U15 (4km)  
1 J Clements (Hav M) 13:38; 2 J Williams (Chelm) 13:49; 3 T Cammack (Chelm) 14:07  
TEAM: 1 Chelmsford 28; 2 Hav M 32; 3 Orton 37  
U13 (3km)  
1 A Ralnosothy (Thur

**SAF Annual Representative Match incorporating Inter-District Championships**  
**Sponsored by North Lanarkshire Council**  
**13/12/97 - Senior/Junior Women**

0001	QUINN, PAULINE	NORTHERN IRELAND	SEN/JUN WOMAN	0:22:45
0002	PARKINSON, HAILEY	SCOTTISH UNIV	SEN/JUN WOMAN	0:22:56
0003	MCPHAIL, ANNE	SCOTTISH UNIV	SEN/JUN WOMAN	0:23:03
0004	GROSSMAN, LAURA	EAST	SEN/JUN WOMAN	0:23:08
0005	RIDLEY, SUE	EAST	SEN/JUN WOMAN	0:23:11
0006	MORRISON, CATRIONA	SCOTTISH UNIV	SEN/JUN WOMAN	0:23:17
0007	CARR, ALISON	EAST	SEN/JUN WOMAN	0:23:27
0008	WALKER, GAIL	WEST	SEN/JUN WOMAN	0:23:29
0009	COCHRANE, EILEEN	WEST	SEN/JUN WOMAN	0:23:32
0010	MILLER, CLAIRE	SCOTTISH UNIV	SEN/JUN WOMAN	0:23:35
0011	MCBRINN, ELAINE	WEST	SEN/JUN WOMAN	0:23:36
0012	THOMSON, TRUDI	EAST	SEN/JUN WOMAN	0:23:44
0013	O'NEILL, MOIRA	NORTHERN IRELAND	SEN/JUN WOMAN	0:23:45
0014	ROTHER, PENNY	EAST	SEN/JUN WOMAN	0:23:50
0015	DUTHIE, MARIE	NORTH	SEN/JUN WOMAN	0:23:54
0016	CHUNG, HSU MIN	WEST	SEN/JUN WOMAN	0:23:57
0017	GEMMELL, MARLENE	WEST	SEN/JUN WOMAN	0:24:10
0018	SALVONA, JOYCE	EAST	SEN/JUN WOMAN	0:24:21
0019	ROXBURGH, J	WEST	SEN/JUN WOMAN	0:24:32
0020	KENNEDY, SUZANNE	WEST	SEN/JUN WOMAN	0:24:37
0021	HIGGINS, ALISON	SCOTTISH UNIV	SEN/JUN WOMAN	0:24:52
0022	THOMSON, JAN	EAST	SEN/JUN WOMAN	0:24:58
0023	INMAN, KIRSTY	SCOTTISH UNIV	SEN/JUN WOMAN	0:24:59
0024	WILTON, KAREN	NORTHERN IRELAND	SEN/JUN WOMAN	0:25:02
0025	POTTS, ALISON	SCOTTISH UNIV	SEN/JUN WOMAN	0:25:14
0026	HUGHES, A M	WEST	SEN/JUN WOMAN	0:25:22
0027	DOLAN, KAREN	NORTHERN IRELAND	SEN/JUN WOMAN	0:25:24
0028	SCOTT, DAWN	WEST	SEN/JUN WOMAN	0:25:25
0029	CROSS, BRIGEEN	NORTHERN IRELAND	SEN/JUN WOMAN	0:25:31
0030	MCCOURT, FIONNUALA	NORTHERN IRELAND	SEN/JUN WOMAN	0:27:03

PLACE	TEAM	POSITIONS	TOTAL
1	East	3/5/7/12/14/18	60
2	Scottish Univ	2/3/6/10/21/23	65
3	West	8/9/11/16/17/19	80
4	Northern Ireland	1/13/24/27/29/30	124

**SAF Annual Representative Match incorporating Inter-District Championships**  
**Sponsored by North Lanarkshire Council**  
**13/12/97 - Senior/Junior Men**

0001	MOWBRAY, PHILIP	SCOTTISH UNIV	SEN/JUN MEN	0:32:33
0002	O'KEEFE, PAT	SCOTTISH UNIV	SEN/JUN MEN	0:33:02
0003	QUINN, ROBERT	WEST	SEN/JUN MEN	0:33:05
0004	RUSSELL, ALASTAIR	WEST	SEN/JUN MEN	0:33:09
0005	COWAN, J	WEST	SEN/JUN MEN	0:33:42
0006	BROWN, IAN	EAST	SEN/JUN MEN	0:33:50
0007	THOMSON, CHARLIE	WEST	SEN/JUN MEN	0:33:53
0008	MCLARRON, GARY	NORTHERN IRELAND	SEN/JUN MEN	0:33:59
0009	GIBSON, STEWART	SCOTTISH UNIV	SEN/JUN MEN	0:34:01
0010	ROBISON, CHRIS	WEST	SEN/JUN MEN	0:34:06
0011	MILOVSOV, NICK	EAST	SEN/JUN MEN	0:34:11
0012	JENKINS, BILLY	WEST	SEN/JUN MEN	0:34:18
0013	TUMELTY, GARRY	NORTHERN IRELAND	SEN/JUN MEN	0:34:21
0014	ROSS, JOHN	EAST	SEN/JUN MEN	0:34:30
0015	RUNCIMAN, D	WEST	SEN/JUN MEN	0:34:39
0016	CUNNINGHAM, JOHN	EAST	SEN/JUN MEN	0:34:45
0017	VELTCH, IAN	EAST	SEN/JUN MEN	0:34:50
0018	PYRAH, JEFF	EAST	SEN/JUN MEN	0:34:55
0019	EDWARDS, ORLANDO	SCOTTISH UNIV	SEN/JUN MEN	0:35:09
0020	ADAMS, ALAN	WEST	SEN/JUN MEN	0:35:15
0021	GRANT, DAMIEN	NORTHERN IRELAND	SEN/JUN MEN	0:35:18
0022	O, NEILL, IAN	NORTHERN IRELAND	SEN/JUN MEN	0:35:30
0023	KNIGHT, DAVID	EAST	SEN/JUN MEN	0:35:39
0024	STEWART, GRANT	SCOTTISH UNIV	SEN/JUN MEN	0:35:44
0025	MCKILLOP, PADDY	NORTHERN IRELAND	SEN/JUN MEN	0:35:50
0026	MORRISON, PETER	EAST	SEN/JUN MEN	0:36:14
0027	BORTHWICK, JOHN	SCOTTISH UNIV	SEN/JUN MEN	0:36:24
0028	WRIGHT, DAVE	SCOTTISH UNIV	SEN/JUN MEN	0:36:34
0029	CAMERON, NIALL	SCOTTISH UNIV	SEN/JUN MEN	0:36:41
0030	COOPER, J	LOCAL AUTHORITIES	SEN/JUN MEN	0:36:45
0031	STRACHAN, MATTHEW	EAST	SEN/JUN MEN	0:37:02
0032	MILNE, ROSS	SCOTTISH UNIV	SEN/JUN MEN	0:37:12
0033	MCKAY, H	LOCAL AUTHORITIES	SEN/JUN MEN	0:37:20
0034	GOW, DAVID	SCOTTISH UNIV	SEN/JUN MEN	0:39:29
0035	NOBLE, CHARLIE	NORTH	SEN/JUN MEN	0:39:42
0036	ROBOROUGH, B	LOCAL AUTHORITIES	SEN/JUN MEN	0:39:45
0037	BELL, MATTHEW	SCOTTISH UNIV	SEN/JUN MEN	0:39:48
0038	SOUTER, R	LOCAL AUTHORITIES	SEN/JUN MEN	0:39:48

PLACE	TEAM	POSITIONS	TOTAL
1	West	3/4/5/7/10/12	41
2	East	6/11/14/16/17/18	82
3	Scottish Univ	1/2/9/19/24/27	82