

Midland District Cross Country Relay Championships (Men)

Scottish Cross Country Union

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|---------|---------------------------|-------|--------------------------|-------|-----------------------|-------|
| 1974-5 | Clyde Valley AC | 54.15 | Shettleston H | 54.34 | Victoria Park AAC | 54.43 |
| 1973-4 | Strathclyde University AC | 52.12 | Shettleston H | 53.09 | Victoria Park AAC | 53.17 |
| 1972-3 | Victoria Park AAC | 50.20 | Clydesdale H | 50.54 | Law & District AAC | 51.14 |
| 1971-2 | Shettleston H | 46.44 | Springburn H | 47.32 | Monkland H | 47.37 |
| 1970-1 | Shettleston H "A" | 46.11 | Shettleston H "B" | 46.59 | Springburn H | 47.35 |
| 1969-70 | Shettleston H | 45.00 | Law & District AAC | 45.52 | Springburn H | 46.21 |
| 1968-9 | Shettleston H | 47.27 | Strathclyde Uiversity AC | 48.50 | Bellahouston H | 48.58 |
| 1967-8 | Shettleston H | 58.04 | Springburn H | 58.09 | Victoria Park AAC | 58.23 |
| 1966-7 | Motherwell YMCA H | 49.08 | Victoria Park AAC | 51.22 | Dumbarton AAC | 51.49 |
| 1965-6 | Motherwell YMCA H | 51.41 | Shettleston H | 53.50 | St Modan's AAC | 54.19 |
| 1964-5 | Motherwell YMCA H "A" | 49.32 | Shettleston H | 51.58 | Motherwell YMCA H "B" | 52.08 |

National Cross Country Union of Scotland

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| 1963-4 | Motherwell YMCA H | 52.18 | Motherwell YMCA H "A" | 53.40 | Shettleston H | 54.30 |
| 1962-3 | Motherwell YMCA H "A" | 53.11 | Victoria Park AAC | 54.35 | Shettleston H | 54.51 |
| 1961-2 | Motherwell YMCA H | 50.39 | Shettleston H | 52.35 | Victoria Park AAC | 52.55 |
| 1960-1 | Motherwell YMCA H | 58.09 | Shettleston H | 58.30 | St Modan's AAC | 58.33 |
| 1959-60 | Victoria Park AAC | 55.07 | Bellahouston H | 55.39 | Shettleston H | 55.45 |
| 1958-9 | Bellahouston H | 52.42 | Victoria Park AAC | 53.25 | Shettleston H | 53.35 |
| 1957-8 | Victoria Park AAC | 56.10 | Bellahouston H | 56.46 | Clydesdale H | 57.41 |
| 1956-7 | Shettleston H | 57.17 | Victoria Park AAC | 57.54 | Bellahouston H | 57.56 |
| 1955-6 | Shettleston H | 56.16 | Garscube H | 57.13 | Springburn H | 57.29 |
| 1954-5 | Shettleston H "A" | 66.50 | Victoria Park AAC | 68.19 | Shettleston H "B" | 68.49 |
| 1953-4 | Shettleston H | 57.34 | Victoria Park AAC "A" | 58.28 | Victoria Park AAC "B" | 59.39 |
| 1952-3 | Shettleston H | 53.47 | Victoria Park AAC | 54.09 | Bellahouston H | 54.34 |
| 1951-2 | Springburn H | 58.27 | Shettleston H | 58.47 | Victoria Park AAC | 59.07 |
| 1950-1 | Victoria Park AAC | 46.50 | Springburn H | 47.16 | Shettleston H | 47.34 |
| 1949-50 | Shettleston H | 58.14 | Victoria Park AAC | 58.31 | Vale of Leven AC | 58.49 |

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| 1948-9 | Shettleston H | 60.59 | Victoria Park AAC | 61.01 | Motherwell YMCA H | 61.21 |
| 1947-8 | Shettleston H | 52.58 | Bellahouston H | 53.40 | Garscube H | 53.46 |
| 1946-7 | Bellahouston H | 54.53 | Maryhill H | 54.54 | Victoria Park AAC | 55.12 |
| 1938-9 | Maryhill H | 53.28 | Shettleston H | 53.42 | Bellahouston H | 55.01 |
| 1937-8 | Shettleston H | 54.10 | Maryhill H | 54.17 | Bellahouston H | 54.39 |
| 1936-7 | Shettleston H | 57.33 | Maryhill H | 57.39 | Bellahouston H | 57.40 |
| 1935-6 | Plebeian H | 54.24 | Shettleston H | 54.45 | Springburn H | 55.05 |
| 1934-5 | Shettleston H | 56.02 | Maryhill H | 56.15 | Plebeian H | 56.37 |
| 1933-4 | Plebeian H | 56.33 | Shettleston H | 56.46 | Motherwell YMCA H | 56.49 |
| 1932-3 | Shettleston H | 56.52 | Plebeian H | 57.30 | Garscube H | 57.58 |
| 1931-2 | Plebeian H | 56.00 | Shettleston H | 56.51 | Motherwell YMCA H | 57.05 |
| 1930-1 | Motherwell YMCA H | 60.18 | Plebeian H | 60.49 | Maryhill H | 61.00 |
| 1929-30 | Plebeian H | 58.28 | Garscube H | 59.21 | Motherwell YMCA H | 59.43 |