

West District Cross Country Relay Championships (Women Masters)

Scottish Athletics Federation/Scottish Athletics Ltd

2019-20	Garscube H	50.23	Bellahouston RR	52.14	Cambuslang H	52.38
2018-9	Cambuslang H	53.38	Kilbarchan AAC	53.48	Giffnock North AAC	54.53
2017-8	Westerlands XCC	54.11	Kilbarchan AAC	55.09	Garscube H	55.31
2016-7	Cambuslang H	50.52	Motherwell AC	52.00	Kilbarchan AAC	52.09
2015-6	Garscube H	51.42	Bellahouston H	52.37	Kirkintilloch O	55.44
2014-5	Bellahouston H	49.55	Only 1 Team Finished			
2013-4	Helensburgh AC	50.39	Clydesdale H	51.05	Motherwell AC	56.57
2012-3	Springburn H	49.29	Bellahouston H	53.19	Clydesdale H	54.17
2011-2	Clydesdale H	52.25	Bellahouston H	54.44	Kirkintilloch O	59.58
2010-1	Garscube H	53.38	Kirkintilloch O	56.15	Bellahouston H	57.33