

## South West District Cross Country Relay Championships (Men)

### Scottish Cross Country Union

1974-5	Ayrshire AAC	45.03	Greenock Wellpark H	46.19	Beith H	46.50
1973-4	Paisley H	52.55	Beith H	52.57	Greenock Wellpark H	53.08
1972-3	Ayr Seaforth AC	60.16	Greenock Glenpark H	61.32	Greenock Wellpark H	61.53
1971-2	Ayr Seaforth AC	46.30	Greenock Glenpark H	48.29	Greenock Wellpark H	49.56
1970-1	Greenock Wellpark H	49.44	Greenock Glenpark H	51.01	Ayr Seaforth AC	51.52
1969-70	Greenock Wellpark H	54.04	Beith H	55.18	Greenock Glenpark H	57.02
1968-9	Beith H	56.37	Kilmarnock H	57.00	Greenock Wellpark H	57.13
1967-8	Beith H	45.50	Greenock Glenpark H	46.14	Kilmarnock H	46.16
1966-7	Greenock Wellpark H	45.40	Greenock Glenpark H	46.10	Kilmarnock H	46.17
1965-6	Greenock Glenpark H	68.55	Greenock Wellpark H	69.50	Beith H	70.06
1964-5	Beith H	63.11	Greenock Glenpark H	64.48	Paisley H	65.02

### National Cross Country Union of Scotland

1963-4	Beith H	69.51	Ayr Seaforth AC	70.39	Greenock Wellpark H	70.45
1962-3	Ayr Seaforth AC	59.15	Beith H	59.36	Kilmarnock H	60.30
1961-2	Ayr Seaforth AC	56.49	Beith H	56.55	Greenock Wellpark H	57.12
1960-1	Greenock Wellpark H	60.08	Beith H	60.21	Kilmarnock H	60.31
1959-60	Beith H	60.37	Greenock Wellpark H	62.25	Greenock Glenpark H	62.35
1958-9	Beith H	67.54	Irvine YMCA H	68.37	Greenock Wellpark H	68.57
1957-8	Irvine YMCA H	54.15	Greenock Wellpark H	55.22	Kilmarnock H	55.35
1956-7	Greenock Wellpark H	56.09	Beith H	57.12	Kilmarnock H	57.52
1955-6	Greenock Wellpark H	67.45	Paisley H	69.54	Plebian H	70.21
1954-5	Greenock Wellpark H		Beith H		Plebian H	
1953-4	Greenock Wellpark H	66.09	Beith H	66.19	Kilmarnock H	67.14
1952-3	Greenock Wellpark H	57.37	Irvine YMCA H	57.53	Plebian H	58.34
1951-2	Irvine YMCA H	56.00	Greenock Glenpark H	56.07	West Kilbride AAC	56.21
1950-1	West Kilbride AAC	56.59	Irvine YMCA H	58.02	Greenock Wellpark H	58.13
1949-50	West Kilbride AAC	55.24	Greenock Glenpark H	56.19	Irvine YMCA H	56.26

1948-9	Greenock Wellpark H	49.29	Greenock Glenpark H	50.14	West Kilbride AAC	50.57
1947-8	Greenock Glenpark H	59.05	West Kilbride AAC	59.39	Kilbarchan AAC	60.29
1946-7	West Kilbride AAC	47.36	Auchmountain H	47.39	Greenock Wellpark H	47.42
1938-9	Beith H					
1937-8	Ardeer Recreation C	59.34	Beith H	59.42	Kilmarnock H	60.49
1936-7	Beith H	59.34	Auchmountain H	61.05	Ardeer Recreation Club	61.07
1935-6	Beith H	55.58	Eglinton H	56.37	Kilmarnock H	56.41
1934-5	Beith H	59.13	Greenock Glenpark H	59.18	Eglinton H	59.22
1933-4	Greenock Glenpark H	64.25	Eglinton H	65.00	Irvine YMCA H	65.01
1932-3	Eglinton H	53.23	Beith H	53.29	Greenock Glenpark H	54.27
1931-2	Beith H	64.17	Greenock Glenpark H	64.23	Irvine YMCA H	64.45
1930-1	Barleith H		Eglinton H		Kilmarnock H	
1929-30	Irvine YMCA H	59.23	Greenock Glenpark H	59.50	Barleith H	60.05