

# West Districts Cross Country Championships Irvine

## Saturday 10th January 2004

Pos	No	Name	Cat	Club	Time
1	5	Laura Cameron	Under 13	City Of Glasgow AC	14:44
2	6	Stephanie Cameron	Under 13	City Of Glasgow AC	15:05
3	50	Naomi Smith	Under 13	Nithsdale AC	15:10
4	11	Beth Duff	Under 13	East Kilbride AAC	15:18
5	59	Laura McCord	Under 13	Whitemoss AAC	15:33
6	17	Rachel McDowall	Under 13	Giffnock North AAC	15:55
7	45	Sarah Archibald	Under 13	Larkhall YMCA Harriers	16:12
8	46	Jodie Frame	Under 13	Larkhall YMCA Harriers	16:24
9	7	Paula Donnelly	Under 13	City Of Glasgow AC	16:30
10	15	Catrina Lockie	Under 13	Giffnock North AAC	16:35
11	21	Emily Pollock	Under 13	Greenock Glenpark Harriers	16:39
12	41	Julie Connelly	Under 13	Kirkintilloch Olympians	16:55
13	14	Anna Hilley	Under 13	Giffnock North AAC	17:04
14	24	Aisling Freeth	Under 13	Helensburgh AAC	17:08
15	39	Hannah Campbell	Under 13	Kilbarchan AAC	17:10
16	37	Dani Smith	Under 13	Kilbarchan AAC	17:12
17	10	Laura Baird	Under 13	Clydesdale	17:23
18	3	Nicole Bunyan	Under 13	Arran Runners	17:28
19	26	Sarah Munn	Under 13	Irvine AC	17:33
20	19	Francesca Norman	Under 13	Giffnock North AAC	17:43
21	1	Marion Hutton	Under 13	Airdrie Harriers	17:44
22	60	Ainsley Black	Under 13	Inverclyde AC	17:45
23	29	Amy Milligan	Under 13	J W Kilmarnock H&AC	17:51
24	2	Kirstin Watt	Under 13	Airdrie Harriers	18:02
25	18	Claire McCluskey	Under 13	Giffnock North AAC	18:10
26	22	Katie Pollock	Under 13	Greenock Glenpark Harriers	18:16
27	47	Sophie Martin	Under 13	Larkhall YMCA Harriers	18:20
28	58	Janey Campbell	Under 13	West Dunbartonshire AC	18:45
29	49	Fiona Parkin	Under 13	Law & District AAC	18:46
30	4	Michaela Farrell	Under 13	Ayr Seaforth AAC	18:47
31	48	Emma Clarkson	Under 13	Law & District AAC	18:57
32	38	Lorna Lamont	Under 13	Kilbarchan AAC	19:04
33	43	Rebecca McLennan	Under 13	Kirkintilloch Olympians	19:13
34	20	Sarah Wilkie	Under 13	Giffnock North AAC	19:15
35	56	Jessica Orr	Under 13	Victoria Park AAC	19:32
36	30	Sally Pugh	Under 13	J W Kilmarnock H&AC	19:42
37	25	Vicky Cooper	Under 13	Helensburgh AAC	19:45
38	61	Sammi Coyle	Under 13	Inverclyde AC	19:55
39	31	Mia Tate	Under 13	J W Kilmarnock H&AC	21:16
40	57	Mairi Cameron	Under 13	Victoria Park AAC	22:34
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# West Districts Cross Country Championships Irvine

## Saturday 10th January 2004 Under 13 Girls

Cat	(All)
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Club	Name	Pos
	Laura Cameron	1
City Of Glasgow AC	Stephanie Cameron	2
	Paula Donnelly	9
City Of Glasgow AC Total		12
	Rachel McDowall	6
Giffnock North AAC	Catriona Lockie	10
	Anna Hilley	13
Giffnock North AAC Total		29
	Sarah Archibald	7
Larkhall YMCA Harriers	Jodie Frame	8
	Sophie Martin	27
Larkhall YMCA Harriers Total		42
	Hannah Campbell	15
Kilbarchan AAC	Dani Smith	16
	Lorna Lamont	32
Kilbarchan AAC Total		63
	Amy Milligan	23
J W Kilmarnock H&AC	Sally Pugh	36
	Mia Tate	39
J W Kilmarnock H&AC Total		98
		1665
Total		1665

West Districts Cross Country Championships Irvine  
Saturday 10th January 2004 Under 15 Girls

Pos	No	Name	Cat	Club	Time
1	72	Rebecca Finch	Under 15	City Of Glasgow AC	18:11
2	98	Eilidh Menzies	Under 15	Kilbarchan AAC	18:45
3	111	Nicola Hood	Under 15	Nithsdale AC	19:03
4	83	Sarah Phee	Under 15	Giffnock North AAC	19:20
5	87	Harriet Floyd	Under 15	Helensburgh AAC	19:40
6	82	Jennifer Conway	Under 15	Giffnock North AAC	19:42
7	88	Charlotte McShane	Under 15	Helensburgh AAC	19:55
8	77	Laura Connelly	Under 15	Giffnock North AAC	20:11
9	121	Julie Whyteside	Under 15	Whitemoss AAC	20:16
10	117	Stephanie Davis	Under 15	Victoria Park AAC	20:23
11	120	Cheryl Frame	Under 15	Whitemoss AAC	20:40
12	118	Iona Campbell	Under 15	West Dunbartonshire AC	20:55
13	102	Kirsty Reid	Under 15	Kilbarchan AAC	20:57
14	81	Ruth Joss	Under 15	Giffnock North AAC	20:59
15	123	Susanna Spence	Under 15	Inverclyde AC	21:11
16	116	Abbey McGhee	Under 15	Victoria Park AAC	21:13
17	100	Laura Kennedy	Under 15	Kilbarchan AAC	21:17
18	73	Helen Sweeney	Under 15	City Of Glasgow AC	21:19
19	122	Jaimie McTiernan	Under 15	Inverclyde AC	21:21
20	74	Megan Phillips	Under 15	City Of Glasgow AC	21:22
21	105	Courtney MacGuire	Under 15	Kirkintilloch Olympians	21:36
22	107	Claire Stewart	Under 15	Law & District AAC	21:39
23	101	Claire McNicol	Under 15	Kilbarchan AAC	21:44
24	115	Aisling McGhee	Under 15	Victoria Park AAC	21:45
25	119	Connie O'Neil	Under 15	West Dunbartonshire AC	21:57
26	97	Colleen Tate	Under 15	J W Kilmarnock H&AC	22:02
27	91	Lauren Collier	Under 15	Irvine AC	22:07
28	70	Lydia Milligan	Under 15	Airdrie Harriers	22:09
29	110	Kimberley Scott	Under 15	Law & District AAC	22:25
30	103	Jillian Allan	Under 15	Kilbarchan AAC	22:31
31	89	Amy Cooper	Under 15	Helensburgh AAC	22:35
32	104	Sarah McLennan	Under 15	Kirkintilloch Olympians	22:55
33	93	Laura Nixon	Under 15	Irvine AC	23:17
34	113	Claire Wilson	Under 15	Nithsdale AC	23:30
35	90	Rebecca Lawrie	Under 15	Helensburgh AAC	24:11
36	92	Rebecca Edge	Under 15	Irvine AC	24:18

West Districts Cross Country Championships Irvine  
 Saturday 10th January 2004 Under 15 Girls

Cat	(All)
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Club	Name	Pos
	Sarah Phee	4
Giffnock North AAC	Jennifer Conway	6
	Laura Connelly	8
	Giffnock North AAC Sum	18
	Rebecca Finch	1
City Of Glasgow AC	Helen Sweeney	18
	Megan Phillips	20
	City Of Glasgow AC Sum	39
	Stephanie Davis	10
Victoria Park AAC	Abbey McGhee	16
	Aisling McGhee	24
	Victoria Park AAC Sum	50
	Harriet Floyd	5
Helensburgh AAC	Charlotte McShane	7
	Amy Cooper	31
	Helensburgh AAC Sum	43
	Eilidh Menzies	2
Kilbarchan AAC	Kirsty Reid	13
	Laura Kennedy	17
	Kilbarchan AAC Sum	32
	Lauren Collier	27
Irvine AC	Laura Nixon	33
	Rebecca Edge	36
	Irvine AC Sum	96

West Districts Cross Country Championships  
Saturday 10th January 2003 Under 17 women

Pos	No	Name	Cat	Club	Time
1	146	Cara Sloss	Under 17	Kilbarchan AAC	17:33
2	135	Jolene Ennis	Under 17	Clydesdale Harriers	18:36
3	144	Emma Mackie	Under 17	J W Kilmarnock H&AC	18:56
4	130	Laura MacPherson	Under 17	City Of Glasgow AC	19:05
5	131	Jennifer Emsley	Under 17	City Of Glasgow AC	19:28
6	138	Kerry McGee	Under 17	Giffnock North AAC	20:05
7	153	Victoria Currie	Under 17	Nithsdale AC	20:20
8	152	Christina Whitelaw	Under 17	Larkhall YMCA Harriers	20:26
9	136	Fiona McKay	Under 17	Giffnock North AAC	20:30
10	133	Judith Louise Work	Under 17	City Of Glasgow AC	20:48
11	142	Lauren Baird	Under 17	Giffnock North AAC	21:06
12	141	Lucy Milligan	Under 17	Giffnock North AAC	21:13
13	151	Lorna Gray	Under 17	Law & District AAC	21:16
14	149	Nikki Christie	Under 17	Law & District AAC	21:40
15	143	Vicky Ferguson	Under 17	Irvine AC	22:47
16	145	Kara Tate	Under 17	J W Kilmarnock H&AC	23:24

West District CC Championships  
January 20th 2004 Irvine Under 17 Women

Cat	(All)
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<b>Club</b>	<b>Name</b>	Pos
	Laura MacPherson	4
City Of Glasgow AC	Jennifer Emsley	5
	Judith Louise Work	10
City Of Glasgow AC Total		19
	Kerry McGee	6
Giffnock North AAC	Fiona McKay	9
	Lauren Baird	11
Giffnock North AAC Total		26

West Districts Cross Country Championships Irvine  
 Saturday 10th January 2004 Under 20 senior women

Pos	No	Name	Cat	Club	Time
1	218	Allison Higgins	Senior	J W Kilmarnock H&AC	2804
2	226	Lindsay MacNeill	Senior	Shettleston Harriers Ladies	2821
3	190	Jill Knowles	Senior	City Of Glasgow AC	2833
4	183	Eileen Lang	Senior	City Of Glasgow AC	2840
5	185	Susan Finch	Vet	City Of Glasgow AC	2921
6	187	Jacqueline Thomson	Vet	City Of Glasgow AC	3043
7	228	Claire McCracken	Senior	Shettleston Harriers Ladies	3047
8	219	Lindsay McMahon	Senior	J W Kilmarnock H&AC	3048
9	216	Helen Morton	Vet	Irvine AC	3108
10	173	Erica Christie	Vet	Bellahouston Harriers	3128
11	206	Hilary Millar	Senior	Giffnock North AAC	3151
12	160	Laura Thomson	Under 20	City Of Glasgow AC	3156
13	212	Mary McCutcheon	Senior	Giffnock North AAC	3200
14	209	Maureen McVey	Vet	Giffnock North AAC	3215
15	240	Audrey McBride	Senior	Helensburgh AAC	3232
16	203	Heather Akers	Vet	Garscube Harriers	3233
17	195	Kelly Smith	Senior	East Kilbride AAC	3235
18	161	Marie Terese Gardiner	Under 20	West Dunbartonshire AC	3242
19	179	Melanie Fraser	Senior	Calderglen Harriers	3258
20	227	Lynne Marr	Vet	Shettleston Harriers Ladies	3301
21	180	Catriona Kerr	Senior	Calderglen Harriers	3308
22	235	Liz Horton	Senior	Westerlands XC Club	3320
23	162	Jane Dobson	Under 20	Giffnock North AAC	3330
24	192	Aileen Scott	Senior	Clydesdale Harriers	3357
25	204	Hazel Watson	Senior	Garscube Harriers	3416
26	163	Fiona Gentles	Under 20	Kirkintilloch Olympians	3429
27	234	Muffy Calder	Vet	Westerlands XC Club	3440
28	210	Sylvia Campbell	Vet	Giffnock North AAC	3504
29	169	Caroline Legg	Vet	Annan & District AC	3527
30	181	Stacey Anne Erwin	Senior	Calderglen Harriers	3532
31	241	Maria Dye	Vet	Helensburgh AAC	3534
32	191	Pauline McAdam	Vet	City Of Glasgow AC	3555
33	211	Myfanwy Taylor	Vet	Giffnock North AAC	3558
34	205	Patricia Mcleod	Vet	Giffnock North AAC	3651
35	239	Claire Appelquist	Senior	Helensburgh AAC	3700
36	217	Mary Miller	Vet	Irvine AC	3803
37	202	Jill O'Neil	Senior	Garscube Harriers	3825
38	174	Katrina Stewart	Senior	Calderglen Harriers	3915
39	177	Mandy Cullie	Senior	Calderglen Harriers	3921
40	242	Ellen Thomson	Vet	Helensburgh AAC	3935
41	244	Lorna Masterton	Vet	Helensburgh AAC	3935
42	198	Karen Stevenson	Vet	Garscube Harriers	4049
43	176	Dawn Buchanan	Senior	Calderglen Harriers	4128
44	237	Patricia McLaughlin	Vet	Westerlands XC Club	4250
45	243	Leslie Serpell	Vet	Helensburgh AAC	4306
46	172	Jan Emsley	Vet	Arran Runners	4431

West Districts Cross Country Championships Irvine  
 Saturday 10th January 2004 Under 20 Senior women

Cat	(All)
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Sum of Pos		
Club	Name	Total
City Of Glasgow AC	Jill Knowles	3
	Eileen Lang	4
	Susan Finch	5
City Of Glasgow AC Total		12
Shettleston Harriers Ladies	Lindsay MacNeill	2
	Claire McCracken	7
	Lynne Marr	20
Shettleston Harriers Ladies Total		29
Giffnock North AAC	Hilary Millar	11
	Mary McCutcheon	13
	Maureen McVey	14
Giffnock North AAC Total		38
Calderglen Harriers	Melanie Fraser	19
	Catriona Kerr	21
	Stacey Anne Erwin	30
Calderglen Harriers Total		70
Garscube Harriers	Heather Akers	16
	Hazel Watson	25
	Jill O'Neil	37
Garscube Harriers Total		78
Helensburgh AAC	Audrey McBride	15
	Maria Dye	31
	Claire Appelquist	35
Helensburgh AAC Total		81
Westerlands XC Club	Liz Horton	22
	Muffy Calder	27
	Patricia McLaughlin	44
Westerlands XC Club Total		93



West Districts Cross Country Championships Irvine  
 Saturday 10th January 2004 Under 13 Boys

Pos	No	Name	Cat	Club	Input
1	368	Miles Hollinshead	Under 13	Larkhall YMCA Harriers	1338
2	375	Stephen Taggart	Under 13	Ron Hill Cambuslang Harriers	1410
3	369	Gary Mooney	Under 13	Larkhall YMCA Harriers	1421
4	356	Scott MacAulay	Under 13	Kilbarchan AAC	1425
5	359	Stuart King	Under 13	Kilbarchan AAC	1428
6	334	Steven Gray	Under 13	Giffnock North AAC	1432
7	392	Stuart Jamieson	Under 13	Whitemoss AAC	1435
8	332	John Fergusson	Under 13	East Kilbride AAC	1437
9	336	Gordon Belch	Under 13	Giffnock North AAC	1441
10	384	Ruairidh Munro	Under 13	Shettleston Harriers	1442
11	388	Jamie Breslin	Under 13	West Dunbartonshire AC	1444
12	333	David Gorman	Under 13	East Kilbride AAC	1446
13	348	Nicholas Emsley	Under 13	Irvine AC	1514
14	335	Paul Bainbridge	Under 13	Giffnock North AAC	1517
15	382	Gary McBride	Under 13	Shettleston Harriers	1519
16	363	Matthew Graham	Under 13	Kirkintilloch Olympians	1520
17	347	Ryan McDonald	Under 13	Irvine AC	1523
18	366	Neill Hamilton	Under 13	Kirkintilloch Olympians	1533
19	383	Ryan McConway	Under 13	Shettleston Harriers	1538
20	378	Scott McDonald	Under 13	Ron Hill Cambuslang Harriers	1542
21	354	David Meikle	Under 13	J W Kilmarnock H&AC	1545
22	390	Sam Galbraith	Under 13	West Dunbartonshire AC	1547
23	360	Callum Hawkins	Under 13	Kilbarchan AAC	1549
24	351	David Jarvis	Under 13	J W Kilmarnock H&AC	1555
25	386	Andrew Clunes	Under 13	Shettleston Harriers	1601
26	393	Graeme Mitchell	Under 13	Whitemoss AAC	1602
27	370	David Kane	Under 13	Larkhall YMCA Harriers	1603
28	345	Garry Kerr	Under 13	Irvine AC	1611
29	357	Connor Stevenson	Under 13	Kilbarchan AAC	1616
30	385	Andrew Duffy	Under 13	Shettleston Harriers	1617
31	372	Billy Clarkson	Under 13	Law & District AAC	1625
32	376	Craig Fellows	Under 13	Ron Hill Cambuslang Harriers	1632
33	358	Mark Docherty	Under 13	Kilbarchan AAC	1634
34	381	Stephen McLaughlin	Under 13	Shettleston Harriers	1640
35	344	Murray Collier	Under 13	Irvine AC	1643
36	273	wrong number worn			1645
37	397	Dean Girvan	Under 13	Inverclyde AC	1647
38	387	Martin Barnett	Under 13	Shettleston Harriers	1649
39	325	Gordon Gilchrist	Under 13	Airdrie Harriers	1650
40	346	John Kerr	Under 13	Irvine AC	1650
41	352	Jamie Hannah	Under 13	J W Kilmarnock H&AC	1725
42	329	Bryden Ennis	Under 13	Clydesdale Harriers	1732
43	326	Conor Fairley	Under 13	Airdrie Harriers	1741
44	398	Thomas O'Neil	Under 13	West Dunbartonshire AC	1754
45	340	Darren Rafferty	Under 13	Greenock Glenpark Harriers	1757
46	361	Andrew McAlpine	Under 13	Kilbarchan AAC	1806
47	373	Aeryn Collins	Under 13	Law & District AAC	1810
48	350	David Clark	Under 13	J W Kilmarnock H&AC	1812
49	362	Lewis Hunter	Under 13	Kilbarchan AAC	1858
50	342	Stephen McShane	Under 13	Helensburgh AAC	1911
51	364	Mitchell MacGuire	Under 13	Kirkintilloch Olympians	2230

West Districts Cross Country Championships Irvine  
 Saturday 10th January 2004 Under 13 Boys

Cat	(All)
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Sum of Pos		
Club	Name	Total
Giffnock North AAC	Steven Gray	6
	Gordon Belch	9
	Paul Bainbridge	14
Giffnock North AAC Total		29
Larkhall YMCA Harriers	Miles Hollinshead	1
	Gary Mooney	3
	David Kane	27
Larkhall YMCA Harriers Total		31
Kilbarchan AAC	Scott MacAulay	4
	Stuart King	5
	Callum Hawkins	23
Kilbarchan AAC Total		32
Shettleston Harriers	Ruairidh Munro	10
	Gary McBride	15
	Ryan McConway	19
Shettleston Harriers Total		44
Ron Hill Cambuslang Harriers	Stephen Taggart	2
	Scott McDonald	20
	Craig Fellows	32
Ron Hill Cambuslang Harriers Total		54
Irvine AC	Nicholas Emsley	13
	Ryan McDonald	17
	Garry Kerr	28
Irvine AC Total		58
West Dunbartonshire AC	Jamie Breslin	11
	Sam Galbraith	22
	Thomas O'Neil	44
West Dunbartonshire AC Total		77
Kirkintilloch Olympians	Matthew Graham	16
	Neill Hamilton	18
	Mitchell MacGuire	51
Kirkintilloch Olympians Total		85
J W Kilmarnock H&AC	David Meikle	21
	David Jarvis	24
	Jamie Hannah	41
J W Kilmarnock H&AC Total		86

West Districts Cross Country Championships Irvine  
 Saturday 10th January 2004 Under 15 Boys

Pos	No	Name	Cat	Club	Time
1	278	Derek Hawkins	Under 15	Kilbarchan AAC	1602
2	279	Andrew G Gibson	Under 15	Kilbarchan AAC	1623
3	276	Scott Hawkins	Under 15	Kilbarchan AAC	1632
4	289	Christopher McGarrity	Under 15	Shettleston Harriers	1642
5	251	Douglas Bale	Under 15	Giffnock North AAC	1653
6	263	John Cooke	Under 15	Greenock Glenpark Harriers	1659
7	290	Mark McKelvie	Under 15	Shettleston Harriers	1707
8	275	Stephen McGoldrick	Under 15	Kilbarchan AAC	1709
9	269	Daniel Swanson	Under 15	Irvine AC	1710
10	287	Ryan Dickson	Under 15	Ron Hill Cambuslang Harriers	1726
11	294	David Robertson	Under 15	Whitemoss AAC	1731
12	283	Raymond Black	Under 15	Ron Hill Cambuslang Harriers	1738
13	280	Alan Ramsay	Under 15	Kirkintilloch Olympians	1745
14	262	Stephen Cook	Under 15	Greenock Glenpark Harriers	1747
15	268	William Morgan	Under 15	Irvine AC	1748
16	252	James Baird	Under 15	Giffnock North AAC	1749
17	277	Gary Downie	Under 15	Kilbarchan AAC	1754
18	249	Craig Young	Under 15	Clydesdale Harriers	1756
19	267	Joshua Rettie	Under 15	Helensburgh AAC	1801
20	248	William Robertson	Under 15	Calderglen Harriers	1801
21	286	C Carr	Under 15	Ron Hill Cambuslang Harriers	1816
22	284	Paul McGarry	Under 15	Ron Hill Cambuslang Harriers	1820
23	291	Kristofer McMeekin	Under 15	Shettleston Harriers	1823
24	254	Ian Whiteford	Under 15	Giffnock North AAC	1833
25	264	Craig Williams	Under 15	Greenock Glenpark Harriers	1836
26	255	Stuart Whiteford	Under 15	Giffnock North AAC	1847
27	272	Paul Leck	Under 15	Kilbarchan AAC	1902
28	257	Kieran McCluskey	Under 15	Giffnock North AAC	1904
29	260	Niall Walker	Under 15	East Kilbride AAC	1904
30	265	David Elliott	Under 15	Greenock Glenpark Harriers	1918
31	253	Ross McLearie	Under 15	Giffnock North AAC	1943
32	256	David Walker	Under 15	Giffnock North AAC	1957
33	293	Jordan Gray	Under 15	West Dunbartonshire AC	2009
34	285	Andrew Robertson	Under 15	Ron Hill Cambuslang Harriers	2023
35	261	Jamie Clements	Under 15	East Kilbride AAC	2028
36	281	Kevin Cornes	Under 15	Kirkintilloch Olympians	2033
37	259	Chris Zhou	Under 15	Giffnock North AAC	2023
38	270	Jamie Martin	Under 15	J W Kilmarnock H&AC	2028
39	258	Ross Shankly	Under 15	Giffnock North AAC	2049
40	247	Graeme Robertson	Under 15	Calderglen Harriers	2055
41	245	David Fairley	Under 15	Airdrie Harriers	2111
42	246	Scott Keil	Under 15	Beith Harriers	2141
43	271	Stuart Munro	Under 15	J W Kilmarnock H&AC	2427

West District Cc Championships Irvine  
 Sat 20th January 2004 Under 15 Boys

Cat	(All)
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Sum of Pos		
Club	Name	Total
Kilbarchan AAC	Derek Hawkins	1
	Andrew G Gibson	2
	Scott Hawkins	3
Shettleston Harriers	Christopher McGarrity	4
	Mark McKelvie	7
	Kristofer McMeekin	23
Shettleston Harriers Total		34
Ron Hill Cambuslang Harriers	Ryan Dickson	10
	Raymond Black	12
	C Carr	21
Ron Hill Cambuslang Harriers Total		43
Giffnock North AAC	Douglas Bale	5
	James Baird	16
	Ian Whiteford	24
Giffnock North AAC Total		45
Greenock Glenpark Harriers	John Cooke	6
	Stephen Cook	14
	Craig Williams	25
Greenock Glenpark Harriers Total		45

West District Cross Country  
Saturday 10 January 2004 Under 17 Men

Pos	No	Name	Cat	Club	Time
1	420	Conor McNulty	Under 17	Kilbarchan AAC	2503
2	425	Chris Devenney	Under 17	Kilbarchan AAC	2509
3	417	Sean Welsh	Under 17	J W Kilbarnock H&AC	2513
4	439	David Ward	Under 17	Ron Hill Cambuslang Harriers	2515
5	436	Stephen Dunn	Under 17	Ron Hill Cambuslang Harriers	2548
6	426	Jamie Clark	Under 17	Kilbarchan AAC	2554
7	453	Craig Ruddy	Under 17	Inverclyde AC	2614
8	404	David Phee	Under 17	Giffnock North AAC	2632
9	415	Stephen Daye	Under 17	Irvine AC	2639
10	402	Robert Allison	Under 17	Clydesdale Harriers	2643
11	440	Andrew Greenhaugh	Under 17	Ron Hill Cambuslang Harriers	2652
12	416	Ronnie Ballantyne	Under 17	Irvine AC	2659
13	428	Fraser Williams	Under 17	Kilbarchan AAC	2706
14	438	Ian Lafferty	Under 17	Ron Hill Cambuslang Harriers	2708
15	445	Craig Stevenson	Under 17	Shettleston Harriers	2710
16	412	Stephen Trainer	Under 17	Greenock Glenpark Harriers	2715
17	410	Andrew McCall	Under 17	Greenock Glenpark Harriers	2747
18	446	James Findlay	Under 17	Shettleston Harriers	2753
19	403	Daniel Blacker	Under 17	Clydesdale Harriers	2755
20	414	Luke Rettie	Under 17	Helensburgh AAC	2825
21	407	Norman Galbraith	Under 17	Giffnock North AAC	2846
22	108	Wrong Number worn			2907
23	406	Alistair Booth	Under 17	Giffnock North AAC	2921
24	430	Craig Strachan	Under 17	Law & District AAC	2928
25	401	Euan Robb	Under 17	Calderglen Harriers	2931
26	437	Chris Brown	Under 17	Ron Hill Cambuslang Harriers	2938
27	413	James Bradley	Under 17	Greenock Glenpark Harriers	3012
28	447	Paul Grant	Under 17	Shettleston Harriers	3022
29	432	Ewan McDonald	Under 17	Maryhill Harriers	3035
30	441	Jonathan Lafferty	Under 17	Ron Hill Cambuslang Harriers	3037
31	429	Adam Janeczko	Under 17	Kirkintilloch Olympians	3050
32	423	Andrew Jack	Under 17	Kilbarchan AAC	3059
33	424	Richard Mclaughlin	Under 17	Kilbarchan AAC	3245

West District Cross Country Championships Irvine  
 Saturday 10 January 2004 Under 17 Boys

Cat	(All)
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Sum of Pos		
Club	Name	Total
Kilbarchan AAC	Conor McNulty	1
	Chris Devenney	2
	Jamie Clark	6
Kilbarchan AAC Total		9
Ron Hill Cambuslang Harriers	David Ward	4
	Stephen Dunn	5
	Andrew Greenhaugh	11
Ron Hill Cambuslang Harriers Total		20
Giffnock North AAC	David Phee	8
	Norman Galbraith	21
	Alistair Booth	23
Giffnock North AAC Total		52
Greenock Glenpark Harriers	Stephen Trainer	16
	Andrew McCall	17
	James Bradley	27
Greenock Glenpark Harriers Total		60
Shettleston Harriers	Craig Stevenson	15
	James Findlay	18
	Paul Grant	28
Shettleston Harriers Total		61

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 Saturday 10th January 2004 Senior Men/Junior/Vet

Pos	No	Name	Cat	Club	Time
1	192	Robert Quinn	Senior	Kilbarchan AAC	35:25
2	236	Jamie Reid	Senior	Ron Hill Cambuslang Harriers	35:28
3	251	Stuart Gibson	Senior	Shettleston Harriers	35:36
4	257	Jethro Lennox	Senior	Shettleston Harriers	35:46
5	157	William Richardson	Senior	Irvine AC	35:55
6	252	Martin Graham	Senior	Shettleston Harriers	36:07
7	309	Mark Pollard	Senior	Inverclyde AC	36:13
8	227	John Brown	Vet	Ron Hill Cambuslang Harriers	36:19
9	33	Carl Heaven	Senior	Annan & District AC	36:25
10	158	David Millar	Senior	Irvine AC	36:20
11	282	Kristian Forster	Senior	Victoria Park AAC	36:45
12	235	Andrew Wright	Senior	Ron Hill Cambuslang Harriers	36:51
13	304	Steven Conaghan	Senior	Inverclyde AC	36:53
14	308	Thomas Murray	Vet	Inverclyde AC	36:56
15	241	Duncan Cochrane	Senior	Ron Hill Cambuslang Harriers	37:14
16	253	Andy Little	Vet	Shettleston Harriers	37:24
17	210	Alaister Russell	Senior	Law & District AAC	37:25
18	88	Mark Rudzinski	Senior	Clydesdale Harriers	37:28
19	238	Iain MacCorquodale	Senior	Ron Hill Cambuslang Harriers	37:31
20	246	David Rodgers	Senior	Ron Hill Cambuslang Harriers	37:40
21	156	Lee Richardson	Senior	Irvine AC	37:57
22	190	Thomas Hearle	Senior	Kilbarchan AAC	38:13
23	258	Ian Johnston	Senior	Shettleston Harriers	38:15
24	30	Mark Whitelaw	Senior	Annan & District AC	38:16
25	187	Edward Tonner	Senior	J W Kilmarnock H&AC	38:23
26	206	Chris Stewart	Senior	Kirkintilloch Olympians	38:28
27	248	Adrian Callan	Vet	Shettleston Harriers	38:40
28	266	Ben Rattray	Senior	Shettleston Harriers	38:48
29	8	Calum Morrison	Under 20	Kilbarchan AAC	38:51
30	247	William Coyle	Vet	Shettleston Harriers	38:56
31	188	James Snodgrass	Senior	Kilbarchan AAC	38:56
32	56	Alan Derrick	Senior	Calderglen Harriers	38:57
33	277	Stuart Barnett	Senior	Victoria Park AAC	39:02
34	11	Alistair Campbell	Under 20	Ron Hill Cambuslang Harriers	39:03
35	139	Stephen McLoone	Vet	Greenock Glenpark Harriers	39:05
36	249	Peter Carton	Vet	Shettleston Harriers	39:09
37	189	John McMillan	Senior	Kilbarchan AAC	39:11
38	284	Kenneth McCoy	Senior	Victoria Park AAC	39:13
39	109	Grant Baillie	Senior	East Kilbride AAC	39:15
40	39	Colin Souter	Senior	Ayr Seaforth AAC	39:20
41	159	George Irving	Senior	Irvine AC	39:35
42	3	Christopher McCall	Under 20	Greenock Glenpark Harriers	39:48
43	254	John Mackay	Vet	Shettleston Harriers	40:09
44	38	Robert Napier	Senior	Ayr Seaforth AAC	40:18
45	37	Alex Allardyce	Senior	Ayr Seaforth AAC	40:22
46	216	James McLeod	Senior	Maryhill Harriers	40:26
47	66	Blair Matthew	Senior	Calderglen Harriers	40:33
48	243	David Marshall	Vet	Ron Hill Cambuslang Harriers	40:47
49	256	Graham Wight	Senior	Shettleston Harriers	40:49
50	4	David Butcher	Under 20	Greenock Glenpark Harriers	40:52
51	144	Douglas Campbell	Senior	Greenock Glenpark Harriers	40:54
52	259	Ian Lewis	Senior	Shettleston Harriers	40:55
53	55	Graham Allan	Senior	Calderglen Harriers	40:56
54	112	Iain Cullen	Senior	Garscube Harriers	40:59
55	119	Euan Mackay	Vet	Garscube Harriers	41:00

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56	67	Brian Carrigan	Senior	Calderglen Harriers	41:03
57	161	Colin Miller	Vet	Irvine AC	41:10
58	44	David Boal	Senior	Bellahouston Harriers	41:12
59	160	Brian Craig	Vet	Irvine AC	41:12
60	230	Archie Jenkins	Vet	Ron Hill Cambuslang Harriers	41:16
61	286	Gordon Moore	Senior	Victoria Park AAC	01:74
62	245	Francis Hurley	Vet	Ron Hill Cambuslang Harriers	41:21
63	125	Gerard McNamee	Vet	Giffnock North AAC	41:26
64	290	Charles Campbell	Senior	Westerlands XC Club	41:27
65	148	Daniel McLaughlin	Vet	Greenock Glenpark Harriers	41:38
66	147	Phillip Russell	Vet	Greenock Glenpark Harriers	41:40
67	106	David J. Condra	Vet	East Kilbride AAC	41:48
68	293	Blair Millen	Senior	Westerlands XC Club	41:50
69	129	Paul Harte	Senior	Giffnock North AAC	41:50
70	78	Michael Diver	Senior	Clydesdale Harriers	41:56
71	104	Graeme Haddow	Vet	East Kilbride AAC	41:57
72	133	Derek Breen	Vet	Giffnock North AAC	42:05
73	43	Campbell Joss	Vet	Bellahouston Harriers	42:09
74	114	Lindsay Cunningham	Senior	Garscube Harriers	42:20
75	170	James Stevenson	Vet	Irvine AC	42:22
76	57	Alan Cullie	Senior	Calderglen Harriers	42:22
77	154	Damien Theaker	Vet	Helensburgh AAC	42:28
78	250	John Duffy	Senior	Shettleston Harriers	42:29
79	36	Laurence Baker	Vet	Ayr Seaforth AAC	42:32
80	107	Ralph Riach	Vet	East Kilbride AAC	42:42
81	287	Andrew Nicoll	Vet	Victoria Park AAC	42:43
82	121	Robert McLennan	Vet	Garscube Harriers	42:43
83	31	Roger Irving	Vet	Annan & District AC	42:46
84	217	Douglas McDonald	Vet	Maryhill Harriers	42:51
85	197	Michael McGinley	Vet	Kilbarchan AAC	43:10
86	99	David Marsland	Senior	Dumbarton AAC	43:12
87	100	W Wilson	Vet	Dumbarton AAC	43:22
88	138	Marc Roper	Vet	Giffnock North AAC	43:23
89	278	Philip Carter	Vet	Victoria Park AAC	43:23
90	145	Alan O'Rourke	Senior	Greenock Glenpark Harriers	43:25
91	213	Patrick Kelly	Vet	Law & District AAC	43:27
92	186	David Mitchell	Senior	J W Kilmarnock H&AC	43:32
93	59	Jamie McMonagle	Senior	Calderglen Harriers	43:37
94	177	Scott McKendrick	Senior	Irvine AC	43:42
95	92	Robert Young	Vet	Clydesdale Harriers	43:44
96	315	Graeme Hyett	Senior	Inverclyde AC	43:46
97	306	Robert Gray	Senior	Inverclyde AC	43:48
98	10	Daniel Burns	Under 20	Milburn Harriers	43:50
99	194	Donald Petrie	Vet	Kilbarchan AAC	43:56
100	203	Edward McLoone	Senior	Kirkintilloch Olympians	43:59
101	184	Jim Goldie	Senior	J W Kilmarnock H&AC	44:08
102	70	Stuart Gibson	Under 20	Calderglen Harriers	44:11
103	183	John Docherty	Senior	J W Kilmarnock H&AC	44:14
104	288	Duncan Thomson	Senior	Victoria Park AAC	44:14
105	229	Alexander Eaglesham	Vet	Ron Hill Cambuslang Harriers	44:22
106	40	Adam Mackie	Senior	Ayr Seaforth AAC	44:26
107	291	Gibson Fleming	Vet	Westerlands XC Club	44:32
108	7	Stewart McAllister	Under 20	J W Kilmarnock H&AC	44:38
109	231	Joseph Kealey	Senior	Ron Hill Cambuslang Harriers	44:39
110	268	Joseph Chambers	Under 20	Springburn Harriers	44:41
111	193	Steven Hards	Vet	Kilbarchan AAC	44:43



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112	270	Alistair Munn	Vet	Troon Tortoises AC	44:45
113	212	Gordon Douglas	Vet	Law & District AAC	44:46
114	180	Graham Cairns	Vet	J W Kilmarnock H&AC	44:48
115	63	Ivan Field	Senior	Calderglen Harriers	44:51
116	41	Tom McCulloch	Vet	Ayr Seaforth AAC	44:55
117	108	Mark Smith	Senior	East Kilbride AAC	44:59
118	269	George McGregor	Vet	Troon Tortoises AC	45:04
119	255	Andrew McIntyre	Vet	Shettleston Harriers	45:04
120	298	Archie Cameron	Vet	Westerlands XC Club	45:09
121	289	David Calder	Vet	Westerlands XC Club	45:17
122	220	Stephen Cowper	Senior	Milburn Harriers	45:20
123	149	John Kerr	Vet	Greenock Glenpark Harriers	45:24
124	211	James Rowley	Vet	Law & District AAC	45:29
125	317	Terry Wilkie	Vet	Inverclyde AC	45:30
126	135	James Galbraith	Vet	Giffnock North AAC	45:39
127	115	David Geddes	Vet	Garscube Harriers	45:50
128	264	Kenneth McClean	Vet	Shettleston Harriers	45:55
129	162	James White	Vet	Irvine AC	46:04
130	175	Ian McNee	Vet	Irvine AC	46:13
131	169	Joseph McNamee	Vet	Irvine AC	46:15
132	48	Anthony Quinn	Vet	Bellahouston Harriers	46:16
133	49	Iain Burke	Vet	Bellahouston Harriers	46:19
134	272	Charles Martin	Vet	Troon Tortoises AC	46:29
135	155	Ross McInroy	Vet	Helensburgh AAC	46:37
136	151	Karl Holditch	Vet	Helensburgh AAC	46:37
137	61	Kenneth Davidson	Senior	Calderglen Harriers	46:37
138	208	Neil McCover	Vet	Kirkintilloch Olympians	46:39
139	128	Rob Grant	Vet	Giffnock North AAC	46:43
140	222	Anthony McConnell	Vet	Milburn Harriers	46:44
141	301	James Dobbie	Vet	Motherwell AC	46:46
142	311	Cameron Spence	Vet	Inverclyde AC	46:49
143	166	Finlay Dowell	Vet	Irvine AC	47:02
144	69	Gerard Mullen	Vet	Calderglen Harriers	47:14
145	141	Norman Hay	Vet	Greenock Glenpark Harriers	47:34
146	34	Paul Emsley	Vet	Arran Runners	47:40
147	285	Kenneth McVey	Vet	Victoria Park AAC	47:48
148	225	Patrick Burns	Vet	Milburn Harriers	47:50
149	182	Ian Drummond	Vet	J W Kilmarnock H&AC	48:09
150	126	Alan Stewart	Vet	Giffnock North AAC	48:10
151	80	Brian Gallagher	Senior	Clydesdale Harriers	48:13
152	73	Jim Holmes	Senior	Calderglen Harriers	48:17
153	102	Brian Pitt	Vet	Dumbarton AAC	48:23
154	300	Patrick Mullen	Vet	Motherwell AC	48:26
155	54	Roderick Shanks	Vet	Calderglen Harriers	48:35
156	79	Brian.K.E Edridge	Vet	Clydesdale Harriers	48:42
157	62	Andrew Henderson	Vet	Calderglen Harriers	48:48
158	53	Russell Couper	Senior	Calderglen Harriers	49:04
159	42	K Fulton	Senior	Ayr Seaforth AAC	49:05
160	292	Sandy McNeil	Vet	Westerlands XC Club	49:13
161	140	Andrew MacLean	Senior	Greenock Glenpark Harriers	49:23
162	64	Colin Freeman	Senior	Calderglen Harriers	49:29
163	132	Steven Campbell	Vet	Giffnock North AAC	49:47
164	150	Ian Riches	Vet	Helensburgh AAC	49:56
165	130	Bernie Campbell	Vet	Giffnock North AAC	50:09
166	204	Colin MacLennan	Vet	Kirkintilloch Olympians	51:14
167	279	Robert Daly	Vet	Victoria Park AAC	51:19

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168	143	Ernest Currie	Vet	Greenock Glenpark Harriers	51:25
169	58	Charles Steven	Vet	Calderglen Harriers	51:58
170	6	Imran Ali	Under 20	Irvine AC	52:11
171	223	Stephen Johnston	Vet	Milburn Harriers	52:26
172	271	Timothy Downie	Vet	Troon Tortoises AC	52:27
173	163	Andrew Rennie	Vet	Irvine AC	52:33
174	302	Colin McAlpine	Senior	Motherwell AC	52:44
175	201	Jim McLoone	Vet	Kirkintilloch Olympians	52:56
176	127	David Logan	Vet	Giffnock North AAC	53:43
177	224	Alexander Robertson	Vet	Milburn Harriers	53:47
178	146	Richard Hodelet	Vet	Greenock Glenpark Harriers	54:12
179	200	Gordon McLean	Vet	Kirkintilloch Olympians	54:50
180	1	Philip Wilson	Under 20	Airdrie Harriers	55:05
181	72	George Stewart	Vet	Calderglen Harriers	55:22
182	89	Peter Rudzinski	Vet	Clydesdale Harriers	55:37
183	221	Douglas McIndewar	Vet	Milburn Harriers	55:49
184	295	Ian Struthers	Vet	Westerlands XC Club	55:53
185	60	Malcolm Buchanan	Vet	Calderglen Harriers	56:43
186	94	Brian Campbell	Vet	Clydesdale Harriers	57:10
187	209	Martin McGuire	Vet	Kirkintilloch Olympians	58:12
188	68	Stephen Marzella	Senior	Calderglen Harriers	58:33
189	286	Gordon Moore	Senior	Victoria Park AAC	01:74
190	176	Ian McManus	Vet	Irvine AC	61:12
191	71	Colin Macdonald	Vet	Calderglen Harriers	62:09
192	215	William Drysdale	Vet	Law & District AAC	66:21
193	164	Iain Hamilton	Vet	Irvine AC	69:16
194	275	Owen Light	Vet	Troon Tortoises AC	70:53
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203					
204					

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 Saturday 10th January 2004 Senior Men/Junior/Vet

Cat	(All)
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Sum of Pos		
Club	Name	Total
Ron Hill Cambuslang Harriers	Jamie Reid	2
	John Brown	8
	Andrew Wright	12
	Duncan Cochrane	15
	Iain MacCorquodale	19
	David Rodgers	20
Ron Hill Cambuslang Harriers Total		76
Shettleston Harriers	Stuart Gibson	3
	Jethro Lennox	4
	Martin Graham	6
	Andy Little	16
	Ian Johnston	23
	Adrian Callan	27
Shettleston Harriers Total		79
Irvine AC	William Richardson	5
	David Millar	10
	Lee Richardson	21
	George Irving	41
	Colin Miller	57
	Brian Craig	59
Irvine AC Total		193
Kilbarchan AAC	Robert Quinn	1
	Thomas Hearle	22
	Calum Morrison	29
	James Snodgrass	31
	John McMillan	37
	Michael McGinley	85
Kilbarchan AAC Total		205
Greenock Glenpark Harriers	Stephen McLoone	35
	Christopher McCall	42
	David Butcher	50
	Douglas Campbell	51
	Daniel McLaughlin	65
	Phillip Russell	66
Greenock Glenpark Harriers Total		309
Inverclyde AC	Mark Pollard	7
	Steven Conaghan	13
	Thomas Murray	14
	Graeme Hyett	96
	Robert Gray	97
	Terry Wilkie	125
Inverclyde AC Total		352
Victoria Park AAC	Kristian Forster	11
	Stuart Barnett	33
	Kenneth McCoy	38
	Andrew Nicoll	81
	Philip Carter	89
	Duncan Thomson	104
Victoria Park AAC Total		356
Calderglen Harriers	Alan Derrick	32
	Blair Matthew	47

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Calderglen Harriers	Graham Allan	53
	Brian Carrigan	56
	Alan Cullie	76
	Jamie McMonagle	93
Calderglen Harriers Total		357
Ayr Seaforth AAC	Colin Souter	40
	Robert Napier	44
	Alex Allardyce	45
	Laurence Baker	79
	Adam Mackie	106
	Tom McCulloch	116
Ayr Seaforth AAC Total		430
J W Kilmarnock H&AC	Edward Tonner	25
	David Mitchell	92
	Jim Goldie	101
	John Docherty	103
	Stewart McAllister	108
	Graham Cairns	114
J W Kilmarnock H&AC Total		543
Giffnock North AAC	Gerard McNamee	63
	Paul Harte	69
	Derek Breen	72
	Marc Roper	88
	James Galbraith	126
	Rob Grant	139
Giffnock North AAC Total		557
Westerlands XC Club	Charles Campbell	64
	Blair Millen	68
	Gibson Fleming	107
	Archie Cameron	120
	David Calder	121
	Sandy McNeil	160
Westerlands XC Club Total		640
Clydesdale Harriers	Mark Rudzinski	18
	Michael Diver	70
	Robert Young	95
	Brian Gallagher	151
	Brian.K.E Edridge	156
	Peter Rudzinski	182
Clydesdale Harriers Total		672
Troon Tortoises AC	Alistair Munn	112
	George McGregor	118
	Charles Martin	134
	Timothy Downie	172
	Owen Light	194
Troon Tortoises AC Total		730
Kirkintilloch Olympians	Chris Stewart	26
	Edward McLoone	100
	Neil McCover	138
	Colin MacLennan	166
	Jim McLoone	175
	Gordon McLean	179
Kirkintilloch Olympians Total		784
Milburn Harriers	Daniel Burns	98
	Stephen Cowper	122

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Milburn Harriers	Anthony McConnell	140
	Patrick Burns	148
	Stephen Johnston	171
	Alexander Robertson	177
Milburn Harriers Total		856

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Cat	Vet	
Vet men team		
Sum of Pos		
<b>Club</b>	<b>Name</b>	<b>Total</b>
Shettleston Harriers	Andy Little	16
	Adrian Callan	27
	William Coyle	30
Shettleston Harriers Total		73
Ron Hill Cambuslang Harriers	John Brown	8
	David Marshall	48
	Archie Jenkins	60
Ron Hill Cambuslang Harriers Total		116
Greenock Glenpark Harriers	Stephen McLoone	35
	Daniel McLaughlin	65
	Phillip Russell	66
Greenock Glenpark Harriers Total		166
Irvine AC	Colin Miller	57
	Brian Craig	59
	James Stevenson	75
Irvine AC Total		191
East Kilbride AAC	David J. Condra	67
	Graeme Haddow	71
	Ralph Riach	80
East Kilbride AAC Total		218
Giffnock North AAC	Gerard McNamee	63
	Derek Breen	72
	Marc Roper	88
Giffnock North AAC Total		223
Garscube Harriers	Euan Mackay	55
	Robert McLennan	82
	David Geddes	127
Garscube Harriers Total		264
Inverclyde AC	Thomas Murray	14
	Terry Wilkie	125
	Cameron Spence	142
Inverclyde AC Total		281
Kilbarchan AAC	Michael McGinley	85
	Donald Petrie	99
	Steven Hards	111
Kilbarchan AAC Total		295
Victoria Park AAC	Andrew Nicoll	81
	Philip Carter	89
	Kenneth McVey	147
Victoria Park AAC Total		317
Law & District AAC	Patrick Kelly	91
	Gordon Douglas	113
	James Rowley	124
Law & District AAC Total		328
Bellahouston Harriers	Campbell Joss	73
	Anthony Quinn	132
	Iain Burke	133
Bellahouston Harriers Total		338
Westerlands XC Club	Gibson Fleming	107
	Archie Cameron	120
	David Calder	121

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Westerlands XC Club Total		348
Helensburgh AAC	Damien Theaker	77
	Ross McInroy	135
	Karl Holditch	136
Helensburgh AAC Total		348
Troon Tortoises AC	Alistair Munn	112
	George McGregor	118
	Charles Martin	134
Troon Tortoises AC Total		364
Clydesdale Harriers	Robert Young	95
	Brian.K.E Edridge	156
	Peter Rudzinski	182
Clydesdale Harriers Total		433
Calderglen Harriers	Gerard Mullen	144
	Roderick Shanks	155
	Andrew Henderson	157
Calderglen Harriers Total		456
Milburn Harriers	Anthony McConnell	140
	Patrick Burns	148
	Stephen Johnston	171
Milburn Harriers Total		459
Kirkintilloch Olympians	Neil McCover	138
	Colin MacLennan	166
	Jim McLoone	175
Kirkintilloch Olympians Total		479
Grand Total		7003